# Application for a §1915(c) Home and Community-Based Services Waiver

### PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a state to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waivers target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the state, service delivery system structure, state goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

Request for a Renewal to a §1915(c) Home and Community-Based Services Waiver

### 1. Major Changes

Describe any significant changes to the approved waiver that are being made in this renewal application:

Summary of Significant Changes:

Appendix B: Reserved capacity for MFP category has been changed to Reserved capacity for deinstitutionalization / MFP

The following changes have been made in Appendix C, Services:

- Community Living and Supports: Clarification that Community Living and Supports can be provided in a group.
- Individuals living in their own homes or their family home can use Community Living and Supports.
- Community Navigator Addition of language that allows for the Community Navigator to assist with QP function for individuals that have chosen the Employer of Record Self Directed option. Addition of language related tenancy support.
- Community Networking Included integrated, community-based employment focused skill development which consists of:
- a. Career Exploration, b. Discovery and Career Planning, c. Participation in Workshops and Classes on Topics Related to integrated employment, d. Skill and Education-Focused Activities, e. Volunteering Opportunities (Career Focus), f. Social Networking and Skills for Social Capital to Obtain/Maintain community based integrated employment. Expanded the accreditation bodies for vendors that only provide transportation.
- Community Transition Included language to support pre-transition coordination of care.
- Day Supports Added language Day Supports is typically provided in a group setting. Added language that for working-age individuals (ages 16 and older) not also working in competitive integrated employment, Day Supports may include career and employment exploration through educational and experiential opportunities designed to identify a person's specific interests and aptitudes for paid work, including experience and skills transferable to competitive integrated employment, and also typically includes business tours, informational interviews and job shadows, related to the person's identified interests, experiences and/or skills, in order to explore potential opportunities for competitive integrated employment in the person's local area.
- Financial Supports Services Added Clarifying language regarding Employer Equipment and Supplies
- Residential Supports Added language that Residential Supports levels are determined by the Individual Budget Tool and other evidence of support need. The SIS Level is only one piece of evidence that may be considered.

o Level 1: SIS Level A
o Level 2: SIS Level B
o Level 3: SIS Level C and D
o Level 4: SIS Level E, F, and G

The results of a SIS and the IBT Base Budget are guidelines that do not constitute a binding limit that may not be exceeded on the amount of services (including the level of this service) that may be requested or authorized in a Plan of Care.

- --Respite: Added clarifying language that Residential Support AFL cannot be billed on the same day as Respite for the same individual. Clarification that a member can receive Respite at the same time as Residential Supports / Supported living when an individual is accessing a summer camp or support group.
- -- Supported Living Added a periodic modifier for individuals who use < 4 or less hours of Supported Living per day, added SL to the services that can be self-directed, added clarification on Supported Living Levels, added clarification of family members who can live with an individual receiving Supported Living. Added a Supported Living Transition service

Supported Living and Levels:

Added language that Supported Living levels are determined by the the Individual Budget Tool and other evidence of support need. The SIS Level is only one piece of evidence that may be considered.

Level One: Level A and B

• Level one is intended to serve persons who require minimal support to perform the activities of daily living and to remain safe and healthy. Staffing is based on the preferences and the assessed needs of the person but typically does not require staff to be in the home or awake at night.

Level Two: Levels C and D

• Level two is intended to serve person/s that requires moderate support to perform the activities of daily living and to remain safe and healthy. Staffing is based on the preferences and the assessed needs of the person/s. Typically, the live-in caregiver or staff must be are onsite but not awake at night or appropriate technology may be used to ensure supervision.

Level Three: Levels E, F and G

• Level 3: The beneficiary requires continuous supervision including awake overnight staff in order to remain safe and healthy. Typically, Person/s receiving Level Three supports include arrangements in which a person/s is living in

his/her own home with overnight and awake staff or appropriate technology may be used to ensure supervision as identified in the ISP.

The results of a SIS and the IBT Base Budget are guidelines that do not constitute a binding limit that may not be exceeded

on the amount of services (including the level of this service) that may be requested or authorized in a Plan of Care.

- -- Specialized Consultative Services Included language that Staff must hold appropriate NC license for physical therapy, occupational therapy, speech therapy, psychology and nutrition; board certified behavior analyst –MA; master's degree and expertise in augmentative communication; state certification in assistive technology and state certification in recreation therapy or other licenses for professionals who possess experience with individuals with Intellectual / Developmental Disabilities
- Community Navigator will include additional consideration for Person Centered Planning.
- Supported Living will be offered on a daily or periodic basis. The periodic basis will be utilized by individuals who use less than 4 hours of service per day.
- Supported Living Transition is being added as a new waiver service.
- Residential unit costs were increased to explicitly incorporate compensation for therapeutic leave days.

Appendix H: The QI strategy was updated to reflect statewide expansion.

Performance measures in all sections have been revised through discussion with CMS around the Evidence Package process.

Legal citations have been reviewed and updated as needed.

## Application for a §1915(c) Home and Community-Based Services Waiver

### 1. Request Information (1 of 3)

- A. The State of North Carolina requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).
- **B. Program Title** (optional this title will be used to locate this waiver in the finder):

North Carolina Innovations

C. Type of Request: renewal

**Requested Approval Period:** (For new waivers requesting five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)

O 3 years • 5 years

Original Base Waiver Number: NC.0423

Waiver Number:NC.0423.R03.00 Draft ID: NC.025.03.00

**D.** Type of Waiver (select only one):

Regular Waiver

E. Proposed Effective Date: (mm/dd/yy)

07/01/19

**Approved Effective Date: 07/01/19** 

### 1. Request Information (2 of 3)

**F. Level(s) of Care**. This waiver is requested in order to provide home and community-based waiver services to individuals who, but for the provision of such services, would require the following level(s) of care, the costs of which would be reimbursed under the approved Medicaid state plan (*check each that applies*):

☐ Hospital

Select applicable level of care

O Hospital as defined in 42 CFR §440.10

If applicable, specify whether the state additionally limits the waiver to subcategories of the hospital level of

 $\square$  A program authorized under §1915(i) of the Act.

O Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 Ct §440.140  Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR §440.150)  If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care  The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.nedhhs.gov/.   Juest Information (3 of 3)  Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or program approved under the following authorities)  Applicable  Check the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities: Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  §1915(b)(1) (mandated enrollment to managed care)  §1915(b)(2) (central broker)  §1915(b)(3) (employ cost savings to furnish additional services)  §1915(b)(4) (selective contracting/limit number of providers)  A program operated under §1932(a) of the Act.		care:
Nursing Facility Select applicable level of care  Nursing Facility as defined in 42 CFR ??440.40 and 42 CFR ??440.155  If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility of care:  Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR \$440.140  Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR \$440.150)  If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  Juest Information (3 of 3)  Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or program approved under the following authorities:  Not applicable  Applicable Check the applicable authority or authorities:  Services furnished under the provisions of \$1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under \$1915(b) of the Act.  Specify the \$1915(b) waiver program and indicate whether a \$1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities substance Misuse Services Health Plan waiver, #NC-02.  Specify the \$1915(b) waiver program operates (check each that applies):  \$\times		
Select applicable level of care  Nursing Facility as defined in 42 CFR ??440.40 and 42 CFR ??440.155  If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility of care:  Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140  Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR §440.150)  If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care gate of the ICF/IID split in the ICF/IID level of care in the NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  Inuest Information (3 of 3)  Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or program approved under the following authorities  Not applicable  Not applicable  Not applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitte previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities is Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\text{\$\frac{1}{2}\$ \text{\$\frac{1}{2}\$} \text{\$\frac{1}{2}	С	Inpatient psychiatric facility for individuals age 21 and under as provided in42 CFR §440.160
O Nursing Facility as defined in 42 CFR ??440.40 and 42 CFR ??440.155  If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility of care:  O Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140  Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR §440.150)  If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.nedhhs.gov/.  Juest Information (3 of 3)  Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or program approved under the following authorities  Applicable  Applicable  Applicable  Applicable  Waiver(s) authorized under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitte previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities: Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\$\text{\$\tex	$\square_{Nu}$	
If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility of care:		**
Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I   Waiver(s) authorized under \$1915(b) of the Act.   Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitte previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities:   Substance Misuse Services Health Plan waiver, #NC-02.   Specify the §1915(b) (central broker)   \$1915(b)(2) (central broker)   \$1915(b)(4) (selective contracting/limit number of providers)   A program operated under \$1912(a) of the Act.	C	If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility level
Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR §440.150)  If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care.  The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  Intermediate Operation (3 of 3)  Intermediate Operation (3 of 3)  Intermediate Operation (3 of 3)  Intermediate Operation (4 of 3)  Intermediate Operation (5 of 3)  Intermediate Operation (7 of 3)  Intermediate Operation (8 of 4)  Interm	С	Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR
S440.150   If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care and applicable applicable. This waiver operates concurrently with another program (or program proved under the following authorities leave to me:    Not applicable   Oheok the applicable authority or authorities:   Services furnished under the provisions of \$1915(a)(1)(a) of the Act and described in Appendix I	7	
If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care  The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  Test Information (3 of 3)  The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  Test Information (3 of 3)  The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria as defined in the State Medicaid Agency's Clinical Medicaid Agency's Clinical Agency is defined in the State Medicaid Agency's Clinical Agency is defined in the State Medicaid Agency is defined in the State Medicaid Agency's Clinical Agency is defined in the State Medicaid Agency's Clinical Agency is defined in the State Medicaid Agency is defined in the State Medicaid Agency's Clinical Agency is defined in the State Medicaid Agency is defined and the NCDHHS Division of Health Benefits web at https://documents.com/documents/linical/state of the NCDHHS Division of Health Benefits web at https://documents/linical/state of the NCDHHS Division of Health Benefits web at https://documents/linical/state of the NCDHHS Division of Health Benefits web at https://documents/linical/state of the NCDHHS Division of Health Benefits web at https://documents/linical/state of the NCDHHS Division of Health Benefits web at https://documents/linical/state of the NCDHHS Division of Health Benefits web at htt		
Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  Mest Information (3 of 3)  Moncurrent Operation with Other Programs. This waiver operates concurrently with another program (or program proved under the following authorities lect one:  Not applicable  Check the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities and Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\frac{1}{2}\$ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	U	,
Medicaid Agency's Clinical Coverage Policy which is located on the NCDHHS Division of Health Benefits web at https://medicaid.ncdhhs.gov/.  est Information (3 of 3)  neurrent Operation with Other Programs. This waiver operates concurrently with another program (or program proved under the following authorities ect one:  Not applicable  Check the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities and Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\text{\$\frac{1}{2}\$ \ \$1915(b)(2) (central broker)}\$  \$\text{\$\frac{1}{2}\$ \ \$1915(b)(3) (employ cost savings to furnish additional services)}\$  \$\text{\$\frac{1}{2}\$ \ \$1915(b)(4) (selective contracting/limit number of providers)}\$	_	
at https://medicaid.nedhhs.gov/.  est Information (3 of 3)  neurrent Operation with Other Programs. This waiver operates concurrently with another program (or program proved under the following authorities ect one:  Not applicable  Oheck the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities is Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\frac{1}{2}\$ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		
est Information (3 of 3)  neurrent Operation with Other Programs. This waiver operates concurrently with another program (or program proved under the following authorities elect one:  Not applicable  Check the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities and Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$1915(b)(1) (mandated enrollment to managed care)  \$1915(b)(2) (central broker)  \$1915(b)(3) (employ cost savings to furnish additional services)  \$1915(b)(4) (selective contracting/limit number of providers)  A program operated under §1932(a) of the Act.		· · · · · · · · · · · · · · · · · · ·
Applicable Check the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act. Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitte previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities a Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\$\text{\$	elect o	ne:
Check the applicable authority or authorities:  Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submittee previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities a Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\text{\		••
Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I  Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities a Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  Specify the §1915(b)(1) (mandated enrollment to managed care)  Specify (central broker)	1	
Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities a Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  Specify the §1915(b)(1) (mandated enrollment to managed care)  Specify (central broker)		7
Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:  This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities at Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  \$\times \text{ §1915(b)(1) (mandated enrollment to managed care)}\$	×	
Substance Misuse Services Health Plan waiver, #NC-02.  Specify the §1915(b) authorities under which this program operates (check each that applies):  Specify the §1915(b)(1) (mandated enrollment to managed care)  \$1915(b)(2) (central broker)  \$1915(b)(3) (employ cost savings to furnish additional services)  \$1915(b)(4) (selective contracting/limit number of providers)  A program operated under §1932(a) of the Act.		Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or
<ul> <li>         \[             \sigma \text{1915(b)(1) (mandated enrollment to managed care)}         \[             \sigma \text{1915(b)(2) (central broker)}         \[             \sigma \text{1915(b)(3) (employ cost savings to furnish additional services)}         \[             \sigma \text{1915(b)(4) (selective contracting/limit number of providers)}         \[             \text{A program operated under \\$1932(a) of the Act.}         \]     \[             \] </li> </ul>		This waiver operates concurrently with the NC Mental Health, Intellectual and Developmental Disabilities and Substance Misuse Services Health Plan waiver, #NC-02.
\$1915(b)(2) (central broker)  \$1915(b)(3) (employ cost savings to furnish additional services)  \$\times \{\} \{\} \{\} \{\} \{\} \{\} \{\} \{\		Specify the §1915(b) authorities under which this program operates (check each that applies):
<ul> <li>         × §1915(b)(3) (employ cost savings to furnish additional services)         </li> <li>         × §1915(b)(4) (selective contracting/limit number of providers)     </li> <li>         A program operated under §1932(a) of the Act.     </li> </ul>		⊠ §1915(b)(1) (mandated enrollment to managed care)
<b>I</b> §1915(b)(4) (selective contracting/limit number of providers)  ☐ A program operated under §1932(a) of the Act.		☐ §1915(b)(2) (central broker)
☐ A program operated under §1932(a) of the Act.		<b>⋈</b> §1915(b)(3) (employ cost savings to furnish additional services)
☐ A program operated under §1932(a) of the Act.		<b>⋈</b> §1915(b)(4) (selective contracting/limit number of providers)
Specify the nature of the state plan benefit and indicate whether the state plan amendment has been submitted previously approved:		A program operated under §1932(a) of the Act.  Specify the nature of the state plan benefit and indicate whether the state plan amendment has been submitted or

☐ A program authorized under §1915(j) of the Act.	
☐ A program authorized under §1115 of the Act.	
Specify the program:	
H. Dual Eligiblity for Medicaid and Medicare.	
Check if applicable:	
This waiver provides services for individuals who are eligible for both Medicare and Medicare	caid.
2. Brief Waiver Description	

Page 5 of 307

Application for 1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019

**Brief Waiver Description.** *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods.

NC Innovations operates concurrently with the 1915(b) NC MH/DD/SUS Health Plan. MH/DD/SUS local management entities (LMEs) are area authorities, county programs, or consolidated human services agencies that are designated in State law as "the locus of coordination" for publicly funded mental health, intellectual/developmental disabilities and substance misuse services in their respective catchment areas. LMEs function as fully capitated prepaid inpatient health plans (PIHPs) through which all State Plan MH, SA and IDD services and Innovations waiver services are delivered. The concurrent waivers began operating on April 1, 2005 in a five-county area. Statewide implementation was effective April 1, 2013.

#### Goals of the NC Innovations waiver:

- (1) To value and support waiver beneficiaries to be fully functioning members of their community
- (2) To promote promising practices that result in real life outcomes for beneficiaries
- (3) To offer service options that will facilitate each beneficiary's ability to live in homes of their choice, have employment or engage in a purposeful day of their choice and achieve their life goals
- (4) To provide the opportunity for all beneficiary to direct their services to the extent that they choose
- (5) To provide educational opportunities and support to foster the development of stronger natural support networks that enable beneficiary to be less reliant on formal support systems
- (6) To ensure the wellbeing and safety of the people served
- (7) To maximize beneficiaries' self-determination, self-advocacy and self-sufficiency
- (8) To increase opportunities for community integration through work, life-long learning, recreation and socialization
- (9) To deliver person centered services that leverage natural and community supports
- (10) To provide quality services and improve outcomes

#### Objectives in the NC Innovations waiver include:

- (1) Enhancing the focus on person centered planning and aligning services and supports with person centered plans
- (2) Reforming residential service to facilitate smaller community congregate living situations
- (3) Facilitating living and working in the most integrated setting
- (4) Improving outcome-based quality assurance systems

Service Delivery Methods: Services are provided through local management entities (LMEs) operating as prepaid inpatient health plans. The LME/PIHPs are responsible for providing services to all waiver beneficiaries in their respective geographic catchment areas, most of which cover multiple counties. Enrollment in the LME/PIHP serving one's county of residence is mandatory for all Innovations waiver beneficiaries and other Medicaid eligibility groups specified in the concurrent 1915(b) waiver. Within three years of contracting with the State as a prepaid health plan, the LME must be accredited by NCQA, Utilization Review Accreditation Commission (URAC) or other accreditation agencies recognized by CMS. NC Innovations waiver services are authorized through the annual Individual Support Plan (ISP), which is developed using person centered planning methods. Waiver beneficiaries may select any qualified network provider to furnish authorized services. NC Innovations offers participant direction to beneficiaries who elect to direct their own services. Orientation to participant direction is offered to all waiver beneficiaries upon entrance to the waiver and annually thereafter during ISP development. Beneficiaries in the waiver have a care coordinator who assists them in developing an ISP, ensuring the beneficiary's health and safety needs are met, that services and supports are provided in the most integrated setting, and that the beneficiary is satisfied with the services and supports they are receiving. Services are delivered through a network of contracted community-based service providers that are charged with implementing waiver participants' ISPs by providing services and supports that enhance the beneficiary's quality of life as defined by the beneficiary. National accreditation is required of providers of waiver services.

### 3. Components of the Waiver Request

### The waiver application consists of the following components. Note: <u>Item 3-E must be completed.</u>

- **A. Waiver Administration and Operation. Appendix A** specifies the administrative and operational structure of this waiver.
- **B. Participant Access and Eligibility. Appendix B** specifies the target group(s) of individuals who are served in this waiver, the number of participants that the state expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- **C. Participant Services. Appendix C** specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- D. Participant-Centered Service Planning and Delivery. Appendix D specifies the procedures and methods that the state

uses to develop, implement and monitor the participant-centered service plan (of care).

E. Participant-Direction of Services. When the state provides for participant direction of participant direction opportunities that are offered in the waiver and the supports that are direct their services. (Select one):	
<b>O</b> Yes. This waiver provides participant direction opportunities. Appendix E is re	
O No. This waiver does not provide participant direction opportunities. Appendix	x E is not required.
<b>F. Participant Rights. Appendix F</b> specifies how the state informs participants of their M other procedures to address participant grievances and complaints.	ledicaid Fair Hearing rights and
G. Participant Safeguards. Appendix G describes the safeguards that the state has estable welfare of waiver participants in specified areas.	ished to assure the health and
H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strat	egy for this waiver.
<b>I. Financial Accountability. Appendix I</b> describes the methods by which the state makes ensures the integrity of these payments, and complies with applicable federal requirement federal financial participation.	
J. Cost-Neutrality Demonstration. Appendix J contains the state's demonstration that the	ne waiver is cost-neutral.
Vaiver(s) Requested	
A. Comparability. The state requests a waiver of the requirements contained in §1902(a)( provide the services specified in Appendix C that are not otherwise available under the individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the ta Appendix B.  B. Income and Resources for the Medically Needy. Indicate whether the state requests a of the Act in order to use institutional income and resource rules for the medically need  Not Applicable  No Yes  C. Statewideness. Indicate whether the state requests a waiver of the statewideness require (select one):	e approved Medicaid state plan to arget group criteria specified in a waiver of §1902(a)(10)(C)(i)(III) by (select one):
● No	
O Yes	1
If yes, specify the waiver of statewideness that is requested (check each that applied Geographic Limitation. A waiver of statewideness is requested in order to fit only to individuals who reside in the following geographic areas or political so Specify the areas to which this waiver applies and, as applicable, the phase-ingeographic area:	urnish services under this waiver
Limited Implementation of Participant-Direction. A waiver of statewidence participant-direction of services as specified in Appendix E available only to following geographic areas or political subdivisions of the state. Participants to direct their services as provided by the state or receive comparable services methods that are in effect elsewhere in the state.	o individuals who reside in the who reside in these areas may elect

Specify the areas of the state affected by this waiver and, as applicable, the phase-in schedule of the waiver by

geographic area:

Application for	off for 1915(C) HCBS Walver. NC.0425.R05.00 - Jul 01, 2019		

Daga 9 of 207

#### 5. Assurances

In accordance with 42 CFR §441.302, the state provides the following assurances to CMS:

Application for 1015(a) HCRS Maisters NC 0422 D02 00

- **A. Health & Welfare:** The state assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
  - 1. As specified in Appendix C, adequate standards for all types of providers that provide services under this waiver;
  - 2. Assurance that the standards of any state licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The state assures that these requirements are met on the date that the services are furnished; and,
  - **3.** Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable state standards for board and care facilities as specified in **Appendix** C.
- **B. Financial Accountability.** The state assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.
- C. Evaluation of Need: The state assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in Appendix B.
- **D.** Choice of Alternatives: The state assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
  - 1. Informed of any feasible alternatives under the waiver; and,
  - 2. Given the choice of either institutional or home and community-based waiver services. Appendix B specifies the procedures that the state employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- **E. Average Per Capita Expenditures:** The state assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid state plan for the level(s) of care specified for this waiver had the waiver not been granted. Costneutrality is demonstrated in **Appendix J**.
- **F. Actual Total Expenditures:** The state assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the state's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G. Institutionalization Absent Waiver:** The state assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The state assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid state plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services.** The state assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.

J. Services for Individuals with Chronic Mental Illness. The state assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.140; or (3) age 21 and under and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

### 6. Additional Requirements

Note: Item 6-I must be completed.

- **A. Service Plan.** In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including state plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B. Inpatients**. In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are inpatients of a hospital, nursing facility or ICF/IID.
- **C. Room and Board**. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the state that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- **D.** Access to Services. The state does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E. Free Choice of Provider**. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the state has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- G. Fair Hearing: The state provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals:

  (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. Appendix F specifies the state's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.
- H. Quality Improvement. The state operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the state assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The state further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the state will implement the Quality Improvement Strategy specified in Appendix H.
- **I. Public Input.** Describe how the state secures public input into the development of the waiver:

The following public venues have been used to provide information/obtain stakeholder input on the statewide waiver program, specifically to the changes being requested in this TA: Consumer, advocate and provider input on needed IDD system changes through listening sessions which were held across the state from 6/5/17 through 7/11/17. The State also formed the IDD State Stakeholder Group to provide feedback/recommendations on proposed changes to the waiver. The group consists of representatives from the IDD community, including recipients, family members, State and local CFACs, providers, provider associations and advocacy organizations. For additional information on meetings /group membership, please see: https://www.ncdhhs.gov/providers/lme-mco-directory. The group met on a regular basis from 8/2017 through 11/2017 to discuss waiver changes (i.e. development of a statewide resource allocation model, service definition changes, and the use of the SIS for person centered planning). They reviewed information and proposed definitions from subgroups of State and MCO staff. They received education from subject matter experts on rate setting, Supported Living, Day Supports, Supported Employment, Residential Supports, etc. The group members took the information back to their larger organizations for discussion/feedback. The State also continued to work with it HCBS Stakeholder group to provide direction and feedback to the HCBS Transition Plan. Additional information on the group and the transition plan/assessment can be found at http://www.ncdhhs.gov/hcbs/index.html.

Tribal officials of the Eastern Band of the Cherokee were notified of the waiver renewal and the opportunity for input on 7/12/18 by a formal written notice. Initial feedback was shared in a meeting on 8/15/18. We have consulted with our federally-recognized tribe, the Eastern Band of Cherokee Indians, and incorporated their feedback to the extent possible. This document reflects the consultation process.

The NC Innovations Waiver was posted for Public Comment from 10/23/18 to 11/22/18 on the Division of Health Benefits Website.

Summary of Comments:

#### Accepted Feedback:

Residential Supports – Member can use Residential or Supported Living setting when the individual is accessing a non-integrated community setting like a summer camp.

Respite - Respite may be utilized during school hours for sickness, injury, or when a student is suspended or expelled.

Community Living and Supports - Added the following clarifying information: Individuals who live in settings where they live independently and were using Community Living Support prior to 4/1/19 can continue to use Community Living Supports to support them in their own home.

Day Supports – Accepted feedback that DS does not have to work on employment related tasks for individuals who are 16-22 if it is not in the person's interests.

Assistive Technology and Supplies -

Added that ATES can be used for the Cost of Monthly Monitoring and that NON-adaptive computer desks and other furniture items are not covered.

Added the following clarifying language: Medical necessity must be documented by the physician, physician assistant, nurse practitioner or Doctor of Osteopathic Medicine, for every item provided/billed regardless of any requirements for approval. A letter of medical necessity must be written and signed by the physician, physician assistant, or nurse practitioner, or other licensed professional permitted to perform those tasks and responsibilities by their NC state licensing board. When the physician, physician assistant, nurse practitioner or Doctor of Osteopathic Medicine write the letter of Medical Necessity, a separate prescription is not needed.

When an assessment is completed by another professional (PhD, OT, PT, ST) recommending the medical necessity of specific equipment or supplies, then a physician, physician assistant, nurse practitioner or Doctor of Osteopathic Medicine must write a letter of medical necessity OR sign off on the letter of medical necessity prepared by professional AND write prescription.

DI / MFP Slots – Accepted feedback to build DI/MFP Slots back into the waiver.

Relative as Provider – Accepted feedback to clarify what family members cannot provide services to individuals < 18.

Supported Living – Accepted Supported Living as a self-directed service.

Rejected feedback -

Community Navigator - Received feedback to remove Tenancy Supports from Community Navigator. This was rejected as Community Navigators have a good understanding of a person's local community and non-Medicaid resources.

- J. Notice to Tribal Governments. The state assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The state assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 -August 8, 2003). Appendix B describes how the state assures meaningful access to waiver services by Limited English Proficient persons.

A. The Medicaid age	ency representative with whom CMS should communicate regarding the waiver is:
Last Name:	Richard
First Name:	
Title:	Dave
	Deputy Secretary for Medicaid
Agency:	Division of Health Benefits, North Carolina Department of Health & Human Services
Address:	
Address 2:	2501 Mail Service Center
City:	Raleigh
State:	North Carolina
Zip:	27699-2501
Phone:	(919) 855-4105 Ext: TTY
Fax:	(919) 655-4105 Ext. — 111
	(919) 733-6608
E-mail:	dave.richard@dhhs.nc.gov

	Note: The Signature and Submission Date fields will be automatically completed when the State
<b>Submission Date:</b>	Jun 18, 2019
	State Medicaid Director or Designee
Signature:	Betty Staton
Upon approval by CMS services to the specifie	MS in the form of waiver amendments.  S, the waiver application serves as the state's authority to provide home and community-based waiver d target groups. The state attests that it will abide by all provisions of the approved waiver and will ne waiver in accordance with the assurances specified in Section 5 and the additional requirements specified test.
if applicable, from the	nts) are <i>readily</i> available in print or electronic form upon request to CMS through the Medicaid agency or, operating agency specified in Appendix A. Any proposed changes to the waiver will be submitted by the
Security Act. The state	assures that all materials referenced in this waiver application (including standards, licensure and
	er with Appendices A through J, constitutes the state's request for a waiver under §1915(c) of the Social
8. Authorizing S	
E-mail:	Betty.Staton@dhhs.nc.gov
	(919) 733-6608
Fax:	
	(919) 855-4173 Ext: TTY
Phone:	
Ζ.φ.	27699-2501
State: Zip:	North Carolina
ony.	Raleigh
City:	
Address 2:	
Address:	2501 Mail Service Center
rigency.	Division of Health Benefits, North Carolina Department of Health & Human Services
Agency:	State Plan Administrator
Title:	
First Name:	Betty
	Staton
Last Name:	

Medicaid Director submits the application.

Richard

First Name:

Last Name:

Application for 1915	c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019 Page 14 of 30
	Dave
Title:	
	Deputy Secretrary of Health Benefits
Agency:	
	Divisiion of Health Benefits, North Carolina Department of Health & Human Services (NCDHHS)
Address:	
	2501 Mail Service Center
Address 2:	
City:	D 1 : 1
	Raleigh
State:	North Carolina
Zip:	27/00
	27699
Phone:	
	(919) 855-4100 Ext: TTY
Fax:	
	(919) 733-6608
E-mail:	
<b>Attachments</b>	Dave.Richard@dhhs.nc.gov
Attachment #1: Tran	
	any of the following changes from the current approved waiver. Check all boxes that apply.
	proved waiver with this waiver.
☐ Combining waiv	
	ver into two waivers.
☐ Eliminating a se	rvice.
☐ Adding or decre	asing an individual cost limit pertaining to eligibility.
Adding or decre	asing limits to a service or a set of services, as specified in Appendix C.
$\square$ Reducing the un	duplicated count of participants (Factor C).
☐ Adding new, or	lecreasing, a limitation on the number of participants served at any point in time.
~ •	nges that could result in some participants losing eligibility or being transferred to another waiver another Medicaid authority.
	nges that could result in reduced services to participants.
Specify the transition p	of the waiver:

### Attachment #2: Home and Community-Based Settings Waiver Transition Plan

Specify the state's process to bring this waiver into compliance with federal home and community-based (HCB) settings requirements at 42 CFR 441.301(c)(4)-(5), and associated CMS guidance.

Consult with CMS for instructions before completing this item. This field describes the status of a transition process at the point in time of submission. Relevant information in the planning phase will differ from information required to describe attainment of

To the extent that the state has submitted a statewide HCB settings transition plan to CMS, the description in this field may reference that statewide plan. The narrative in this field must include enough information to demonstrate that this waiver complies with federal HCB settings requirements, including the compliance and transition requirements at 42 CFR 441.301(c)(6), and that this submission is consistent with the portions of the statewide HCB settings transition plan that are germane to this waiver. Quote or summarize germane portions of the statewide HCB settings transition plan as required.

Note that Appendix C-5 <u>HCB Settings</u> describes settings that do not require transition; the settings listed there meet federal HCB setting requirements as of the date of submission. Do not duplicate that information here.

Update this field and Appendix C-5 when submitting a renewal or amendment to this waiver for other purposes. It is not necessary for the state to amend the waiver solely for the purpose of updating this field and Appendix C-5. At the end of the state's HCB settings transition process for this waiver, when all waiver settings meet federal HCB setting requirements, enter "Completed" in this field, and include in Section C-5 the information on all HCB settings in the waiver.

The state assures that this waiver amendment or renewal will be subject to any provisions or requirements included in the state's most recent and or approved home and community-based settings Statewide Transition Plan. The state will implement any CMCS required changes by the end of the transition period as outlined in the home and community-based settings Statewide Transition Plan.

### **Additional Needed Information (Optional)**

Provide additional	needed	information	tor the	Walver	Ontional	١.
i iovide additional	nccaca	mitormanon	ioi uic	waivei	Obuonai	

This section is held for Public Comment

### **Appendix A: Waiver Administration and Operation**

- 1. State Line of Authority for Waiver Operation. Specify the state line of authority for the operation of the waiver (select one):
  - The waiver is operated by the state Medicaid agency.

Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program (select one):

• The Medical Assistance Unit.

Specify the unit name:

The Division of Health Benefits, NC Department of Health and Human Services

(Do not complete item A-2)

O Another division/unit within the state Medicaid agency that is separate from the Medical Assistance Unit.

Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.

(Complete item A-2-a).

O The waiver is operated by a separate agency of the state that is not a division/unit of the Medicaid agency.

Specify the division/unit name:

In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. (Complete item A-2-b).

### Appendix A: Waiver Administration and Operation

2.	Oversight	of Performance.

2. Oversig	ant of Performance.
<b>1</b> 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these activities:  As indicated in section 1 of this appendix, the waiver is not operated by another division/unit within the State Medicaid agency. Thus this section does not need to be completed.
] ( 1 ( 1 2	Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:  As indicated in section 1 of this appendix, the waiver is not operated by a separate agency of the State. Thus this section does not need to be completed.
Appendix A	A: Waiver Administration and Operation
on behal	Contracted Entities. Specify whether contracted entities perform waiver operational and administrative functions lif of the Medicaid agency and/or the operating agency (if applicable) (select one):
age	s. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid ency and/or operating agency (if applicable). ecify the types of contracted entities and briefly describe the functions that they perform. Complete Items A-5 and 6.:
Ar Ar	HB contracts with the following entities which assist with administrative and operational activities:  n External Quality Review Organization (EQRO) for quality reviews of the PIHPs;  n MMIS contractor which assists with recipient enrollment and payment;  n actuarial contractor which assists with setting the capitated payments to the PIHPs.
	Contracted entities do not perform waiver operational and administrative functions on behalf of the edicaid agency and/or the operating agency (if applicable).
	A: Waiver Administration and Operation
	<b>Local/Regional Non-State Entities.</b> Indicate whether local or regional non-state entities perform waiver anal and administrative functions and, if so, specify the type of entity ( <i>Select One</i> ):

O Not applicable • Applicable - Local/regional non-state agencies perform waiver operational and administrative functions. Check each that applies:

Local/Regional non-state public agencies perform waiver operational and administrative functions at the local or regional level. There is an interagency agreement or memorandum of understanding between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is

available through the Medicaid agency.

*Specify the nature of these agencies and complete items A-5 and A-6:* 

Local/Regional non-governmental non-state entities conduct waiver operational and administrative functions at the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The contract(s) under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Specify the nature of these entities and complete items A-5 and A-6:

DHB contracts with local management entities (LME) operating as prepaid inpatient health plans (PIHP) for the delivery of all Medicaid MH/IDD/SUS services, including NC Innovations waiver services. LME/PIHPs conduct the following operational and administrative activities: utilization management and prior approval activities, provider network credentialing and enrollment and provider reimbursement.

LMEs, as defined in NC General Statute 122C, are area authorities, county programs, or consolidated human services agencies that are designated as "the locus of coordination" for publicly funded mental health, intellectual/developmental disabilities and substance abuse services in their respective catchment areas. Session laws 2011-264 and 2012-151 recently amended the statute to require the delivery of publicly funded services for individuals with mental illness, intellectual/developmental disabilities, and substance misuse disorders through LMEs under the authority of 1915(b)/(c) waivers.

The waiver responsibilities and performance requirements are set forth in a contract between the Division of Health Benefits and each LME operating under the waivers.

### **Appendix A: Waiver Administration and Operation**

**5.** Responsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities. Specify the state agency or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in conducting waiver operational and administrative functions:

DHB, the State Medicaid Agency, is responsible for assessing the performance of the PIHPs in conducting operational and administrative functions. The DHHS Office of the MMIS, including DHB (the State Medicaid agency), oversees the performance of the MMIS contractor. DHB oversees the rate setting and external quality review contractors.

The Division of Health Benefits conducted monthly Interdepartmental Monitoring Team meetings prior to the PIHPs becoming operational, and continued these meetings for six months after going live. These meetings convened subject matter experts from both the Division of Health Benefits and the Division of Mental Health, Substance Misuse, and Developmental Disability Services in the areas of customer services, provider network, clinical policy, claims processing, finance, and other areas as needed. In addition, Mercer, the State's contracted reviewer, did readiness reviews of all sites 90 and 45 days prior to go live. An onsite review of operations was conducted six months after go live to ensure performance, in addition to weekly, monthly, and quarterly performance monitoring reports, and annual on site performance reviews with a team from the state and CCME as well as a second review by the External Quality Review Organization.

### Appendix A: Waiver Administration and Operation

**6. Assessment Methods and Frequency.** Describe the methods that are used to assess the performance of contracted and/or local/regional non-state entities to ensure that they perform assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional

non-state entities is assessed:

Oversight and performance of the LME/PIHPs is performed by an Intra-Departmental Monitoring Team (IMT) with representation from all divisions within the DHHS involved in the operation of the 1915(b)/(c) waivers with DHB leading the team. Each PIHP must report to the IMT on internal quality assurance/improvement activities such as beneficiary and provider surveys, performance measures, complaints and grievances and other issues or concerns that affect service delivery. Monthly Reports on contract and performance measures are sent to the IMT for review. The PIHP meets IMT a minimum 4 times per year on a quarterly basis, or more frequently if indicated. The team provides feedback and implements corrective action plans as needed. The IMT also conducts an annual on-site review of each PIHP's operations. The team reviews overall PIHP operations, including utilization and care management, clinical direction, executive management, claims processing, financial management, information systems and reporting. A written report of findings is generated and a plan of correction for deficiencies is implemented if needed. Progress with the plan of correction is tracked by the IMT quarterly.

Contracts with the rate setting and external quality review contractors outline specific performance expectations which the contractor must meet. DHB contract managers assess deliverables and performance on an ongoing basis and implement corrective action plans as needed. The MMIS contract also outlines specific expectations and deliverables and performance assessment is monitored on an ongoing basis by DHB and DHHS contract managers.

### Appendix A: Waiver Administration and Operation

7. **Distribution of Waiver Operational and Administrative Functions.** In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):

In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency. Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.

Function	Medicaid Agency	Contracted Entity	Local Non-State Entity
Participant waiver enrollment	X	X	X
Waiver enrollment managed against approved limits	X		X
Waiver expenditures managed against approved levels	×		X
Level of care evaluation			X
Review of Participant service plans		X	X
Prior authorization of waiver services			X
Utilization management	×		X
Qualified provider enrollment			X
Execution of Medicaid provider agreements	×		X
Establishment of a statewide rate methodology	×	X	
Rules, policies, procedures and information development governing the waiver program	×		
Quality assurance and quality improvement activities	×	X	×

### **Appendix A: Waiver Administration and Operation**

**Quality Improvement: Administrative Authority of the Single State Medicaid Agency** 

methods for discovery and remediation.

#### a. Methods for Discovery: Administrative Authority

The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

#### i. Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Performance measures for administrative authority should not duplicate measures found in other appendices of the waiver application. As necessary and applicable, performance measures should focus on:

- Uniformity of development/execution of provider agreements throughout all geographic areas covered by the waiver
- Equitable distribution of waiver openings in all geographic areas covered by the waiver
- Compliance with HCB settings requirements and other new regulatory components (for waiver actions submitted on or after March 17, 2014)

#### Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

DHB ensures that LME/PIHPs follow the ongoing monitoring process. Numerator: Number of LME/PIHPs following the monitoring process Denominator: Total Number of LME/PIHPs

Review of provider records maintained by the PIHP
If 'Other' is selected, specify:
Other
Data Source (Select one):

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	Annually	Stratified Describe Group:

Contracted external quality review organization (EQRO)				
	Continuo Ongoing	ously and	□ Oth	er Specify:
	Other Specify:			
Data Aggregation and Analys  Responsible Party for data as and analysis (check each that	ggregation	Frequency of analysis(check		_
State Medicaid Agency	appwes).	□ Weekly		appries).
Operating Agency		☐ Monthly		
☐ Sub-State Entity		Quarterly	у	
Other Specify:  Contracted external qualicorganization (EQRO)	ty review	⊠ Annually		
		Continuo	usly and (	Ongoing
		Other Specify:		
Performance Measure: DHB ensures that LME/PIHE Numerator: Number of LME complete and timely manner	/PIHPs that su	ıbmit performa	ance meas	ure information in a

Data Source (Select one):

Other

If 'Other' is selected, specify:

Review of PIHP and DHB documentation of submission and receipt of reporting

Responsible Party for data	Frequency of data	Sampling Approach(check
----------------------------	-------------------	-------------------------

	<b>r</b>			
<b>collection/generation</b> (check each that applies):	collection/ger each that appi	neration(check lies):	each that d	applies):
State Medicaid Agency	☐ Weekly		× 100%	6 Review
Operating Agency	☐ Monthly		Less Revie	than 100% ew
☐ Sub-State Entity	□ Quarter	ly	Samı	esentative ble Confidence Interval =
Other Specify:  Contracted external quality review organization (EQRO)	⊠ Annually	y	□ Strat	ified Describe Group:
	Continue Ongoing	ously and	Othe	<b>r</b> Specify:
	Other Specify:			
Data Aggregation and Analys Responsible Party for data a	ggregation	Frequency of		_
and analysis (check each that  State Medicaid Agency	applies):	analysis(check	each that t	ippiies):
Operating Agency		☐ Monthly		
Sub-State Entity		Quarterly	v	
Other Specify:  Contracted external qual organization (EQRO)	ity review	⊠ Annually	<u> </u>	

Responsible Party for data a and analysis (check each that		Frequency of analysis(check		~
		Continuo	usly and (	Ongoing
		Other Specify:		
Performance Measure: DHB reviews the PIHP Innov Numerator: Number of LME show two available providers (rural) radius though out the LME/PIHPs	Z/PIHPs whose within a 30 m	Network capacinute/30 mile (	city studie Urban) or	s and geo mapping 45 minute/45 mile
Data Source (Select one): Other If 'Other' is selected, specify: Network capacity studies and	d geo mapping			
Responsible Party for data collection/generation(check each that applies):	Frequency of collection/gen each that appl	eration(check	Sampling each that	g <b>Approach</b> (check applies):
State Medicaid Agency	□ Weekly		× 100%	% Review
Operating Agency	☐ Monthly		□ <sub>Less</sub> Revi	than 100% ew
☐ Sub-State Entity	□ Quarterl	у	Sam	resentative ple Confidence Interval =
Other Specify:  PIHPs complete studies/mapping and submit to DHB	<b>⊠</b> Annually	7	Stra	tified Describe Group:
	☐ Continuo Ongoing		Othe	er Specify:

	Other Specify:		
Data Aggregation and Analys Responsible Party for data a and analysis (check each that	ggregation		data aggregation and each that applies):
X State Medicaid Agency		□ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		Quarterly	y
Other Specify:  PIHPs analyze findings i DHB and DHB reviews/ report	•	⊠ Annually	
		□ Continuo	usly and Ongoing
		Other Specify:	
Performance Measure: DHB ensures that LME/PIHI Processes. Numerator: Numb Implementation Processes Do Data Source (Select one): Other If 'Other' is selected, specify: Review of waiver participant	oer of LME/PI enominator: To	HPs following to	the Plan of Care Approval and LME/PIHPs
Responsible Party for data collection/generation(check each that applies):	Frequency of collection/geneach that appli	eration(check	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthly		Less than 100% Review
Sub-State Entity	Quarter	ly	Representative

			Sample Confidence Interval =
Other Specify:  Contracted external quality review organization (EQRO)	Annually	y	Stratified Describe Group:
	Continue Ongoing	ously and	Other Specify:
	Other Specify:		
Data Aggregation and Analys			
Responsible Party for data a and analysis (check each that			data aggregation and each that applies):
State Medicaid Agency		□ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		Quarterly	y
Other Specify:  Contracted external qual- organization (EQRO)	ity review	<b>⊠</b> Annually	
		□ Continuo	usly and Ongoing
		Other Specify:	

**Performance Measure:** 

DHB ensures that LME/PIHPs follow the Level of Care Approval Process. Numerator: Number of LME/PIHPs following the Level of Care Approval Process Denominator: Total Number of LME/PIHPs

Data Source (Select one): Other If 'Other' is selected, specify:

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly	X 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:  Contracted external quality review organization (EQRO)	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly

and analysis (check each	00 0	equency of data aggregation and alysis(check each that applies):	
☐ Sub-State Entity		Quarterly	-
Other Specify:  Contracted externa organization (EQF	al quality review	Annually	
		Continuously and Ongoing	
		Other Specify:	
		cessary additional information on the strate he waiver program, including frequency ar	
	od for addressing individuties and GENERAL meth	ual problems as they are discovered. Include hods for problem correction. In addition, pems.	
Describe the States methoregarding responsible parthe methods used by the states with the DHB. The DHE corrective action plan with the DHB.	od for addressing individuaties and GENERAL method and correct problems identified and correct problems identified actions a corrective action the assistance of the Interest and correct problems identified the assistance of the Interest and Interest an	hods for problem correction. In addition, pa	orovide information of the control o

remediation related Butta riggi equiton and ri	inity sis (including the number function)
Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>区</b> State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	□ Quarterly
Other Specify:	<b>⊠</b> Annually
	⊠ Continuously and Ongoing
	Other Specify:

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Administrative Authority that are currently non-operational.

⊚	No
0	Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Anı	endix	$\mathbf{R}$	Partici	nant	Access	and	Eligibilit	V
	JUHUIA	D.	I al uci	Jani	ALLESS	allu	LIIZIVIIII	v

# B-1: Specification of the Waiver Target Group(s)

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the state limits waiver services to one or more groups or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. In accordance with 42 CFR §441.301(b)(6), select one or more waiver target groups, check each of the subgroups in the selected target group(s) that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:

	Maximum Age							\ge
Target Group	Included	Target SubGroup	Minimum Age		e 📑	Maximum Age Limit		Maximum Age Limit
Aged or Disal	oled, or Both - Geno	eral						
		Aged						
		Disabled (Physical)						
		Disabled (Other)						
Aged or Disal	oled, or Both - Spec	ific Recognized Subgroups						
		Brain Injury					Î	
		HIV/AIDS						
		Medically Fragile						
		Technology Dependent						
Intellectual D	isability or Develop	mental Disability, or Both						
		Autism						
	X	Developmental Disability		0				X
	×	Intellectual Disability		0	$\top$			×
Mental Illness								
		Mental Illness			T			
		Serious Emotional Disturbance						

b. Additional Criteria. The state further specifies its target group(s) as follows:

The Innovations waiver targets individuals who meet the ICF-IDD eligibility criteria defined in the Division of Health Benefits Clinical Coverage Policy 8E on the DMA website at https://medicaid.ncdhhs.gov/.

New participants to this waiver will live in their own private residence, with their families, with other private families or in living arrangements with 4 beds or less.

- **c. Transition of Individuals Affected by Maximum Age Limitation.** When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (select one):
  - Not applicable. There is no maximum age limit
  - O The following transition planning procedures are employed for participants who will reach the waiver's maximum age limit.

Specify:		

### **Appendix B: Participant Access and Eligibility**

### **B-2:** Individual Cost Limit (1 of 2)

- **a. Individual Cost Limit.** The following individual cost limit applies when determining whether to deny home and community-based services or entrance to the waiver to an otherwise eligible individual *(select one)*. Please note that a state may have only ONE individual cost limit for the purposes of determining eligibility for the waiver:
  - O No Cost Limit. The state does not apply an individual cost limit. Do not complete Item B-2-b or item B-2-c.
  - Cost Limit in Excess of Institutional Costs. The state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the state. Complete Items B-2-b and B-2-c.

The limit specified by the state is (select one)

0	A level higher than 100% of the institutional average.
	Specify the percentage:
•	Other
	Specify:

\$135,000.

- O Institutional Cost Limit. Pursuant to 42 CFR 441.301(a)(3), the state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. *Complete Items B-2-b and B-2-c.*
- Ocost Limit Lower Than Institutional Costs. The state refuses entrance to the waiver to any otherwise qualified individual when the state reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the state that is less than the cost of a level of care specified for the waiver.

Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver

participants. Complete Items B-2-b and B-2-c.
The cost limit specified by the state is (select one):
O The following dollar amount:
Specify dollar amount:
The dollar amount (select one)
O Is adjusted each year that the waiver is in effect by applying the following formula:
Specify the formula:
O May be adjusted during the period the waiver is in effect. The state will submit a waiver amendment to CMS to adjust the dollar amount.  O The following percentage that is less than 100% of the institutional average:  Specify percent:  O Other:  Specify:

B-2: Individual Cost Limit (2 of 2)

**b. Method of Implementation of the Individual Cost Limit.** When an individual cost limit is specified in Item B-2-a, specify the procedures that are followed to determine in advance of waiver entrance that the individual's health and welfare can be assured within the cost limit:

Individuals may apply for the NC Innovations waiver by contacting the PIHP Access Center in his or her county. The intake/screening process is intended to be the preliminary determination of an individual's potential eligibility for services based on the eligibility criteria and need for waiver services. The screening process consists of a comprehensive clinical review including the NC Innovations Risk/Support Needs Assessment (or designated tool) to determine whether the waiver can meet the individual's needs. If health and/or safety risks are identified the PIHP clinical director (MD or PhD) will review the assessments and make a determination as to whether the individual's needs can be met by the waiver up to the \$135,000 cost limit. Written notice of the outcome of this assessment will be provided to the individual. If an individual is terminated from the waiver, the PIHP sends a written notice explaining the reason for the adverse action, instructions on how to access a fair hearing, the time frame for making the request, information on the continuation of services during the appeal (if applicable) and contact information for questions and concerns.

**c. Participant Safeguards.** When the state specifies an individual cost limit in Item B-2-a and there is a change in the participant's condition or circumstances post-entrance to the waiver that requires the provision of services in an amount that exceeds the cost limit in order to assure the participant's health and welfare, the state has established the following

safeguards to avoid an adverse impact on the participant (check each that applies):
☐ The participant is referred to another waiver that can accommodate the individual's needs.
Additional services in excess of the individual cost limit may be authorized.
Specify the procedures for authorizing additional services, including the amount that may be authorized:
<b>X</b> Other safeguard(s)
Specify:
If an individual chooses not to participate in the Innovations Waiver or has needs that exceed the \$135,000 dollar
waiver limit and is still eligible for Medicaid, other Medicaid funded services, including ICF-IDD would be made available. The individual's Care Coordinator will inform him/her of the other state and/or local services and
supports available in lieu of waiver services.

### B-3: Number of Individuals Served (1 of 4)

**a.** Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The state will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the costneutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	Unduplicated Number of Participants			
Year 1	13138			
Year 2	13138			
Year 3	13138			
Year 4	13138			
Year 5	13138			

- b. Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the state may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the state limits the number of participants in this way: (select one)
  - The state does not limit the number of participants that it serves at any point in time during a waiver year.
  - O The state limits the number of participants that it serves at any point in time during a waiver year.

The limit that applies to each year of the waiver period is specified in the following table:

Table: B-3-b

Table, B-5-b	
Waiver Year	Maximum Number of Participants Served At Any Point During the Year
Year 1	

Waiver Year	Maximum Number of Participants Served At Any Point During the Year
Year 2	
Year 3	
Year 4	
Year 5	

### B-3: Number of Individuals Served (2 of 4)

- **c. Reserved Waiver Capacity.** The state may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State (select one):
  - O Not applicable. The state does not reserve capacity.
  - The state reserves capacity for the following purpose(s).

Purpose(s) the state reserves capacity for:

Purposes	
CAP/C Age Out	
Military	
Emergencies	
MFP / DI	

### **Appendix B: Participant Access and Eligibility**

### B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

CAP/C Age Out

**Purpose** (describe):

Transition of individuals from the Community Alternatives Program for Children (CAP/C) when the participant ages out of the waiver.

Describe how the amount of reserved capacity was determined:

The reserve figure is based on historical numbers of participants that have aged out of the CAP/C waiver and transitioned to the State's IDD waivers. Reserved capacity for year one is at a lower number to allow for individuals on (b)(3) Innovations look-a-like slots to roll into the NC Innovations Waiver.

The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year Capacity Reserved			ed
Year 1		15	
Year 2		15	
Year 3		15	
Year 4		15	
Year 5		15	

### B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Military

Purpose (describe):

Military Transfers reserved capacity is for participants who were on a comparable 1915 (c) waiver in another state whose family was transferred to North Carolina for military service or were receiving Innovations waiver services prior to family transferring to another state and have now returned to North Carolina.

#### Describe how the amount of reserved capacity was determined:

Reserved capacity is an estimate based on the number of requests of continued services from military families transferring to NC with children on similar waivers in other states. Reserved capacity for year one is at a lower number to allow for individuals on (b)(3) Innovations look-a-like slots to roll into the NC Innovations Waiver.

#### The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved		
Year 1		5	
Year 2		5	
Year 3		5	
Year 4		5	
Year 5	_	5	

### **Appendix B: Participant Access and Eligibility**

### B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Emergencies

Purpose (describe):

Reserved capacity is for emergency needs in which the individual is at risk of imminent, significant harm.

#### Describe how the amount of reserved capacity was determined:

The reserve figure is based on historical numbers of participants statewide who were determined to be in an emergency situation requiring immediate admission to the IDD waiver.

#### The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved		
Year 1		57	
Year 2		57	
Year 3		57	
Year 4		57	
Year 5		57	

### **Appendix B: Participant Access and Eligibility**

### B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

MFP / DI

#### Purpose (describe):

Capacity is being reserved to transition individuals out of Institutional Setting using the Money Follows the Person (MFP) federal grant as the grant still exisits. When the MFP grant ends, reserved capacity will be built in for participants institutional settings, who meet the criteria for NC Innovations, and choose to receive home and community-based services.

#### Describe how the amount of reserved capacity was determined:

Reserved capacity for MFP /DI is a percentage of the total number of participants approved for MFP participation in the State; the percentage is based on past utilization of the NC IDD waivers for MFP transitions.

#### The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved
Year 1	68
Year 2	68
Year 3	68
Year 4	68
Year 5	68

- **d. Scheduled Phase-In or Phase-Out.** Within a waiver year, the state may make the number of participants who are served subject to a phase-in or phase-out schedule *(select one)*:
  - The waiver is not subject to a phase-in or a phase-out schedule.
  - O The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in the waiver.
- e. Allocation of Waiver Capacity.

Select one:

- O Waiver capacity is allocated/managed on a statewide basis.
- Waiver capacity is allocated to local/regional non-state entities.

Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:

LME MCOs; capacity is allocated based on population and this allocation is reevaluated each waiver cycle and when additional slots are allocated by the General Assembly. When DI/MFP slots are not utilized they may be reallocated on a quarterly basis. NC Innovations member's maintain their NC Innovations slot when transitioning to a new LME MCO catchment area.

**f. Selection of Entrants to the Waiver.** Specify the policies that apply to the selection of individuals for entrance to the waiver:

Individuals who seek services funded through the NC Innovations waiver will be served on a first come -first serve basis.

#### Screening for Potential Waiver Eligibility:

Individuals make application for the NC Innovations waiver by contacting the PIHP. The intake screening process is intended to be the preliminary determination of an individual's potential eligibility for services based on the waiver eligibility criteria (See B:1-b) and need for waiver services. The screening process consists of a comprehensive clinical review inclusive of the administration of the the NC Innovations Risk /Support Needs Assessment (or designated tool), to determine whether the waiver can meet the individual's needs. If health and/or safety risks are identified, the PIHP will review the assessments and make a determination as to whether the individual's needs can be met on the waiver. Written notification of the outcome of this assessment will be provided to the individual.

Individuals determined to be potentially eligible for the waiver are placed on the Registry of Unmet Needs, if waiver funding is not available.

#### Reserved Capacity:

When reserved capacity is available, individuals who meet the criteria for reserved capacity slots will have access to these slots.

#### Reserved capacity for emergency needs:

Individuals who present with emergency needs are offered entrance to the waiver ahead of other individuals to the extent that reserved capacity is available. A clinical team, inclusive of at least one of the following: medical director (psychiatrist) or the IDD clinical director and a minimum of one developmental disability specialist, assesses the emergency situation. A person is considered to have emergency needs when the individual meets the following eligibility criteria and no other service systems can meet the identified need:

The individual is at significant, imminent risk of serious harm which is documented by a professional and meets one or more of the following criteria:

- (1) The primary caregiver(s)/support system is/are not able to provide the level of support necessary to meet the person's exceptional behavioral and exceptional medical needs and documented risk issues.
- (2) The issue(s) related to the child's disability has/have been determined by the County Department of Social Services to result in imminent risk of coming into custody of the agency
- (3) The individual requires protection from confirmed abuse, neglect or exploitation as documented by the Department of Social Services

Reserved capacity for transition of individuals from CAP-C when the participant ages out of the waiver and meets, but does not exceed, the eligibility criteria for this waiver:

The reserve figure is based on historical numbers of participants that have transitioned and projected population growth. If reserved capacity is not available, individuals who are transitioning will be prioritized for entrance to the waiver based on non-reserved criteria.

Reserved capacity for Money Follows the Person (MFP) / De-institutionalization (DI):

When reserved capacity is available, individuals who meet the criteria for Money Follows the Person / NC Innovations and choose to receive home and community-based services will receive priority consideration for these reserved slots. If reserved capacity is not available, individuals will be prioritized for entrance to the waiver based on non-reserved criteria. The Money Follows the Person grant is slated to expire 1/1/2019. When the MFP grant expires, individuals will be transitioned out of institutional setting utilizing De-institutionalization Slots (DI)

#### Reserved capacity for military transfers:

Capacity is reserved for individuals who were on a comparable 1915 (c) waiver in another state whose family was transferred to North Carolina for military service or were receiving Innovations waiver services prior to family transferring to another state and have now returned to North Carolina.

Reserved capacity for (B)(3) Innovations Look-A-Like services.

#### Non Reserved Capacity:

Potentially eligible participants will be allocated waiver funding based on their date of application and their placement in priority ranking resulting from the equitable distribution of waiver funding among the sub divisions of the waiver region

based on population. If a specific sub division has no referrals, the unused waiver slots will be reallocated among remaining sub divisions of the NC Innovations region based on equitable distribution of the individuals waiting.

Appendix B: Participant Access and Eligibility
B-3: Number of Individuals Served - Attachment #1 (4 of 4)
nswers provided in Appendix B-3-d indicate that you do not need to complete this section.
Appendix B: Participant Access and Eligibility
B-4: Eligibility Groups Served in the Waiver
<ul> <li>a. 1. State Classification. The state is a (select one):</li> <li>§ § 1634 State</li> </ul>
O SSI Criteria State
O 209(b) State
<ul> <li>2. Miller Trust State.</li> <li>Indicate whether the state is a Miller Trust State (select one):</li> <li>No</li> </ul>
$\circ_{\mathrm{Yes}}$
<b>b. Medicaid Eligibility Groups Served in the Waiver.</b> Individuals who receive services under this waiver are eligible under the following eligibility groups contained in the state plan. The state applies all applicable federal financial participation limits under the plan. <i>Check all that apply</i> :
Eligibility Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFK §435.217)
Low income families with children as provided in §1931 of the Act
SSI recipients
☐ Aged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121
Optional state supplement recipients
Optional categorically needy aged and/or disabled individuals who have income at:
Select one:
• 100% of the Federal poverty level (FPL)
○ % of FPL, which is lower than 100% of FPL.
Specify percentage:
Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in §1902(a)(10)(A)(ii)(XIII)) of the Act)
<b>▼</b> Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in §1902(a)(10)(A)(ii)(XV) of the Act)
Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage Group as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)
Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility group as provided in §1902(e)(3) of the Act)
Medically needy in 209(b) States (42 CFR §435.330)
Medically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)
Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the state

plan that may receive ser	vices under this waiver)
Specify:	
1	435.145(b)(1) Title IV-E adoptive children 435.145(b)(2) Title IV-E foster children
-	based waiver group under 42 CFR §435.217) Note: When the special home and under 42 CFR §435.217 is included, Appendix B-5 must be completed
	rnish waiver services to individuals in the special home and community-based waiver 5.217. Appendix B-5 is not submitted.
O Yes. The state furnishes w under 42 CFR §435.217.	vaiver services to individuals in the special home and community-based waiver group
Select one and complete Ap	ppendix B-5.
	special home and community-based waiver group under 42 CFR §435.217 roups of individuals in the special home and community-based waiver group under 42
Check each that appli	es:
☐ A special incom	e level equal to:
Select one:	
	e SSI Federal Benefit Rate (FBR) ge of FBR, which is lower than 300% (42 CFR §435.236) centage:
* * *	nount which is lower than 300%.
Specify doll	lar amount:
Aged, blind and program (42 CF	disabled individuals who meet requirements that are more restrictive than the SSI FR §435.121)
	y without spend down in states which also provide Medicaid to recipients of SSI (42 §435.322 and §435.324)
	y without spend down in 209(b) States (42 CFR §435.330)
☐ Aged and disab	led individuals who have income at:
Select one:	
O 100% of FP	PL
O % of FPL,	which is lower than 100%.
Specify per	centage amount:
-	groups (include only statutory/regulatory reference to reflect the additional groups in at may receive services under this waiver)
Specify:	

### **Appendix B: Participant Access and Eligibility**

### **B-5: Post-Eligibility Treatment of Income (1 of 7)**

In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the state furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix B-4. Post-eligibility applies only to the 42 CFR §435.217 group.

**a.** Use of Spousal Impoverishment Rules. Indicate whether spousal impoverishment rules are used to determine eligibility for the special home and community-based waiver group under 42 CFR §435.217:

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

### **Appendix B: Participant Access and Eligibility**

### **B-5:** Post-Eligibility Treatment of Income (2 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

b. Regular Post-Eligibility Treatment of Income: SSI State.

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

## Appendix B: Participant Access and Eligibility

### B-5: Post-Eligibility Treatment of Income (3 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

c. Regular Post-Eligibility Treatment of Income: 209(B) State.

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

### **Appendix B: Participant Access and Eligibility**

### B-5: Post-Eligibility Treatment of Income (4 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

#### d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

### **Appendix B: Participant Access and Eligibility**

### **B-5: Post-Eligibility Treatment of Income (5 of 7)**

Note: The following selections apply for the five-year period beginning January 1, 2014.

e. Regular Post-Eligibility Treatment of Income: §1634 State - 2014 through 2018.

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

### **Appendix B: Participant Access and Eligibility**

**B-5: Post-Eligibility Treatment of Income (6 of 7)** 

Note: The following selections apply for the five-year period beginning January 1, 2014.

f. Regular Post-Eligibility Treatment of Income: 209(B) State - 2014 through 2018.

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

### **Appendix B: Participant Access and Eligibility**

B-5: Post-Eligibility Treatment of Income (7 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

g. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules - 2014 through 2018.

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-4 indicate that you do not need to submit Appendix B-5 and therefore this section is not visible.

### **Appendix B: Participant Access and Eligibility**

#### B-6: Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the state provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

- **a. Reasonable Indication of Need for Services.** In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, <u>and</u> (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the state's policies concerning the reasonable indication of the need for services:
  - i. Minimum number of services.

The minimum number of	of waiver services (	one or more) that	an individual must	require in order to	be determined to
need waiver services is:	1				

- ii. Frequency of services. The state requires (select one):
  - The provision of waiver services at least monthly
  - O Monthly monitoring of the individual when services are furnished on a less than monthly basis

If the state also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:

Page 40 of 307

Application for 1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019

**c.** Qualifications of Individuals Performing Initial Evaluation: Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

Persons performing initial evaluations of level of care for waiver beneficiaries are psychologists, psychological associates or physicians as appropriate based on the disability of the participant. All professionals must hold current licensure in the state of North Carolina.

Item a.i above specifies that the individual must require at least one service to participate in the waiver. The following services are excluded: Assistive Technology, Vehicle Modifications, Home Modifications, Community Navigator, Community Transition, and Respite. Individuals diagnosed with Autism Spectrum Disorder and actively utilizing the Research Based - Behavioral Heath Treatment State Plan Service are exempt from the NC Innovations one waiver service per month requirement.

d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the state's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

The NC Innovations waiver targets individuals who meet the ICF-IID eligibility criteria defined in The Division of Health Benefits Clinical Coverage Policy on the DHB website at https://medicaid.ncdhhs.gov/. The NC Innovations waiver utilizes the following ICF-IID criteria to evaluate and reevaluate waiver eligibility:

The waiver beneficiaries requires active treatment necessitating the ICF-IID level of care. (Active treatment refers to aggressive, consistent implementation of a program of specialized and generic training, treatment and health services. Active treatment does not include service to maintain generally independent clients who are able to function with little supervision or in the absence of a continuous active treatment program.)

#### AND

Has a diagnosis of intellectual disability or a condition that is closely related to ID. Intellectual disability characterized by significant limitations both in intellectual functioning and adaptive behavior as expressed in conceptual, practical and social skills. The condition originates before the age of 18. Persons with closely related conditions refers to individuals who have a severe chronic disability that meets ALL of the following conditions and is attributable to cerebral palsy or epilepsy or any other condition, other than mental illness, that is closely related to intellectual disability because this condition results in impairment of general intellectual functioning or adaptive behavior similar to intellectually disabled persons:

- 1. It is manifested before the person reaches age 22
- 2. It is likely to continue indefinitely
- 3. It results in substantial functional limitations in three or more of the following areas of major life activity:
- a. Self care (ability to take care of basic life needs for food, hygiene and appearance)
- b. Understanding and use of language (ability to both understand others and to express ideas or information to others) and to express language (ability to both understand others and to express ideas or information to others either verbally or nonverbally)
- c. Learning (ability to acquire new behaviors, perceptions and information, and to apply experiences to new situations)
- d. Mobility (ambulatory, semi-ambulatory, non-ambulatory)
- e. Self-direction (managing one's social and personal life and ability to make decisions necessary to protect oneself)
- f. Capacity for independent living (age appropriate ability to live without extraordinary assistance)
- g. Economic self-sufficiency

evaluation process, describe the differences:

The NC Innovations Level of Care Assessment tool is used to determine the initial LOC for each waiver participant. Annual re-assessment of LOC is confirmed by the care coordinator

- e. Level of Care Instrument(s). Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (select one):
  - The same instrument is used in determining the level of care for the waiver and for institutional care under the state Plan.
  - O A different instrument is used to determine the level of care for the waiver than for institutional care under the state plan.

Describe how and why this instrument diffe	rs from the	form used	l to evaluate	in stitution al	level of	care and	explain
how the outcome of the determination is rel	iable, valid.	and fully	comparable				

f. Proc	ess for Level of Care Evaluation/Reevaluation: Per 42 CFR §441.303(c)(1), describe the process for evaluating
waiv	er applicants for their need for the level of care under the waiver. If the reevaluation process differs from the

#### Initial Level of Care Criteria:

Evaluations are completed by a psychologist, licensed psychological associate or physician, as defined in NC General Statutes 122C-3 and as appropriate based on the individual's specific clinical issue. The form used to document the initial LOC determination is called the NC Innovations Level of Care Assessment. This is the same tool used to document ICF-IID admission.

If the presenting issue is an intellectual disability, or a condition closely related to an intellectual disability, a psychologist or licensed psychological associate completes the evaluation. The evaluation includes intellectual testing and adaptive behavior assessment. The LOC Assessment tool is used to document the outcome of this evaluation. To assure the accuracy and timeliness of LOC determination, the signature of the psychologist or psychological associate must be no more than 30 days old.

If the condition is cerebral palsy, epilepsy or a condition closely related to one of these two disabilities, a physician completes the LOC determination. The evaluation will be a medical assessment. The LOC Assessment tool is used to document the outcome of this evaluation. To ensure the accuracy and timeliness of LOC determination, the signature of the physician must be no more than 30 days old. The PIHP reviews and makes the final determination of the authorization of LOC.

#### Re-evaluation of LOC:

Re-evaluation of LOC is completed annually during or up to 30 days prior to the birth month of the beneficiary. Re-evaluations are completed by qualified professionals who are care coordinators employed or contracted with the PIHP, using the annual recommendation for LOC, a component of the ISP.

Annual assessments include the completion of an assessment of risks and support needs. The findings are addressed in the Individual Support Plan and recommendations.

If the beneficiary's condition and/or life circumstances have changed significantly during the past twelve months and continued eligibility is questionable, the beneficiary is referred to the full evaluation process to verify continued eligibility.

- **g. Reevaluation Schedule.** Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule *(select one)*:
  - O Every three months
  - O Every six months
  - O Every twelve months
  - Other schedule

*Specify the other schedule:* 

Reevaluations of the level of care take place at least annually for each waiver beneficiary according to the following schedule: during or up to 30 days prior to the birth month of the waiver beneficiary. If there is a change in the beneficiary's condition, a re-evaluation is performed within 30-days of the identification of the change in condition.

- **h. Qualifications of Individuals Who Perform Reevaluations.** Specify the qualifications of individuals who perform reevaluations (*select one*):
  - O The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
  - The qualifications are different.

*Specify the qualifications:* 

Annual re-evaluations will be completed by a qualified professional who is a care coordinator (case manager) within the PIHP or in the community. A qualified professional (QP) is equivalent to the federally defined qualified Developmental Disability professional.

The QP conducting the annual re-determination of LOC is performed by a QP as defined in NC General Statutes 122C-3 Definitions:

"Qualified Professional means any individual with appropriate training or experience as specified by the General Statutes or by rule of the Commission in the fields of mental health or developmental disabilities or substance abuse treatment or habilitation, including physicians, psychologists, psychological associates, educators, social workers, registered nurses, certified fee-based practicing pastoral counselors, and certified counselors."

NC Rules for Mental Health, Developmental Disabilities and Substance Abuse Facilities and Services, section 10A NCAC 27G.0103 18 (a)-(d) describe requirements for qualified professionals.

**i. Procedures to Ensure Timely Reevaluations.** Per 42 CFR §441.303(c)(4), specify the procedures that the state employs to ensure timely reevaluations of level of care (*specify*):

The PIHP maintains a computerized tracking system of all level of care evaluations with their annual reevaluation due date. The data is reviewed monthly by the PIHP. The care coordinator is notified if the evaluation is received outside the approved timeline.

**j. Maintenance of Evaluation/Reevaluation Records.** Per 42 CFR §441.303(c)(3), the state assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Records of each LOC evaluation must be maintained by the PIHP for a minimum period of five years for those beneficiaries over the age of 18. For beneficiaries under the age of 18, documents must be maintained until their 23rd birthday.

Level of care documents are maintained in the beneficiary's record by the care coordinator and in the PIHP's administrative files.

### Appendix B: Evaluation/Reevaluation of Level of Care

### **Quality Improvement: Level of Care**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Level of Care Assurance/Sub-assurances

The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/reevaluating an applicant's/waiver participant's level of care consistent with level of care provided in a hospital, NF or ICF/IID.

#### i. Sub-Assurances:

a. Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of new waiver enrollees who have a LOC evaluation prior to receipt of services. Numerator: Number of new C waiver participants who received an initial LOC evaluation Denominator: Total number of new C waiver participants

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHP	⊠ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

aggregation and analysis (check each that applies):			•	_	gregation at at applies):	ia
State Medicaid Agency			Veekly			
Operating Agency			Ionthly			
☐ Sub-State Entity			Quarter!	ly		
Other Specify: PIHP		× A	\nnually	y		
			Continu	ously an	d Ongoing	
		_	Other pecify:			
Number of (c) waiver applied igibility Numerator: Number edigibility Numerator: Number edigibility Numerator: Number edigibility in potential eligibility applicants.  Data Source (Select one):  Record reviews, on-site  If 'Other' is selected, specify	ber of (c) wai bility Denom	iver ap	plicants	who re	ceived a pre	liminary
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neratio		_	ng Approacl	I .
State Medicaid Agency	□ Weekly			× 10	0% Review	
Operating Agency	Monthly				ss than 100% view	⁄o
☐ Sub-State Entity	□ Quartei	rly			presentative mple Confidence Interval =	
<b>⊠</b> Other	× Annual	lv		□ Sti	atified	

Specify:			Describe Group:	
PIHP				
	Continu		Other	
	Ongoin	g	Specify:	
	Other			
	Specify			
Data Aggregation and Ana Responsible Party for data	-	Frequency of	data aggregation and	
aggregation and analysis (			k each that applies):	
that applies):				
State Medicaid Agency		☐ Weekly		
Operating Agency		Monthly		
☐ Sub-State Entity		Quarter	ly	
⊠ Other				
Specify:				
PIHP		Annuall	y	
		Continu	ously and Ongoing	
		Other		
		Specify:		
		^		

b. Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Proportion of Level of Care evaluations completed at least annually for enrolled participants Numerator: Number of waiver Participants who received an annual LOC re-evaluation Denominator: Total number of waiver participants with annual plans (not including new enrollees)

Data Source (Select one): Other

If 'Other' is selected, specify:

Signature on the Innovations Waiver / Level of Care Re-Determination section of the ISP.

ISP.		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity  Sub-State Entity	☐ Quarterly ☐ Annually	Representative Sample Confidence Interval =  95%  Stratified
Specify: PIHP	— Annuany	Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:  Semi-annually	

Responsible Party for data aggregation and analysis (that applies):		nta aggregation and ach that applies):
State Medicaid Agenc	y Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	Quarterly	
Other Specify: PIHP	Annually	
	Continuous	sly and Ongoing
	Other Specify:	
	Semi-annua	ally
appropriately and according Performance Measures For each performance measu	to the approved description to a	the approved waiver are applied letermine participant level of care.  In the statutory assurance (or a numerator/denominator.
For each performance measu	re, provide information on the a	ggregated data that will enable the State i
<u>nethod by which each source</u>	of data is analyzed statistically/	e. In this section provide information on the deductively or inductively, how themes and the formulated, where appropriate.
and instrument. Numerato	Care evaluations completed u :: Number of new waiver parti g approved LOC instrument/p icipants	icipants who received an
Data Source (Select one): Other If 'Other' is selected, specify LOC tracking and or Case		
Responsible Party for		ampling Approach

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid	□ Weekly	⊠ 100% Review

			-
Agency			
Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	□ Quartei	rly	Representative Sample Confidence Interval =
Other Specify: PIHPs	<b>⋈</b> Annually		Stratified Describe Group:
	Continu Ongoin	ously and g	Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	1		f data aggregation and k each that applies):
State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		Quarter	ly
Other Specify:  PIHPs		⊠ Annuall	y
		Continu	ously and Ongoing
		Other	

Responsible Party for data aggregation and analysis (check each that applies):			f data aggregation and ek each that applies):	
		Specify:		
nstrument. Numerator: N	umber of ann ver participa	ual LOC evalı	ng approved processes and nations completed using Lo tor: Total number of waive	
Data Source (Select one): Other f 'Other' is selected, specify OC tracking and or Case				
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly		☐ 100% Review	
Operating Agency	☐ Monthl	у	Less than 100% Review	
□ Sub-State Entity	□ Quarte	rly	Representative Sample Confidence Interval =  10 and Confidence of 95%	
Other Specify: PIHP	⊠ Annual	ly	Stratified Describe Group:	
	□ Continu Ongoin	ously and	Other Specify:	
	Other Specify	:		

Data Aggregation and Analysis:	T	7
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
State Medicaid Agency	□ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	Quarterly	]
Other Specify: PIHP	Annually	
	☐ Continuously and Ongoing	
	Other Specify:	
	Annually	]

ii. If appli State to

At the annual site review, DHB reviews a sample of charts to ensure LOC is met.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The PIHPs will address and correct problems identified on a case by case basis and include the information in the reports to DHB and the Intra-departmental Monitoring Team. DHB may require a corrective action plan(s) if problems are identified. DHB monitors the corrective action plan with the assistance of the Intra-Departmental Monitoring Team. The EQR annual technical report provides detailed information on the regulatory compliance of the PIHPs, as well as results of performance improvement projects (PIPs) and performance measures (PMs). The report provides information about the quality, timeliness and accessibility of care furnished by the PIHPs, assesses strengths and weaknesses and identifies opportunities for improvement. See Managed Care Organization Monitoring Activities - Attachment 4.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>区</b> State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	⊠ Annually
1.00 7.11.12	Continuously and Ongoing
	Other Specify:  Semi-annually
methods for discovery and remediation related to the ass $igodots_{N_0}$ $igodots_{Yes}$	Improvement Strategy in place, provide timelines to design turance of Level of Care that are currently non-operational.

### **Appendix B: Participant Access and Eligibility**

### **B-7: Freedom of Choice**

**Freedom of Choice.** As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:

- i. informed of any feasible alternatives under the waiver; and
- ii. given the choice of either institutional or home and community-based services.
- **a. Procedures.** Specify the state's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

When funding is available, prospective participants are informed of their feasible alternatives under the waiver and their option to choose waiver services as an alternative to institutional ICF-IID services by the PIHP. This decision is documented on the Individual Support Plan (ISP) signature page. Annually, thereafter, the freedom of choice option is reviewed with the participant or the legally responsible person and the decision documented in the ISP

**b. Maintenance of Forms.** Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

The Freedom of Choice statement is maintained in written form as a component of the ISP and is found in the care coordinator's file and the administrative files of the PIHP.

### **Appendix B: Participant Access and Eligibility**

## **B-8:** Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the state uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

The PIHP makes available, to beneficiaries with limited English proficiency and their legally responsible representatives, materials that are translated into the prevalent non-English languages of the state. The PIHP makes interpreter services available to individuals with limited English proficiency.

The PIHP must comply with the DHHS Title VI Language Access Policy which ensures that individuals with limited English proficiency (LEP) have equal access to benefits and services for which they may qualify from entities receiving federal financial assistance. The policy applies to the North Carolina DHHS, all divisions/institutions within DHHS and all programs and services administered, established or funded by the Department, including subcontractors, vendors and sub-recipients.

The policy requires all divisions and institutions within DHHS and all local entities, including local management entities (LMEs) participating in the waiver as PIHPs, to draft and maintain a Language Access Plan. The plan must include a system for assessing the language needs of LEP populations and individual LEP applicants/recipients; securing resources for language services; providing language access services; assessing and providing staff training; and monitoring the quality and effectiveness of language access services. Local entities must ensure that effective bilingual/interpretive services are provided to serve the needs of the non-English speaking populations at no cost to the recipient. Local entities must also provide written materials, in languages other than English, where a significant number or percentage of the population eligible to be served, or likely to be directly affected by the program, needs services or information in a language other than English to communicate effectively.

### **Appendix C: Participant Services**

## C-1: Summary of Services Covered (1 of 2)

**a. Waiver Services Summary.** List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:

Service Type	Service	
Statutory Service	Community Navigator	
Statutory Service	Community Networking	
Statutory Service	Day Supports	П
Statutory Service	Residential Supports	
Statutory Service	Respite	
Statutory Service	Supported Employment	
Supports for Participant Direction	Financial Support Services	
Other Service	Assistive Technology	
Other Service	Community Living and Support	
Other Service	Community Transition	
Other Service	Crisis Services	
Other Service	Home Modifications	
Other Service	Individual Goods and Services	П
Other Service	Natural Supports Education	
Other Service	Specialized Consultation	
Other Service	Supported Living - Periodic	

Service Type	Service	
Other Service	Supported Living - Transition	
Other Service	Supported Living	$\prod$
Other Service	Vehicle Modifications	Τ

C-1/C-3: Service Specification	
State laws, regulations and policies referenced in the specifica the Medicaid agency or the operating agency (if applicable).  Service Type:	tion are readily available to CMS upon request through
Statutory Service	
Service:	
Case Management	
Alternate Service Title (if any):	
Community Navigator	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
12 Services Supporting Self-Direction	12020 information and assistance in support of self-direction
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waiver	☐ that replaces an existing waiver. Select one:
O Service is included in approved waiver. There is	no change in service specifications.
Service is included in approved waiver. The serv	
	tee specimentally have been invalined.
O Service is not included in the approved waiver.	

**Service Definition** (Scope):

The purpose of Community Navigator Services is to promote self-determination, support the individual in making life choices, provide advocacy and identify opportunities to become a part of their community. Community Navigator provides support to individuals and planning teams in developing social networks and connections within the community. Community Navigator Services also emphasizes, promotes and coordinates the use of generic resources to address the individual's needs in addition to paid services. Community Navigator will have an annual informational session on Self Determination and Self-Direction. Individuals and legal responsible persons may choose to opt out of this requirement.

This service also supports individuals, representatives, and Managing Employers by providing assistance to those that direct their own waiver services. Community Navigator is mandatory for all Employers of Record until competence in directing service is demonstrated. Community Navigator Services may be intermittent and will fade as community connections develop and skills increase in self direction. Community Navigators assist and support (rather than direct and manage) the individual throughout the service delivery process. Community Navigator Services are intended to enhance, not replace, existing natural and community resources.

If the individual requires paid supports to participate / engage once connected with the activity, Community Networking is the appropriate service to utilize to refer and link the individual.

### Specific functions are:

Informational Session (Optional)

- 1. Annual Informational Session on Self-Direction
- 2. Annual Informational Session on rights and self determination

#### Self Determination

- 1. Encourage exploration of possibilities related to life goals, defining what those are and the steps that they need to take in order to have those met.
- 2. Support an individual to make decisions that are important to them.
- 3. Promote choice making to support the individual's strengths and interests.
- 4. Provide education on decision making, risk taking, and natural consequences.
- 5. Provide education which guides the individual in problem solving, decision making and navigating multiple state systems
- 6. Promote advocacy and collaborating with other individuals and organizations on behalf of the individual
- 7. Guidance with managing their individual budget.
- 8. Supporting the individual in preparing, participating in and implementing plans of any type (IEP, ISP, or service plans outside of NC Innovations)
- 9. Supports the person in the person centered planning process (i.e. development of ELP, MAPs, Circles, etc.)
- 10. Assistance with guardianship or establishing alternatives to guardianship, restoration of rights, Supplemental Security Income issues, disability determination issues, Division of Social Services issues, and financial / legal planning.
- 11. Provide education about appropriate accommodation needs
- 12. Supports the individual in devising / negotiating roommate agreements.
- 13. Supports and Educates the individual in preparing and participating in staff interviews
- 14. Assistance with the development of Life related emergency plans

#### **Community Connections**

- 1. Support the individual in identifying resources in his/her community and determine the steps needed to increase the individual's opportunity to expand valued social relationships and build connections within the individual's local community through unpaid supports.
- 2. Assist with locating and accessing non-Medicaid community supports and resources that are related to achieving the individual's life goals.
- 3. Assist with locating options for renting or purchasing a personal residence, assisting with purchasing furnishings for the personal residence

#### Self-Direction

- 1. Provide initial training on the Individual and Family Directed Supports Options, if the individual is considering directing services and supports (Agency With Choice and Employer of Record Models)
- 2. Provide intermediate to long term training as needed on the Individual and Family Directed Supports duties to ensure Employer is competent in the skills to carry out responsibilities of Employer (Agency with Choice and

### Employer of Record Models.)

- 3. Coordinate services with the Financial Support Services provider such as guidance on use of the Individual and Family Directed Budget (Employer of Record Model)
- 4. Provide information/coaching/technical assistance on recruiting, hiring, managing, training, evaluating, and changing support staff (Agency With Choice and Employer of Record Models)
- 5. Provide information/coaching/technical assistance with the development of schedules and outlining staff duties (Agency With Choice and Employer of Record Models)
- 6. Provide information/coaching/technical assistance to understand staff financial forms, staff qualifications and employee record keeping requirements (Agency With Choice and Employer of Record Models)
- 7. Provide information/coaching/technical assistance support to EOR to write short-range goals and task analysis strategies per established guidelines.
- 8. Provide information/coaching/technical assistance for the Employer of Record to perform review of service documentation to ensure data is collected per established guidelines. Assist as needed to update/modify Short Range Goals.
- 9. Provide information/coaching/technical assistance on maintenance of records in accordance with the Employer of Record Model (Employer of Record Models)
- 10. Coordinate services with the Agency with Choice if the individual is directing services under the Agency with Choice Model
- 11. Provide information/technical assistance to the individual on setting staff pay rates (Employer of Record).

#### Tenancy Support

- 1. Develop an independent housing plan based on the participant's preferences and possible barriers
- 2. Assist with housing search process
- 3. Assist with housing application process, including assistance with applying for housing vouchers/applications
- 4. Identifying resources to cover expenses.
- 5. Assisting the individual to create a budget to cover expenses
- 6. Ensure that living environment is safe and move-in ready
- 7. Developing a housing support crisis plan that includes prevention and early intervention services when housing is jeopardized
- 8. Assistance with finding and establishing a relationship with a housemate
- 9. Assistance with obtaining and identifying resources to assist the participant with financial education and planning for housing.
- 10. Assistance with budgeting for housing and living expenses
- 11. Assistance with coordinating resources to complete the move
- 12. Training on how to be a good tenant

### Exclusions:

- This service does not duplicate care coordination. Care coordination under managed care includes the development of the ISP, completing or gathering evaluations inclusive of the re-evaluation of the level of care, monitoring the implementation of the ISP, choosing service providers, coordination of benefits and monitoring the health and safety of the beneficiary consistent with 42 CFR 438.208(c).
- A provider agency that is an Agency with Choice may provide all Agency with Choice services, Community Navigator, Community Transition, Financial Support Services, Individual Goods and Services, and Primary Crisis Response Services to the same individual
- The Community Navigator Self-Directed activities listed above, can only to be used to provide support to the individual under Individual and Family Directed Supports: Employer of Record and Agency with Choice Models, as approved in this Waiver.

The creation and the facilitation of the Individual Support Plan is the responsibility of the Care Coordinator. The Community Navigator can assist the individual with preparing for the Individual Support Plan.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Tribal providers are not subject to licensure but substantial equivalency.

competencies specified by the PIHP

constituted entity capable of meeting all of the requirements of the PIHP. Meets community guide

Verification of Provider	<b>Qualifications</b>
F-444 Daga-a	Co. 17: C: 4:

PIHP	
Frequency of Verification:	
Provider verifies employee qualifications at the PIHP verifies credentials upon initial review and employee qualifications, at a frequency determined by the	d re-verifies agency credentials, including a sample of
opendix C: Participant Services	
C-1/C-3: Service Specificatio	n
Medicaid agency or the operating agency (if applications and ponetes referenced in the same Medicaid agency or the operating agency (if applications agency (if applications)).	specification are readily available to CMS upon request through
ommunity Networking	
CBS Taxonomy:	
CBS Taxonomy:  Category 1:	Sub-Category 1:
·	Sub-Category 1:  13010 participant training
Category 1:	
Category 1:  13 Participant Training	13010 participant training
Category 1:  13 Participant Training  Category 2:	13010 participant training  Sub-Category 2:

- ${\sf O}$  Service is included in approved waiver. There is no change in service specifications.
- lacktriangledown Service is included in approved waiver. The service specifications have been modified.
- O Service is not included in the approved waiver.

**Service Definition** (Scope):

Community Networking services provide individualized day activities that support the individual's definition of a meaningful day in an integrated community setting, with persons who are not disabled. If the person requires paid supports to participate / engage in the activity once connected, Community Networking can be used to refer and link the individual. This service is provided separate and apart from the individual's private residence, other residential living arrangement, and/or the home of a service provider. These services do not take place in licensed facilities and are intended to offer the individual the opportunity to develop meaningful community relationships with non-disabled individuals. Services are designed to promote maximum participation in community life while developing natural supports within integrated settings. Community Networking services enable the individual to increase or maintain their capacity for independence and develop social roles valued by non-disabled members of the community. As individuals gain skills and increase community connections, service hours may fade. Community Networking services consist of:

- 1. Participation in adult education (College, Vocational Studies, and other educational opportunities);
- 2. Development of community based time management skills;
- 3. Community based classes for the development of hobbies or leisure/cultural interests;
- 4. Volunteer work;
- 5. Participation in formal/informal associations and/or community groups;
- 6. Training and education in self-determination and self-advocacy;
- 7. Using public transportation;
- 8. Inclusion in a broad range of community settings that allow the beneficiary to make community connections;
- 9. For children, this service includes staffing supports to assist children to participate in day care/after school summer programs/camps that serve typically developing children and are not funded by Day Supports.
- 10. Payment for attendance at classes and conferences is also included.
- 11. Payment for memberships can be covered when the individual will be participating in an integrated class.
- 12. Transportation when the activity does not include staffing support and the destination of the transportation is an integrated community setting or a self-advocacy activity. Payments for transportation are an established per trip charge or mileage.

Community Networking integrated, community-based employment-focused skill development consists of:

- 1. Career Exploration
- 2. Discovery and Career Planning
- 3. Participation in Workshops and Classes on Topics Related to integrated employment
- 4. Skill and Education-Focused Activities
- 5. Volunteering Opportunities (Career Focus)
- 6. Social Networking and Skills for Social Capital to Obtain/Maintain community based integrated employment

This service includes a combination of training, personal assistance and supports as needed by the beneficiary during activities. Transportation to/from the beneficiary's residence and the training site(s) is included.

#### **Exclusions:**

This does not include the cost of hotels, meals, materials or transportation while attending conferences.

This service does not include activities that would normally be a component of a beneficiary's home/residential life or services.

This service does not pay day care fees or fees for other childcare related activities.

The waiver beneficiary may not volunteer for the Community Networking service provider.

Volunteering may not be done at locations that would not typically have volunteers (i.e. hair salon, florist, etc.) or in positions that would be paid positions if performed by an individual that was not on the waiver.

This service may not duplicate or be furnished/claimed at the same time of day as Day Supports, Community Living and Support, Residential Supports, Respite, Supported Employment or one of the state plan Medicaid services that works directly with the beneficiary.

For beneficiaries who are eligible for educational services under the Individuals with Disability Educational Act, Community Networking does not include transportation to/from school settings. This service includes transportation to/from beneficiary's home or any community location where the beneficiary may be receiving services before/after school.

This service does not pay for overnight programs of any kind.

Classes that offer one-to-one instruction are not covered. Classess that and are in a nonintegrated community setting are not covered.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

		ce at classes and conferences will not exceed \$1000/ per beneficiary plan year. The amount ing is subject to the Limits on Sets of Services.	of
Serv	vice Delivery Met	thod (check each that applies):	
	X Participant	-directed as specified in Appendix E	
	Provider m		
Spe	cify whether the s	service may be provided by (check each that applies):	
	☐ Legally Res	sponsible Person	
	☐ Relative	•	
	Legal Guar	dian	
Pro	vider Specificatio	ons:	
	Provider Category	Provider Type Title	
	Individual	Employee in a self-directed arrangement	
	Agency	Provider Agencies	
		C-3: Provider Specifications for Service	
		tatutory Service Community Networking	
Pro	vider Category:		
	lividual		
Pro	vider Type:		
Em	ployee in a self-di	irected arrangement	
Pro	vider Qualification		
	License (specify)	): 	
	Certificate (spec	cify):	
	Other Standard	(specify):	

Staff that work with participants are approved by employer of record OR recommended by managing employer and approved by Agency with Choice that work with participants:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- · Supervised by the employer of record or managing employer
- For service directed by the Agency with Choice, paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the participant as directed by the PIHP Medical Director or Assistant Medical Director
- Agencies with Choice follow the NC State Nursing Board regulations
- Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

Tribal providers are not subject to licensure but substantial equivalency

#### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Employer of Record or Agency with Choice

PIHP

### Frequency of Verification:

Prior to hiring

Employer of Record annually

Agency with Choice as specified for provider agencies

### **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

Service Name: Community Networking

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies

#### **Provider Qualifications**

**License** (specify):

Tribal providers are not subject to licensure but substantial equivalency.

**Certificate** (specify):

### Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- · Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204(b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Providers that only provide transportation may be accredited by The Joint Commission.

Tribal providers are not subject to licensure but substantial equivalency.

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

Provider Agencies

PIHP

### Frequency of Verification:

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

### **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

### **Service Type:**

Statutory Service

Service:

Day Habilitation

Alternate Service Title (if any):

Day Supports

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
13 Participant Training	13010 participant training
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waiv	ver that replaces an existing waiver. Select one:
O Service is included in approved waiver. There	•
Service is included in approved waiver. The s	
O Service is not included in the approved waive	

**Service Definition** (Scope):

Day Supports is a service that may originate from a facility and that provides assistance to the individual with acquisition, retention, or improvement in socialization and daily living skills and is one option for a meaningful day.

Individuals who receive Day Supports only have to attend the Day Supports Facility once per week and therefore are often in the community with individuals without intellectual and developmental disabilities. Once per week attendance means a weekly check in at the Day Supports facility. Developmental Day is provided in day care settings with children who do not function with an intellectual or developmental disability.

Day Supports emphasizes inclusion and independence with a focus on enabling the individual to attain or maintain his/her maximum self-sufficiency, increase self-determination and enhance the person's opportunity to have a meaningful day. To ensure informed choice among a variety of options for a meaningful day, individuals new to the service and 16 years of age and older, will receive education on available options during the planning meeting and on an ongoing bases through service delivery. Education must include exposure to the same day activities as others in the community and the structure of Day Supports must provide the opportunity to discover his or her skills, interests, and talents in his or her community. Grouping of individuals must be appropriate to the age and preferences of the person.

For individuals who are aging, Day Supports can provide a structured day program of service and support with nursing supervision in an Adult Day Care Program. Additionally, Adult Day Health services similar to adult day care programs in that they provide an organized program of services during the day in a community group setting to support the personal independence of older adults and promote their social, physical, and emotional well-being.

For school-aged or younger children, Developmental Day is a service which provides individual habilitative programming in a licensed child care center. It is designed to meet the developmental needs of the child in an inclusive setting to promote skill acquisition in areas such as self-help, fine and gross motor skills, language and communication, cognitive and social skills in order to facilitate their functioning in a less restrictive environment. For individuals who are eligible for educational services under the Individuals with Disability Educational Act, Day Supports will be the payer of last resort for Developmental Day.

For working-age individuals (ages 16 or older) not also working in competitive integrated employment, Day Supports may include career and employment exploration through educational and experiential opportunities designed to identify a person's specific interests and aptitudes for paid work, including experience and skills transferable to competitive integrated employment, and also typically includes business tours, informational interviews and job shadows, related to the person's identified interests, experiences and/or skills, in order to explore potential opportunities for competitive integrated employment in the person's local area.

When Day Supports are provided in facility-based setting, the setting must be compliant with the standards outlined in the Home and Community-Based Settings Rule (as of 3/19/22) and must not isolate participants from community members not receiving HCBS services. Facility-based Day Supports must be provided by a licensed Day Supports provider that serves individuals with Intellectual and Developmental Disabilities. Individuals who receive facility-based Day Supports only have to attend the Day Supports Facility once per week and therefore are able to maximize their time in the community with individuals without intellectual and developmental disabilities. Developmental Day is provided in day care settings with children who do not function with an intellectual or developmental disability.

Day Supports provided in a facility-based setting, including licensed community day programs, may include prevocational activities. Individuals receiving prevocational services must have employment-related goals in their ISP; Competitive integrated employment in the community at or above the minimum wage is considered to be the optimal outcome of prevocational services.

Individual Day Supports are available to meet specific and well documented needs of the person. These circumstances may include the provision of individual supports due to behavioral or psychiatric destabilization, medical concerns/necessity, or other infrequent and exceptional circumstances.

Individual Day Supports related to medical / behavioral / physical support needs shall require supporting medical or behavioral records and accompanying documentation in the ISP supporting the need for individual services as the most appropriate option.

Day Supports are furnished in a non-residential setting, separate from the home or residential setting where the individual resides. Individuals may receive Day Supports outside the facility as long as the outcomes are consistent with the goals described in the Individual Support Plan.

Transportation to/from the individual's home, the day supports facility and travel within the community is included in the payment rate. Transportation to and from the licensed day program is the responsibility of the Day Supports provider. It is expected that individuals physically attend the Day Supports facility once per week unless approved by the LME/MCO. This minimum requirement does not apply to individuals who attend Adult Basic Education classes.

Transportation to/from school settings is not included for individuals who are eligible for educational services under the Individuals With Disability Educational Act. This includes transportation to/from the individual's home or any community location where the individual may be receiving services before or after school.

NC Innovations Day Supports Group can be provided in a group setting that includes State-funded Day Supports / Activity as long as the NC Innovations definition is met and the staff meet the qualifications of NC Innovations Day Supports Group.

Day Supports is billed in 1 hour unit increments. An individual must receive Day supports 15 minutes before the 1 hour unit may be billed.

#### **EXCLUSIONS:**

This service may not duplicate services, nor shall they be furnished or billed at the same time of day as services, provided under Community Networking, In-Home Intensive Supports, Community Living and Supports, Supported Living, In-Home Skill Building, Residential Supports, Supported Employment and/or one of the State Plan Medicaid Services that works directly with the beneficiary.

Waiver funding is not available for vocational services delivered in facility based or sheltered work settings. The following criteria differentiate between prevocational and vocational services:

- a. Prevocational services are provided to individuals who are not expected to join the general work force within one year of service initiation, except if expected to join the general workforce through the use of Supported Employment services.
- b. Prevocational services include activities that are not directed at teaching job-specific tasks but at underlying skills that may support the individual to increase his/her ability to pursue competitive integrated employment with the assistance of Supported Employment services as needed.

Day Supports are furnished in a non-residential setting, separate from the home or residential setting where the individual resides. Individuals may receive Day Supports outside the facility as long as the outcomes are consistent with the goals described in the Individual Support Plan.

Transportation to/from the individual's home, the day supports facility and travel within the community is included in the payment rate. Transportation to and from the licensed day program is the responsibility of the Day Supports provider. It is expected that individuals physically attend the Day Supports facility once per week unless approved by the LME/MCO. This minimum requirement does not apply to individuals who attend Adult Basic Education classes.

Transportation to/from school settings is not included for individuals who are eligible for educational services under the Individuals With Disability Educational Act. This includes transportation to/from the individual's home or any community location where the individual may be receiving services before or after school.

NC Innovations Day Supports Group can be provided in a group setting that includes State-funded Day Supports / Activity as long as the NC Innovations definition is met and the staff meet the qualifications of NC Innovations Day Supports Group.

Day Supports is billed in 1 hour unit increments. An individual must receive Day supports 15 minutes before the 1 hour unit may be billed.

#### **EXCLUSIONS:**

This service may not duplicate services, nor shall they be furnished or billed at the same time of day as services, provided under Community Networking, In-Home Intensive Supports, Community Living and Supports, Supported Living, In-Home Skill Building, Residential Supports, Supported Employment and/or one of the State Plan Medicaid Services that works directly with the beneficiary.

Waiver funding is not available for vocational services delivered in facility based or sheltered work settings. The following criteria differentiate between prevocational and vocational services:

- a. Prevocational services are provided to individuals who are not expected to join the general work force within one year of service initiation, except if expected to join the general workforce through the use of Supported Employment services.
- b. Prevocational services include activities that are not directed at teaching job-specific tasks but at underlying skills that may support the individual to increase his/her ability to pursue competitive integrated employment with the assistance of Supported Employment services as needed.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The amount of Day Supports is subject to the Limits on Sets of Services.
Service Delivery Method (check each that applies):
Participant-directed as specified in Appendix E
⊠ Provider managed
Specify whether the service may be provided by (check each that applies):
☐ Legally Responsible Person
Relative
Legal Guardian
Provider Specifications:

Provider Category	Provider Type Title
Agency	Adult Day Health and Adult Day Care Programs
Agency	Licensed Developmental Day Care Programs
Agency	Before and After School Day Care Programs Operated by NC Public School System
Agency	Provider Agencies

### C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Day Supports

**Provider Category:** 

Agency

**Provider Type:** 

Adult Day Health and Adult Day Care Programs

#### **Provider Qualifications**

**License** (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

Certified by NC Division of Aging and Adult Services in accordance with NC General Statute 131 D 6. Tribal providers are not subject to licensure but substantial equivalency.

Other Standard (specify):

Approved as a provider in the PIHP provider network

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- · Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.

### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Adult Day Health and Adult Day Care Programs PIHP

### Frequency of Verification:

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

### C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Day Supports

**Provider Category:** 

Agency

**Provider Type:** 

Licensed Developmental Day Care Programs

### **Provider Qualifications**

License (specify):

NC G.S. 122 C-3 and NC Administrative Code Title 10A, subchapters 26B, 26C, 27C, 27D, 27E, and 27G.

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

### Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of PIHP.

#### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Developmental Day Care Programs PIHP

### **Frequency of Verification:**

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service	
Service Name: Day Supports	

**Provider Category:** 

Agency

**Provider Type:** 

Before and After School Day Care Programs Operated by NC Public School System

### **Provider Qualifications**

License (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

### Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Before and After Day Care School Programs

PIHP

### Frequency of Verification:

Verifies employee qualifications at the time employee is hired

Upon initial review; PIHP re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

### C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Day Supports

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies

#### **Provider Qualifications**

License (specify):

NC G.S. 122 C-3 and NC Administrative Code Title 10A, subchapters 26B, 26C, 27C, 27D, 27E, and 27G.

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

### Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of PIHP.

#### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Provider Agencies

PIHP

### **Frequency of Verification:**

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specific	ation are readily available to CMS upon request through	
the Medicaid agency or the operating agency (if applicable). <b>Service Type:</b>		
Statutory Service		
Service:		
Residential Habilitation		
Alternate Service Title (if any):		
Residential Supports		
HCBS Taxonomy:		
Category 1:	Sub-Category 1:	
02 Round-the-Clock Services	02011 group living, residential habilitation	
Category 2:	Sub-Category 2:	
Category 3:	Sub-Category 3:	
Category 4:	Sub-Category 4:	
Complete this part for a renewal application or a new waive	that replaces an existing waiver. Select one:	
O Service is included in approved waiver. There is	s no change in service specifications.	
Service is included in approved waiver. The service specifications have been modified.		
O Service is not included in the approved waiver.		

**Service Definition** (Scope):

Residential Supports provides individualized services and supports to enable a person to live successfully in a Group Home or

Alternate Family Living setting of their choice and be an active participant in his/her community. The intended outcome of the service is to increase or maintain the person's life skills, provide the supervision needed, maximize his/her self sufficiency,increase self- determination and ensure the person's opportunity to have full membership in his/her community.

Residential Supports includes learning new skills, practice and/or improvement of existing skills, and retaining skills to assist the person to complete an activity to his/her level of independence. Residential Supports includes supervision and assistance in activities of daily living when the individual is dependent on others to ensure health and safety.

Transportation to and from the residence and points of travel in the community is included to the degree that they are not reimbursed by another funding source.

Residential Supports are provided to individuals who live in a community residential setting that meets the home and community based characteristics as outlined in the Waiver in Appendix C.

Residential Supports may additionally be provided in an AFL setting. The site must be the primary residence of the AFL provider (includes couples and single persons) who receive reimbursement for the cost of care. These sites are licensed or unlicensed in accordance with state rule. All unlicensed AFL sites will be reviewed annually using the PIHP AFL checklist for health

and safety related issues. NC Innovations respite may be used to provide temporary relief to individuals who reside in Licensed and Unlicensed AFLs, but it may not be billed on the same day as Residential Supports.

#### **LEVELS**

Residential Supports levels are determined by the Individual Budget Tool and other evidence of support need. The SIS Level is only one piece of evidence that may be considered.

Level 1: SIS Level A
Level 2: SIS Level B
Level 3: SIS Level C and D
Level 4: SIS Level E, F, and G

The results of a SIS and the IBT Base Budget are guidelines that do not constitute a binding limit that may not be exceeded on the amount of services (including the level of this service) that may be requested or authorized in a Plan of Care.https://wms-mmdl.cms.gov/WMS/faces/protected/35/renew1 1.jsp#

Transportation to/from a child's school is the responsibility of the school system rather than the Residential Supports Provider.

Individuals who receive Residential Supports may not receive Home Modifications, Community Living and Supports, Respite, Supported Living, or State Plan Personal Care Services. Assistive Technology Equipment & Supplies may be accessed when the item belongs to the individual and can transition to other settings with the individual. The following exceptions apply

- NC Innovations respite may be used to provide temporary relief to individuals who reside in Licensed and Unlicensed AFLs, but it may not be billed on the same day as Residential Supports
   And
- Respite may be used by individuals living in a Residential or Supported Living setting when the individual is accessing a summer camp or support group. The Residential and Supported Living service will not be billed on days when an individual is utilizing respite to access an overnight summer camp.

Vehicle Modifications may be accessed when the vehicle belongs to the individual and can transition to other settings with the individual.

#### **Exclusions:**

This service is not available at the same time of day as Community Networking, Day Supports, Supported Living, Supported Employment or one of the State Plan Medicaid Services that works directly with the person such as Private Duty Nursing.

• Payments for Residential Supports do not include payments for room and board, the cost of facility maintenance and upkeep.

- Primary AFL Staff who provide Residential Supports shall not provide other waiver services to the beneficiary. Agencies providing Residential Supports can provide other waiver services to the beneficiary.
- \* Individuals under 18 years of age cannot be served in an unlicensed AFL.

There are four Supervised Living C group homes of over 6 beds that serve Innovations waiver recipients. These homes were grandfathered in from the CAP MR/DD waiver and are not allowed to have new admissions.

- Camden Road Home is licensed for 8 beds and there are two waiver beneficiaries residing there.
- Sixth Street Home is licensed for 9 bed and one waiver beneficiary resides there.
- Transylvania Association for Disabled Citizens is licensed for 8 beds and four waiver beneficiaries reside there.
- Benjamin House is licensed for 12 beds and five waiver beneficiaries reside there.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The amount of Residential Supports is subject to the "Limits on sets of services".		
<b>Service Delivery Method</b> (check each that applies):		
☐ Participant-directed as specified in Appendix E  ☐ Provider managed		
Specify whether the service may be provided by (check each that applies	s):	
Legally Responsible Person		

**区** Legal Guardian Provider Specifications:

× Relative

Provider Category	Provider Type Title
Agency	Supervised Living Facilities, Type F
Agency	Supervised Living Facility, Type C
Agency	Supervised Living Facility, Type B
Agency	Unlicensed Supervised Living Facilities

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Supports

**Provider Category:** 

Agency
Provider Type:

Supervised Living Facilities, Type F

### **Provider Qualifications**

**License** (specify):

NC Administrative Code 10 A 27G.560; statutory authority: NC General Statute 143B-147

Tribal providers are not subject to licensure but substantial equivalency.

**Certificate** (specify):

### Other Standard (specify):

Supervised Living Facilities, type F, serve no more than 3 minors or 3 adults with a developmental disability.

Supervised Living Facilities, type F, must be approved as a provider in the PIHP provider network and meet the following qualifications:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Enrolled to provide crisis services or has an arrangement with an enrolled crisis services provider to respond to participant crisis situations. The participant may select any enrolled crisis services provider in lieu of this provider however.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies.
- The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Site must be the primary residence of the AFL provider (includes couples and single persons) who receive reimbursement for cost of care.
- Back up staff must be employees of the agency

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

The DHHS Division of Health Service Regulation (DHSR)licenses Supervised Living Facilities, type F. Facility employee verification of employee qualifications is conducted upon hiring. PIHP credentialing is conducted no less than every 3 years.

### Frequency of Verification:

DHSR licensure: Annually

The facility verifies employee qualifications upon hiring. PIHP credentialing is conducted no less than every 3 years.

## **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Supports

**Provider Category:** 

Agency

**Provider Type:** 

Supervised Living Facility, Type C

Provider Qualifications

#### License (specify):

10 A NCAC 27G.5600, statutory authority: NC General Statute 143B-147

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

### Other Standard (specify):

Supervised Living facilities, type C, serve adults whose primary diagnosis is a developmental disability and may be licensed for 4 beds or less for newly developed facilities; 6 beds or less for existing facilities except that any facility licensed on June 15, 2001 for more than six beneficiaries at that time may be grandfathered at no more than the facility's licensed capacity. The grandfathered facilities are listed in this service definition. Currently approved facilities, under six beds, are allowed to have new admissions.

Supervised Living Facilities, type C, must be approved as a provider in the PIHP provider network and meet the following qualifications:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be

provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.

- Enrolled to provide crisis services or has an arrangement with an enrolled crisis services provider to respond to participant crisis situations. The participant may select any enrolled crisis services provider in lieu of this provider however.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

The North Carolina Department of Health and Human Services, Division of Health Services Regulation (DHSR)inspects and licenses supervised living homes. The facility verifies employee qualifications. The PIHP re-verifies agency credentials, including a sample of employee qualifications upon initial review and no less than every three years.

#### Frequency of Verification:

DHSR: Facility is relicensed annually.

Facility employee verification of employee qualifications: upon hiring

PIHP credentialing: no less than every 3 years

## C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Supports

**Provider Category:** 

Agency

**Provider Type:** 

Supervised Living Facility, Type B

### **Provider Qualifications**

License (specify):

10 A NCAC 27G.5600, statutory authority: NC General Statute 143B-147

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

#### Other Standard (specify):

Supervised Living facilities, type B, serve minors whose primary diagnosis is a developmental disability and may be licensed for 4 beds or less for newly developed facilities; 6 beds or less for existing facilities except that any facility licensed on June 15, 2001 for more than six clients at that time may be grandfathered at no more than the facility's licensed capacity.

Supervised Living Facilities, type B, must be approved as a provider in the PIHP provider network and meet the following qualifications:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Enrolled to provide crisis services or has an arrangement with an enrolled crisis services provider to respond to participant crisis situations. The participant may select any enrolled crisis services provider in lieu of this provider however.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

The North Carolina Department of Health and Human Services, Division of Health Services Regulation (DHSR)inspects and licenses supervised living homes. The facility verifies employee qualifications. The PIHP re-verifies agency credentials, including a sample of employee qualifications upon initial review and no less than every three years.

### **Frequency of Verification:**

DHSR: Facility is relicensed annually.

Facility employee verification of employee qualifications: upon hiring

PIHP credentialing: no less than every 3 years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Residential Supports

**Provider Category:** 

Agency

**Provider Type:** 

Unlicensed Supervised Living Facilities

#### **Provider Qualifications**

License (specify):

N/A

Certificate (specify):

#### Other Standard (specify):

Unlicensed Supervised Living Facilities may serve only one adult in accordance with State Rule at 10A NCAC 27 G.5601(b)(1)(2).

Unlicensed Supervised Living Facilities must be approved as a provider in the PIHP provider network and meet the following qualifications:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Enrolled to provide crisis services or has an arrangement with an enrolled crisis services provider to respond to participant crisis situations. The participant may select any enrolled crisis services provider in lieu of this provider however.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies.
- The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Site must be the primary residence of the provider (includes couples and single persons) who receive reimbursement for cost of care.
- Back up staff must be employees of the agency.

# **Verification of Provider Qualifications**

Local Management entity (LME)/PIHP

## **Frequency of Verification:**

The facility is monitored by the PIHP according to the requirements of the DHHS Provider Monitoring Process.

The PIHP credentials the facility initially and at least every 3 years.

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

the Medicaid agency or the operating agency (if ap Service Type:	oplicable).
Statutory Service	
Service:	
Respite	
Alternate Service Title (if any):	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
09 Caregiver Support	09012 respite, in-home
Category 2:	Sub-Category 2:
09 Caregiver Support	09011 respite, out-of-home
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a r	new waiver that replaces an existing waiver. Select one :

O Service is included in approved waiver. There is no change in service specifications.

- Service is included in approved waiver. The service specifications have been modified.
- O Service is not included in the approved waiver.

Respite services provide periodic or scheduled support and relief to the primary caregiver(s) from the responsibility and stress of caring for the individual. NC Innovations respite may also be used to provide temporary relief to individuals who reside in Licensed and Unlicensed AFLs, but it may not be billed on the same day as Residential Supports unless it is for a individual to access a summer camp or support group. This service enables the primary caregiver to meet or participate in planned or emergency events, and to have planned time for him/her and/or family members. This service also enables the individual to receive periodic support and relief from the primary caregiver(s) at his/her choice. Respite may be utilized during school hours for sickness, injury, or when a student is suspended or expelled. Respite may include in and out-of-home services, inclusive of overnight, weekend care, or emergency care (family emergency based, not to include out of home crisis). The primary caregiver(s) is the person principally responsible for the care and supervision of the beneficiary and must maintain his/her primary residence at the same address as the beneficiary.

- The cost of 24 hours of respite care cannot exceed the per diem rate for the average community ICF-IID Facility.
- This service is not available to beneficiaries who reside in licensed facilities that are licensed as 5600B or 5600C unless it is used to support an individual with accessing a summer Camp or support group. Staff sleep time is not reimbursable.
- Respite services are only provided for the individual; other family members, such as siblings of the individual, may not receive care from the provider while Respite Care is being provided/billed for the individual.
- Respite Care is not provided by any person who resides in the individual's primary place of residence.
- Respite may be allowed in the private home of the provider or staff of an employer of record at the discretion and agreement of the support team and when consistent with the ISP goals. The Innovations Health and Safety Checklist must be completed annually if the service is provided in the home of the provider or staff of an employer of record.
- FFP will not be claimed for the cost of room and board except when provided, as part of respite
- FFP will not be claimed for the cost of room and board except when provided, as part of respite care furnished in a facility approved by the State that is not a private residence.
- For individuals who are eligible for educational services under Individual's With Disability Educational Act, Respite does not include transportation to/from school settings. This includes transportation to/from beneficiary's home, provider home where the beneficiary is receiving services before/after school or any community location where the beneficiary may be receiving services before or after school.
- Respite may not be used for beneficiaries who are living alone or with a roommate; staff sleep time is not reimbursable.
- Respite may be provided by relatives or legal guardians if they do not live in the same home as the individual.

#### **Exclusions:**

• This service is not available at the same time of day as Community Networking, Day Supports, Community Living and Supports, Supported Employment or one of the State Plan Medicaid Services that works directly with the person such as Private Duty Nursing.

• Residential Support AFL cannot be billed on the same day as Per Diem Respite for the same individuals.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:	
Service Delivery Method (check each that applies):	
Participant-directed as specified in Appendix E	
Provider managed  Specify whether the service may be provided by (check each that applies):	
Legally Responsible Person	

Provider Specifications:

Provider Category	Provider Type Title	
Agency	Provider Agencies, facility based and in home services	
Agency	Home Care Agencies	
Agency	Adult Day Health	
Individual	Employee in a self-directed arrangement	
Agency	Provider Agencies, Nursing Respite	
Agency	Provider Agencies who operate private respite homes	

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies, facility based and in home services

#### **Provider Qualifications**

**License** (specify):

NC General Statute 122C

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

#### Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Agencies with Choice follow State Nursing Board Regulations
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the beneficiary as directed by the PIHP Medical Director or Assistant Medical Director
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.
- Services provided in the private home of the direct service employee are subject to the checklist and monthly monitoring by the provider agency qualified professional.

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

Provider Agencies

PIHP

## Frequency of Verification:

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Home Care Agencies

#### **Provider Qualifications**

License (specify):

Licensed by the NC DHHS, Division of Health Services Regulation in accordance with NCGS 131E, Article 6, Part C, and North Carolina Administrative Code 10A, Chapter 13-J

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

Other Standard (specify):

NC G.S. 122C, as applicable

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- · Provided by an RN or LPN licensed in the State of North Carolina
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

Services provided in the private home of the direct service employee are subject to the checklist and monthly monitoring by the Agency with Choice qualified professional or the Employer of Record.

#### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Home Care Agencies

PIHP

#### **Frequency of Verification:**

Provider verifies employee qualifications at the time employee is hired

PIHP verifies and reverifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service

Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Adult Day Health

### **Provider Qualifications**

**License** (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

Certified by NC Division of Aging and Adult Services in accordance with NC General Statute 131 D 6.

Other Standard (specify):

Approved as a provider in the PIHP provider network
Verification of Provider Qualifications
Entity Responsible for Verification:
Adult Day Health
PIHP
Frequency of Verification:
Provider verifies employee qualification at the time employee hired
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Statutory Service
Service Name: Respite
Provider Category:
Individual Individual
Provider Type:
Trovider Type.
Employee in a self-directed arrangement
Provider Qualifications
License (specify):
Certificate (specify):
Cortineate (specify).
Other Standard (specify):

Staff that work with participants are approved by Employer of Record OR recommended by managing employer and approved by Agency with Choice that work with participants:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- · Supervised by the employer of record or managing employer
- For service directed by the Agency with Choice, paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the participant as directed by the PIHP Medical Director or Assistant Medical Director
- Agencies with Choice follow the NC State Nursing Board regulations.
- Upon enrollment with the PIHP, enrollment as a provider, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Services provided in the private home of the direct service employee are subject to the checklist and monthly monitoring by the Agency with Choice qualified professional or the Employer of Record.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Employer of Record or Agency with Choice PIHP

#### Frequency of Verification:

Prior to hire

Employer of Record Annually

Agency with Choice as specified for provider agencies

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies, Nursing Respite

### **Provider Qualifications**

**License** (specify):

Licensed by the NC DHHS, Division of Health Services Regulation in accordance with NC General Statute 131E, Article 6, Part C and, as applicable, NC General Statute 122C

Tribal providers are not subject to licensure but substantial equivalency

Certificate (specify	·):	•
----------------------	-----	---

#### Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- · Provided by an RN or LPN licensed in the State of North Carolina
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- · Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- · Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the beneficiary as directed by the PIHP Medical Director or Assistant Medical Director
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Services provided in the private home of the direct service employee are subject to the checklist and monthly monitoring by the Agency with Choice qualified professional or the Employer of Record.

### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

Nursing Respite Provider Agencies PIHP

Frequency of Verification:

Provider verifies employee qualifications at the time employee is hired

PIHP verifies and reverifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies who operate private respite homes

**Provider Qualifications** 

**License** (specify):

Private home respite services serving individuals outside their private home are subject to licensure under NC G.S. 122C Article 2 when:

more than two individuals are served concurrently or either one or two children, two adults, or any combination thereof, are served for a cumulative period of time exceeding 240 hours per calendar month.

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

## Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- · Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.
- Services provided in the private home of the direct service employee are subject to the checklist and monthly monitoring by the Agency with Choice qualified professional or the Employer of Record.

### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Provider Agencies, Private Respite Homes PIHP

### Frequency of Verification:

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

#### **Service Type:**

Statutory Service

Service:	
Supported Employment	
Alternate Service Title (if any):	
Supported Employment	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
03 Supported Employment	03010 job development
Category 2:	Sub-Category 2:
03 Supported Employment	03021 ongoing supported employment, individual
Category 3:	Sub-Category 3:
03 Supported Employment	03022 ongoing supported employment, group
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new	waiver that replaces an existing waiver. Select one:
O Service is included in approved waiver. T	here is no change in service specifications.
Service is included in approved waiver. T	he service specifications have been modified.
O Service is not included in the approved wa	aiver.

**Service Definition** (Scope):

Supported Employment-Individual services provide assistance, based on individual circumstances and need, to explore, seek, choose, acquire, maintain, increase and/or advance in competitive integrated employment. Competitive integrated employment is an individual job in competitive or customized employment, or self-employment, in an integrated work setting in the general workforce for which an individual is compensated at or above the minimum wage.

This service is available to any beneficiary ages 16 and older for whom individualized, competitive integrated employment has not been achieved, and/or has been interrupted or intermittent. Assistance with increasing or advancing in competitive integrated employment is available to beneficiaries, ages 16 and older, for whom their current competitive integrated employment is insufficient in terms of meeting the beneficiary's goals for hours worked and income earned, or is considered underemployment in that the beneficiary desires, and could reasonably be expected to achieve, a promotion to a position with increased responsibilities and pay.

Documentation is maintained in the file of each provider agency specifying that the particular service(s) being provided under this Supported Employment-Individual service category is not otherwise available, without undue delay, to the individual under a program funded under Section 110 of the Rehabilitation Act of 1973, or under the Individuals with Disabilities Education Act (20 U.S.C. 1401 et seq.).

Initial Supported Employment-Individual services may include any of the following, based on individual beneficiary circumstances and needs:

- a. Services that support a beneficiary to explore, and make an informed choice about pursuing, competitive integrated employment. When this service is used to assist a beneficiary to explore, and make an informed choice about pursuing, competitive integrated employment, this service includes, at minimum:
- Sufficient but time-limited job and career exploration activities to identify a person's specific interests and aptitudes for paid work, including experience and skills transferable to competitive integrated employment;
- Uniquely arranged business tours, informational interviews and/or job shadows, that are specifically related to the person's identified interests, experiences and/or skills, to explore potential opportunities for competitive integrated employment in the person's local area;
- Introductory, basic education on the numerous work incentives for individuals receiving publicly funded benefits (e.g. SSI, SSDI, Medicaid, etc.);
- Introductory education on how Supported Employment-Individual services work (including Vocational Rehabilitation services).

Educational information is provided to the person and the legal guardian and/or most involved family member(s), if applicable, to ensure legal guardian and/or family support for the person's choice to pursue competitive integrated employment. The educational aspects of this service shall include addressing any concerns, hesitations or objections of the person and the legal guardian and/or most involved family member(s), if applicable.

b.Targeted and time-limited employment navigation assistance that is designed to assist a beneficiary who wants to pursue and obtain competitive integrated employment to access needed employment services and supports from non-Medicaid sources [e.g. Vocational Rehabilitation; NC Works programs and services; Special Education; Ticket to Work; Work Incentives Planning and Assistance (WIPA) program].

c.Services to support an individual to successfully seek, choose, acquire, increase and/or advance in competitive integrated employment which may include career/educational counseling, discovery, job shadowing, job development/placement, customized job development, training or assistance in resume preparation, job interview skills and/or learning other skills necessary for success, and assistance in the use of educational resources and development of study skills. When this service is used to assist a beneficiary to seek, choose, acquire or advance in competitive integrated employment, the employment or self-employment outcome must be consistent with the individual's interests, preferences, strengths, skills and conditions identified as necessary for success, in order to maximize the likelihood of sustained and satisfying work. Job finding is not based on a pool of jobs that are available or set aside specifically for individuals with disabilities.

d.Initial coaching and employment support activities that enable an individual to complete initial job training, develop skills necessary to maintain employment, and transition successfully to Long-Term Follow-Along Supported Employment-Individual services. These activities typically include but are not limited to assistance in: learning job tasks (e.g. systematic instruction); learning company policies and expectations, developing skills for traveling to/from work, and getting to know/interacting effectively with supervisors and co-workers. Initial coaching and employment support activities should be expected to continue the person successfully completes any probation period that the employer may impose. Fading of initial coaching and employment support activities should begin at some level within the first month of employment and incremental fading gains should be expected to continue over time, as the person becomes more independent on the job and can rely on natural supervisors and co-workers for

needed supports, until fading has been maximized and/or the person completes their probation period, at which point the person should transition to Long-Term Follow-Along Supported Employment-Individual services. Feedback regarding the performance and integration of the individual into their workplace should be obtained from the employer, through employee evaluations or other means that provide information on the level and type of coaching and support that the individual requires. The transition to Long-Term Follow-Along Supported Employment-Individual services should typically occur within one year of the individual starting competitive integrated employment.

- e. As part of Initial coaching employment support activities, consultation, technical assistance and education for the employer, including supervisors and co-workers as needed. This can include education on reasonable accommodations and other strategies that can contribute to long-term
- success of the competitive integrated employment situation and the satisfaction of the employer.
- f. Services to assist an individual to achieve self-employment or ownership of a micro-enterprise. This assistance consists of:
  - 1. Aiding the individual to identify potential business opportunities;
- 2. Assistance in the development of a business plan, including potential sources of business financing and other assistance;
- 3. Assistance, based on needs related to disability, in launching the self-employment or micro-enterprise venture;
- 4. Identification of the long-term follow-along supports that are necessary in order for the individual to maintain self-employment or operate the micro-enterprise.

LONG TERM FOLLOW ALONG: Supported Employment- Long Term Follow Along services provide assistance, based on individual circumstances and need, to maintain, increase and/or advance in competitive integrated employment. Competitive integrated employment is an individual job in competitive or customized employment, or self-employment, in an integrated work setting in the general workforce for which an individual is compensated at or above the minimum wage.

This service is available to any beneficiary ages 16 and older for whom individualized, competitive integrated employment has not been achieved, and/or has been interrupted or intermittent. Assistance with increasing or advancing in competitive integrated employment is available to beneficiaries, ages 16 and older, for whom their current competitive integrated employment is insufficient in terms of meeting the beneficiary's goals for hours worked and income earned, or is considered underemployment in that the beneficiary desires, and could reasonably be expected to achieve, a promotion to a position with increased responsibilities and pay.

Documentation is maintained in the file of each provider agency specifying that the particular service(s) being provided under this Supported Employment-Individual service category is not otherwise available, without undue delay, to the individual under a program funded under Section 110 of the Rehabilitation Act of 1973, or under the Individuals with Disabilities Education Act (20 U.S.C. 1401 et seq.).

Long-Term Follow-Along Supported Employment-Individual services include:

- a. Coaching and employment support activities necessary to enable an individual to maintain competitive integrated employment, such as on-the-job supports that do not supplant or discourage natural supports, services necessary to maintain and improve skills needed to complete job tasks, supports to manage impact of disability in relation to employment. Feedback regarding the performance and integration of the individual into their workplace should be obtained from the employer at regular intervals, through employee evaluations or other means that provide information on the level and type of coaching and support that the individual requires. A focus on identifying and implementing strategies for fading should continue in Long-Term Follow-Along Supported Employment-Individual services.
- b. Ongoing assistance, counseling and guidance for an individual who is self-employed or operates a micro-enterprise
- c. Ongoing employer consultation, technical assistance and education, including supervisors and co-workers as needed, with the objective of ensuring long-term success of the competitive integrated employment situation and the satisfaction of the employer and supported employee. This includes proactively identifying issues and offering assistance to resolve these issues in order to prevent the supported employee's loss of employment, and advising the employer regarding reasonable accommodations and other legal requirements.

The amount and duration of Long-Term Follow-Along Supported Employment-Individual services authorized should be individually determined and based on individual need. Services must involve, at minimum:

• Monthly face-to-face contact with the supported employee, which may or may not be at the workplace, depending on the preferences of the individual and his/her employer;

• Monthly contact with the employer

Long-Term Follow-Along Supported Employment-Individual services may be needed an on-going basis to meet specific and well documented needs of supported employees and/or to provide for minimum contacts with the supported employee and employer as a preventative measure to avoid otherwise preventable job loss.

If Long-Term Follow-Along Supported Employment-Individual services are discontinued at some point because it is determined the supported employee no longer has a need for these services, a re-authorization of the services may be needed at a future point if the individual's job duties change, a supervisor or key co-worker leaves, the individual's disability or health creates a new need for Long-Term Follow-Along Supported Employment-Individual services, or there is an issue that must be resolved in order to ensure the job is sustained. Long-Term Follow-Along Supported Employment-Individual services that are needed to address medical, behavioral and/or physical support needs shall require documentation of such needs and accompanying narrative/documentation in the ISP supporting the need for Long-Term Follow-Along Supported Employment-Individual services as the most appropriate and viable option for enabling the individual to maintain competitive integrated employment.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The service includes transportation to and from the service and/or the job site, only if there is no other viable and more cost-effective alternative available to the beneficiary. The provider agency's payment for transportation from the individual's residence and the place of service or job site is authorized service time. When the individual has a need for transportation, but not on-the-job support, to maintain competitive integrated employment, payments for transportation are established as a per trip charge or mileage.

The exact amount and duration of Initial Supported Employment-Individual services authorized should be individually determined and based on individual need.

A authorization of Initial Supported Employment-Individual services may be needed after transition to long-term follow-along, if the individual's job duties change or if a new job is acquired.

#### **Exclusions:**

FFP is not to be claimed for incentive payments, subsidies, or unrelated vocational training expenses such as the following:

- 1. Incentive payments made to an employer to encourage or subsidize the employer's participation in a supported employment program;
- 2. Payments that are passed through to users of supported employment programs; or
- 3. Payments for training that are not directly related to a beneficiary's supported employment program.

The following types of situations are indicative of a provider subsidizing its participation in supported employment:

- 1. The job/position would not exist if the provider agency was not being paid to provide the service.
- 2. The job/position would end if the individual chose a different provider agency to provide service.
- 3. The hours of employment have a one to one correlation with the amount of hours of service that are authorized.

For individuals who are eligible for educational services under the Individuals with Disability Educational Act, Supported Employment does not include transportation to/from school settings. This includes transportation to/from the individual's home, provider home where the individual may be receiving services before or after school or any other community location where the individual may be receiving services before or after school.

Supported Employment services occur in integrated environments with non-disabled individuals or is a business owned by the beneficiary.

Supported Employment services do not occur in licensed community day programs.

While it is not prohibited to both employ an individual and provide service to that same individual, the use of Medicaid funds to pay for Supported Employment Services to providers that are subsidizing their participation in providing this service is improper.

The amount of Supported Employment is subject to the Limits on Sets of Services.

This service is not available at the same time of day as Community Networking, Day Supports, Community Living and Support, Residential Supports, Respite or one of the State Plan Medicaid services that works directly with the person.

<b>Service Delivery Method</b> (check each that applies):				
	<ul> <li>✓ Participant-directed as specified in Appendix E</li> <li>✓ Provider managed</li> </ul>			
△ Pro	vider m	anaged		
Specify wheth	ner the	service may be provided by (check each that applies):		
	ally Res	sponsible Person		
☐ Rela	ative			
_	al Guar			
Provider Spe	cificatio	ons:		
Provider (	Category	Provider Type Title		
Agency		Provider Agencies		
Individual	l	Employee in a self-directed arrangement		
Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service  Service Type: Statutory Service Service Name: Supported Employment				
Provider Cat	tegory:			
Agency				
Provider Type:				
	Provider Agencies			
Provider Qu				
License (specify):				
Tribal providers are not subject to licensure but substantial equivalency.				
Certificate (specify):				
Other Standard (specify):				

Meet applicable requirements in NC General Statute 122C

Approved as a vendor in the PIHP provider network

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP.
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204(b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, enrollment as a provider, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.
- Competencies as specified by the PIHP.

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Provider Agencies PIHP

### **Frequency of Verification:**

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

# **Appendix C: Participant Services**

**
C-1/C-3: Provider Specifications for Service
Service Type: Statutory Service
Service Name: Supported Employment
Provider Category:
Individual
Provider Type:
Employee in a self-directed arrangement
Provider Qualifications
License (specify):
Certificate (specify):

Other Standard (specify):

Meet applicable requirements of NC General Statute 122C

Staff that work with participants are approved by employer of record OR recommended by Managing Employer and approved by Agency with Choice that work with participants:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health nor safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED),
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Supervised by the employer of record or managing employer
- For service directed by the Agency with Choice, paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the participant as directed by the PIHP Medical Director or Assistant Medical Director
- · Agencies with Choice follow the NC State Nursing Board regulations

Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Competencies as specified by the PIHP.

### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Employer of Record or Agency with Choice PIHP

### Frequency of Verification:

Prior to hire and re-verify:

Employer of Record annually

Agency with Choice as specified for provider agencies

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

### **Service Type:**

#### Supports for Participant Direction

The waiver provides for participant direction of services as specified in Appendix E. Indicate whether the waiver includes the following supports or other supports for participant direction.

## **Support for Participant Direction:**

Financial Management Services

### Alternate Service Title (if any):

Financial Support Services

# **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
12 Services Supporting Self-Direction	12010 financial management services in support of self-direction
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waiver	that replaces an existing waiver. Select one:
Service is included in approved waiver. There is	no change in service specifications.
O Service is included in approved waiver. The serv	vice specifications have been modified.
O Service is not included in the approved waiver.	

**Service Definition** (Scope):

Financial support services is the umbrella service for the continuum of supports offered to NC Innovations waiver participants who elect the individual and family directed services option, employer of record model. Financial support services are provided to assure that funds for self-directed services are managed and distributed as intended. The service also facilitates employment of support staff by the employer.

- (1) Filing claims for self-directed services and supports
- (2) Payment of payroll to employees hired to provide services and supports
- (3) Deducting all required federal, state, and local taxes, including unemployment fees, prior to issuing paychecks to employees
- (4) Ordering employment related supplies and paying invoices for other expenses such as training of employees
- (5) Administering benefits for employees hired to provide services and supports
- (6) Maintaining ledger accounts for each participant's funds
- (7) Producing expenditure reports that are required, including reports to the participant/employer/family concerning expenditures of funds against their budgets
- (8) Requesting criminal background checks, driver's license checks and health care registry checks of providers of self-directed services
- (9) Tracking and monitoring individual budget expenditures
- (10) Facilitating workers compensation application on behalf of the employer of record and/or (11) serving as the internal revenue approved fiscal employer agent.

Individuals who choose to self-direct via the Employer of Record model will require equipment necessary to carry out duties of Employer of Record may access this service. Employer Supplies may include following equipment:

- a. Laptop/Computer/Printer used to by to carry out administrative duties of Employer of Record.
- b. Electronic Health Records (EHR) Software used to perform Employer of Record duties.
- c. Monthly connectivity (Internet) charges may be covered when it is required for the to perform Employer of Record duties. (i.e. processing timesheets, using financial Support Services portal, or utilizing EHR software.

Employer Supplies may also be utilized to pay for training and other work related requirements such as Hepatitis B Vaccines for employees. Other typical office supplies needed to perform duties may be purchased (this is not an inclusive list):

- a. Training for new Employees CPR, First Aid, Blood borne Pathogens, Medication Administration other Beneficiary Specific Training
- b. Hepatitis B Vaccine for Employees per Bloodborne Pathogen Requirements
- c. Protective Equipment for Employees such as Gloves, CPR mask, and First Aid Kit
- d. Lock box/file cabinet to secure PHI and Employee Personal Information
- e. Office supplies (file folders, notebook/binders, pens/ pencils, calculator, etc.)
- f. Paper for Printer
- g. Ink for Printer

One laptop/computer /EHR software may be purchased over the life of the waiver.

EHR software may be upgraded more than once over the life of waiver if necessary to maintain functionality of software. Documentation to show that if upgrade is not completed, software will not function, will be required from vendor to support request.

## Exclusions

The provider of financial support services may only additionally provide Community Navigator services. The financial support service may bill for the following services: Community Transition services, and Individual Goods and Services under the NC Innovations waiver.

The financial supports agency may be an Agency with Choice and provide Community Navigator. Regarding Community Navigator, the provider choice is offered by the Care Coordinator.

They may bill for Community Transition and Individual Goods and Services to the same participant. Community Transition Services and Individual Goods and Services are not directly provided by the FSA. For example, if the individual needs a deposit to turn on their electricity to move into their own home and it is authorized by the PIHP, then the FMS would issue payment to the utility company on behalf of the beneficiary. Another service provider may not wish to just issue payments without a charge.

NC G.S. 122C, as applicable

Approved as a provider in the PIHP provider network

Approved by the Internal Revenue Service (IRS) to be an employer agent in accordance with Section 3504 of the IRS Code and IRS Revenue Procedure 70-6,

Bonded

Meets all IRS requirements and be certified by the IRS as an employer agent

Understands the laws and rules that regulate the expenditure of public funds

Able to utilize accounting systems that operate effectively on a large scale, as well as track individual budgets

Able to develop, implement and maintain an effective payroll system that adheres to all related tax obligations, both payment and reporting

Able to conduct criminal and other required background checks

Able to generate service management and statistical information and reports during each payroll cycle Have at least two years of basic accounting and payroll experience

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

PIHP	
Frequency of Verification:	
Upon initial approval and annually thereafter	

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

### **Service Type:**

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Assistive Technology

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
14 Equipment, Technology, and Modifications	14010 personal emergency response system (PERS)
Category 2:	Sub-Category 2:
14 Equipment, Technology, and Modifications	14020 home and/or vehicle accessibility adaptations
Category 3:	Sub-Category 3:
14 Equipment, Technology, and Modifications	14031 equipment and technology

Category 4:	Sub-Category 4:
14 Equipment, Technology, and Modifications	14032 supplies
Complete this part for a renewal application or a new wa	iver that replaces an existing waiver. Select one:
O Service is included in approved waiver. Then	re is no change in service specifications.
Service is included in approved waiver. The	service specifications have been modified.

O Service is not included in the approved waiver.

**Service Definition** (Scope):

Assistive Technology, Equipment and Supplies

Assistive Technology, Equipment and Supplies (ATES) are necessary for the proper functioning of items and systems, whether acquired commercially, modified, or customized, that are used to increase, maintain, or improve functional capabilities of individuals. Assistive Technology and Supplies can be accessed when the item requested will belong to the individual. This service covers purchases, leasing, trial periods and shipping costs, and as necessary, repair/modification of equipment required to enable individuals to increase, maintain or improve their functional capacity to perform daily life tasks that would not be possible otherwise. Cost of Monthly monitoring / connectivity / internet charges may be covered when it is required for the functioning of the item / system. Service contracts and extended warranties may be covered for a one year time frame. All items must meet applicable standards of manufacture, design, and installation. The Individual Support Plan clearly indicates a plan for training the individual, the natural support system and paid caregivers on the use of the requested equipment and supplies. A written recommendation by an appropriate professional is obtained to ensure that the equipment will meet the needs of the person. This service may cover an evaluation, when the Medicaid State Plan option has been exhausted.

Monitoring systems using video, web-cameras, or other technology are available on an individual basis, when the individual and the support team agrees it is appropriate and meets the health and safety needs of the individual. Remote support technology may only be used with full consent of the individual and his/her guardian and that consent is indicated in the individual's plan of care (including if the individual has a reference for the location of any monitoring equipment; such as where they are comfortable with a camera being located in their home). The individual/ guardian can revoke consent if they are no longer interested in monitoring systems.

Medical necessity must be documented by the physician, physician assistant, doctor of osteopathic medicine or nurse practitioner, for every item provided/billed regardless of any requirements for approval. A letter of medical necessity written and signed by the physician, physician assistant, or nurse practitioner, or other licensed professional permitted to perform those tasks and responsibilities by their NC state licensing board, may be submitted along with the Certificate of Medical Necessity/Prescription. Note: the Certificate of Medical Necessity/Prescription still must be completed and signed by the physician, physician assistant, or nurse practitioner. When the physician, physician assistant, nurse practitioner or doctor of osteopathic medicine write the letter of Medical Necessity, a separate prescription is not needed.

When an assessment is completed by another professional (PhD, OT, PT, ST) recommending the medical necessity of specific equipment or supplies, then a physician, physician assistant, nurse practitioner or doctor of osteopathic medicine must write a letter of medical necessity OR sign off on the letter of medical necessity prepared by professional AND write prescription.

Assistive Technology: Equipment and Supplies covers the following list of categories:

- Aids For Daily Living or Aids to increase Independent Living
- Aids For Gross Motor Development or Fine Motor Skill Development
- · Environmental Controls and Modifications
- Positioning Systems or Devices to aid with Positioning
- Alert and Monitoring Systems
- Sensory Aids
- Communication Aids not covered by regular Medicaid State Plan
- Mobility Aids not covered by DME
- Nutritional supplements covered under the NC DME fee schedule for adults Medical Supplies not covered by regular state plan formulary

For requests for assistive technology equipment the following additional information is required:

- a plan for how the person and family will be trained when needed on the use of the equipment;
- a written recommendation that includes a physician signature certifying medical necessity (not required for repair); or signature of other appropriate licensed professionals as determined by the PHIP policies
- shipping costs must be itemized in the request to be included, taxes are not coverable;
- other information as required for the specific equipment or supply request;
- quote(s) (PIHP determines how many quotes are required.)

For requests for supplies covered under this definition, the following additional information is required:

• A Statement of Medical Necessity completed by an appropriate professional that identifies the person's need(s)

with regard to the equipment and supplies being requested. The Statement of Medical Necessity must state the amount and type of the item that a person needs.

• b. Supplies that continue to be needed at the time of the person's Annual Plan must be recommended by an annual Statement of Medical Necessity by an appropriate professional. The Statement of Medical Necessity must be updated if the amount of the item the person needs changes.

#### **Exclusions:**

Items that are not of direct or remedial benefit to the person are excluded from this service.

- Recreational items that would normally be purchased by a family are excluded from this service.
- Non-Adaptive Computer desks and other furniture items are not covered.
- Service and maintenance contracts and extended warranties; and equipment or supplies purchased for exclusive use at the school/home school are not covered.
- Computer hardware will not be authorized solely to improve socialization or educational skills, to provide recreation or diversion activities, or to be used by any person other than the beneficiary.
- Hot tubs, Jacuzzis, and pools, are not covered.
- Items utilized as restraints are not coverable under the waiver.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The service is limited to expenditures of \$50,000(ATES and Home Modifications) over the life of the waiver period. This limit does not include nutritional supplements, monthly medical supplies, and monthly alert monitoring / connectivity system charges.

Service Delive	ery Method (check each that applies):
☐ Part	icipant-directed as specified in Appendix E
× Prov	ider managed
Specify wheth	er the service may be provided by (check each that applies):
$\square$ Lega	ally Responsible Person
Rela	tive
$\square$ Lega	al Guardian
<b>Provider Spec</b>	eifications:

Provider Category	Provider Type Title
Individual	Specialized Vendors
Agency	Alert Response Centers
Agency	Home Care Agencies
Agency	Commercial/Retail Businesses
Agency	<b>Durable Medical Equipment Providers</b>

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications	for	Service
----------------------------------	-----	---------

Service Type: Other Service
Service Name: Assistive Technology

Provider	Category
----------	----------

Individual

**Provider Type:** 

Specialized Vendors

**Provider Qualifications** 

License (specify):
Applicable state/local business license
Tribal providers are not subject to licensure but substantial equivalency.
Certificate (specify):
Other Standard (specify):
Meets applicable state and local requirements for type of device that the vendor is providing
erification of Provider Qualifications Entity Responsible for Verification:
РІНР
Frequency of Verification:
Prior to first use
C-1/C-3: Provider Specifications for Service
Service Type: Other Service Service Name: Assistive Technology
rovider Category:
Agency rovider Type:
Alert Response Centers
rovider Qualifications License (specify):
Applicable state/local business license
Tribal providers are not subject to licensure but substantial equivalency.
Certificate (specify):
Other Standard (specify):
Response centers must be staffed by trained individuals, 24 hours/day, 365 days/year  Meets applicable state and local requirements and regulations for type of device that the vendor is

Verification of Provider Qualifications
Entity Responsible for Verification:

providing

PIHP **Frequency of Verification:** Prior to first use **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** Service Name: Assistive Technology **Provider Category:** Agency **Provider Type:** Home Care Agencies **Provider Qualifications** License (specify): Licensed by the NC DHHS, Division of Health Services Regulation, in accordance with NCGS 131E, Article 6, Part C Tribal providers are not subject to licensure but substantial equivalency. Certificate (specify): DMA enrolled vendor Other Standard (specify): Meets applicable state and local requirements and regulations for type of device that the vendor is providing **Verification of Provider Qualifications Entity Responsible for Verification:** PIHP Frequency of Verification: Prior to first use **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** 

**Provider Category:** 

Service Name: Assistive Technology

Agency

**Provider Type:** 

Commercial/Retail Businesses **Provider Qualifications License** (specify): Applicable state/local business license Tribal providers are not subject to licensure but substantial equivalency. Certificate (specify): Other Standard (specify): Meets applicable state and local requirements and regulations for type of device that the business is providing. **Verification of Provider Qualifications Entity Responsible for Verification:** PIHP **Frequency of Verification:** Prior to first use **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** Service Name: Assistive Technology **Provider Category:** Agency **Provider Type: Durable Medical Equipment Providers Provider Qualifications** License (specify): Applicable state/local business license Tribal providers are not subject to licensure but substantial equivalency. Certificate (specify): DMA enrolled vendor Other Standard (specify):

Meets applicable state and local requirements and regulations for type of device that the vendor is

Verification of Provider Qualifications
Entity Responsible for Verification:

providing

PIHP	
Frequency of Verification:	
Prior to first use	
Appendix C: Participant Servi	ces
C-1/C-3: Service Spe	
State laws, regulations and policies referenthe Medicaid agency or the operating agency Service Type:	aced in the specification are readily available to CMS upon request through cy (if applicable).
Other Service	
As provided in 42 CFR §440.180(b)(9), the specified in statute.	e State requests the authority to provide the following additional service no
Service Title:	
Community Living and Support	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
13 Participant Training	13010 participant training
Category 2:	Sub-Category 2:
C. 4 2.	C. I. C.
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application	on or a new waiver that replaces an existing waiver. Select one:
= =	d waiver. There is no change in service specifications.
O Service is included in approve	d waiver. The service specifications have been modified.
O Service is not included in the a	approved waiver.

**Service Definition** (Scope):

Community Living and Support is an individualized or group service that enables the person to live successfully in his/her own home, the home of his/her family or natural supports and be an active member of his/her community. The individual is assisted to learn new skills and/or supports the person in activities that are individualized and aligned with the person's preferences. The intended outcome of the service is to increase or maintain the person's life skills or provide the supervision needed to empower the person to live in the home of his/her family or natural supports, maximize his/her self-sufficiency, increase self- determination and enhance the person's opportunity to have full membership in his/her community.

Community Living and Support enables the person to learn new skills, practice and/or improve existing skills. Areas of skill acquisition may include: interpersonal, independent living, community living, self- care, and self-determination.

Community living and Support provides supervision and assistance for the person to complete an activity to his/her level of independence. Areas of support include assistance in monitoring a health condition, nutrition or physical condition, incidental supervision, daily living skills, community participation, and interpersonal skills.

Community Living and Support provides technical assistance to unpaid supports who live in the home of the individual to assist the individual to maintain the skills they have learned. This assistance can be requested by the unpaid support or suggested by the Individual Support Planning team and should be a collaborative decision. The technical assistance should be incidental to the provision of Community Living and Support.

#### **Exceptional Needs:**

Community Living and Support Exceptional Needs may be used to meet exceptional, short term situations that require services beyond 12 hours per day. The Individual Support Plan documents the exceptional supports needed based on the SIS® or other assessments that explain the nature of the issue and the expected intervention. A plan to transition the individual to sustainable supports is required. The plan may include the use of assistive technology or home modifications to reduce the amount of the support for behavioral and/or safety issues. Medical, behavioral, and support issues require documentation of when the situation is expected to resolve, evaluations/assessments needed to assist in resolving issues, and other service options explored. EPSDT and other appropriate state plan services should always be utilized before waiver services are provided.

All Requests for Community Living and Support require prior approval by the PIHP.

- -Requests for up to 12 hours daily may be authorized for the entire plan year.
- -Requests for up to 16 hours daily may be authorized for a six-month timeframe, within the plan year.
- -Requests for more than 16 hours daily are authorized for up to a 90 day period within the plan year. In situations requiring an authorization beyond the initial 90 day period, the PIHP must approve such authorization based on review of the transition plan that details the transition of the participant from Community Living and Support to other appropriate services.

The service may be provided in the home or community. The involvement of unpaid supports in the generalization of the service is an important aspect to ensure that achieved goals are practiced and maintained. Services may be allowed in the private home of the provider or staff of an employer of record at the discretion and agreement of the support team and when consistent with the ISP goals. If services are provided in the home of the provider or staff of the employer of record the Health and Safety Checklist must be completed before service begins and annually thereafter.

### **EXCLUSIONS**

A. This service includes transportation to/from the person's home or any community location where the person is receiving services.

- B. The school system is responsible for transportation to and from the school setting.
- C. The paraprofessional is responsible for the individual and incidental housekeeping/meal preparation for the individual.
- D. A beneficiary who receives Community Living and Supports may not receive Residential Supports or Supported Living at the same time and may only receive the community component of Community Living and Supports.
- e. This service is not available at the same time of day as Community Networking, Day Supports, Supported Living, Supported Employment or one of the State Plan Medicaid Services that works directly with the person such as Private Duty Nursing.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The amount of Community Living and Support is subject to the Limits on Sets of Services.	
--	--

**Service Delivery Method** (check each that applies):

- Participant-directed as specified in Appendix E
- Provider managed

Specify whether the service may be provided by (check each that applies):

Ш	Legally	Responsible	Person
	Liceany	IXCSPOHSIDIC	I CI SUI

- X Relative
- **区** Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Agency	
Individual	Employee in a self-directed arrangement

# **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Community Living and Suppor	t
Provider Category: Agency Provider Type:	

### **Provider Qualifications**

License (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Enrolled to provide crisis services or has an arrangement with an enrolled crisis services provider to respond to participant crisis situations. The participant may select any enrolled crisis services provider in lieu of this provider however
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

Provider Agencies

**Certificate** (specify):

Other Standard (specify):

**Entity Responsible for Verification:** 

PIHP		
Frequency of Verification:		
Provider verifies employee qualifications at the time employee is hired		
PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years	Î	
Appendix C: Participant Services		
C-1/C-3: Provider Specifications for Service		
Service Type: Other Service Service Name: Community Living and Support		
Provider Category:		
Individual		
Provider Type:		
Employee in a self-directed arrangement		
Provider Qualifications		
License (specify):		

Staff that work with participants are approved by employer of record OR recommended by Managing Employer and approved by Agency with Choice that work with participants:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- · Supervised by the employer of record or managing employer
- For service directed by the Agency with Choice, paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the participant as directed by the PIHP Medical Director or Assistant Medical Director
- Agencies with Choice follow the NC State Nursing Board regulations
- Beneficiaries who utilize EOR to self-direct services will receive education on the following:
- a. An enrolled Provider of one of the IW Crisis Services (Crisis Intervention & Stabilization Supports, Crisis Consultation, or Out of Home Crisis). These services are provider directed and would be identified on the ISP and Cost Summary
  - b. Mobile Crisis Management provider
  - c. NC START

When the member has an identified Crisis service need the ISP shall indicate such in the in the Crisis Plan section. The selection of the Crisis Provider is individualized and will be decided based on the member's identified Crisis service support needs.

Additionally, EOR can contract with an enhanced professional to provide support during a crisis. This professional can be a QP with crisis response experience or a Medical professional to provide assistance and education to prevent medical emergencies, such as an RN.

• Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Employer of Record Agency with Choice PIHP

#### **Frequency of Verification:**

Prior to hiring

Employer of record annually

Agency with Choice as specified for provider agencies

the Medicaid agency or the operating agency (if applicable	ecification are readily available to CMS upon request through ble).
Service Type: Other Service	
	ts the authority to provide the following additional service not
specified in statute.	is the authority to provide the following additional service not
Service Title:	
Community Transition	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
16 Community Transition Services	16010 community transition services
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new w	vaiver that replaces an existing waiver. Select one:
O Service is included in approved waiver. The	ere is no change in service specifications.
Service is included in approved waiver. The	e service specifications have been modified.
O Service is not included in the approved wai	

**Service Definition** (Scope):

The purpose of Community Transition is to provide initial set-up expenses for individuals 18 years old or older to facilitate their transition from a Developmental Center (institution), community ICF-IID Group Home, nursing facility or another licensed living arrangement (group home , foster home, Psychiatric Residential Treatment Facility, alternative family living arrangement), or a family home / one person AFL(Alternative Family Living) to a living arrangement where the individual is directly responsible for his or her own living expenses. This service may be provided only in a private home or apartment with a lease in the individual's/legal guardian's/representative's name or a home owned by the individual. In situations where an individual lives with a roommate, Community Transition cannot duplicate items that are currently available.

Covered transition services are:

- a. Security deposits that are required to obtain a lease on an apartment or home;
- b. Essential furnishings, such as furniture, window coverings, food preparation items, bed/bath linens;
- c. Moving expenses required to occupy and use a community domicile;
- d. Set-up fees or deposits for utility or service access, such as telephone, electricity, heating and water; and/or
- e. Service necessary for the beneficiary's health and safety such as pest eradication, one-time cleaning prior to occupancy and coordination of care pretransition.

Community Transition expenses are furnished only to the extent that the beneficiary is unable to meet such expense or when the support cannot be obtained from other sources. These services are available only during the three-month period that commences one month in advance of the beneficiary's move to an integrated living arrangement.

The Community Transition Checklist is completed to document the items requested under this definition. The Checklist is submitted to the PIHP by the agency that is providing the services.

#### **EXCLUSIONS:**

Community Transition does not include monthly rental or mortgage expense; regular utility charges; and/or household appliances or diversional/recreational/entertainment items such as televisions, DVD players, computers, tablets and other recreational components. Service and maintenance contracts and extended warranties are not covered. Community Transition services can be accessed only one time over the life of the waiver. The cost of Community Transition has a life of the Waiver limit of \$5000.00 per individual.

Community Transition includes the actual cost of services and does not include provider overhead charges.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Community Transition has a limit of \$5000.00 per Waiver period.	
Service Delivery Method (check each that applies):	
Participant-directed as specified in Appendix E	
▼ Provider managed	
Specify whether the service may be provided by (check each that applies):	
Legally Responsible Person	
Relative	
Legal Guardian	
Provider Specifications:	

<b>Provider Category</b>	Provider Type Title
Agency	Commercial/Retail Businesses
Agency	Agencies that provide Community Guide Services
Individual	Specialized Vendor Suppliers

## **Appendix C: Participant Services**

Other Standard (specify):

Service Type: Other Service
Service Name: Community Transition
Provider Category:
Agency
Provider Type:
Commercial/Retail Businesses
Provider Qualifications
License (specify):
Applicable state/local business license
Tribal providers are not subject to licensure but substantial equivalency.
Certificate (specify):
Other Standard (specify):
Meets applicable regulations for type of service that the provider/supplier is providing as approved by PIHP
Verification of Provider Qualifications
Entity Responsible for Verification:
PIHP
Frequency of Verification:
At the time of first use
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Other Service Service Name: Community Transition
Provider Category:
Agency
Provider Type:
Agencies that provide Community Guide Services
Provider Qualifications
License (specify):
Tribal providers are not subject to licensure but substantial equivalency.
Certificate (specify):

NC G.S. 122C, as applicable Credentialed as a provider in the PIHP provider network Meets applicable regulations for type of service that the provider/supplier is providing as approved by **Verification of Provider Qualifications Entity Responsible for Verification:** PIHP **Frequency of Verification:** Upon initial credentialing; PIHP re-verifies agency credentials at a frequency determined by the PIHP, no less than every three years **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service Service Name: Community Transition Provider Category:** Individual **Provider Type:** Specialized Vendor Suppliers **Provider Qualifications License** (specify): Tribal providers are not subject to licensure but substantial equivalency. Certificate (specify): Other Standard (specify): Meets applicable state and local regulations for type of service that the provider/supplier is providing as approved by PIHP **Verification of Provider Qualifications Entity Responsible for Verification:** 

PIHP			

#### Frequency of Verification:

At the time of first use

## C-1/C-3: Service Specification

State laws	, regulations	and policies	referenced i	in the sp	ecification	are readily	available to	CMS upo	on request t	through
the Medic	aid agency or	r the operatin	g agency (i	f applica	ıble).					

the Medicald agency of the operating agency (if applicable).	
Service Type:	
Other Service	
As provided in 42 CFR §440.180(b)(9), the State requests the	authority to provide the following additional service not
specified in statute.	
Service Title:	
Crisis Services	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
10 Other Mental Health and Behavioral Services	10030 crisis intervention
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waiver	that replaces an existing waiver. Select one :
• Service is included in approved waiver. There is	no change in service specifications.
O Service is included in approved waiver. The serv	ice specifications have been modified.
O Service is not included in the approved waiver.	

**Service Definition** (Scope):

Crisis Supports provides intervention and stabilization for individuals experiencing a crisis. Crisis Supports are for individuals who experience acute crises and who present a threat to the person's health and safety or the health and safety of others. These behaviors may result in the person losing his or her home, job, or access to activities and community involvement. Crisis Supports promote prevention of crises as well as assistance in stabilizing the individual when a behavioral crisis occurs. Crisis Supports are an immediate intervention available 24 hours per day, 7 days per week, to support the individual. Service authorization can be granted verbally or planned through the ISP to meet the needs of the individual. Following service authorization, any needed modifications to the ISP and individual budget will occur within five (5) working days of the date of verbal service authorization. The Comprehensive Crisis Plan must be updated as warranted in collaboration with the team within 14 days of a crisis, in an effort to ensure it meets the individual's needs and is reflective of anything learned from the crisis.

#### Crisis Intervention & Stabilization Supports:

Staff trained in Crisis Services Competencies is available to provide "first response" crisis services to individuals they support, in the event of a crisis. These activities include:

- Assess the nature of the crisis to determine whether the situation can be stabilized in the current location or if a higher-level intervention is needed
- Determine and contact agencies needed to secure higher level intervention or out-of-home services
- Provide direction to staff present at the crisis or provide direct intervention to de-escalate behavior or protect others living with the individual during behavioral or medical episodes.
- Contact the care coordinator following the intervention to arrange for a treatment team meeting for the individual and/or provide direction to service providers who may be supporting the individual in day programming and community settings, including direct intervention to de-escalate behavior or protect others during behavioral episodes. This may include enhanced staffing provided by a QP to provide one additional staff person in settings where the participant may be receiving other services.

#### Out-of-Home Crisis Supports:

- Out-of-home crisis is a short-term service for an individual experiencing a crisis and requiring a period of structured support and/or programming. The service takes place in a licensed facility. Out of-home crisis may be used when an individual cannot be safely supported in the home, due to his/her behavior, and implementation of formal behavior interventions have failed to stabilize the behaviors, and/or all other approaches to insure health and safety have failed. In addition, the service may be used as a planned respite stay for waiver participants who have heightened behavioral needs.
- Out-of-Home Crisis services will be authorized in increments of up to 30 calendar days

#### Crisis Consultation:

- Crisis consultation is for individuals that have significant, intensive, or challenging behaviors that have resulted or have the potential to result in a crisis situation. Consultation is provided by staff that meets the minimum staffing requirements of a Qualified Professional, who have crisis experience. Non-licensed staff must meet the core competency requirements outlined in the Waiver and the activities performed by non-licensed staff must be overseen by licensed staff with experience serving individuals with IDD and behavioral health needs.
- Crisis consultation may be used to:
- 1. Facilitate up to monthly treatment team meetings with other members of the treatment team to:
  - a. Discuss clinical findings / situations and recent crises regarding the individual;
- b. Evaluate and refinement of the Comprehensive Crisis Plan after a crisis in collaboration with the person's team to

include unplanned and preplanned crisis management approaches to address crises before, during and after the crisis;

- c. Communicate any changes that should occur to the Comprehensive Crisis Plan within 48 hours or no later than the next business day to the Care Coordinator
- 2. Train, educate, and provide ongoing technical assistance to the natural supports and direct support professional on crisis interventions and strategies to mitigate issues that resulted in the crisis, and on implementation of the crisis plan.
- 3. Develop and implement strategies to aid the person in returning home after an out of home crisis stay or hospitalization.
- 4. referral for medication evaluation if appropriate.

	ntion &	Stabilization Supports may be authorized for	periods of up to 14 calendar day increments p
event. Out-of-Home	Crisis s	ervices may be authorized in increments of up	p to 30 calendar days
	icipant-	hod (check each that applies): directed as specified in Appendix E	
Specify wheth	er the s	ervice may be provided by (check each that	t applies):
Rela	tive al Guar		
Provider C	ategory	Provider Type Title	
Agency		Provider Agencies who operate licensed facilities	
Agency		Provider Agencies Primary Crisis Response	
Agency		Independent Practitioners	
		ther Service Crisis Services	
Provider Cate Agency Provider Type			
Provider Ager	ncies wl	no operate licensed facilities	
Provider Qua License (			
North Ca	rolina (	General Statute 122C	
		according to NC Administrative Code 10A sing agency	27G.5100 or have waiver of licensure
Tribal pr	oviders	are not subject to licensure but substantial eq	uivalency.
Certifica	te (spec	ify):	
Other Sta	andard	(specify):	

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- · Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204(b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- Upon enrollment with the PIHP, must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

Staff providing Crisis Services, including first response activities, shall demonstrate strong clinical skills, professional qualifications, experience, and competency. Staff must meet all applicable competency requirements including crisis prevention, intervention and resolution techniques and trauma-informed care.

Crisis Services staff must have access to a board-eligible or board certified psychiatrist OR psychiatric nurse practitioner with a minimum of one year of experience serving individuals with IDD and mental health needs OR a physician assistant with a minimum of one year of experience serving individuals with IDD and mental health needs.

In addition, all Crisis Services staff must have access to a licensed practicing psychologist with a minimum of one year of experience in working with individuals with IDD.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

**Provider Agencies** 

PIHP

#### Frequency of Verification:

Provider agency verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Crisis Services

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies Primary Crisis Response

#### **Provider Qualifications**

**License** (specify):

Tribal providers are not subject to licensure but substantial equivalency.

**Certificate** (specify):

## Other Standard (specify):

Approved as a provider in the PIHP provider network:

- Are at least 18 years old
- Provided by a qualified professional in the field of developmental disabilities, who meets competencies established by the PIHP
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- · Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR, First Aid and NCI
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies. The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. This includes national accreditation within the prescribed timeframe

Staff providing Crisis Services, including first response activities, shall demonstrate strong clinical skills, professional qualifications, experience, and competency. Staff must meet all applicable competency requirements including crisis prevention, intervention and resolution techniques and trauma-informed care.

Crisis Services staff must have access to a board-eligible or board certified psychiatrist OR psychiatric nurse practitioner with a minimum of one year of experience serving individuals with IDD and mental health needs OR a physician assistant with a minimum of one year of experience serving individuals with IDD and mental health needs.

In addition, all Crisis Services staff must have access to a licensed practicing psychologist with a minimum of one year of experience in working with individuals with IDD.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Provider Agencies

PIHP

#### Frequency of Verification:

Provider agency verifies employee qualifications at the time employee is hired PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

#### **Appendix C: Participant Services**

### C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Crisis Services

**Provider Category:** 

Agency

**Provider Type:** 

**Independent Practitioners** 

#### **Provider Qualifications**

**License** (specify):

Licensure specific to discipline, if applicable

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

## Other Standard (specify):

Approved by the PIHP as an Independent Practitioner or as a provider in the PIHP provider network

Staff that work with individuals:

Are at least 18 years old

Criminal background check presents no health and safety risk to individual

Not listed in the North Carolina Health Care Abuse Registry

Staff holds NC license for psychologist or psychological associate

Meets Crisis Services Competencies specified by the PIHP.

Qualified in customized needs of the individual as described in the ISP

The organization must be established as a legally constituted entity, capable of meeting all the requirements of the PIHP.

Staff providing Crisis Services, including first response activities, shall demonstrate strong clinical skills, professional qualifications, experience, and competency. Staff must meet all applicable competency requirements including crisis prevention, intervention and resolution techniques and trauma-informed care.

Crisis Services staff must have access to a board-eligible or board certified psychiatrist OR psychiatric nurse practitioner with a minimum of one year of experience serving individuals with IDD and mental health needs OR a physician assistant with a minimum of one year of experience serving individuals with IDD and mental health needs.

In addition, all Crisis Services staff must have access to a licensed practicing psychologist with a minimum of one year of experience in working with individuals with IDD.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Provider Agencies

PIHP

#### **Frequency of Verification:**

Provider agency verifies employee qualifications at the time employee is hired; if provider is an individual practitioner, the PIHP verifies employee qualifications prior to contracting with individual and at least every 3 years thereafter.

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## C-1/C-3: Service Specification

State laws	, regulations	and policies	referenced in	the specifica	ation are rea	adily available	to CMS up	on request t	hrough
the Medica	aid agency o	r the operatin	g agency (if	applicable).					

e authority to provide the following additional service not
Sub-Category 1:
14020 home and/or vehicle accessibility adaptations
Sub-Category 2:
Sub-Category 3:
Sub-Category 4:
r that replaces an existing waiver. Select one :
s no change in service specifications.
vice specifications have been modified.

**Service Definition** (Scope):

Home Modifications are physical modifications to a private residence that are necessary to ensure the health, welfare, and safety of the individual or to enhance the individual's level of independence. Home Modifications are intended to increase the individual's capability to access his/her environment and are of direct or remedial benefit to the individual or in some way related to the individual's disability. A private residence is a home owned by the individual or his/her family (natural, adoptive, or foster family). Items that are portable may be purchased for use by an individual who lives in a residence rented by the individual or his/her family. This service covers purchases, installation, maintenance, and as necessary, the repair of home modifications required to enable individuals to increase, maintain or improve their functional capacity to perform daily life tasks that would not be possible otherwise. A written recommendation by an appropriate professional will drive the request for the modification, outlining medical necessity and is obtained to ensure that the equipment will meet the needs of the individual.

Medical necessity must be documented by the physician, physician assistant, or nurse practitioner, for every item provided/billed regardless of any requirements for approval. A letter of medical necessity written and signed by the physician, physician assistant, or nurse practitioner, or other licensed professional permitted to perform those tasks and responsibilities by their NC state licensing board, may be submitted along with the Certificate of Medical Necessity/Prescription. Note: the Certificate of Medical Necessity/Prescription still must be completed and signed by the physician, physician assistant, or nurse practitioner.

All Home Modifications requiring a building permit must meet local, state and federal life safety codes.

Items that are not of direct or remedial benefit to the individual are excluded from this service. Repair of equipment is covered for items purchased through the waiver or purchased prior to waiver participation, as long as the item is identified within this service definition and the cost of the repair does not exceed the cost of purchasing a replacement piece of equipment. The individual or his/her family must own any equipment that is repaired. Covered Modifications may include, but are not limited to:

- 1. Ramps and Portable Ramps
- 2. Grab Bars
- 3. Handrails
- 4. Lifts, elevators, manual, or other electronic lifts, including portable lifts or lift systems that are used inside an individual's home
- 5. Porch stair lifts
- 6. Modifications and/or additions to bathroom facilities
- 7. Widening of doorways/hallways, turnaround space modifications for improved access and ease of mobility, installation of pocket doors, swing-clear (recessed) hinges, modification of door swing direction, excluding locks that restrict an individual's rights
- 8. The following specific specialized adaptations:
- a. Shatterproof windows
- b. Floor coverings for ease of ambulation for individuals with mobility limitations
- c. Modifications to meet egress regulations directly related to the modification requested
- d. Automatic door openers
- f. Medically necessary portable heating and/or cooling adaptation to be limited to one unit per individual
- g. Installation of rounded counter tops
- h. Lowering of shelves / closet dowel rods / cabinets
- i. Protective covering for ramp
- j. Wall coverings to prevent damage

#### **Exclusions:**

Individuals who receive Residential Supports may not receive this service.

Adaptations that add to the total square footage of the home are excluded from this benefit except when necessary to complete an adaptation (e.g., in order to improve entrance/egress to a residence or to configure a bathroom to accommodate a wheelchair).

Central air conditioning; general plumbing; swimming pools; Jacuzzis; Fences; service and maintenance contracts and extended warranties are not covered.

Locks that are used to restrict an individual's rights are not a covered modification.

Items utilized as restraints are not coverable under the waiver.

Equipment or supplies purchased for exclusive use at the school/home school are not covered.

Waiver funding will not be used to replace equipment that has not been reasonably cared for and maintained.

Home Modifications do not cover new construction, costs associated with building a new home, financing of a new home, and/or down payment of a new home.

Items that would normally be available to any child, and are ordinarily provided by the family, are not covered. Home Modifications exclude adaptations, improvements or repairs to the residence which are of general utility, and are not of direct or remedial benefit to the individual or in some way related to the individual's disability.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The service is limited waiver.	to expenditures of \$50,000 of supports (ATES, Home Modifications) over the duration of the
Service Delivery Met	thod (check each that applies):
Darticinant	t-directed as specified in Appendix E
<ul><li>□ Farticipant</li><li>⊠ Provider m</li></ul>	
110 vider in	
Specify whether the	service may be provided by (check each that applies):
Legally Res	sponsible Person
☐ Relative	
Legal Guar	
Provider Specification	ons:
Provider Category	Provider Type Title
Individual	Specialized Vendors
Agency	Commercial/Retail Businesses
Service Type: (	Other Service Home Modifications
Provider Category:	TOTAL PROGRAMME
Individual	
Provider Type:	
Specialized Vendors	
Provider Qualificati	
License (specify	y:
Applicable state	e/local business license
Tribal providers	s are not subject to licensure but substantial equivalency.
Certificate (spe	cify):
Other Standard	1 (specify):
All services are regulations.	provided in accordance with applicable state or local building codes and other

All items must meet applicable standards of manufacture, design and installation.

**Verification of Provider Qualifications** 

Entity Responsible for Verification:	
РІНР	
Frequency of Verification:	
Prior to first use	
pendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service Service Name: Home Modifications	
vider Category:	
ency	
vider Type:	
nmercial/Retail Businesses	
vider Qualifications	
License (specify):	
Applicable state/local business license	
Tribal providers are not subject to licensure but substantial equivalency.	
Certificate (specify):	
Other Standard (specify):	
All services are provided in accordance with applicable state or local building codes and other regulations.	
All items must meet applicable standards of manufacture, design and installation.	
ification of Provider Qualifications Entity Responsible for Verification:	
РІНР	
Frequency of Verification:	
Prior to first use	

**Appendix C: Participant Services** 

C-1/C-3: Service Specification

the Medicaid agency or the operating agency (if applicable). **Service Type:** Other Service As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute. **Service Title:** Individual Goods and Services **HCBS Taxonomy:** Category 1: **Sub-Category 1:** 17 Other Services 17010 goods and services Category 2: **Sub-Category 2: Category 3: Sub-Category 3:** Category 4: **Sub-Category 4:** Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one: • Service is included in approved waiver. There is no change in service specifications.  $\circ$  Service is included in approved waiver. The service specifications have been modified. O Service is not included in the approved waiver. **Service Definition** (Scope): Individual goods and services are services, equipment or supplies not otherwise provided through this waiver or through the Medicaid state plan that address an identified need in the ISP (including improving and maintaining the individual's opportunities for full membership in the community) and meet the following requirements: (1) The item or service would decrease the need for other Medicaid services AND/OR (2) Promote inclusion in the community AND/OR (3) Increase the person's safety in the home environment AND (4) The individual does not have the funds to purchase the item or service Exclusions Individual goods and services do not include experimental goods and services inclusive of items, which may be defined as restrictive under NC G.S. 122C-60. This service is available only to individuals who self direct at least

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

one of their services.

The cost of individual directed goods and services for each individual cannot exceed \$2,000.00 per participant plan year annually.

Annually

Serv	vice Delivery Met	chod (check each that applies):
	X Participant	-directed as specified in Appendix E
	Provider m	
Spe	cify whether the s	service may be provided by (check each that applies):
	☐ Legally Res	sponsible Person
	☐ Relative	
	Legal Guar	dian
Pro	vider Specificatio	ns:
	Provider Category	Provider Type Title
	Agency	Agency with Choice
	Agency	Commercial/Retail Businesses
	Agency	Financial Support Services Agency
	Individual	Employee in a self directed arrangement
Ap	pendix C: Pa	articipant Services
	C-1/C	2-3: Provider Specifications for Service
	Service Type: O	Other Service
	• •	Individual Goods and Services
Pro	vider Category:	
	ency	
Pro	vider Type:	
	:4 61 :	
	ency with Choice	
Pro	vider Qualification License (specify)	
	(	
	Certificate (spec	zify):
	Other Standard	(specify):
	Agency enrolled	
	NC G.S.122C, a	
Ver		e state and local requirements for type of item that the vendor is providing ider Qualifications
, (1		ible for Verification:
	PIHP	
	Frequency of V	erification:

# **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** Service Name: Individual Goods and Services **Provider Category:** Agency **Provider Type:** Commercial/Retail Businesses **Provider Qualifications** License (specify): Applicable state/local business license Tribal providers are not subject to licensure but substantial equivalency. Certificate (specify): Other Standard (specify): Meets applicable state and local requirements for type of item that the vendor is providing **Verification of Provider Qualifications Entity Responsible for Verification:** PIHP **Frequency of Verification:** Prior to first use **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Other Service** Service Name: Individual Goods and Services **Provider Category:** Agency **Provider Type:** Financial Support Services Agency **Provider Qualifications** License (specify):

**Certificate** (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Other Standard (specify):

Staff that work with participants are approved by employer of record OR recommended by Managing Employer and approved by Agency with Choice that work with participants:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and first aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- · Supervised by the employer of record or managing employer
- For service directed by the Agency with Choice, paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.
- State Nursing Board Regulations must be followed for tasks that present health and safety risks to the participant as directed by the PIHP Medical Director or Assistant Medical Director
- Agencies with Choice follow the NC State Nursing Board regulations
- Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

## **Entity Responsible for Verification:**

Employer of Record or Agency with Choice	
PIHP	

#### **Frequency of Verification:**

Prior to hiring

Employer of Record Annually

Agency with Choice as specified for a provider agency

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

#### **Service Type:**

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Natural Supports Education

Category 1:	Sub-Category 1:
09 Caregiver Support	09020 caregiver counseling and/or training
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new	waiver that replaces an existing waiver. Select one:
Service is included in approved waiver. T	here is no change in service specifications.
O Service is included in approved waiver. T	he service specifications have been modified.
O Service is not included in the approved wa	aiver.
Service Definition (Scope):	
enhance the decision making capacity of the natural su orientation regarding the nature and impact of the intel- individual, provide education and training on intervent specialized equipment and supplies. The requested edu- needs of the individual, be of direct or remedial benefi- network's ability to provide care and support to the indi- education, reimbursement will be made for enrollment	tion/strategies, and provide education and training in the use of acation and training must have outcomes directly related to the it to the individual, or have an impact the natural support dividual. In addition to individualized natural support t fees and materials related to attendance at conferences and the expected outcome of this training is to develop and support
Exclusions: The cost of transportation, lodging, and meals are not	included in this service.
Natural Supports Education excludes training furnishe Services.	ed to family members through Specialized Consultation
Training and education, including reimbursement for c support networks when those members are employed t	conferences, are excluded for family members and natural to provide supervision and care to the individual.
Specify applicable (if any) limits on the amount, free	quency, or duration of this service:
Reimbursement for conference and class attendance w	rill be limited to \$1,000 per participant plan year.
Service Delivery Method (check each that applies):	
<b>☒</b> Participant-directed as specified in Appen	dix E
Provider managed	

☐ Legally Responsible Person

Specify whether the service may be provided by (check each that applies):

icalic	) הרווטו ופווטונו	CDS Walver. NC.0423.R03.00 - Jul 01, 2019
	Relative	
	Legal Guar	dian
Duo	O	
FIO	vider Specificatio	115.
	Provider Category	Provider Type Title
	Individual	Employee in a self-directed arrangement
	Agency	Provider Agencies
Ap	*	articipant Services
	C-1/C	<b>2-3: Provider Specifications for Service</b>
	Service Type: C	Other Service
	Service Name: I	Natural Supports Education
Pro	vider Category:	
Individual		
Provider Type:		
110	rider Type.	

Employee in a self-directed arrangement

## **Provider Qualifications**

License (specify):

Certificate (specify):		

Other Standard (specify):

Staff are approved by employer of record or recommended by Managing Employer and approved by Agency with Choice and are:

Are at least 18 years old

The Criminal Background Check presents no risk to the beneficiary

Not listed in the North Carolina Health Care Abuse Registry.

If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance

Oualified in CPR and First Aid

Has expertise as appropriate in the field in which the training is provided as identified in the Individual Support Plan

Qualified Professional as specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.

Supervised by the employer of record or Managing Employer

Qualified in the customized needs of the beneficiary as described in the Individual Support Plan

Agencies with Choice follow the NC State Nursing Board regulations.

State Nursing Board Regulations must be followed for tasks that present health and safety risks to the beneficiary as directed by THE PIHP Medical Director or Assistant Medical Director.

Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies.

The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP. Has expertise as appropriate in the field in which the training is provided in the ISP

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Employer of Record or Agency with Choice PIHP

#### **Frequency of Verification:**

Prior to hiring

Employer of Record annually

Agency with Choice as specified for Provider Agencies

### **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Natural Supports Education

#### **Provider Category:**

Agency

Provider Tyne:

Provider Agencies

#### **Provider Qualifications**

License (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

#### Other Standard (specify):

Approved as a provider in the PIHP provider network

Agency staff that work with beneficiaries:

Are at least 18 years old

Criminal background check presents no health and safety risk to beneficiary

Not listed in the North Carolina Health Care Abuse Registry.

If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance

Qualified professional as specified in 10A NCAC 27G.0204 and according to licensure or certification requirements of the appropriate discipline.

Qualified in CPR and First Aid

Has expertise as appropriate in the field in which the training is provided in the ISP.

Qualified in the customized needs of the beneficiaries as described in the Individual Support Plan

Upon enrollment with the PIHP, the organization must have achieved national accreditation with at least one of the designated accrediting agencies.

The organization must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

**Provider Agencies** 

PIHP

#### Frequency of Verification:

Verifies employee qualifications at the time employee is hired

Upon initial review

PIHP re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through	ţh
the Medicaid agency or the operating agency (if applicable).	

the Medicaid agency or the operating agency (if applicable).	
Service Type: Other Service	
As provided in 42 CFR §440.180(b)(9), the State requests the specified in statute.  Service Title:	e authority to provide the following additional service not
Specialized Consultation	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
10 Other Mental Health and Behavioral Services	10040 behavior support
Category 2:	Sub-Category 2:
11 Other Health and Therapeutic Services	11100 speech, hearing, and language therapy
Category 3:	Sub-Category 3:
11 Other Health and Therapeutic Services	11090 physical therapy
Category 4:	Sub-Category 4:
11 Other Health and Therapeutic Services	11080 occupational therapy
Complete this part for a renewal application or a new waiver	that replaces an existing waiver. Select one:
O Service is included in approved waiver. There is	s no change in service specifications.
Service is included in approved waiver. The service	vice specifications have been modified.
O Service is not included in the approved waiver.	

**Service Definition** (Scope):

Specialized Consultation Services provide expertise, training and technical assistance in a specialty area (psychology, behavior intervention, speech therapy, therapeutic recreation, augmentative communication, assistive technology equipment, occupational therapy, physical therapy, nutrition, and other licensed professionals who possess experience with individuals with Intellectual / Developmental Disabilities) to assist family members, support staff and other natural supports in assisting individuals with developmental disabilities. Under this model, family members and other paid/unpaid caregivers are trained by a certified, licensed, and/or registered professional, or qualified assistive technology professional to carry out therapeutic interventions, consistent with the Individual Support Plan.

#### Activities covered are:

- Observing the individual to determine needs;
- Assessing any current interventions for effectiveness;
- Developing a written intervention plan, which may include recommendations for assistive technology/equipment, home modifications, and vehicle adaptations or therapeutic exercises / interventions / strategies. Intervention plan will clearly delineate the interventions, activities and expected outcomes to be carried out by family members, direct support professionals and natural supports;
- Developing a written intervention plan, which may include preventative strategies, behavioral interventions and strategies. Intervention plan will clearly delineate the interventions, activities and expected outcomes to be carried out by family members, direct support professionals and natural supports;
- Training and technical assistance of relevant persons to implement the specific interventions/support techniques delineated in the intervention plan;
- Observe, record data and monitor implementation of therapeutic interventions/support strategies;
- Reviewing documentation and evaluating the activities conducted by relevant persons as delineated in the intervention plan;
- · Revision of the intervention plan as needed to assure progress toward achievement of outcomes
- Participating in team meetings; and/or
- Tele-consultation through use of two-way, real time-interactive audio and video to provide behavioral and psychological care when distance separates the care from the individual.

This service may be used for evaluations for adults when the State Plan limits have been exceeded.

### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Specialized Consultative Services may not duplicate services provided through Natural Supports Education and Crisis Supports. Specialized Consultative Service does not cover Applied Behavioral Analysis. Specialized Consultative Services does not cover one-on-one therapy.

Service Delivery Method (check each that applies):
☐ Participant-directed as specified in Appendix E  ☐ Provider managed
Specify whether the service may be provided by (check each that applies):
Legally Responsible Person Relative Legal Guardian Provider Specifications:

Provider Category	Provider Type Title	
Agency	Provider Agencies	
Individual	Independent Practitioner	

## **Appendix C: Participant Services**

**Service Type: Other Service** 

Service Name: Specialized Consultation

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agencies

#### **Provider Qualifications**

License (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

#### Other Standard (specify):

-NC G.S.122C, as appropriate

-Staff must hold appropriate NC license for physical therapy, occupational therapy, speech therapy, psychology, behavioral analysis (licensure subject to psychology board implementation date) and nutrition or appropriate License for other licensed professionals who possess experience with individuals with Intellectual / Developmental Disabilities); state certification for recreational therapy; board certified behavior analyst-MA; master's degree and expertise in augmentative communication; state certification in assistive technology

- -Criminal background check presents no health or safety risk to participant
- -Not listed in the North Carolina Health Care Abuse Registry
- -Qualified in the customized need of the participants as described in the Individual Support Plan

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Provider Agencies

PIHP

#### Frequency of Verification:

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Specialized Consultation

**Provider Category:** 

Individual

**Provider Type:** 

Independent Practitioner

**Provider Qualifications** 

**License** (specify):

Licensure specific to discipline, if applicable

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

Certification or registration specific to discipline, if applicable

Other Standard (specify):

- Staff must hold appropriate NC license for physical therapy, occupational therapy, speech therapy, psychology, behavioral analysis (licensure subject to psychology board implementation date) and nutrition; board certified behavior analyst–MA; master's degree and expertise in augmentative communication; state certification in assistive technology and state certification in recreation therapy
- · Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- · Qualified in the customized need of the participants as described in the Individual Support Plan

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

PIHP
Frequency of Verification:
At time of initial review and annually thereafter

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Ser	vice	Tvi	oe:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Supported Living - Periodic
-----------------------------

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
13 Participant Training	13010 participant training
Category 2:	Sub-Category 2:

Category 3: Sub-Category 3:

Category 4:	Sub-Category 4:
Complete this part for a renewal applicat	tion or a new waiver that replaces an existing waiver. Select one
O Service is included in approv	ed waiver. There is no change in service specifications.
O Service is included in approv	ed waiver. The service specifications have been modified.
Service is not included in the	approved waiver.

Page 137 of 307

Application for 1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019

**Service Definition** (Scope):

The Supported Living Periodic service is available for individuals who use 4 or less hours of Supported Living per day.

Supported Living provides a flexible partnership that enables a person/s to live in their own home with support from an agency that provides individualized assistance in a home that is under the control and responsibility of the person/s. The service includes direct assistance as needed with activities of daily living, household chores essential to the health and safety of the individual/s, budget management, attending appointments, and interpersonal and social skills building to enable the individual to live in a home in the community. Training activities, supervision, and assistance may be provided to allow the person to participate in home life or community activities. Other activities include assistance with monitoring health status and physical condition, and assistance with transferring, ambulation and use of special mobility devices.

Transportation is an inclusive component of Supported Living to achieve goals and objectives related to these activities. Transportation to and from the individuals and points of travel in the community is included to the degree that they are not reimbursed by another funding source.

This service is distinct from Residential Supports in that it provides for a variety of living arrangements for individuals who choose to live in their own home versus the home of a provider. A person's own home is defined as the place the person lives and in which the person has all of the ownership or tenancy rights afforded under the law. This home must have a separate address from any other residence located on the same property. Persons living in a Supported Living arrangement shall choose who lives with him/her, are involved in the selection of direct care staff, and participate in the development of roles and responsibilities of staff. Persons receiving Supported Living have the right to manage personal funds as specified in the Individual Support Plan. A formal roommate agreement, separate from the landlord lease agreement, is established and signed by individuals whose name is on the lease.

The provider of Supported Living services shall not:

a.Own the person/s' home or have any authority to require the person/s to move if the person/s changes service providers.

b.Own, be owned by, or be affiliated with any entity that leases or rents a place of residence to a person if such entity requires, as a condition of renting or leasing, the person to move if the Supported Living provider changes.

The Supported Living provider shall be responsible for providing an individualized level of supports determined during the assessment process, including risk assessment, and identified and approved in the Individual Support Plan (ISP) and have 24 hour per day availability, including back-up and relief staff and in the case of emergency or crisis. Some persons receiving Supported Living services may be able to have unsupervised periods of time based on the assessment process. In these situations a specific plan for addressing health and safety needs must be included in the ISP and the Supported Living provider must have staffing available in the case of emergency or crisis. Requirements for the person/s safety in the absence of a staff person shall be addressed and may include use of tele care options. When assessed to be appropriate Assistive Technology elements may be utilized in lieu of direct care staff.

To ensure the intent of the definition to support persons to live in a home of their own and achieve independence, Supported Living shall not be provided in a home where a person lives with family members unless such family members are a person receiving Supported Living, person's receiving other disability specific services, a spouse, or a minor child. Family member is defined as a parent, grandparents, siblings, grandchildren, and other extended family members. In addition, it also includes step-parents, non-minor step-children and step-siblings and non-minor adoptive relationships. All persons receiving Supported Living services who live in the same household must be on the lease unless the person is a live-in caregiver.

Reimbursement for Supported Living shall not include payment for services provided by the spouse of a person or to family members as defined in this service definition or legal guardian. The Supported Living provider and provider staff shall not be a member of the person's immediate family as defined in this service definition and reimbursement shall not include payment for Supported Living provided by such persons.

A Supported Living home must have no more than three (3) residents including any live-in caregiver providing supports per SL2011-202/HB509. A live-in caregiver is defined as an individual unrelated to the person and who provides services in the person's home through the Supported Living provider agency and is not on the lease.

The provider must develop an individualized staffing plan and schedule. The staffing plan is based on the person/s

preference and on the assessment and ISP process, including risk assessment. The plan must ensure staffing is adequate to protect the health and safety of the person and to carry out all activities required to meet the outcomes and goals identified in the ISP. The plan must address staff coverage for back-up and relief staff.

Reimbursement for Supported Living shall not be made for room and board with the exception of a reasonable portion that is attributed to a live-in caregiver who is unrelated to the person and who provides services in the person's home. Reimbursement shall not include the cost of maintenance of the dwelling. Residential expenses, e.g. phone, cable, food, rent) shall be apportioned between the residents of the home, and when applicable, the live-in caregiver. Rates for Supported Living include payments of relief and back-up staff.

Homes leased under Section 8 Housing are licensed and inspected by the local housing agency and must meet the housing quality standards per 24CFR 882-109.

#### Staffing Plan for Supported Living Services

The provider must develop an individualized staffing plan and schedule. The staffing plan is based on the person/s preference and on the assessment and ISP process, including risk assessment. The plan must ensure staffing is adequate to protect the health and safety of the person and to carry out all activities required to meet the outcomes and goals identified in the ISP. The plan must address staff coverage for back-up and relief staff.

#### Special Needs Adjustment

A special adjustment is available for Levels 1-3. The adjustment does not change the Level designated for the person, but adjusts the Level to meet one or more of the following circumstances. There is not a limit on the number of times Special Adjustment payments can be used. Each request for an adjustment is based on the person's unique circumstance, needs and care planning review process:

- a. The individual is in circumstances that are time limited but that require support at a higher level than described by the Level and the current rate does not cover the cost. For example, the person has a serious injury or illness or behavioral or mental health crisis requiring additional support on a temporary basis. A special adjustment may be approved for up to 90 days and may be extended for an additional 90 days.
- b. The person needs a roommate and requires a special adjustment until one move in. A special adjustment may be approved for up to 90 days and may be extended for an additional 90 days.
- c. The person is transitioning from a higher level of care setting, i.e. inpatient hospital, ICF/IID, and a rate adjustment is needed to ensure success during the transition process.
- d. Persons who require a continued Special Needs Adjustment due to medical or behavioral health issues may be reassessed for appropriateness of Level.

This service is not available at the same time of day as Community Living and Support, Community Networking, Day Supports, Supported Employment or one of the State Plan Medicaid services that works directly with the person. The following exception applies:

• Respite may be can be used by individuals living in a Residential or Supported Living setting when the individual is accessing a non-integrated community setting like a summer camp

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The amount of Supported Living is subject to the Limits on Sets of Services.

A. To ensure the intent of the definition to support persons to live in a home of their own and achieve independence, Supported Living shall not be provided in a home where a person lives with family members unless such family members are a person receiving Supported Living, the family member is receiving other disability specific services, a spouse, or a minor child. Family member is defined as a parent, grandparents, siblings, grandchildren, and other extended family members.

B. Supported Living Periodic is for individuals who use 4 or less hours of Supported Living per day.

## **Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**区** Provider managed

Tribal providers are not subject to licensure but substantial equivalency.

Other Standard (specify):

Certificate (specify):

Staff or live-in caregiver are at least 18 years of age and meet the following requirements:

- If providing transportation, have valid NC driver's license or other valid driver's license, a safe driving record an acceptable level of automobile liability insurance
- · Criminal background check presents no health and safety risk to person/s
- Not listed in NC Health Care Abuse Registry
- Qualified in CPR and First Aid
- Qualified in the customized needs of the person/s as described in the ISP
- High school diploma or equivalency (GED).
- Paraprofessionals providing this service must also be supervised by a qualified professional.

Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) and (f) and according to licensure or certification requirements of the appropriate discipline.

#### Provider Qualifications:

Provider Agencies in PIHP network.

State Nursing Board regulations must be followed for tasks that present health and safety risks to the person/s as directed by the PIHP Medical Director or Assistant Medical Director

Upon enrollment as a provider, the Agency With Choice must have achieved national accreditation with at least one of the designated accrediting agencies.

Employers of Record have an arrangement with an enrolled crisis services provider to respond to person/s crisis situations.

#### Supported Living providers:

- Assist in finding a home that meets the individual's needs
- Assist in managing living in one's own home
- Help develop community involvement and relationships that promote full citizenship
- Coordinate education and assistance related to finances, healthcare, and other needs
- Assist with day-to-day planning and problem solving
- Train and support people who assist the individual
- Provide 24-hour flexibility in responding to the needs

of an individual, including emergency situations

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

**Provider Agencies** 

PIHP

#### **Frequency of Verification:**

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Supported Living - Periodic

#### **Provider Category:**

Individual

#### **Provider Type:**

Employee in a self-directed arrangement

#### **Provider Qualifications**

License (specify):

• Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

Employer of Record Agency with Choice PIHP

#### Frequency of Verification:

Prior to hiring

Employer of record annually

Agency with Choice as specified for provider agencies

**Appendix C: Participant Services** 

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable)

	requests the authority to provide the following additional service not
specified in statute.  Service Title:	
Supported Living - Transition	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
02 Round-the-Clock Services	02021 shared living, residential habilitation
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a	new waiver that replaces an existing waiver. Select one :
O Service is included in approved waive	er. There is no change in service specifications.
O Service is included in approved waive	er. The service specifications have been modified.
Service is not included in the approve	

**Service Definition** (Scope):

Supported Living provides a flexible partnership that enables a person/s to live in their own home with support from an agency that provides individualized assistance in a home that is under the control and responsibility of the person/s. The service includes direct assistance as needed with activities of daily living, household chores essential to the health and safety of the individual/s, budget management, attending appointments, and interpersonal and social skills building to enable the individual to live in a home in the community. Training activities, supervision, and assistance may be provided to allow the person to participate in home life or community activities. Other activities include assistance with monitoring health status and physical condition, and assistance with transferring, ambulation and use of special mobility devices.

The purpose of Supported Living Transition is to provide members with the support that they need to facilitate their transition to Supported Living. Supported Living Transition will be billed at the Supported Living Periodic Modifier.

#### Covered transition services are:

- a. Meeting the person who is preparing to transition in an effort to get to know them and assess their support needs for Supported Living; (can the person cook meals to have a healthy diet, how will they handle basic household maintenance tasks like vacuuming, cleaning appliances, bathroom- do they know how and who to call for help, are there types of technology that would support success. Does the person need help to make appointments with doctors? Do they know how to access transportation? What is the plan for their free time? Have they ever been alone overnight or will they?
- b. Meeting with treatment team members in an effort to gather, review, and discuss information that will help to better understand that person and their support needs; assistance with finding an apartment and signing a lease, determining transportation services, gathering needed household items like furniture and supplies, learning about the surround community, developing a home safety plan for fire, setting up services like phone, water, sewer, electric, cable etc., practicing skills needed to be safe, interviewing roommates, developing a emergency plan for disasters like hurricanes, etc.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person
Relative
Legal Guardian
<b>Provider Specifications:</b>

Provider Category	Provider Type Title
Agency	Provider Agency

## C-1/C-3: Provider Specifications for Service

	Category:
Agency Provider	 Type:
Provider	Agency  Qualifications
	nse (specify):
Trib	al providers are not subject to licensure but substantial equivalency.
	ificate (specify):
Oth	er Standard (specify):
ъ	
initi freq	rider verifies employee qualifications at the time employee is hired PIHP verifies credentials upon all review and re-verifies agency credentials, including a sample of employee qualifications, at a uency determined by the PIHP, no less than every three years
initi freq /erificat Enti	al review and re-verifies agency credentials, including a sample of employee qualifications, at a uency determined by the PIHP, no less than every three years ion of Provider Qualifications ty Responsible for Verification:
initi freq /erificat Enti	al review and re-verifies agency credentials, including a sample of employee qualifications, at a uency determined by the PIHP, no less than every three years ion of Provider Qualifications ty Responsible for Verification:
initi freq /erificat Enti Prov PIH	al review and re-verifies agency credentials, including a sample of employee qualifications, at a uency determined by the PIHP, no less than every three years ion of Provider Qualifications ty Responsible for Verification:
Prov PIH Prov PIH Prov PIH emp	al review and re-verifies agency credentials, including a sample of employee qualifications, at a uency determined by the PIHP, no less than every three years ion of Provider Qualifications ty Responsible for Verification:  Vider Agency P
Prov PIH Prov PIH Prov PIH emp qual	al review and re-verifies agency credentials, including a sample of employee qualifications, at a quency determined by the PIHP, no less than every three years iton of Provider Qualifications ty Responsible for Verification:  Adder Agency Provider Qualifications at the time employee is hired Provider verifies employee qualifications at the time employee is hired Provider credentials upon initial review and re-verifies agency credentials, including a sample of loyee

Supported Living

specified in statute. **Service Title:** 

## **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
02 Round-the-Clock Services	02021 shared living, residential habilitation
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new w	vaiver that replaces an existing waiver. Select one:
O Service is included in approved waiver. Th	
Service is included in approved waiver. Th	e service specifications have been modified.
O Service is not included in the approved wa	

**Service Definition** (Scope):

Supported Living provides a flexible partnership that enables a person/s to live in their own home with support from an agency that provides individualized assistance in a home that is under the control and responsibility of the person/s. The service includes direct assistance as needed with activities of daily living, household chores essential to the health and safety of the individual/s, budget management, attending appointments, and interpersonal and social skills building to enable the individual to live in a home in the community. Training activities, supervision, and assistance may be provided to allow the person to participate in home life or community activities. Other activities include assistance with monitoring health status and physical condition, and assistance with transferring, ambulation and use of special mobility devices.

Transportation is an inclusive component of Supported Living to achieve goals and objectives related to these activities. Transportation to and from the individuals and points of travel in the community is included to the degree that they are not reimbursed by another funding source.

This service is distinct from Residential Supports in that it provides for a variety of living arrangements for individuals who choose to live in their own home versus the home of a provider. A person's own home is defined as the place the person lives and in which the person has all of the ownership or tenancy rights afforded under the law. This home must have a separate address from any other residence located on the same property. Persons living in a Supported Living arrangement shall choose who lives with him/her, are involved in the selection of direct care staff, and participate in the development of roles and responsibilities of staff. Persons receiving Supported Living have the right to manage personal funds as specified in the Individual Support Plan. A formal roommate agreement, separate from the landlord lease agreement, is established and signed by individuals whose name is on the lease.

The provider of Supported Living services shall not:

a.Own the person/s' home or have any authority to require the person/s to move if the person/s changes service providers.

b.Own, be owned by, or be affiliated with any entity that leases or rents a place of residence to a person if such entity requires, as a condition of renting or leasing, the person to move if the Supported Living provider changes.

The Supported Living provider shall be responsible for providing an individualized level of supports determined during the assessment process, including risk assessment, and identified and approved in the Individual Support Plan (ISP) and have 24 hour per day availability, including back-up and relief staff and in the case of emergency or crisis. Some persons receiving Supported Living services may be able to have unsupervised periods of time based on the assessment process. In these situations a specific plan for addressing health and safety needs must be included in the ISP and the Supported Living provider must have staffing available in the case of emergency or crisis. Requirements for the person/s safety in the absence of a staff person shall be addressed and may include use of tele care options. When assessed to be appropriate Assistive Technology elements may be utilized in lieu of direct care staff.

To ensure the intent of the definition to support persons to live in a home of their own and achieve independence, Supported Living shall not be provided in a home where a person lives with family members unless such family members are a person receiving Supported Living, person's receiving other disability specific services, a spouse, or a minor child. Family member is defined as a parent, grandparents, siblings, grandchildren, and other extended family members. In addition, it also includes step-parents, non-minor step-children and step-siblings and non-minor adoptive relationships. All persons receiving Supported Living services who live in the same household must be on the lease unless the person is a live-in caregiver.

Reimbursement for Supported Living shall not include payment for services provided by the spouse of a person or to family members as defined in this service definition or legal guardian. The Supported Living provider and provider staff shall not be a member of the person's immediate family as defined in this service definition and reimbursement shall not include payment for Supported Living provided by such persons.

A Supported Living home must have no more than three (3) residents including any live-in caregiver providing supports per SL2011-202/HB509. A live-in caregiver is defined as an individual unrelated to the person and who provides services in the person's home through the Supported Living provider agency and is not on the lease.

The provider must develop an individualized staffing plan and schedule. The staffing plan is based on the person/s preference and on the assessment and ISP process, including risk assessment. The plan must ensure staffing is adequate to protect the health and safety of the person and to carry out all activities required to meet the outcomes and goals identified in the ISP. The plan must address staff coverage for back-up and relief staff.

Reimbursement for Supported Living shall not be made for room and board with the exception of a reasonable portion that is attributed to a live-in caregiver who is unrelated to the person and who provides services in the person's home. Reimbursement shall not include the cost of maintenance of the dwelling. Residential expenses, e.g. phone, cable, food, rent) shall be apportioned between the residents of the home, and when applicable, the live-in caregiver. Rates for Supported Living include payments of relief and back-up staff.

Homes leased under Section 8 Housing are licensed and inspected by the local housing agency and must meet the housing quality standards per 24CFR 882-109.

### Staffing Plan for Supported Living Services

The provider must develop an individualized staffing plan and schedule. The staffing plan is based on the person/s preference and on the assessment and ISP process, including risk assessment. The plan must ensure staffing is adequate to protect the health and safety of the person and to carry out all activities required to meet the outcomes and goals identified in the ISP. The plan must address staff coverage for back-up and relief staff.

Supported Living levels are determined by the Individual Budget Tool and other evidence of support need. The SIS Level is only one piece of evidence that may be considered.

### Level One: Level A and B

• Level one is intended to serve persons who require minimal support to perform the activities of daily living and to remain safe and healthy. Staffing is based on the preferences and the assessed needs of the person but typically does not require staff to be in the home or awake at night.

### Level Two: Levels C and D

• Level two is intended to serve person/s that requires moderate support to perform the activities of daily living and to remain safe and healthy. Staffing is based on the preferences and the assessed needs of the person/s. Typically, the live-in caregiver or staff must be are onsite but not awake at night or appropriate technology may be used to ensure supervision.

### Level Three: Levels E, F and G

• Level 3: The beneficiary requires continuous supervision including awake overnight staff in order to remain safe and healthy. Typically, Person/s receiving Level Three supports include arrangements in which a person/s is living in his/her own home with overnight and awake staff or appropriate technology may be used to ensure supervision as identified in the ISP.

The results of a SIS and the IBT Base Budget are guidelines that do not constitute a binding limit that may not be exceeded on the amount of services (including the level of this service) that may be requested or authorized in a Plan of Care.

### Special Needs Adjustment

A special adjustment is available for Levels 1-3. The adjustment does not change the Level designated for the person, but adjusts the Level to meet one or more of the following circumstances. There is not a limit on the number of times Special Adjustment payments can be used. Each request for an adjustment is based on the person's unique circumstance, needs and care planning review process:

- a. The individual is in circumstances that are time limited but that require support at a higher level than described by the Level and the current rate does not cover the cost. For example, the person has a serious injury or illness or behavioral or mental health crisis requiring additional support on a temporary basis. A special adjustment may be approved for up to 90 days and may be extended for an additional 90 days.
- b. The person needs a roommate and requires a special adjustment until one move in. A special adjustment may be approved for up to 90 days and may be extended for an additional 90 days.
- c. The person is transitioning from a higher level of care setting, i.e. inpatient hospital, ICF/IID, and a rate adjustment is needed to ensure success during the transition process.
- d. Persons who require a continued Special Needs Adjustment due to medical or behavioral health issues may be reassessed for appropriateness of Level.

This service is not available at the same time of day as Community Living and Supports, Community Networking, Day Supports, Supported Employment or one of the State Plan Medicaid services that works directly with the person. The following exception applies:

Respite may be used by individuals living in a Residential or Supported Living setting when the individual is accessing a summer camp or support group. The Residential and Supported Living will not be billed on days when an individual is utilizing respite to access an overnight summer camp.

Respite may be used by individuals living in a Residential or Supported Living setting when the individual is accessing a summer camp or support group. The Residential and Supported Living will not be billed on days when an individual is utilizing respite to access an overnight summer camp.

Reimbursement for Supported Living shall not be made for room and board with the exception of a reasonable portion that is attributed to a live-in caregiver who is unrelated to the person and who provides services in the person's home. Reimbursement shall not include the cost of maintenance of the dwelling. Residential expenses, e.g. phone, cable, food, rent) shall be apportioned between the residents of the home, and when applicable, the live-in caregiver. Rates for Supported Living include payments of relief and back-up staff.

Homes leased under Section 8 Housing are licensed and inspected by the local housing agency and must meet the housing quality standards per 24CFR 882-109.

### Staffing Plan for Supported Living Services

The provider must develop an individualized staffing plan and schedule. The staffing plan is based on the person/s preference and on the assessment and ISP process, including risk assessment. The plan must ensure staffing is adequate to protect the health and safety of the person and to carry out all activities required to meet the outcomes and goals identified in the ISP. The plan must address staff coverage for back-up and relief staff.

Supported Living levels are determined by the Individual Budget Tool and other evidence of support need. The SIS Level is only one piece of evidence that may be considered.

### Level One: Level A and B

• Level one is intended to serve persons who require minimal support to perform the activities of daily living and to remain safe and healthy. Staffing is based on the preferences and the assessed needs of the person but typically does not require staff to be in the home or awake at night.

### Level Two: Levels C and D

• Level two is intended to serve person/s that requires moderate support to perform the activities of daily living and to remain safe and healthy. Staffing is based on the preferences and the assessed needs of the person/s. Typically, the live-in caregiver or staff must be are onsite but not awake at night or appropriate technology may be used to ensure supervision.

### Level Three: Levels E, F and G

• Level 3: The beneficiary requires continuous supervision including awake overnight staff in order to remain safe and healthy. Typically, Person/s receiving Level Three supports include arrangements in which a person/s is living in his/her own home with overnight and awake staff or appropriate technology may be used to ensure supervision as identified in the ISP.

The results of a SIS and the IBT Base Budget are guidelines that do not constitute a binding limit that may not be exceeded on the amount of services (including the level of this service) that may be requested or authorized in a Plan of Care.

### Special Needs Adjustment

A special adjustment is available for Levels 1-3. The adjustment does not change the Level designated for the person, but adjusts the Level to meet one or more of the following circumstances. There is not a limit on the number of times Special Adjustment payments can be used. Each request for an adjustment is based on the person's unique circumstance, needs and care planning review process:

- a. The individual is in circumstances that are time limited but that require support at a higher level than described by the Level and the current rate does not cover the cost. For example, the person has a serious injury or illness or behavioral or mental health crisis requiring additional support on a temporary basis. A special adjustment may be approved for up to 90 days and may be extended for an additional 90 days.
- b. The person needs a roommate and requires a special adjustment until one move in. A special adjustment may be approved for up to 90 days and may be extended for an additional 90 days.
- c. The person is transitioning from a higher level of care setting, i.e. inpatient hospital, ICF/IID, and a rate adjustment is needed to ensure success during the transition process.
- d. Persons who require a continued Special Needs Adjustment due to medical or behavioral health issues may be reassessed for appropriateness of Level.

This service is not available at the same time of day as Community Living and Supports, Community Networking, Day Supports, Supported Employment or one of the State Plan Medicaid services that works directly with the person. The following exception applies:

Respite may be used by individuals living in a Residential or Supported Living setting when the individual is accessing a summer camp or support group. The Residential and Supported Living will not be billed on days when an individual is utilizing respite to access an overnight summer camp.

Respite may be used by individuals living in a Residential or Supported Living setting when the individual is accessing a summer camp or support group. The Residential and Supported Living will not be billed on days when an individual is utilizing respite to access an overnight summer camp.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The amount of Supported Living is subject to the Limits on Sets of Services.

A. To ensure the intent of the definition to support persons to live in a home of their own and achieve independence.

Supported Living shall not be provided in a home where a person lives with family members unless such family members are a person receiving Supported Living, the family member is receiving other disability specific servi a spouse, or a minor child. Family member is defined as a parent, grandparents, siblings, grandchildren, and other extended family members.		
Service Delivery Met	hod (check each that applies):	
⊠ Participant-	-directed as specified in Appendix E	
Provider ma	anaged	
Specify whether the s	service may be provided by (check each that applies):	
☐ Legally Res ☐ Relative ☐ Legal Guar	ponsible Person	
Provider Specification		
<b>Provider Category</b>	Provider Type Title	
Individual	Employee in a self-directed arrangement	
Agency	Provider Agency	
* *	articipant Services -3: Provider Specifications for Service	-

Appendix C: Participant Services	
C-1/C-3: Provider Specifications for Service	
Service Type: Other Service	
Service Name: Supported Living	
Provider Category: Individual Provider Type:	
Employee in a self-directed arrangement	
Provider Qualifications	
License (specify):	

Certificate (specify):			

### Other Standard (specify):

Staff that work with participants are approved by employer of record OR recommended by Managing Employer and approved by Agency with Choice that work with participants:

- Are at least 18 years old
- If providing transportation, have a valid North Carolina or other valid driver's license, a safe driving record and an acceptable level of automobile liability insurance
- · Criminal background check presents no health or safety risk to participant
- Not listed in the North Carolina Health Care Abuse Registry
- Staff that work with participants must be qualified in CPR and First Aid
- Staff that work with participants must have a high school diploma or high school equivalency (GED)
- Staff that work with participants must be qualified in the customized needs of the participant as described in the ISP
- Supervised by the employer of record or managing employer
- For service directed by the Agency with Choice, paraprofessionals providing this service must be supervised by a qualified professional. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) (f) and according to licensure or certification requirements of the appropriate discipline.

State Nursing Board Regulations must be followed for tasks that present health and safety risks to the participant as directed by the PIHP Medical Director or Assistant Medical Director

- Agencies with Choice follow the NC State Nursing Board regulations
- Has an arrangement with an enrolled crisis services provider to respond to participant crisis situations
- Upon enrollment with the PIHP, the Agency with Choice must have achieved national accreditation with at least one of the designated accrediting agencies. The Agency with Choice must be established as a legally constituted entity capable of meeting all of the requirements of the PIHP.

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Employer of Record Agency with Choice

PIHP

### Frequency of Verification:

Prior to hiring

Employer of record annually

Agency with Choice as specified for provider agencies

### **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Supported Living

**Provider Category:** 

Agency

**Provider Type:** 

Provider Agency

### **Provider Qualifications**

License (specify):

Tribal providers are not subject to licensure but substantial equivalency.

Certificate (specify):

## Other Standard (specify):

Staff or live-in caregiver are at least 18 years of age and meet the following requirements:

- If providing transportation, have valid NC driver's license or other valid driver's license, a safe driving record an acceptable level of automobile liability insurance
- Criminal background check presents no health and safety risk to person/s
- Not listed in NC Health Care Abuse Registry
- · Qualified in CPR and First Aid
- Qualified in the customized needs of the person/s as described in the ISP
- High school diploma or equivalency (GED).
- Paraprofessionals providing this service must also be supervised by a qualified professional.

Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 (b) (c) and (f) and according to licensure or certification requirements of the appropriate discipline.

### Provider Qualifications:

Provider Agencies in PIHP network.

State Nursing Board regulations must be followed for tasks that present health and safety risks to the person/s as directed by the PIHP Medical Director or Assistant Medical Director

Upon enrollment as a provider, the Agency With Choice must have achieved national accreditation with at least one of the designated accrediting agencies.

Employers of Record have an arrangement with an enrolled crisis services provider to respond to person/s crisis situations.

### Supported Living providers:

- Assist in finding a home that meets the individual's needs
- Assist in managing living in one's own home
- Help develop community involvement and relationships that promote full citizenship
- Coordinate education and assistance related to finances, healthcare, and other needs
- Assist with day-to-day planning and problem solving
- Train and support people who assist the individual
- Provide 24-hour flexibility in responding to the needs

of an individual, including emergency situations

### **Verification of Provider Qualifications**

### **Entity Responsible for Verification:**

Provider Agencies

PIHP

### **Frequency of Verification:**

Provider verifies employee qualifications at the time employee is hired

PIHP verifies credentials upon initial review and re-verifies agency credentials, including a sample of employee qualifications, at a frequency determined by the PIHP, no less than every three years

## **Appendix C: Participant Services**

### C-1/C-3: Service Specification

the Medicaid agency or the operating agency (if applicable).	
Service Type:	
Other Service	
As provided in 42 CFR §440.180(b)(9), the State requests the specified in statute.  Service Title:	ne authority to provide the following additional service not
Vehicle Modifications	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
14 Equipment, Technology, and Modifications	14020 home and/or vehicle accessibility adaptations
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waive	er that replaces an existing waiver. Select one :
Service is included in approved waiver. There is	is no change in service specifications.
O Service is included in approved waiver. The ser	rvice specifications have been modified.
O Service is not included in the approved waiver.	

**Service Definition** (Scope):

Vehicle Modifications are devices, services or controls that enable individuals to increase their independence or physical safety by enabling their safe transport in and around the community. The installation, repair, maintenance, and training in the care and use of these items are included. The individual or his/her family must own the vehicle. The vehicle must be covered under an automobile insurance policy that provides coverage sufficient to replace the adaptation in the event of an accident. Modifications do not include the cost of the vehicle. There must be a written recommendation by an appropriate professional that the modification will meet the needs of the individual. The recommendation must contain information regarding the rationale for the selected modification. All items must meet applicable standards of manufacture, design, and installation. Installation must be performed by the adaptive equipment manufacturer's authorized dealer according to the manufacturer's installation instructions, National Mobility Equipment Dealer's Association, Society of Automotive Engineers, National Highway and/or Traffic Safety Administration guidelines. Evaluation by an adapted vehicle supplier with an emphasis on safety and "life expectancy" of the vehicle in relationship to the modifications.

Medical necessity must be documented by the physician, physician assistant, or nurse practitioner, for every item provided/billed regardless of any requirements for approval. A letter of medical necessity written and signed by the physician, physician assistant, or nurse practitioner, or other licensed professional permitted to perform those tasks and responsibilities by their NC state licensing board, may be submitted along with the Certificate of Medical Necessity/Prescription Note: the Certificate of Medical Necessity/Prescription still must be completed and signed by the physician, physician assistant, or nurse practitioner.

Repair of equipment is covered for items purchased through the waiver or purchased prior to waiver participation, as long as the item is identified within this service definition and the cost of the repair does not exceed the cost of purchasing a replacement piece of equipment.

Covered Modifications are:

- 2. Door handle replacements
- 3. Door modifications
- 4. Installation of raised roof or related alterations to existing raised roof system to approve head clearance
- 5. Lifting and/or lowering devices
- 6. Devices for securing wheelchairs or scooters
- 7. Adapted steering, acceleration, signaling, and breaking devices only when recommended by a physician and a certified driving evaluator for people with disabilities, and when training in the installed device is provided by certified personnel
- 8. Handrails and grab bars
- 9. Seating modifications
- 10. Lowering of the floor of the vehicle
- 11. Modifications for accessibility
- Vehicle Modifications are only available to an individual who receives Residential Supports or who live in licensed residential facility when the vehicle belongs to the individual and can transition to other settings with the individual

mar result		
• The cost of renting/leasing a vehicle with adaptations; service and maintenance contracts and extended		
warranties; and adaptations purchased for exclusive use at the school/home school are not covered.		
Items that are not of direct or remedial benefit to the individual are excluded from this service.		
Specify applicable (if any) limits on the amount, frequency, or duration of this service:		
The service is limited to expenditures of \$20,000 over the duration of the waiver.		
Service Delivery Method (check each that applies):		
Participant-directed as specified in Appendix E		
Provider managed		
Specify whether the service may be provided by (check each that applies):		
Legally Responsible Person		
Relative		
— Kelauve		

Legal (	Guardian
 Legar	Juardian

## **Provider Specifications:**

Provider Category	Provider Type Title
Individual	Specialized Vendors
Agency	Commercial/Retail Businesses

Agency	Commercial/Retail Businesses
	C: Participant Services
C	2-1/C-3: Provider Specifications for Service
-	pe: Other Service
Service Na	ame: Vehicle Modifications
Provider Categ	gory:
Provider Type:	•
Specialized Ver	
Provider Quali License (sp	
Applicable	e state/local business license
Tribal pro	viders are not subject to licensure but substantial equivalency.
Certificate	e (specify):
Other Star	ndard (specify):
Meets app	licable state and local requirements for type of device that the vendor is providing
	Provider Qualifications
Entity Res	sponsible for Verification:
PIHP	
Frequency	of Verification:
Prior to fir	rst use
	C: Participant Services
C	-1/C-3: Provider Specifications for Service
	pe: Other Service
	ame: Vehicle Modifications
<b>Provider Categ</b>	ory:

Commercial/Retail Businesses

Provider Qualifications

Agency
Provider Type:

	License (specify):
	Applicable state/local business license
	Tribal providers are not subject to licensure but substantial equivalency.
	Certificate (specify):
	Other Standard (specify):
	Meets applicable state and local requirements for type of device that the vendor is providing
Ver	ification of Provider Qualifications
	Entity Responsible for Verification:
	PIHP
	Frequency of Verification:
	Prior to first use
enc	dix C: Participant Services  C-1: Summary of Services Covered (2 of 2)
	<b>rovision of Case Management Services to Waiver Participants.</b> Indicate how case management is furnished to writicipants (select one):
C	Not applicable - Case management is not furnished as a distinct activity to waiver participants.
•	Applicable - Case management is furnished as a distinct activity to waiver participants.  Check each that applies:
	As a waiver service defined in Appendix C-3. Do not complete item C-1-c.
	As a Medicaid state plan service under §1915(i) of the Act (HCBS as a State Plan Option). Complete i C-1-c.
	As a Medicaid state plan service under §1915(g)(1) of the Act (Targeted Case Management). Complet C-1-c.
	As an administrative activity. Complete item C-1-c.
	As a primary care case management system service under a concurrent managed care authority. Con item C-1-c.
	elivery of Case Management Services. Specify the entity or entities that conduct case management functions on be waiver participants:
Uı	nder the 1915(b)/1915(c) concurrent waivers, the PIHP conducts all case management functions compliant with

## **Appendix C: Participant Services**

- **a.** Criminal History and/or Background Investigations. Specify the state's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):
  - O No. Criminal history and/or background investigations are not required.
  - Yes. Criminal history and/or background investigations are required.

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

Section 1.13 of the contract, in accordance with 42 CFR § 455.106, requires the LME PIHP to require all providers to disclose any criminal convictions related to Medicare, Medicaid, or Title XX programs at the time they apply or renew their applications for Medicaid participation or at any time on request. The PIHP must report such disclosures to DHB within 20 working days from the date the PIHP receives such disclosures. Pursuant to 42 CFR § 455.106(b)(1), DHB will report such disclosures to HHS-OIG within 20 working days after notification by the LME-PIHP.

Criminal background checks must be conducted prior to hiring the employee in all situations described below.

As provided by NC G.S. 122C-80, criminal background checks must be conducted on all prospective employees of licensed MH/DD/SAS provider agencies who may have direct access to individuals served. PIHP licensed contract agencies must comply with this law. This includes direct care positions, administrative positions and other support positions that have contact with individuals served. When prospective employees have lived in North Carolina for less than five consecutive years, a national criminal record check is obtained. When prospective employees have lived in the state for more than five years, only a state criminal record check is required.

As required by the North Carolina Innovations service provider qualifications, unlicensed provider agencies who contract to provide North Carolina Innovations services must also conduct criminal background checks on all prospective employees who may have direct access to individuals served. The PIHP conducts criminal background checks on independent practitioners. If the applicant has been a resident of this State for less than five years, then the offer of employment is conditioned on consent to a State and national criminal history record check of the applicant. If the applicant has been a resident of this State for five years or more, then the offer is conditioned on consent to a State criminal history record check of the applicant. National criminal record checks may be completed by private entities (defined as a business regularly engaged in conducting criminal history record checks utilizing public records obtained from a State agency in each of the States) while State criminal history record checks may be completed by a county that has adopted an appropriate local ordinance and has access to the Division of Criminal Information data bank. In addition, a State criminal history record check may be completed by a private entity (defined as a business regularly engaged in conducting criminal history record checks utilizing public records obtained from a State agency). A provider of unlicensed services shall not employ an applicant who refuses to consent to a criminal history record check required by this waiver.

When beneficiaries elect the Individual and Family Directed Services Option, criminal background checks must be obtained for all prospective employees for the Employer of Record Model submitted to the Financial Support Services agency. Employers of Record who receive criminal background checks that are positive for any convictions listed in §108-C-4(c) will not employe these staff. Criminal background checks are provided without charge as a component part of Financial Supports Services in the employer of record model. In the Agency with Choice Model, the agency obtains a criminal background check prior to hiring any employee referred for hire by a Managing Employer.

The PIHP reviews the provider agency (including agencies offering self-direction under Agencies with Choice options) criminal record check policy at the time of initial credentialing of the agency and re-verifies agency credentials, including a sample of criminal background checks, at a frequency determined by the PIHP, no less than every three years. Annually, the PIHP reviews employer of record personnel practices to ensure that there is documentation of the criminal background check for each employee hired.

- **b. Abuse Registry Screening.** Specify whether the state requires the screening of individuals who provide waiver services through a state-maintained abuse registry (select one):
  - O No. The state does not conduct abuse registry screening.
  - Yes. The state maintains an abuse registry and requires the screening of individuals through this registry.

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

G.S. 131E-256, 10 A NCAC, requires the LME-PHIP to require providers to perform a Health Care Registry screen at the time that the apply or renew their applications for Medicaid participation or at any time on request. The LME-PIHP must report such disclosures to DHB within 20 working days from the date the PIHP receives such disclosures. DHB will report such disclosures to the HHS-OIG within 20 working days of notification by the PIHP.

Abuse registry screenings must be conducted prior to hiring the employee in all situations discussed below.

As provided by NC General Statute 131E-256, the DHHS Division of Health Service Regulation maintains an abuse registry, called the Health Care Personnel Registry. As required by NCGS 131-E-256, licensed agencies and unlicensed providers of community based services for persons with IDD who contract with the PIHP must conduct abuse registry screenings of prospective employees for positions who have direct access to individuals receiving services. Information from both the Nurse Aide Registry and the Health Care Personnel Registry is available to the general public and all health care providers via the Internet and through a 24 hour telephone voice response system through the Division of Health Service Regulation at http://www.ncdhhs.gov/dhsr/hcpr/index.html.

When beneficiaries elect the Individual and Family Directed Services Option, abuse registry screenings must be conducted for any job applicant under serious consideration. Abuse registry screenings are provided without charge as a component part of Financial Supports Services in the employer of record model. In the Agency with Choice Model, the agency obtains an Abuse Registry Screening prior to hiring any employee referred for hire by a managing employer.

The PIHP reviews the provider agency (including Agencies with Choice) abuse registry screening policy at the time of initial credentialing and re-verifies agency credentials, including a sample of Abuse Registry screenings, at a frequency determined by the PIHP, no less than every three years. The PIHP reviews employer of record personnel practices annually to ensure that necessary screenings have been performed prior to employment.

## **Appendix C: Participant Services**

## C-2: General Service Specifications (2 of 3)

- c. Services in Facilities Subject to §1616(e) of the Social Security Act. Select one:
  - O No. Home and community-based services under this waiver are not provided in facilities subject to §1616(e) of the Act.
  - Yes. Home and community-based services are provided in facilities subject to §1616(e) of the Act. The standards that apply to each type of facility where waiver services are provided are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
    - i. Types of Facilities Subject to §1616(e). Complete the following table for each type of facility subject to §1616(e) of the Act:

Facility Type
Supervised Living facilities, type B serving minors with a primary diagnosis of a developmental disability and type C serving adults with a primary diagnosis of developmental disability.
Family care homes
Supervised living facilities type F serve either minors or adults with a developmental disability

**ii.** Larger Facilities: In the case of residential facilities subject to §1616(e) that serve four or more individuals unrelated to the proprietor, describe how a home and community character is maintained in these settings.

Required information is contained in response to C-5	

## **Appendix C: Participant Services**

## **C-2: Facility Specifications**

### **Facility Type:**

Supervised Living facilities, type B serving minors with a primary diagnosis of a developmental disability and type C serving adults with a primary diagnosis of developmental disability.

### Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility	
Vehicle Modifications		
Supported Living - Periodic		
Crisis Services	×	
Respite		
Financial Support Services		
Assistive Technology		
Supported Living		
Supported Employment		
Supported Living - Transition		
Day Supports		
Home Modifications		
Individual Goods and Services		
Residential Supports		
Community Transition		
Community Living and Support		
Community Networking		
Community Navigator	×	
Specialized Consultation		
Natural Supports Education		

### **Facility Capacity Limit:**

6 beds except for facilities licensed prior to June 15, 2001; no new waiver admissions to facilities greater than 6 beds; new facilities cannot be licensed for more than 4 beds.

**Scope of Facility Sandards.** For this facility type, please specify whether the state's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	×
Physical environment	×
Sanitation	×
Safety	×
Staff: resident ratios	×
Staff training and qualifications	×
Staff supervision	×
Resident rights	×
Medication administration	X
Use of restrictive interventions	X
Incident reporting	×
Provision of or arrangement for necessary health services	×

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

Append	ix C: Participant Services
	C-2: Facility Specifications
Facility Ty	ype:
Family car	re homes

### Waiver Service(s) Provided in Facility:

Waiver Service	Provided in Facility	
Vehicle Modifications		
Supported Living - Periodic		
Crisis Services		
Respite		
Financial Support Services		

Waiver Service	Provided in Facility
Assistive Technology	
Supported Living	
Supported Employment	
Supported Living - Transition	
Day Supports	
Home Modifications	
Individual Goods and Services	
Residential Supports	
Community Transition	
Community Living and Support	
Community Networking	
Community Navigator	X
Specialized Consultation	
Natural Supports Education	

### **Facility Capacity Limit:**

6 beds; new facilities cannot be licensed for more than 4 beds.

**Scope of Facility Sandards.** For this facility type, please specify whether the state's standards address the following topics (*check each that applies*):

Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	X
Physical environment	×
Sanitation	X
Safety	X
Staff: resident ratios	X
Staff training and qualifications	X
Staff supervision	X
Resident rights	X
Medication administration	X
Use of restrictive interventions	X
Incident reporting	X
Provision of or arrangement for necessary health services	×

When facility standards do not address one or more of the topics listed, explain why the standard is not included or is not relevant to the facility type or population. Explain how the health and welfare of participants is assured in the standard area(s) not addressed:

ppendix C: Participant Ser			
C-2: Facility Speci	fications		
cility Type:			
pervised living facilities type F serve	e either minors or a	dults with a developmental disability	
Waiver Service(s) Provided in F	acility:		
Waiver Service	Provided in Facility		
Vehicle Modifications			
Supported Living - Periodic			
Crisis Services			
Respite			
Financial Support Services			
Assistive Technology			
Supported Living			
Supported Employment			
Supported Living - Transition			
Day Supports			
Home Modifications			
Individual Goods and Services			
Residential Supports			
Community Transition			
Community Living and Support			
Community Networking			
Community Navigator	×		
Specialized Consultation			
Natural Supports Education			

Scope of State Facility Standards
Standard Topic Addressed

### Scope of State Facility Standards

Standard	Topic Addressed
Admission policies	X
Physical environment	×
Sanitation	×
Safety	×
Staff: resident ratios	×
Staff training and qualifications	×
Staff supervision	×
Resident rights	×
Medication administration	×
Use of restrictive interventions	×
Incident reporting	×
Provision of or arrangement for necessary health services	×

When facility standards do not address one or more of the topics listed, explain why the standard is
not included or is not relevant to the facility type or population. Explain how the health and welfar
of participants is assured in the standard area(s) not addressed:

_		

## **Appendix C: Participant Services**

## C-2: General Service Specifications (3 of 3)

- d. Provision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible individual is any person who has a duty under state law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the state, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. Select one:
  - No. The state does not make payment to legally responsible individuals for furnishing personal care or similar services.
  - O Yes. The state makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.

Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) state policies that specify the circumstances when payment may be authorized for the provision of *extraordinary care* by a legally responsible individual and how the state ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the state policies specified here.* 

Self-directed		

Application for	1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019	Page 165 of 307
Application for	313(c) 11000 Walver. 140.0423.1403.00 - 301 01, 2013	1 age 103 01 307

	Agency-operated	
ш	Agency-operated	l

- e. Other State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify state policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above the policies addressed in Item C-2-d. *Select one*:
  - O The state does not make payment to relatives/legal guardians for furnishing waiver services.
  - The state makes payment to relatives/legal guardians under specific circumstances and only when the relative/guardian is qualified to furnish services.

Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.

This policy applies to waiver beneficiaries ages 18 and older who live with a relative who is employed by a waiver provider agency. Waiver beneficiaries under the age of 18 may not receive services provided by a relative who is residing in their home.

Relatives are defined as individuals related by blood or marriage to the waiver beneficiary. The relative must live in the home of the waiver beneficiary. Excluded from this policy are the following relatives: biological or adoptive parents of a minor child, stepparents of a minor child or the spouse of a waiver beneficiary. Waiver beneficiaries under the age of 18 may receive services provided by a relative who is not the parent (biological, adoptive, or step) who resides in their home.

Community living and Support is the only waiver service that may be provided by a relative who resides in the home of the individual (age 18 and older).

It is recommended that a relative residing in the home of the beneficiary provide no more 40 hours per week of service to the person. This must be reported to the PIHP, but does not require approval by the PIHP.

If more than 40 hours are requested to be provided by relatives residing in the home of the beneficiary then approval must be obtained by the PIHP. Justification needs to be provided as to why there is no other qualified provider to provide Community living and Support and assurances of provider choice and that the individual will not be isolated from their community. In exceptional situations, up to 56 hours per week may be approved. This is the total number of hours that one relative may provide regardless of the number of beneficiaries residing in the home.

\*\*Relatives who were providing more than 56 hours of services on 12/31/15 may exceed the 56 hour limit and be approved to provide the amount of services that they were authorized to provide as of 12/31/15 as long as the beneficiary continues to choose the relative as the staff member, there are no health and safety issues, and the individual is not isolated from their community.

The PIHP ensures compliance with the conditions of this policy through a prior approval process. The PIHP provides an increased level of monitoring for services delivered by relatives/legal guardians. Services delivered by relatives/legal guardians are monitored monthly. Care Coordinators monitor through on-site monitoring and documentation review to ensure that payment is made only for services rendered and that the services are furnished in the best interest of the individual.

The ISP must contain documentation that the waiver beneficiary is in agreement with the employment of the relative and has been given the opportunity to fully consider all options for employment of non-related staff for waiver service provision.

The relative or legal guardian will not be reimbursed for any activity that would be provided to a person without a disability of the same age.

Employers of Record and Managing Employers participating in the Individual Family Directed option may not be employed to provide waiver services.

Provider agencies, Employers of Record and Agency with Choice in conjunction with the Managing Employer must monitor the relative or legal guardian's provision of the service on site and at a minimum of one time per month.

J	Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is
	qualified to provide services as specified in Appendix C-1/C-3.

Specify the controls that are employed to ensure that payments are made only for services rendered.

Other policy.

Specify:

Page 167 of 307

**f. Open Enrollment of Providers.** Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

Under its risk contract with DHB, the PIHP must establish policies and procedures to monitor the adequacy, accessibility and availability of its provider network to meet the needs of individuals served through the concurrent §1915(b)/ §1915(c) waivers. The PIHP must analyze its provider network and demonstrate an appropriate number, mix and geographic distribution of providers, including geographic access by beneficiaries to practitioners and facilities. The analysis is reviewed by DHB at the beginning of each contract period; at any time there has been a significant change in PIHP operations that may affect the adequacy of capacity and services, including changes in services, benefits, geographic service areas or payments or enrollment of a new population in the concurrent waivers; and annually thereafter during the annual site visits by the Intradepartmental Monitoring Team (IMT). Whenever network gaps are noted, the PIHP submits to DHB a network development strategy or plan to fill the gaps, as well as periodically reports to DHB on the implementation plan or strategy.

### **Appendix C: Participant Services**

### **Quality Improvement: Qualified Providers**

Application for 1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Qualified Providers

The state demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.

### i. Sub-Assurances:

a. Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

Proportion of providers for whom problems have been discovered and appropriate remediation has taken place Numerator: Number of C waiver providers submitting an approved plan of correction (POC) Denominator: Total number of C waiver providers from which a POC was requested

**Other**If 'Other' is selected, specify: **Profile Investigation Data** 

Responsible Party for

data collection/generation (check each that applies):	collection/generation (check each that applies):		(check ea	ch that applies):
State Medicaid Agency	☐ Weekly		× 100°	% Review
Operating Agency	☐ Monthly	y	□ <sub>Less</sub> Revi	than 100% iew
☐ Sub-State Entity	☐ Quarterly		□ Repi Sam	resentative ple Confidence Interval =
Other Specify: PIHPs	Annually		□ Stra	tified Describe Group:
	☐ Continuously and Ongoing		□ Oth	er Specify:
	Other Specify:			
Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (a that applies):	Frequency of analysis(chec		_	
☐ State Medicaid Agency		Weekly		
Operating Agency  Sub-State Entity		☐ Monthly		
□ Sub-State Entity     □ Other     □ Specify:     □ Sub-State Entity     □ Sub-Sta		Annually		

Frequency of data

Sampling Approach

Responsible Party for data aggregation and analysis (that applies):	Frequency of analysis(chec		-	
PIHPs				
		Continu	ously and (	Ongoing
		Other Specify:		
Performance Measure: Proportion of providers de certification, contract and v Numerator: Number of C v found to be compliant Dend for a review who had a rev	waiver standa waiver provid ominator: Tot	rds according ers who had a tal number of	to PIHP n	nonitoring schedule npleted and were
Data Source (Select one): Other If 'Other' is selected, specify Provider Monitoring Revio		nd Tools		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):			Approach that applies):
State Medicaid Agency	□ Weekly		× 100%	6 Review
Operating Agency	☐ Monthl	y	Less Revie	than 100%
☐ Sub-State Entity	□ Quartei	rly	Samp	esentative ble Confidence Interval =
Other Specify: PIHPs	⊠ Annual	ly	Strat	ified Describe Group:
	Continu	ously and	Othe	r

Ongoing

Specify:

Other Specify:	

### **Data Aggregation and Analysis:**

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
☐ State Medicaid Agency	□ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	Quarterly	
Other Specify:  PIHPs	<b>⊠</b> Annually	
	☐ Continuously and Ongoing	
	Other Specify:	

### **Performance Measure:**

Proportion of new licensed providers that meet licensure, certification, and/or other standards prior to their furnishing waiver services Numerator: Number of new licensed providers reviewed who meet the requirements to furnish waiver services Denominator: Total number of new licensed providers reviewed.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Provider applications and evidence of licensure/certification

Responsible Party for	Frequency of data	Sampling Approach
data	collection/generation	(check each that applies):
collection/generation	(check each that applies):	
(check each that applies):		

State Medicaid Agency	☐ Weekly		⊠ 100% Review	
Operating Agency	☐ Monthly		Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =	
Other Specify: PIHPs	⊠ Annually		Stratified Describe Group:	
	☐ Continuously and Ongoing		Other Specify:	
	Other Specify:			
Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (check each that applies):			data aggregation and k each that applies):	
State Medicaid Agency		□ Weekly		
Operating Agency		☐ Monthly	,	
☐ Sub-State Entity		Quarter	ly	
Other Specify:  PIHPs		Annually	y	
		Continue	ously and Ongoing	

Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):	
		Other Specify:	
Performance Measure:			
Proportion of (c) waiver pi Number of (c) waiver prov Fotal number of (c) waiver	iders with a r		
Data Source (Select one): Other If 'Other' is selected, specify Profile Investigation DATA			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	į.	⊠ 100% Review
Operating Agency	☐ Month	ly	Less than 100% Review
☐ Sub-State Entity	□ Quarte	rly	Representative Sample Confidence Interval =
Other Specify: PIHP	⊠ Annua	lly	Stratified Describe Group:
	☐ Contin Ongoin	uously and ng	Other Specify:
	Other		

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify: PIHP	<b>⊠</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

b. Sub-Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

Proportion of monitored non-licensed, non-certified providers that are compliant with waiver requirements. Numerator: Number of monitored non-licensed, non-certified providers that are compliant with waiver requirements. Denominator: Number of non-licensed, non-certified providers reviewed.

Data Source (Select one):

Other

If 'Other' is selected, specify:

**Provider Monitoring Protocol and Tools** 

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly		⊠ 100% Review	
Operating Agency	☐ Monthl	y	Less than 100% Review	
Sub-State Entity	□ Quartei	rly	Representative Sample Confidence Interval =	
Other Specify: PIHPs	⊠ Annual	ly	Stratified Describe Group:	
	Continu Ongoin	ously and	Other Specify:	
	Other Specify:			
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each that applies):  that applies):  Frequency of data aggregation and analysis (check each that applies):				
State Medicaid Agency Weekly				
Operating Agency		☐ Monthly		
Sub-State Entity  Other Specify:		Annually		

Responsible Party for data aggregation and analysis (check each that applies):			f data aggregation and ck each that applies):
PIHPs			
		Continu	lously and Ongoing
		Other Specify:	
correction. Numerator: Nuwith a required plan of concertified (c) waiver provided Data Source (Select one): Other If 'Other' is selected, specify	umber of non- rection. Deno ers	licensed, non- minator: Tot	roviders with a required plan o certified (c) waiver providers al number of non-licensed, non
Provider Monitoring Prot			
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	□ Quarte	rly	Representative Sample Confidence Interval =
Other Specify: PIHPs	⊠ Annual	ly	Stratified Describe Group:
	Continu Ongoin	ously and	Other Specify:

Othe	
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	Weekly
☐ Operating Agency ☐ Sub-State Entity	☐ Monthly ☐ Quarterly
Other Specify: PIHPs	Annually
	☐ Continuously and Ongoing
	Other Specify:

c. Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

Proportion of monitored providers wherein all staff completed all mandated training, excluding restrictive interventions, within the required timeframe. Numerator: Number of provider agencies monitored wherein all staff have completed all

# mandated training, excluding restrictive interventions, within the required timeframe Denominator: Number of provider agencies monitored

Data Source (Select one):
Other
If 'Other' is selected, specify:
Provider Monitoring Protocol and Tools

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHPs	<b>⊠</b> Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

### **Data Aggregation and Analysis:**

	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	□ Weekly

Specify:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	☐ Quarterly	
Other Specify: PIHPs	<b>X</b> Annually	
	☐ Continuously and Ongoing	
	Other Specify:	
Describe the States method for addressing individual regarding responsible parties and GENERAL method the methods used by the state to document these ite.  The PIHPs address and correct problems identified to DHB and the IMT. Issues with providers are of are reported to the DHB quarterly by the PIHPs. To action plan. Depending on the seriousness of the parties of the PIHP may terminate the provider from the network.	ods for problem correction. In addition, providents.  If on a case by case basis and include the information identified through consumer complaints/graphe PIHPs may require the provider to implementation of the corrective provider issue and/or the results of the corrective consumer.	nation in reports ievances which ent a corrective
The state periodically reviews the accuracy of the Mercer review.	PIHP reporting during the annual EQRO as we	ell as the annual
ii. Remediation Data Aggregation  Remediation-related Data Aggregation and Ana	llysis (including trend identification)	
Responsible Party(check each that applies):	Frequency of data aggregation and analysic (check each that applies):	s
<b>☒</b> State Medicaid Agency	□ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	Quarterly	
Other	Annually	

Resp	onsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
		<b>区ontinuously and Ongoing</b>	
		Other Specify:	
		Improvement Strategy in place, provide timelines to trance of Qualified Providers that are currently non-	
O Yes			
Please prov	vide a detailed strategy for assuring Qualitand the parties responsible for its operation	fied Providers, the specific timeline for implementing.	ng identified
Appendix C: Par	ticipant Services		
C-3: W	aiver Services Specifications		
Section C-3 'Service Sp	pecifications' is incorporated into Section 0	C-1 'Waiver Services.'	
Appendix C: Par	ticipant Services		

C-4: Additional Limits on Amount of Waiver Services

- a. Additional Limits on Amount of Waiver Services. Indicate whether the waiver employs any of the following additional limits on the amount of waiver services (select one).
  - O Not applicable- The state does not impose a limit on the amount of waiver services except as provided in Appendix
  - Applicable The state imposes additional limits on the amount of waiver services.

When a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, including its basis in historical expenditure/utilization patterns and, as applicable, the processes and methodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) how the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making exceptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) the safeguards that are in effect when the amount of the limit is insufficient to meet a participant's needs; (f) how participants are notified of the amount of the limit. (check each that applies)

Limit(s) on Set(s) of Services. There is a limit on the maximum dollar amount of waiver services that is authorized for one or more sets of services offered under the waiver. Furnish the information specified above.

The following limits apply:

- (1) Adult beneficiaries (Age 22 and over) who receive Residential Supports or Supported Living: No more than 40 hours per week is authorized for any combination of Community Networking, Community Living and Support, Day Supports and/or Supported Employment services.
- (2) Child beneficiaries (Through Age 21) who receive Residential Supports: During the school year, no more than 20 hours per week is authorized for any combination of Community Networking, Day Supports and/or Supported Employment services. When school is not in session, up to 40 hours per week is authorized for any combination of Community Networking, Community Living and Support, Day Supports and/or Supported Employment services.
- (3) Adult beneficiaries (Age 22 and over) who live in private homes: No more than 84 hours per week is authorized for any combination of Community Living and Support, Community Networking, Day Supports and/or Supported Employment services.
- (4) Child beneficiaries (Through age 21) who live in private homes: During the school year, no more than 54 hours per week is authorized for any combination of Community Living and Support, Community Networking, Day Supports and/or Supported Employment services. When school is not in session, up to 84 hours per week is authorized for any combination of Community Living and Support, Community Networking, Day Supports and/or Supported Employment services.

Adult and child beneficiaries who live in private homes with intensive support needs may receive up to 12 additional hours of Community Living and Supports per day based on the authorization guidelines outlined in the definition. For all services in the above sets of services in 1–4, if a person is getting only one service out of the set of services subject to a limit, the limit is applied to the one service received.

Assistive Technology, Equipment and Supports and Home Modifications are limited to a combined total of \$50,000 over the life of the waiver.

Prospective Individual Budget Amount. There is a limit on the maximum dollar amount of waiver services
authorized for each specific participant.
Furnish the information specified above.

Budget Limits by Level of Support. Based on an assessment process and/or other factors, participants are assigned to funding levels that are limits on the maximum dollar amount of waiver services.

Furnish the information specified above.

Budget Guidelines by Level of Support:

The only individual budget limit is \$135,000 per year in Innovations waiver services. However, there is a budget guideline used in the planning process. Based on an assessment process and/or other factors, beneficiaries are assigned to individual budget guidelines. These Individual Budget Guidelines are not a limit on what may be requested/authorized for the beneficiary. The only budget limit is the \$135,000 per year waiver limit.

Basis of the Individualized Budget:

The Individualized Budget Tool is designed to estimate the amount of services a person would typically need and provides a guideline to be used in the planning process. The Budget Guideline categories are based on SIS score, age, and residential situation.

The assessment instrument used to measure individual support needs is the Supports Intensity Scale (SIS) assessment tool developed by the American Association on Intellectual Disabilities and Developmental Disabilities (AAIDD). The SIS is a valid, reliable instrument for assessing the level of an individual's support needs in major domains of daily living as well as behavioral and medical needs. The SIS has been in use by the original demonstration PIHP, Cardinal Innovations, for 6 years. Cardinal was a national norming site for the child version (for children below the age of 16) of the SIS. The SIS assessment is a requirement for continued participation in the waiver.

SIS Assessors are trained by AAiDD or by AAiDD certified trainers.

The SIS has been enhanced by supplemental questions that include four topics: community safety risk (convicted and not convicted), extreme self-injury risk, and extraordinary medical care (risk) for individuals whose supervision for those concerns requires 24 hour eyes on supervision. Individuals who are at high need/risk in these categories receive services within the top two budget categories.

The categories of need (Categories A-G) were adopted from work performed by other jurisdictions employing the SIS as the assessment instrument in resource allocation models. These categories were derived based on the SIS assessments, additional information concerning the participants' living arrangement (e.g., lives with family or resides in a community residential setting) and the amount of service expenditures for the individuals assessed.

The specific categories of need were derived in other jurisdictions by employing statistical techniques to identify SIS elements that were statistically significant in explaining differences in service expenditures. All waiver participants are assigned to an Individualized Budgeting category on either the Residential Support Individualized Budgeting Tool (for those individuals that require residential services) or the Non-Residential Individualized Budgeting Tool (for those individuals that do not require residential services).

The Individualized Budgeting Category divides the population by age into adults and children. Children are defined as less than 22 years of age and adults are defined as 22 years of age or over. Individuals under the age of 22 who have graduated from high school are considered as adults for the purpose of budgeting. As the SIS is not utilized for children under the age of five, children under 5 and their teams will plan for services utilizing the traditional person centered planning process.

The budget amount for each cell of the Individualized Budget Categories was developed based on an analysis of historical expenditures of the "Base Budget Services" for individuals participating in NC Innovations and the previous IDD waiver, guideline service packages, and the average rates paid by the PIHPs to providers.

The SIS tool is administered to all waiver participants (five years of age and older) at least every three years for adults and every two years for children.

Services Included in the Individualized Budgeting Categories:

Waiver services defined as "Base Budget Services" are included in the Individualized Budgeting Categories. "Base Budget Services" are:

1. Community Networking Services

- 2. Day Supports
- 3. Community Living and Support
- 4. Respite
- 5. Supported Employment

#### Not Base Budget Services:

- 1. Residential Supports
- 2. Supported Living
- 3. Assistive Technology Equipment and Supplies
- 2. Community Navigator (previously named Community Guide)
- 3. Community Transition Services
- 4. Crisis Services
- 5. Financial Support Services
- 6. Individual Goods and Services
- 7. Home Modifications
- 8. Natural Supports Education
- 9. Specialized Consultation Services
- 10. Vehicle Modifications

The services in "Base Budget" and the services not included in the "Base Budget" together may not total more than the waiver cost limit of \$135,000.

#### Individual Budget Guidelines:

The budget amounts in the Individualized Budgeting Categories are guidelines for the Base Budget services in a member's Individual Support Plan.

The Individualized Budgeting Tool and the SIS are tools that are used in the planning process. The individual has an assigned Base Budget Guideline, which is not a limit on the amount of services that can be requested/approved, but along with the SIS is used as information and as a guideline for base budget services. Services will be approved above the assigned Base Budget Guideline if the PIHP determines that services are medically necessary. If any of the services that are requested by the beneficiary are denied, then due process will be applied.

In developing the Individual Support Plan, the planning team will be guided by the person's support needs as identified in the SIS assessment, their age and their selection of living arrangement along with all other evidence. The planning team will include in the plan all services the individual/family/team believes to be medically necessary regardless of the individual budget guideline or SIS. All Individual Support Plans are reviewed by the PIHP Utilization Management Department for final determination and authorization of funding.

#### Adjustments to the Budget Limits:

The Budget amounts will be adjusted in future years to reflect the service component of the approved capitation rate paid for this waiver. In the event that the service component of the approved capitation rate paid for this waiver is less than or more than the weighted average of budget amounts (plus an allowance for services that are not included in "Base Budget Services"), all budget amounts will be uniformly adjusted on a percentage basis to meet the capitation rate. However, the level of services approved for any individual may not be reduced because of a change in capitation payments. The level services are approved, reduced or denied solely based on the needs of the beneficiary, based on all of the evidence in that case. The service component of the approved capitation rate is the total capitation rate less amounts for administration, risk, and services not included in the 1915(c) waiver.

In addition, the overall Individualized Budgeting Tool will be periodically evaluated to confirm that the underlying elements upon which they are based continue to be reliable predictors of necessary resources based on assessed support needs. In the event that the categories of need are modified as a result of this evaluation or based on experience, the State will submit a waiver amendment to CMS before implementation.

Availability of Methodology:

A description of the methodology used by the other jurisdictions to develop the categories of need algorithm is available to CMS upon request. The methodology for determining the Individualized Budgeting Tool is available for public review and inspection upon request from DHB.

Adjustments for Individual Circumstances:

The Care Coordinator can call an ISP review meeting in the event of an increased need for service by a waiver beneficiary. If the interdisciplinary team review determines a need for increased intensity of services, the PIHP Utilization Management Department or designee may approve an increase in intensity of services. Changes in services (within service definition limits) will not be time limited or temporary unless based on an expected change in the individual's needs. Temporary increases are for unplanned/unexpected circumstances that change the participant's support needs for a time-limited period.

If the interdisciplinary team determines that a waiver beneficiary has an extended need for an increased intensity of supports needs (beyond six months), this will be considered a permanent support needs change. If the individual changes living arrangement (from home to a community based residential facility or from a community based residential facility to home), this will move the beneficiary between the Non-Residential Individualized Budgeting Tool. Also, the participant with a change in needs may be re-assessed and, if supported by the results of a new SIS assessment, moved to a higher category of support need. However, no change in the budget category or living arrangement can be required in order to approve medically necessary increases in services. Services in excess of the Individual Budget will be approved if medically necessary without moving to a higher category of support need.

Whenever services are requested in the Individual Support Plan, the Care Coordinator will indicate in the ISP why the individual needs those services and supports. This justification should include information related to the behavioral, safety, health and/or welfare support needs of the individual. If a plan is submitted in excess of the individual's budget guideline, Utilization review will approve if the service is medically necessary for that individual and the request is otherwise approvable under the waiver.

Beneficiary Safeguards:

Medically necessary services in excess of the Individual Budget will be approved without moving to a higher category of support need.

Regardless of the base budget amount, the Care Coordinator will prepare justification for why the individual needs services and supports are necessary for the individual.

This justification may include information related to behavioral, safety, health and/or welfare support needs specific to the individual. As reported in Appendix B-2 Individual Cost Limit, the participant will be referred to an ICF-IID if their care cannot be met within the \$135,000 waiver cost limit.

Waiver beneficiaires are notified of their Individual Budget Guidelines through standardized letters issued by the applicable LME MCO.

Other Type of Limit. The state employs another type of limit.  Describe the limit and furnish the information specified above.

# **Appendix C: Participant Services**

# C-5: Home and Community-Based Settings

Explain how residential and non-residential settings in this waiver comply with federal HCB Settings requirements at 42 CFR 441.301(c)(4)-(5) and associated CMS guidance. Include:

- 1. Description of the settings and how they meet federal HCB Settings requirements, at the time of submission and in the future.
- **2.** Description of the means by which the state Medicaid agency ascertains that all waiver settings meet federal HCB Setting requirements, at the time of this submission and ongoing.

Note instructions at Module 1, Attachment #2, <u>HCB Settings Waiver Transition Plan</u> for description of settings that do not meet requirements at the time of submission. Do not duplicate that information here.

Please see Attachment #2, HCB Setting Waiver Transition Plan for a description of the current settings that do not meet requirements at the time of submission.

## Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (1 of 8)
State Participant-Centered Service Plan Title:
Individual Service Plan (ISP)
<b>a. Responsibility for Service Plan Development.</b> Per 42 CFR §441.301(b)(2), specify who is responsible for the development of the service plan and the qualifications of these individuals (select each that applies):
Registered nurse, licensed to practice in the state
Licensed practical or vocational nurse, acting within the scope of practice under state law
Licensed physician (M.D. or D.O)
Case Manager (qualifications specified in Appendix C-1/C-3)
Case Manager (qualifications not specified in Appendix C-1/C-3).  Specify qualifications:
Qualified professional as defined in North Carolina Administrative Code at 10A NCAC 27G .0104 A Qualified professional is equivalent to the federally defined qualified developmental disabilities professional.
Social Worker Specify qualifications:
Other Specify the individuals and their qualifications:

# Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (2 of 8)

- b. Service Plan Development Safeguards. Select one:
  - Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.

0	Entities and/or individuals that have responsibility for service plan development may provide other
	direct waiver services to the participant.

The state has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. *Specify*:

## Appendix D: Participant-Centered Planning and Service Delivery

## D-1: Service Plan Development (3 of 8)

**c.** Supporting the Participant in Service Plan Development. Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.

(a)A variety of person centered toolkits are available to gather information and enable the beneficiaries to share information with the ISP team. The participant can complete the toolkit with the assistance of the care coordinator or support providers as needed. Based on the unique needs of the beneficiary, a decision can be made to use one toolkit, multiple toolkits or none at all. The beneficiary may also utilize a Community Navigator to prepare for the ISP meeting or to develop a person centered plan to inform the ISP. More information can be found in the Community Navigator service definition.

(b) The beneficiary and care coordinator review the team composition to make sure that people the beneficiary would like to have at the meeting are invited. If the beneficiary has a legally responsible person, the care coordinator will ensure that the person is invited to the ISP meeting as well.

# Appendix D: Participant-Centered Planning and Service Delivery

# D-1: Service Plan Development (4 of 8)

**d. Service Plan Development Process.** In four pages or less, describe the process that is used to develop the participant-centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

Individual Support Plan (ISP):

ISP Essential Elements:

All current Individual Service Plans include the following Essential Elements and all Future individual Plans must include the following elements:

- A. My Choices and Supports: Where I choose to live, How I choose to spend my day, Supports I Need, My Preferences
  - B. My Support Needs: Medical Support Needs and Behavioral Health Support Needs
- C. When I may need Extra Help: Things that may start a Crisis, What you can do to help me avoid the Crisis, What to do to

get me out of a Crisis

- D. Crisis Planning: What A Crisis Looks Like for Me, Who to call, and How to Support Me Best
- E. My Action Plan (goals): Who Helps me, How and How Often (Service/frequency), Where I Am Now, Where, Target Date \*EveryService must have a goal.
  - F. Demographic Information and Data Elements
  - G. Risk Support Needs Assessment
  - H. ISP Approved Signature Page

Not all ISPs will look the same as beneficiaries on the Innovations Waiver have different needs, wants, and methods to tell their person centered story.

The timing of service plan is specific to the type of service plan (initial plan of care, annual updates, or revisions). The following outlines the type of service plan and the timelines associated with them:

Initial Plan of Care – Any person entering the NC Innovations Waiver must have an initial level of care determination completed prior to the start of the care planning process. Once the level of care determination is complete, the service plan must be completed within 60 calendar days. Once the initial plan of care is complete, the beneficiaries annual plan due date is identified. The Care Coordinator must send the completed ISP and all required documentation so that it is received by the PIHP no later than 60 days after the Level of Care approval date (the date that it is approved by the PIHP). If the ISP is not received within the time limit, a new PIHP Level of Care Eligibility Determination Form will have to be obtained and the approval process reinitiated. Individuals are moved onto the waiver and into services as quickly as possible. The dates outline in the waiver are the maximum allowable. If an interim plan is utilized, the plan must be updated as more information is gathered. This interim plan allows for services to begin immediately, if needed for emergency situations.

Annual Updates – Annual updates are due during the birth date month of the beneficiary. For example, the annual update for a participant with a birth date of May 5th would be due during the month of May. The effective date of the annual update is always the first of the month following the birth month. In the example illustrated above, the beneficiary's annual plan would have an effective date of June 1st. Individual Support Plans may not extend beyond 365 days.

Revisions to the Individual Support Plan – Revisions are made to the Individual Support Plan whenever the participant's life circumstances change. This may occur often or rarely, depending on the individual. This includes any change in the amount, duration or frequency of a service. A temporary, one time change in approved service does not require a plan revision. For example, if the participant goes on vacation and needs to suspend Supported Employment services for two weeks, a revision is not needed. The beneficiary's planning team may use common sense and discretion in applying this exception, and an explanation of the change must be documented in the individual's record. Revisions are also made to the Individual Support Plan when the cost of a service changes.

The Individual Support Plan (ISP) is updated at least annually, and revisions are made as often as necessary to reflect changes in the beneficiary's life circumstances or service needs. Revisions may be made frequently or rarely, depending on the participant and individual life circumstances. Examples of changes that may necessitate a revision include accomplishment of a goal, lack of progress on a goal, change in living arrangement, increased medical needs, change in employment status, change in educational status, increased or decreased supervision needs, behavioral changes, etc.

Relevant assessments are also updated at this time, as appropriate. For example, if the participant wants to change employment, a vocational assessment update may need to be completed.

Changes in short term goals and intervention strategies do not require an ISP update or revision.

Any member of the person centered planning team may suggest that the ISP be updated or revised. The Care Coordinator is responsible for monitoring the ISP, and reviews goals at a minimum frequency based on the target date assigned to each goal. Goals may be, and often are, reviewed more frequently based on the needs of the individual. The Care Coordinator also maintains close contact with the participant, the legally responsible person or parent or guardian (if applicable), providers, and other members of the person centered planning team, noting any recommended revisions needed. This ensures that changes are noted and updates are effectuated in a timely manner.

#### Care Coordination:

Each NC Innovations Waiver participant is assigned a Care Coordinator at the PIHP. Care Coordinators are Qualified Professionals under the North Carolina credentialing system and are competent in the person centered planning process. The Care Coordinator is responsible for facilitating the person centered planning process and is responsible for the preparation of the Individual Support Plan. Through the NC Innovations Risk/Support needs assessment the Care Coordinator will identify if individual is linked to a primary care professional. If the person is not linked to primary care, the Care Coordinator will assist the individual in obtaining a primary care provider. the The Care Coordinator determines with the beneficiary and/or the legally responsible person the degree to which the beneficiary and/or legally responsible person desires to lead the planning team and to identify its membership. The beneficiary may choose additional members for the person centered planning team. The Care Coordinator assists the beneficiary in scheduling the meeting and inviting team members to the meeting at a time and location that is desired by the beneficiary. Each team member receives a written invitation to the meeting.

#### ISP Development -

The ISP is developed through a person centered planning process led by the beneficiary and/or legally responsible person for the beneficiary to the extent they desire. Person--centered planning is about supporting beneficiaries to realize their own vision for their lives. Person-centered planning (and as a result the person centered plan) should address whole person care- physical and behavioral health needs as well as other needs such as housing, food stability, etc to improve health/life outcomes. It is a process of building effective and collaborative partnerships with participants and working in partnership with them to create a road map for the ISP for reaching the beneficiary's goals. The planning process is directed by the beneficiary and identifies strengths and capabilities, desires and support needs. A good ISP is a rich, meaningful tool for the beneficiary receiving supports, as well as those who provide the supports. It generates actions --positive steps that the beneficiary can take towards realizing a better, more complete life. Good plans also ensure that supports are delivered in a consistent, respectful manner and offer valuable insight into how to access the quality of services being provided. The PIHP's ISP Manual provides detailed information about how ISPs are developed. The member may also choose to access the Community Navigator service to prepare for his/her ISP or develop a Person Centered Plan to inform the ISP.

At the time the beneficiary enters the waiver, information is shared with the recipient regarding the NC Innovations waiver. The beneficiary's care coordinator is available to answer any questions that the beneficiary/family may have regarding available services. The care coordinator works with the beneficiary/family to develop the ISP. That care coordinator determines with the beneficiary and/or legally responsible person to what degree they desire to lead the planning team and to identify the membership of the team. In addition to the beneficiary, parents, legal guardians, and care coordinator, additional planning team members may include: support providers, family friends, acquaintances and other community members. The ISP is developed face to face with the waiver beneficiary and legally responsible person as clinically indicated. Face to face meetings are clinically indicated when the individual cannot participate fully in a planning meeting via teleconference due to hearing impairment or other communication challenges. Beneficiaries will continue to have the option for a face to face meeting versus a teleconference.

The initial ISP, with an authorized signature(s), is completed and submitted to the PIHP for approval no later than 60 days from the approval of the NC Innovations Level of Care tool. Annual plans, with an authorized signature(s), are developed to be effective the first day of the month following the Beneficiary's birth month.

#### Assessments-

A variety of assessments are completed to support the planning process including:

Person Centered Information: This involves identifying what is most important to the beneficiary from their perspective and the perspective of others that care about the beneficiary. It involves identifying the beneficiary's strengths, preferences and needs through both informal and formal assessment process. A variety of person centered tool kits are available to assist in getting to know the beneficiary. These toolkits include worksheets, workbooks and exercises that can be completed by the beneficiary, with the assistance of the care coordinator or other support persons as needed.

NC Innovations Risk/Support Needs Assessment: This assessment assists the beneficiary and the ISP team in identifying significant risks to the beneficiary's health, safety, financial security and the safety of others around them. In addition, this assessment identifies needed professional and material supports to ensure the beneficiary's health and safety. Risks identified in this assessment could bring great harm, result in hospitalization or result in incarceration if needed supports are not in place.

Information about Support Needs: This information assists in assuring that the beneficiary receives needed services, and at the same time, that beneficiaries do not receive services that are unnecessary, ineffective and/or do not effectively address the beneficiary's identified needs. This can include information from the Supports Intensity Scale (SIS), health/support assessment and/or other formal assessment of the beneficiary's support needs.

Additional Formal Evaluations: These are evaluations by professionals and can include physical therapy, occupational therapy, speech therapy, vocational, behavioral, developmental testing, physician recommendations, psychological testing, adaptive behavior scales or other evaluations as needed.

Self Direction Assessment: This is an assessment to determine what types of support the participant or legally responsible person needs to self-direct wavier services if self-directed services are requested.

Prior to the Person Centered Planning Meeting:

The care coordinator offers the beneficiary/legally responsible person information about Individual Family Supports. If the beneficiary/legally responsible person is interested in learning more about individual/family directed supports, the care coordinator arranges for them to receive additional training and information.

The care coordinator informs the beneficiary/legally responsible person of the beneficiary's individual budget amount and answers any questions regarding the budget. The care coordinator also provides the amount of the self-directed budget if the beneficiary/legally responsible person desires to self-direct one or more services.

The care coordinator supports the beneficiary to schedule the meeting and invite team members to the meeting at a time and location that is desirable for the beneficiary.

The Individual Support Planning Meeting:

The beneficiary and care coordinator review with the team all issues that were identified during the assessment processes. Information is presented in draft plan form. Information is organized in a way that allows the beneficiary to work with the team and have open discussion regarding issues to begin action planning.

The planning meeting also includes a discussion about monitoring the beneficiary's services, supports and health/safety issues. During the planning meeting decisions are made regarding team members responsibilities for service implementation and monitoring. While the care coordinator is responsible for overall monitoring of the ISP and the beneficiary's situation, other team members, including the beneficiary and community supports, may be assigned monitoring responsibilities.

Individual Support Plan Development:

A written ISP will be developed with each beneficiary utilizing a person centered planning process that reflects the needs and preferences of the beneficiary. Person centered planning is a means for people with disabilities to exercise choice and

responsibility in the development and implementation of their support plan. A good ISP generates actions, positive steps that the person can take towards realizing a better and more complete life. Good plans also ensure that supports are delivered in a consistent, respectful manner and offer valuable insight into how to assess the quality of services being provided. Plans draw upon diverse resources, mixing paid, natural and other non-paid supports, to best meet the goals set.

Individual support planning is defined as a process, directed by the planning team. The individual support planning process is developed for beneficiaries with long-term services and supports, intended to identify the strengths, capacities, preferences, needs and desired outcomes of the beneficiary. The process includes people, freely chosen by the family of the minor or adult beneficiary, who are able to serve as important contributors. The person centered planning process enables and assists the beneficiary to identify and access a personalized mix of non-paid and paid services that will assist him/her to achieve personally defined outcomes in the most inclusive community setting. The beneficiary identifies planning goals to achieve these personal outcomes in collaboration with those that the beneficiary has identified, including medical and professional staff. The identified personally defined outcomes and training, supports, therapies, treatments and other services the participant is to receive to achieve those outcomes become a part of the ISP.

The ISP is updated annually, however if the beneficiary's provider changes or needs change and requires services to be added, increased, decreased or terminated, a revision to the plan shall be completed and submitted to the PIHP utilization management for approval. The care coordinator reassesses each beneficiary's needs at least annually and develops an updated ISP based on that reassessment. The care coordinator will follow-up and resolve any issues related to the beneficiary's health, safety or service delivery. Unresolved issues will be brought to the attention of the PIHP and provider agency by the care coordinator to resolve these issues.

The care coordinator will provide information to waiver beneficiaries about their rights, protections and responsibilities, including the right to change providers. In the event the ISP developed results in denial of services, the care coordinator will inform the beneficiary of the right to request a fair hearing. The care coordinator will assist the beneficiary and the family through the Fair Hearing process. The care coordinator will inform the beneficiaries of grievance and complaint resolution processes. This information will be provided on an annual basis during the annual ISP process.

Also as part of the annual review, the care coordinator, in consultation with the beneficiary and the team, will identify the Most Integrated Setting appropriate in which to provide the individual for supports and services. If the Most Integrated Setting is not available, the care coordinator will document in the individual's file the supports and services needed to achieve the Most Integrated Setting, as well as the obstacles and barriers in achieving the Most Integrated Setting.

The ISP will describe the services and supports (regardless of funding source) to be furnished, their projected frequency, and type of provider who will furnish each service or support. A "When I May Need Extra Help" (Crisis Prevention Plan) is incorporated within the ISP. The "When I May Need Extra Help" includes supports/interventions aimed at preventing a crisis (proactive) and supports and interventions to employ if there is a crisis (reactive). A proactive plan aims to prevent crises from occurring by identifying health and safety risks and strategies to address them. A reactive plan aims to avoid diminished quality of life when crises occur by having a plan in place to respond. The planning team are to consider what the crisis may look like should it occur, to whom it will be considered a "crisis", and how to stay calm and to lend that strength to others in handling the situation capably. The "When I May Need Extra Help" Plan should include what positive skills the participant has which can be elicited and increased at times of crisis; how to implement redirection of energies towards exercising these skills that can prevent crisis escalation; how to implement positive behavioral supports that may be relied upon as a crisis response. The "When I May Need Extra Help" Plan is an active and living document that is to be used in the event of a crisis. After crisis, the participant and staff should meet to discuss how well the plan worked and make changes as indicated.

The ISP also includes other formal and informal services and supports that the beneficiary wants and/or needs. The ISP provides for supports and coordination for the beneficiary to access school based services, generic community resources and Medicaid state plan services. The Care Coordinator is responsible for linking the beneficiary to primary care. The care coordinator makes sure that the ISP contains a plan for coordinating services, including the care coordinator's responsibility for overall plan coordination of waiver and other services.

The ISP planning team will regularly discuss employment of relatives/guardians to provide waiver services when they live in the home of the waiver beneficiary to ensure that the waiver beneficiary has requested this staffing choice, that no barriers to full community membership and relationship building with non-family members occurs, that the staff

qualifications needed and unique training needs of the waiver beneficiary are met and that the role of relative/ legal guardian clearly encourages autonomy and skill building for independence in the community. Agreement of the participant in this arrangement if approved by the PIHP and any identified barriers that need to be addressed will be documented in the ISP.

The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. Care coordinators will work with participants to identify potential sources of services and support; paid and non paid natural supports within their catchment areas. Also, the PIHP will ensure that beneficiaries eligible for Medicaid will have freedom of choice of qualified providers. The process for review and approval/authorization of beneficiary ISPs is a primary function of the PIHP.

All initial/annual/plan updates require an authorized signature(s) and will be signed by providers who are providing services per the ISP.

### Plan Approval:

The ISP approval process by the PIHP verifies that there is a proper match between the beneficiary's needs and the service provided. Once the ISP is approved and services are authorized, the care coordinator notifies the beneficiary/legally responsible person of the approval, the services that will be provided and the start date of services. The beneficiary/legally responsible person is given a copy of the approved ISP and individual budget, including crisis plan as applicable.

The care coordinators developing the plan are employees of the PIHP in a separate unit from the individuals authorizing the plan. The care coordinator may not exercise prior authorization authority over the individual support plan.

The PIHP will not approve an ISP that exceeds the limitations in any individual service definition, for the sets of services found at C-4. or the individual's service budget.

Updates/Changes to the ISP:

The care coordinator works with the participant and the team to ensure that the ISP is updated with current and relevant information. Timely updates to the ISP help maintain the integrity of the plan by ensuring those changes are communicated and documented consistently. The ISP is updated/revised by adding a new demographic page and/or using the update to ISP. When the update to the ISP involves a change in the budget, the individual budget page is also updated. Examples of updates/revisions include adding an outcome, addressing needs related to the back-up staffing plan and adding new information when the beneficiary's needs change.

#### Implementation -

The responsibility for implement the Individual Service Plan (ISP) is shared among all members of the person centered planning team. The beneficiary directs the planning process to the extent he/she desires, and works to reach the goals identified in the ISP. Service providers are responsible for developing intervention strategies and monitoring progress at the service delivery level. The service provider ensures that staff are appropriately qualified and trained to deliver the interventions necessary to support the accomplishment of goals. The provider is also responsible for clinical supervision of staff. Other team members are responsible to the extent identified in the ISP. The Care Coordinator is ultimately responsible for monitoring and overseeing the implementation of the ISP. The Care Coordinator monitors the provision of services through observation of service provision, review of documentation and verbal reports. The Care Coordinator maintains close contact with members of the person centered planning team to ensure that the ISP is implemented as intended.

# Appendix D: Participant-Centered Planning and Service Delivery

## D-1: Service Plan Development (5 of 8)

**e. Risk Assessment and Mitigation.** Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

The NC Innovations Risk/ Support Needs Assessment or other DHHS approved Assessment is completed prior to the development of the ISP and updated as significant changes occur with the beneficiary at least annually. The care coordinator works with the beneficiary, family and other team members to complete the assessment.

- 1. The NC Innovations Risk/Support needs assessment includes: health and wellness screening to include the primary care physician to act as the locus of coordination for all health care issues, medication management, nutrition, preventive screenings, as appropriate, and any relevant information obtained from other supports needs assessments.
- 2. Risk screening to include behavioral supports, potential mental health issues, personal safety and environmental community risk issues.

Support needs and potential risks that are identified during the assessment process are addressed in the ISP, which includes a crisis plan as applicable. Strategies to mitigate the risk reflect beneficiary needs and include consideration of the beneficiary preferences. Strategies to mitigate risk may include the use of risk agreements.

The ISP states how risks will be monitored and by whom, including the paid providers, natural and community supports, participants and their family and the care coordinator.

A backup staffing plan is included in the ISP and designed to meet the needs of beneficiaries to make sure that their health and safety is ensured. It outlines who (whether natural or paid) is available, contact numbers, at least two levels of backup staffing are identified for each waiver service provided.

## Appendix D: Participant-Centered Planning and Service Delivery

## D-1: Service Plan Development (6 of 8)

**f. Informed Choice of Providers.** Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

The care coordinator, following the PIHP policy, assists the beneficiary/legally responsible person in choosing a qualified provider to implement each service in the ISP. The care coordinator meets with the beneficiary/legally responsible person and provides them with a provider listing of each qualified provider within the PIHP provider network and encourages the individual/legally responsible person to select providers that they would like to meet to obtain further information. The care coordinator provides any additional information that may be helpful in assisting them to choose a provider. Arranging provider interviews is facilitated by the care coordinator on behalf of the participant. Once the beneficiary has selected a provider, their choice of provider is documented in the service record.

# Appendix D: Participant-Centered Planning and Service Delivery

## D-1: Service Plan Development (7 of 8)

g. Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

The PIHP approves ISPs following a process approved by the DHB, the State Medicaid agency. The care coordinators developing the plan are employed by the PIHP in a separate unit from the individuals authorizing the plan. ISP approval occurs locally at the PIHP. DHB authorizes the PIHP to approve ISPs through routine monitoring of the plan of care approval process. A percentage of child and adult ISP's are reviewed by DHB staff during the External Quality Review (EQR) process. The EQR vendor selects 10 files from members on the NC Innovations waiver during each review. The EQR vender also completes interviews with the care coordination unit. On a routine basis, DHB staff review performance measures related to ISPs. DHB may revoke approval authority if it determines that the PIHP is not in compliance with the waiver requirements. In the case of a revocation, the plan of care approval would be carried out by DHB or DHB designee.

<b>Service Plan Review and Update.</b> The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the review and update of the service plan:
O Every three months or more frequently when necessary
O Every six months or more frequently when necessary
• Every twelve months or more frequently when necessary
Other schedule
Specify the other schedule:
<b>Maintenance of Service Plan Forms.</b> Written copies or electronic facsimiles of service plans are maintained for a minimum period of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following <i>(check each tha applies):</i>
☐ Medicaid agency
Operating agency
X Case manager
<b>⊠</b> Other
Specify:
PIHP

# Appendix D: Participant-Centered Planning and Service Delivery

# D-2: Service Plan Implementation and Monitoring

**a. Service Plan Implementation and Monitoring.** Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.

The PIHP care coordinator is responsible for monitoring the implementation of the ISP. Services are implemented within 45 days of ISP approval. The care coordinator is responsible for the monitoring of activities. Monitoring will take place in all service settings and on a schedule outlined in the ISP.

Monitoring methods also include contacts (face-to-face and telephone calls) with other members of the ISP team and review of service documentation. A standard monitoring checklist is used to ensure that the following issues are monitored:

- (1) Verification that services are provided as outlined in the ISP
- (2) Beneficiaries have access to services and identification of any problems that may arise
- (3) The services meet the needs of the beneficiaries, that the back-up staffing plans are documented
- (4) Issues of health and welfare (rights restrictions, medical care, abuse/neglect/exploitation, behavior support plan) are addressed and that beneficiaries are offered a free choice of providers and that non-waiver services needs have been addressed

Care coordinator monitoring occurs monthly to include the following:

- (1) Beneficiaries that are new to the waiver receive face-to-face visits for the first six months and then on a schedule agreed to by the ISP team thereafter, no less than quarterly, to meet their health and safety needs.
- (2) Beneficiaries whose services are provided by guardians and relatives living in the home of the beneficiary receive monthly face-to-face monitoring visits.
- (3) Beneficiaries who live in residential programs receive face-to-face monitoring visits monthly.
- (4) Beneficiaries who choose the individual family directed service option receive face-to-face monitoring visits monthly.
- (5) For months that beneficiaries do not receive face-to-face monitoring, the care coordinator has telephone contact to ensure that there are no issues that need to be addressed.
- (6) At least one service is utilized monthly, per waiver eligibility requirements.
- (7) That services utilized do not exceed authorization. If there is an emergency, the care coordinator should ensure that enrollee needs are met and ensure that any updates to the LOC and ISP, based upon the changes in needs of the individual, are processed in a timely manner.

Follow-Up and Remediation is addressed by the state through:

Service Plan monitoring occurs through the collection and review of performance measures. The External Quality Review process also looks at a sample of service plans to ensure that service plans are being revised as needed and members needs are being addressed. Furthermore, the EQR validates the following performance measures:

Proportion of Individual Support Plans in which the services and supports reflect participant assessed needs and life goals Proportion of Individual Support Plans that address identified health and safety risk factors

Percentage of participants reporting that their Individual Support Plan has the services that they need

Proportion of individuals for whom an annual plan and/or needed update took place

Proportion of new waiver participants who are receiving services according to their ISP within 45 days of ISP approval.

Proportion of participants who are receiving services in the type, scope, amount, and frequency as specified in the Individual Support Plan

Proportion of PCPs that are completed in accordance with DMA requirements.

Proportion of records that contain a signed freedom of choice statement

Proportion of participants reporting their Care Coordinator helps them to know what waiver services are available

## b. Monitoring Safeguards. Select one:

- Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.
- Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant.

The state has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:* 

Application for 1915	5(c) HCBS Waiver: NC.0423	s.R03.00 - Jul 01, 2019		Page 194 of 307
Appendix D: Pa	articipant-Centered Pl	anning and Service I	Delivery	
Quali	ity Improvement: Serv	rice Plan		
As a distinct component to the discover	ent of the States quality improvy and remediation.	vement strategy, provide infor	rmation in the following fields	s to detail the States
a. Methods for	Discovery: Service Plan Assu	rance/Sub-assurances		
The state den for waiver pa	nonstrates it has designed and rticipants.	implemented an effective sy	stem for reviewing the adequ	acy of service plans
i. Sub-A	Assurances:			
а	. Sub-assurance: Service plan factors) and personal goals,			
	Performance Measures			
	For each performance measu sub-assurance), complete the		_	
	For each performance measurantlyze and assess progress to method by which each source identified or conclusions draw	toward the performance mean of data is analyzed statistica	sure. In this section provide in ally/deductively or inductively	nformation on the c, how themes are
	Performance Measure: Percentage of beneficiaries services that they need Nun that the ISP contains the se number of Individual Supp	nerator: Number of C Wai rvices and supports they no	ver beneficiaries who indica eed Denominator: Total	te
	Data Source (Select one): Other If 'Other' is selected, specify Signed individual support			
	Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
	State Medicaid Agency	□ Weekly	□ 100% Review	
	Operating Agency	☐ Monthly	Eess than 100% Review	
	☐ Sub-State Entity	Quarterly	⊠ Representative	

Sample

Confidence Interval =

			10 and confidence level of 95%
Other Specify: PIHPs	⊠ Annual	ly	Stratified Describe Group:
	□ Continu Ongoin	-	Other Specify:
	Other Specify:	:	
Data Aggregation and Ana Responsible Party for data aggregation and analysis ( that applies):	ı		data aggregation and k each that applies):
State Medicaid Agenc	ey	□ Weekly	
Operating Agency		☐ Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify: PIHPs		X Annuall	<b>y</b>
		☐ Continu	ously and Ongoing
		Other Specify:	

**Performance Measure:** 

Proportion of Individual Support Plans that address identified health and safety risk

factors Numerator: Number of Individual Support Plans for C waiver beneficiaries that address strategies to address health and safety risks Denominator: Total number of Individual Support Plans for C waiver beneficiaries

Data Source (Select one):
Other
If 'Other' is selected, specify:
Signed individual support plan

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
Sub-State Entity  Other Specify:  PIHPs	☐ Quarterly ☐ Annually	Representative Sample Confidence Interval =  10 and confidence level of 95%  Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify: Semi-annually	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	□ Weekly

Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):		
Operating Agency		☐ Monthly	7	
☐ Sub-State Entity		Quarterly		
Other Specify: PIHPs		□ Annuall	у	
		☐ Continu	ously and Ongoing	
		Other Specify:		
		Semi-an	nually	
C waiver beneficiaries"  Data Source (Select one): Other If 'Other' is selected, specify Signed individual support	plan r			
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly		□ 100% Review	
Operating Agency	□ Monthly		Less than 100% Review	
☐ Sub-State Entity	□ Quarte	rly	Representative Sample Confidence Interval =  10 and confidence level of 95%	
Other Specify:	× Annual	ly	Stratified Describe Group:	

	Continu Ongoin	uously and g	Other Specify:
	Other Specify	:	
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	ı		data aggregation and k each that applies):
State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	,
Sub-State Entity		Quarter	ly
Other Specify: PIHPs		⊠ Annuall;	y
THIS			
		☐ Continu	ously and Ongoing
		Other Specify:	

b. Sub-assurance: The State monitors service plan development in accordance with its policies and procedures.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to

analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participants needs.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Proportion of individuals whose annual plan was was revised or updated Numerator: Number of waiver beneficiaries whose Individual Support Plans were revised or updated Denominator: The total number of waiver beneficiaries in the sample.

Data Source (Select one):

Other

If 'Other' is selected, specify:

**Case Record Review Spreadsheets** 

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	☐ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHPs	☐ Annually	Stratified Describe Group:
	☐ Continuously and	Other

	Ongoin	g	Specify:
	⊠ Other		
	Specify:	:	
	Semi-ar	nnually	
Oata Aggregation and Ana	_ <del>-</del>	T	
Responsible Party for dat			f data aggregation and
aggregation and analysis ( that applies):	спеск еасп	anaiysis(cnec	ck each that applies):
State Medicaid Agen	ev	☐ Weekly	
Operating Agency		☐ Monthly	v
Sub-State Entity	_	Quarterly	
<u> </u>			
Other Specify:			
Specify.		Annuall	lv
PIHPs			•
		☐ Continu	ously and Ongoing
		⊠ Other	
		Specify:	
		,	
		Semi-ar	nnually
Performance Measure:			
			ok place. Numerator: Number
vaiver beneficiaries for wi of waiver beneficiaries req		_	ce Denominator: Total numb
	<b></b>		
Data Source (Select one):			
Other			
f 'Other' is selected, specify			
Case Record Review Spre	adsheets		
Responsible Party for	Frequency o		Sampling Approach
data	collection/ge		(check each that applies):
collection/generation (check each that applies):	(спеск еасп 1	that applies):	
	<del>├</del> ─		
☐ State Medicaid	☐ Weekly	•	☐ 100% Review
Agency	1		1

Operating Agency	☐ Monthly		⊠ Less than 100% Review	
□ Sub-State Entity	□ Quartei	rly	Representative Sample Confidence Interval =  confidence interval of 10 and confidence level of 95%	
Other Specify: PIHP	☐ Annually		Stratified Describe Group:	
	Continu Ongoin	ously and	Other Specify:	
	Other Specify:  Semi-annually			
Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (attact applies):			data aggregation and k each that applies):	
State Medicaid Agenc	e <b>y</b>	□ Weekly		
Operating Agency		☐ Monthly		
☐ Sub-State Entity		☐ Quarterly		
Other Specify:  PIHP		□ Annuall	y	
		☐ Continu	ously and Ongoing	
		Other Specify:		

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
	Semi-annually	

## **Performance Measure:**

Number and Percentage of waiver participants whose Individual Support Plans were revised, as applicable, by the Care Coordinator to address their changing needs. Percentage = Number of participants' Individual Support Plans that were revised, as applicable/ total number of waiver participants in the sample who required a revised ISP due to changing needs

**Data Source** (Select one): **Other** If 'Other' is selected, specify: **Individual Record Review** 

Illulvidual Record Review		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	⊠ Monthly	Less than 100% Review
Sub-State Entity  Other Specify:	☐ Quarterly ☐ Annually	Representative Sample Confidence Interval =  +/- 5%  Stratified Describe Group:
LME/MCO		
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Frequency of data aggregation and analysis(check each that applies):	
□ Weekly	
⊠ Monthly	
Ouarterly	
☐ Annually	
☐ Continuously and Ongoing	
Other Specify:	

d. Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Proportion of beneficiaries who are receiving services in the type, scope, amount, and frequency as specified in the Individual Support Plan Numerator: Number of C waiver beneficiaries reviewed who received services in the type, scope and frequency listed in the ISP Denominator: Total number of C waiver beneficiaries reviewed

**Data Source** (Select one):

Other

If 'Other' is selected, specify:

**Case Record Review Spreadsheets** 

Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthly	y	Less than 100% Review
Sub-State Entity	<b>⊠</b> Quarterly		Representative Sample Confidence Interval =
Other Specify: PIHPs	☐ Annually		Stratified Describe Group:
	☐ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each that applies):  Frequency of data aggregation and analysis (check each that applies):			
State Medicaid Agency		□ Weekly	
☐ Operating Agency ☐ Sub-State Entity		☐ Monthly Quarter	
Other Specify:		☐ Annually	

Responsible Party for data		Frequency of data aggregation and		
aggregation and analysis (check each that applies):			k each that applies):	
PIHPs				
		□ Continu	ously and Ongoing	
		Other Specify:		
within 45 days of ISP appr	oval Numerat approval of th	tor: # of new C	ces according to their ISP C waiver Beneficiaries who go nator: Total # of initial ISP's	
Data Source (Select one): Other If 'Other' is selected, specify Date of plan approval and		on first claim		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each a		Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly	7	⊠ 100% Review	
Operating Agency	☐ Monthl	y	Less than 100% Review	
☐ Sub-State Entity	□ Quarte	rly	Representative Sample Confidence Interval =	
Other Specify: PIHPs	⊠ Annual	lly	Stratified Describe Group:	
	Continu Ongoin	uously and g	Other Specify:	

l l	ther pecify:
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check eathat applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify: PIHPs	<b>⊠</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

e. Sub-assurance: Participants are afforded choice: Between/among waiver services and providers.

## **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Proportion of records that contain a signed freedom of choice statement Numerator: Total number of Individual Support Plans for C waiver beneficiaries where freedom

# of choice statement is signed Denominator: Total number of Individual Support Plans for C waiver beneficiaries Annually

Data Source (Select one):
Other
If 'Other' is selected, specify:
Freedom of Choice signature on the ISP

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly	☐ 100% Review	
Operating Agency	☐ Monthly	Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =  confidence interval of 10 and confidence level of 95%	
Other Specify: PIHPs	Annually	Stratified Describe Group:	
	☐ Continuously and Ongoing	Other Specify:	
	Other Specify:		

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (a that applies):			f data aggregation and k each that applies):
State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		☐ Quarter	ly
Other Specify: PIHPs		× Annuall	y
		Continu	ously and Ongoing
		Other Specify:	
for C waiver beneficiaries t	ailable Nume hat indicate t ilable Denom aries	erator: Numbe he Care Coor inator: Total	er of Individual Support Plans dinator helps the beneficiary number of Individual Support
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	f data neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	□ Quarter	rly	Representative Sample Confidence Interval =

Other Specify: PIHPs	<b>⊠</b> Annually		Stratified Describe Group:
	☐ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	<u> </u>		data aggregation and k each that applies):
☐ State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify: PIHPs		X Annuall	y
			ously and Ongoing
		Other Specify:	

**Performance Measure:** 

Proportion of beneficiaries reporting they have a choice between providers Numerator: Number of Individual Support Plans for C waiver beneficiaries that indicate the beneficiaries were given a choice of providers Denominator: Total number of Individual Support Plans for C waiver beneficiaries Annually

## Other

If 'Other' is selected, specify:

Freedom of Choice signature on ISP

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):		
State Medicaid Agency	□ Weekly		X 100% Review		
Operating Agency	☐ Monthly		Less than 100% Review		
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =		
Other Specify:  PIHPs	⊠ Annually		Stratified Describe Group:		
	☐ Continuously and Ongoing		Other Specify:		
	Other Specify:				
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each that applies):  Frequency of data aggregation and analysis (check each that applies):					
State Medicaid Agenc	y	☐ Weekly			
Operating Agency		Monthly			
☐ Sub-State Entity		Quarter	☐ Quarterly		

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
Other Specify:  PIHPs	<b>⊠</b> Annually	
	Continuously and Ongoing	
	Other Specify:	

**ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

The PIHP reviews service plan development via care coordination and in Utilization Management (UM). Utilization Management ensures that all service plan elements are present. During the annual EQRO review, which consists of CCME as well as DHB and DMH staff, state Subject Matter Experts in I/DD services utilize a standard review tool to review the PIHP's monitoring process to ensure that the PIHP is indeed monitoring service plan development. A sample of plans is reviewed at this time.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The PIHPs will address and correct problems identified on a case-by-case basis and include the information in reporta to DHB and the Intra-departmental Monitoring Team. DHB may require a corrective action plan if the problems identified appear to require a change in the PIHP's processes for developing, implementing and monitoring service plans. DHB monitors the corrective action plan with the assistance of the Intra-Departmental Monitoring Team.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
State Medicaid Agency	□ <sub>Weekly</sub>	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	Quarterly	
Other Specify:	⊠ Annually	

Continuously and Ongoing
Other Specify:
ality Improvement Strategy in place, provide timelines to design assurance of Service Plans that are currently non-operational.
ervice Plans, the specific timeline for implementing identified ration.
e

# **Appendix E: Participant Direction of Services**

**Applicability** (from Application Section 3, Components of the Waiver Request):

- Yes. This waiver provides participant direction opportunities. Complete the remainder of the Appendix.
- O No. This waiver does not provide participant direction opportunities. Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction.

**Indicate whether Independence Plus designation is requested** (select one):

- O Yes. The state requests that this waiver be considered for Independence Plus designation.
- No. Independence Plus designation is not requested.

## **Appendix E: Participant Direction of Services**

**E-1: Overview (1 of 13)** 

a. Description of Participant Direction. In no more than two pages, provide an overview of the opportunities for participant direction in the waiver, including: (a) the nature of the opportunities afforded to participants; (b) how participants may take advantage of these opportunities; (c) the entities that support individuals who direct their services and the supports that they provide; and, (d) other relevant information about the waiver's approach to participant direction.

The NC Innovations waiver offers beneficiaries both agency directed and participant directed supports options. Participant directed services are known as individual and family directed services. The NC Innovations waiver provides the opportunity for beneficiaries, or the legally responsible person for that beneficiary, to be the employer of record. The PIHP also covers Agency with Choice models of participant directed services.

All waiver beneficiaries are offered the opportunity to direct one or more of the following services: community networking services; community living and supports, individual goods and services; natural support education; respite services; and supported employment services. The participant may direct one or all of these services, and may receive additional provider directed services that the beneficiary does not choose to self-direct.

Beneficiaries are offered an opportunity to receive an orientation to individual and family directed supports meeting from the Community Navigator at the time of the initial or annual plan. The orientation consists of information presented by the Community Navigator. The community navigator is a provider that assists beneficiaries in locating and coordinating community resources and with direct assistance in participant direction activities. The care coordinator includes Community Navigator services in the ISP as directed by beneficiaries.

When a beneficiary and/or legally responsible person expresses interest in directing services, they receive training from a Community Navigator. The Community Navigator also provides the beneficiary/legally responsible person with a copy of an employer handbook and other educational materials. The training and educational materials provide sufficient information to ensure that the beneficiary and/or legally responsible person make informed choices about the degree they wish to self-direct services.

After the training, the beneficiary and/or legally responsible person meets with a care coordinator. The employer of record or managing employer is identified. The employer of record or managing employer is the beneficiary, the parent of a minor beneficiary or the guardian of the beneficiary. If a representative is desired or needed to assist in directing services, the care coordinator assists in the appointment of the representative. The care coordinator assesses the employer of record, managing employer, and representative, if applicable, to determine the areas of support needed to self-direct services. Standard assessment tools are used with each employer, managing employer and/or representative. The Employer of Record may not be an LLC.

The beneficiary and/or legally responsible person direct the care coordinator to add the requested model of individual and family directed supports, either employer of record or agency with choice, to the ISP and select the services that are to be self-directed. Services are directed to the extent that the beneficiary and/or legally responsible person desire.

The beneficiary, legally responsible person, and care coordinator work collaboratively to include supports for self-direction in the ISP that may include additional community navigator services. The beneficiary and legally responsible person also choose either a financial supports agency or agency with choice, depending on the model of individual and family directed supports elected. The completed ISP is submitted to the PIHP for approval. Emergency and back-up staffing plans are included.

Once the ISP is approved, a referral is made to a financial supports agency for beneficiaries who have elected the employer of record model. The financial supports agency assists by assuring that services are managed and funds distributed as needed. The financial supports agency also assists with required paperwork that is submitted to the Internal and State Revenue Services, and facilitates the employment of support staff. The employer of record screens, hires, and trains staff. The employer of record manages the individual and family directed (participant-directed) budget by setting employee pay rates and benefits through the use of a computer based auto calculator. Community Navigators are able to assist employers who do not have access to computers with the auto calculator and other web-based resources. The employer of record provides the supervision of the staff in lieu of supervision that would normally be provided by a qualified professional in a provider directed employment arrangement. If necessary, the employer dismisses employees. The Community Navigator will be mandated until the Employer of Record can demonstrate competency in all employer functions.

For beneficiaries who elect the agency with choice model, a referral is made to an agency with choice. The agency with choice serves as the common law employer for employees providing services to the beneficiary. The managing employer screens, interviews and recommends applicants for hire. Managing employers and the agency with choice jointly ensure that employees are trained. The managing employer provides supervision of staff with oversight by a qualified professional employed by the agency with choice. If necessary, the managing employer dismisses or recommends dismissal of employees.

In both models, agreements with the PIHP, the financial supports agency, agency with choice and employees outline responsibilities of all parties in the individual and family directed support option. Community Navigator assist the employer or managing employer with employer duties and responsibilities as requested or needed. Beneficiaries in either model of individual and family directed supports have access to individual goods and services when employees begin to provide at least one service to the beneficiary.

The PIHP provides ongoing support for individual and family directed supports by maintaining a website with

information about individual and family directed supports. The PIHP also arrange periodic meetings for employers and managing employers that provide opportunities for meetings with key support agencies, including care coordinators, community navigators, agencies with choice and financial supports agencies.

The PIHP monitors Employers of Record annually and provides any needed technical assistance to comply with Individual Family Directed policies and processes. Community Navigator agencies, Financial Supports Agencies, and Agencies with Choice are monitored at least once every three years at a frequency determined by THE PIHP. Beneficiaries in individual and family directed supports may elect to return to provider directed services at any time by informing the care coordinator. The PIHP may remove a beneficiary from individual and family supports, after consultation with the DHB, in instances when the participant's health and safety are compromised, or after an employer or managing employer has made the same major mistake three different times in one year. The two major mistake includes the inability to implement the Individual Support Plan and/or the inability to comply with NC Innovations requirements. The LME-PIHP must make reasonable efforts to provide the beneficiary with technical assistance and/or support prior to terminating the Participant Directed Option. The rationale is that each beneficiary should be given every opportunity to be successful in the Participant Directed Service option should he/she desire to participate.

Termination of the Participant Directed Option will occur immediately in the following circumstances: the individual's health and/or safety are compromised, misuse of Innovations Waiver funds, suspected fraud or abuse of funds, no approved representative when one is required, refusal to accept required Community Navigator services, refusal to allow Care Coordination monitoring, and refusal to participate in PHIP, State, or federal monitoring.

## **Appendix E: Participant Direction of Services**

## **E-1: Overview (2 of 13)**

- **b. Participant Direction Opportunities.** Specify the participant direction opportunities that are available in the waiver. *Select one*:
  - O Participant: Employer Authority. As specified in *Appendix E-2, Item a*, the participant (or the participant's representative) has decision-making authority over workers who provide waiver services. The participant may function as the common law employer or the co-employer of workers. Supports and protections are available for participants who exercise this authority.
  - O Participant: Budget Authority. As specified in *Appendix E-2, Item b*, the participant (or the participant's representative) has decision-making authority over a budget for waiver services. Supports and protections are available for participants who have authority over a budget.
  - **Both Authorities.** The waiver provides for both participant direction opportunities as specified in *Appendix E-2*. Supports and protections are available for participants who exercise these authorities.
- c. Availability of Participant Direction by Type of Living Arrangement. Check each that applies:
  - Participant direction opportunities are available to participants who live in their own private residence or the home of a family member.
  - Participant direction opportunities are available to individuals who reside in other living arrangements where services (regardless of funding source) are furnished to fewer than four persons unrelated to the proprietor.
  - The participant direction opportunities are available to persons in the following other living arrangements

Specify these living arrangements:

Beneficiaries that live in facilities larger than three beds have the option to direct their community networking and supported employment services.

# **Appendix E: Participant Direction of Services**

**E-1: Overview (3 of 13)** 

**d. Election of Participant Direction.** Election of participant direction is subject to the following policy (select one):

0	Waiver is designed to support only individuals who want to direct their services.
	The waiver is designed to afford every participant (or the participant's representative) the opportunity to elect to direct waiver services. Alternate service delivery methods are available for participants who decide not to direct their services.
:	The waiver is designed to offer participants (or their representatives) the opportunity to direct some or all of their services, subject to the following criteria specified by the state. Alternate service delivery methods are available for participants who decide not to direct their services or do not meet the criteria.
Specij	fy the criteria

# **Appendix E: Participant Direction of Services**

**E-1: Overview (4 of 13)** 

e. Information Furnished to Participant. Specify: (a) the information about participant direction opportunities (e.g., the benefits of participant direction, participant responsibilities, and potential liabilities) that is provided to the participant (or the participant's representative) to inform decision-making concerning the election of participant direction; (b) the entity or entities responsible for furnishing this information; and, (c) how and when this information is provided on a timely basis.

General orientation on the two models of the individual/family directed supports option, employer of record and agency with choice is provided to all waiver beneficiaries when they enter the waiver and annually as part of the development of their ISP by the care coordinator.

If the beneficiary/legally responsible person is interested in electing one of the individual/family directed models, they will receive training on the roles and responsibilities, and the advantages and potential liabilities of participation in the option and each model. The Community Navigator Agency is responsible for training and provision of educational materials to include the employer handbook and resource materials at the time of training. If the participant has chosen one of the two models of individual/family directed supports, they will receive ongoing training per specified areas in their ISP.

# **Appendix E: Participant Direction of Services**

E-1: Overview (5 of 13)

- **f. Participant Direction by a Representative.** Specify the state's policy concerning the direction of waiver services by a representative (select one):
  - O The state does not provide for the direction of waiver services by a representative.
  - The state provides for the direction of waiver services by representatives.

Specify the representatives who may direct waiver services: (check each that applies):

- **⊠** Waiver services may be directed by a legal representative of the participant.
- Waiver services may be directed by a non-legal representative freely chosen by an adult participant. Specify the policies that apply regarding the direction of waiver services by participant-appointed representatives, including safeguards to ensure that the representative functions in the best interest of the participant:

In the Participant Directed Services option, called Individual and Family Directed Supports, the parent of minor beneficiary or legal guardian is designated as the Managing Employer. If the Managing Employer desires assistance, a representative is chosen. If the Managing Employer requires assistance, a representative is appointed. In either scenario, the representative must meet certain guidelines to ensure that the representative functions in the best interests of the beneficiary. The representative may be a family member, friend, someone who has power of attorney, income payee, or another person who willingly accepts responsibility for performing tasks that the Managing Employer is unable to perform and must be at least 18 years old. The representative must be committed to follow the beneficiary's needs and preferences while using sound judgment to act on the beneficiary's behalf. The representative may not be paid to be the representative or to provide any other service to the participant, with the exception of guardianship services.

If a representative is identified, the representative will be asked to sign the "Representative Agreement". This agreement outlines the requirements and expectations of the representative in the IFDS option and explains that the representative may be removed for not complying with the agreement. The representative receives training from the LME-PIPH in the IFDS option.

The Care Coordinator monitors the delivery of services monthly and reports any concerns regarding the representative to the LME-PIHP. In addition, any concerns about the well-being of a participant may be reported to the LME-PIHP by any party at any time.

Additionally, the Managing Employer cannot be employed to provide services to the beneficiary.

The representative must meet the following requirements:

- 1. Demonstrate knowledge and understanding of the beneficiary's needs and preferences and respect these preferences
- 2. Demonstrate evidence of a personal commitment to the beneficiary and be willing to follow the individual's wishes while using sound judgment to act on the beneficiary's behalf
- 3. Agree to a predetermined level of contact with the beneficiary
- 4. Be at least 18 years of age
- 5. Be willing and able to comply with program requirements and be approved by the participant or his/her legal representative to act in this capacity

The representative may not:

- 1. Be paid for being the representative
- 2. Provide paid services to the beneficiary, including employees of agencies providing services, with the exception of guardianship services
- 3. Have a history of physical, mental or financial abuse

# **Appendix E: Participant Direction of Services**

**E-1: Overview (6 of 13)** 

**g. Participant-Directed Services.** Specify the participant direction opportunity (or opportunities) available for each waiver service that is specified as participant-directed in Appendix C-1/C-3.

Waiver Service	Employer Authority	Budget Authority
Supported Living - Periodic	X	×
Respite	X	X
Supported Living	X	X
Supported Employment	X	X
Individual Goods and Services	X	X
Community Living and Support	X	X

Waiver Service	Employer Authority	Budget Authority
Community Networking	X	X
Natural Supports Education	X	X

### **Appendix E: Participant Direction of Services**

E-1: Overview (7 of 13)

- h. Financial Management Services. Except in certain circumstances, financial management services are mandatory and integral to participant direction. A governmental entity and/or another third-party entity must perform necessary financial transactions on behalf of the waiver participant. *Select one*:
  - **O** Yes. Financial Management Services are furnished through a third party entity. (Complete item E-1-i).

Specify whether governmental and/or private entities furnish these services. Check each that applies:

☐ Governmental entities

**Private entities** 

O No. Financial Management Services are not furnished. Standard Medicaid payment mechanisms are used. Do not complete Item E-1-i.

#### **Appendix E: Participant Direction of Services**

**E-1: Overview (8 of 13)** 

- **i. Provision of Financial Management Services.** Financial management services (FMS) may be furnished as a waiver service or as an administrative activity. *Select one*:
  - FMS are covered as the waiver service specified in Appendix C-1/C-3

#### The waiver service entitled:

Financial Support Services

 $\circ$  FMS are provided as an administrative activity.

#### Provide the following information

i. Types of Entities: Specify the types of entities that furnish FMS and the method of procuring these services:

Agencies under contract with and approved by the PIHP who meet the qualifications for Financial Supports listed in Appendix C. The PIHP uses a standardized process to request information or proposals from provider agencies within the provider network who may have interest or expertise in providing these services.

ii. Payment for FMS. Specify how FMS entities are compensated for the administrative activities that they perform:

The PIHP sets rates for the Financial Supports Service by analyzing the cost of the tasks the Financial Supports Agency is required to perform and the frequency these activities are performed. A monthly rate is established with the Financial Supports Agency billing the actual cost of start-up costs (initial employee training, initial supplies, etc.).

iii. Scope of FMS. Specify the scope of the supports that FMS entities provide (check each that applies):

Supports furnished when the participant is the employer of direct support workers:

Assist participant in verifying support worker citizenship status

X	Collect and process timesheets of support workers
×	Process payroll, withholding, filing and payment of applicable federal, state and local employment-related taxes and insurance
X	Other
	Specify:
	Requests criminal background, drivers checks and healthcare registry checks on behalf of the Employer of Record
Supp	ports furnished when the participant exercises budget authority:
X	Maintain a separate account for each participant's participant-directed budget
X	Track and report participant funds, disbursements and the balance of participant funds
X	Process and pay invoices for goods and services approved in the service plan
_	Provide participant with periodic reports of expenditures and the status of the participant-directed budget
	Other services and supports
	Specify:
Add	itional functions/activities:
	Execute and hold Medicaid provider agreements as authorized under a written agreement with the Medicaid agency
X	Receive and disburse funds for the payment of participant-directed services under an agreement with the Medicaid agency or operating agency
X	Provide other entities specified by the state with periodic reports of expenditures and the status of the participant-directed budget
	Other
	Specify:

**iv. Oversight of FMS Entities.** Specify the methods that are employed to: (a) monitor and assess the performance of FMS entities, including ensuring the integrity of the financial transactions that they perform; (b) the entity (or entities) responsible for this monitoring; and, (c) how frequently performance is assessed.

The Financial Supports Agencies are monitored at least annually by the PIHP. An instrument developed by the PIHP is used to review all financial supports agency responsibilities and systems. In addition, the PIHP monitors incidents and complaints that are submitted. The Financial Supports Agency is required to maintain a complaint log and conduct satisfaction surveys. The results of the complaint logs and satisfaction surveys are submitted to the PIHP.

- **j. Information and Assistance in Support of Participant Direction.** In addition to financial management services, participant direction is facilitated when information and assistance are available to support participants in managing their services. These supports may be furnished by one or more entities, provided that there is no duplication. Specify the payment authority (or authorities) under which these supports are furnished and, where required, provide the additional information requested *(check each that applies)*:
  - Case Management Activity. Information and assistance in support of participant direction are furnished as an element of Medicaid case management services.

Specify in detail the information and assistance that are furnished through case management for each participant direction opportunity under the waiver:

Care coordinators provide basic support to all individuals receiving participant-directed services. Beneficiaries are offered the opportunity to receive an orientation regarding self directed care at the time of the initial ISP development. The care coordinator informs beneficiaries that training on individual and family directed services is available from a Community Navigator. The care coordinator assists with the development of the ISP, including any self-directed services. Finally, the care coordinator monitors the implementation of the ISP.

# **⋈** Waiver Service Coverage.

Information and assistance in support of

participant direction are provided through the following waiver service coverage(s) specified in Appendix C-1/C-3 (check each that applies):

Participant-Directed Waiver Service	Information and Assistance Provided through this Waiver Service Coverage
Vehicle Modifications	
Supported Living - Periodic	
Crisis Services	
Respite	
Financial Support Services	X
Assistive Technology	
Supported Living	X
Supported Employment	
Supported Living - Transition	
Day Supports	
Home Modifications	
Individual Goods and Services	
Residential Supports	
Community Transition	
Community Living and Support	
Community	

Participant-Directed Waiver Service	Information and Assistance Provided through this Waiver Service Coverage	
Networking		
Community Navigator	$\boxtimes$	
Specialized Consultation		
Natural Supports Education		
Administrative Activity. Information and assistance in support of participant direction are furnished as an administrative activity.  Specify (a) the types of entities that furnish these supports; (b) how the supports are procured and compensated; (c) describe in detail the supports that are furnished for each participant direction opportunity under the waiver; (d) the methods and frequency of assessing the performance of the entities that furnish these supports; and, (e) the entity or entities responsible for assessing performance:		

### **Appendix E: Participant Direction of Services**

E-1: Overview (10 of 13)

- k. Independent Advocacy (select one).
  - O No. Arrangements have not been made for independent advocacy.
  - **●** Yes. Independent advocacy is available to participants who direct their services.

Describe the nature of this independent advocacy and how participants may access this advocacy:

Independent Advocacy is available through advocacy organizations. Beneficiaries are notified upon entry to the waiver of the availability of self-referral to an advocacy organization, and how to contact the PIHP. Care coordinators and community Navigators are also able to assist beneficiaries and families in obtaining independent advocacy services.

## **Appendix E: Participant Direction of Services**

**E-1: Overview (11 of 13)** 

**I. Voluntary Termination of Participant Direction.** Describe how the state accommodates a participant who voluntarily terminates participant direction in order to receive services through an alternate service delivery method, including how the state assures continuity of services and participant health and welfare during the transition from participant direction:

A beneficiary in individual and family directed supports may withdraw from the option at any time by notifying the care coordinator. The care coordinator prepares a revision to the ISP, and submits the revision to the PIHP, so that provider directed services are authorized for the beneficiary with no service lapse. The following steps are followed:

- (1) Employer or managing employer requests that the care coordinator terminate individual and family directed services option, and return the beneficiary to provider-directed services.
- (2) Care coordinator asks the employer or managing employer to select a provider and updates the ISP to reflect termination of individual and family directed services and the provider agency selected by the employer or managing employer to provide provider-directed services.
- (3) The legally responsible person signs the ISP, and the care coordinator submits it to the PIHP for approval.
- (4) The PIHP approves the ISP, authorizes provider-directed services and terminates Financial Supports Services.
- (5) The PIHP sends a letter to the legally responsible person, Financial Supports Agency, Community Guide and Agency with Choice notifying them of the termination of individual and family directed services per the legally responsible person's request the date of the termination of payroll to employees. The letter is copied to the care coordinator and DHB.
- (6) The Employer of Record or Agency with Choice notifies staff that they are no longer employed under the individual and family directed services option.
- (7) The finance department reconciles the individual budget with the Financial Supports Agency. Any non-used funds are returned to the PIHP by the Financial Supports Agency.

### **Appendix E: Participant Direction of Services**

#### E-1: Overview (12 of 13)

m. Involuntary Termination of Participant Direction. Specify the circumstances when the state will involuntarily terminate the use of participant direction and require the participant to receive provider-managed services instead, including how continuity of services and participant health and welfare is assured during the transition.

A beneficiary in individual and family directed supports may be removed from individual and family directed services involuntarily under the following circumstances:

- (1) Immediate health and safety concern, including maltreatment of the beneficiary
- (2) Repeated unapproved expenditures/misuse of NC Innovations funds
- (3) No approved representative available when the employer of record/managing employer in the Agency with Choice Option is determined to need one
- (4) Refusal to accept the necessary Community Navigator services
- (5) Refusal to allow care coordinator to monitor services
- (6) Refusal to participate in PIHP, state or federal monitoring
- (7) Non-compliance with individual and family supports, Financial Supports Agency, Agency with Choice and/or employee support agreements
- (8) Inability to implement the approved ISP or comply with NC Innovations requirements, despite reasonable efforts to provide additional technical assistance and support (for event requiring additional technical assistance/corrective action plan in twelve months).

Normally, employers or managing employers in individual and family directed supports are terminated from the individual and family directed services option if the same major mistake occurs more than three times in a twelve month period. However, the recommendation can occur at any point when the beneficiaries's health and safety are at risk or misuse of funds is suspected. For example, an incident of substantiated abuse by a paid employee could lead to termination if a plan cannot be implemented to ensure health and safety. If it is determined at any point in the PIHP investigation that the person immediately needs to be returned to the provider directed option to ensure their health and safety, this can be recommended. The following steps are followed:

- (1) Concerns and/or allegations of major problems with the implementation of individual and family directed supports are reported to each PIHP.
- (2) The PIHP consultant investigates the concerns or allegations of major problems. The consultant will review all available plans of correction and documentation.
- (3) Depending on results of the investigation, the consultant may recommend termination of individual and family directed services If the removal is an emergency, the PIHP or the care coordinator, contacts the Office of the Medical Director and obtains a decision regarding removal. This decision is reported to DHB the first working day following the removal.
- (4) Termination from the individual and family directed services option is normally at the end of a month; however, when the termination is due to a threat to the beneficiaries's health and safety, such as physical abuse, termination occurs immediately, and provider-directed services resumes immediately.
- (5) If the employer/Agency with Choice disagrees with the decision of the PIHP/DHB, the employer/Agency with Choice may file a reconsideration request or a grievance.
- (6) Steps 2 through 6 of the voluntary termination procedure are followed to return the participant to the provider-directed supports option.

# **Appendix E: Participant Direction of Services**

### **E-1: Overview (13 of 13)**

n. Goals for Participant Direction. In the following table, provide the state's goals for each year that the waiver is in effect for the unduplicated number of waiver participants who are expected to elect each applicable participant direction opportunity. Annually, the state will report to CMS the number of participants who elect to direct their waiver services.

Table E-1-n

	Employer Authority Only		Budget Authority Only or Budget Authority in Combination with Employer Authority		
Waiver Year	Number of	Participants	Number of Participants		
Year 1			100		
Year 2			125		
Year 3			150		
Year 4			175		

	Employer Authority Only	Budget Authority Only or Budget Authority in Combination with Employer Authority		
Waiver Year	Number of Participants	Number of Participants		
Year 5		200		

### **Appendix E: Participant Direction of Services**

### E-2: Opportunities for Participant Direction (1 of 6)

- **a. Participant Employer Authority** Complete when the waiver offers the employer authority opportunity as indicated in *Item E-1-b*:
  - i. Participant Employer Status. Specify the participant's employer status under the waiver. Select one or both:

X	Participant/Co-Employer. The participant (or the participant's representative) functions as the co-employer
	(managing employer) of workers who provide waiver services. An agency is the common law employer of
	participant-selected/recruited staff and performs necessary payroll and human resources functions. Supports
	are available to assist the participant in conducting employer-related functions.

Specify the types of agencies (a.k.a., agencies with choice) that serve as co-employers of participant-selected staff:

Agencies with choice are provider agencies who meet the qualifications for service delivery of all NC Innovations services that may be directed under the individual and family supports option. The PIHP requires specific assurances that are included in each provider agency's contract that require the agency with choice to maintain policies and procedures that support the control and oversight by beneficiaries and/or managing employers over employees. These policies and procedures are subject to approval by the PIHP. Agencies with choice must attend PIHP-sponsored trainings and beneficiary/family meetings in individual and family directed supports.

- Participant/Common Law Employer. The participant (or the participant's representative) is the common law employer of workers who provide waiver services. An IRS-approved Fiscal/Employer Agent functions as the participant's agent in performing payroll and other employer responsibilities that are required by federal and state law. Supports are available to assist the participant in conducting employer-related functions.
- **ii. Participant Decision Making Authority.** The participant (or the participant's representative) has decision making authority over workers who provide waiver services. *Select one or more decision making authorities that participants exercise*:

corpulius exercise.
Recruit staff
Refer staff to agency for hiring (co-employer)
Select staff from worker registry
Hire staff common law employer
Verify staff qualifications
Obtain criminal history and/or background investigation of staff
Specify how the costs of such investigations are compensated:
Component part of Financial Supports Services; conducted by Agency with Choice for all applicants referred by the Managing Employer and compensated by service rate
Specify additional staff qualifications based on participant needs and preferences so long as such

	Specify the state's method to conduct background checks if it varies from Appendix C-2-a:
☑	
	Determine staff duties consistent with the service specifications in Appendix C-1/C-3.
	Determine staff wages and benefits subject to state limits
	Schedule staff
	Orient and instruct staff in duties
	Supervise staff
	Evaluate staff performance
	Verify time worked by staff and approve time sheets
$\boxtimes$	Discharge staff (common law employer)
X	Discharge staff from providing services (co-employer)
	Other
	Specify:
	specify.
Appendix E: 1	Participant Direction of Services
E-2:	Opportunities for Participant-Direction (2 of 6)
<b>b. Participant</b> <i>1-b:</i>	t - Budget Authority Complete when the waiver offers the budget authority opportunity as indicated in Item E-
	ticipant Decision Making Authority. When the participant has budget authority, indicate the decision-making ority that the participant may exercise over the budget. <i>Select one or more</i> :
X	Reallocate funds among services included in the budget
X	Determine the amount paid for services within the state's established limits
X	Substitute service providers
	Schedule the provision of services
	Specify additional service provider qualifications consistent with the qualifications specified in
	Appendix C-1/C-3
X	Specify how services are provided, consistent with the service specifications contained in Appendix $C$ - $1/C$ - $3$
×	Identify service providers and refer for provider enrollment
	Authorize payment for waiver goods and services
	Review and approve provider invoices for services rendered
	Other
	Specify:

### **Appendix E: Participant Direction of Services**

### E-2: Opportunities for Participant-Direction (3 of 6)

#### b. Participant - Budget Authority

**ii. Participant-Directed Budget** Describe in detail the method(s) that are used to establish the amount of the participant-directed budget for waiver goods and services over which the participant has authority, including how the method makes use of reliable cost estimating information and is applied consistently to each participant. Information about these method(s) must be made publicly available.

Each beneficiary in this waiver has an individual budget guideline. The budgeting methodology is described in Appendix C-4. The budget guideline amounts in the individualized budgeting categories are guidelines. Individuals may request budget modifications based on new or one time needs as described in the individual budgeting methodology. In addition the employer or managing employer may set aside up to \$2,000 per year to purchase individual goods and services. Individual budget modifications require the prior approval of the PIHP. Information about the individual and family directed budget is provided in the employer handbook and in additional handouts provided during individual and family directed supports training. The participant-directed budget is known as the individual and family directed supports budget and is a component of the individual budget. It consists of the total dollar amount of individual and family directed services, at the individual and family directed supports rate.

In the employer of record model, the individual and family directed services rates are set by the PIHP and are the established hourly service rates for provider directed services rates minus an administrative rate established to cover the costs of Financial Support Services, forms and supplies provided to employers of record and start-up costs for employers (blood-borne pathogen supplies, first aid kits, employment ads, background checks, initial employee training, etc.). The employer is provided with an auto-calculator that assists in managing the individual and family directed budget. The employer has the authority to establish employee pay rates and benefits. Additionally, the employer budgets and directs payment for workers compensation insurance, employment taxes, additional employee training, habilitation training supplies, back-up staffing and other items that are directly related to the cost of providing services. The Community Navigator trains the employer in the use of the auto-calculator and provides alternative methods for budgeting if the employer does not have access to a computer. The financial supports agency establishes procedures for managing participant funds and provides the employer of record with a monthly report of revenues (service billing) and expenditures (services provided). The procedures and format for the monthly report are subject to the approval of the PIHP.

In the agency with choice model, the established hourly service rate is the same as the rate paid to the provider agency to deliver NC Innovations waiver services. The service rate includes the cost of employee pay rates, employment taxes, workers compensation insurance, employee benefits, forms, supplies, start-up costs to include first aid kits, employment ads, initial and on-going employee training, criminal and other background checks, first aid supplies, employment ads, habilitation training supplies, qualified professional oversight, maintenance of records, back-up staffing and other items directly related to the cost of providing services. The agency with choice establishes procedures for managing beneficiary funds and assists managing employers in budgeting the individual and family directed budget. The agency with choice also provides a quarterly report of revenue (service billing) and expenditures to the managing employer. The procedures and format for the quarterly report are subject to the approval of the PIHP.

# **Appendix E: Participant Direction of Services**

## E-2: Opportunities for Participant-Direction (4 of 6)

#### b. Participant - Budget Authority

**iii. Informing Participant of Budget Amount.** Describe how the state informs each participant of the amount of the participant-directed budget and the procedures by which the participant may request an adjustment in the budget amount.

The beneficiary, employer and/or managing employer are informed of the participant directed (individual and family directed) budget amount by the care coordinator. A budget adjustment may be requested at any time by directing the care coordinator to prepare a ISP revision that includes the reason for the need for the adjustment. The care coordinator has a standard form that is used in requesting budget adjustments that is attached to the plan revision.

### **Appendix E: Participant Direction of Services**

### E-2: Opportunities for Participant-Direction (5 of 6)

- b. Participant Budget Authority
  - iv. Participant Exercise of Budget Flexibility. Select one:
    - Modifications to the participant directed budget must be preceded by a change in the service plan.
    - O The participant has the authority to modify the services included in the participant directed budget without prior approval.

Specify how changes in the participant-directed budget are documented, including updating the service plan. When prior review of changes is required in certain circumstances, describe the circumstances and specify the entity that reviews the proposed change:

L			

### **Appendix E: Participant Direction of Services**

## E-2: Opportunities for Participant-Direction (6 of 6)

#### b. Participant - Budget Authority

v. Expenditure Safeguards. Describe the safeguards that have been established for the timely prevention of the premature depletion of the participant-directed budget or to address potential service delivery problems that may be associated with budget underutilization and the entity (or entities) responsible for implementing these safeguards:

The financial supports agency and agency with choice track the individual and family directed supports budget per a standard reporting format developed with and approved by the PIHP. The report is completed monthly by the Financial Supports Agency and Quarterly by the Agency with Choice and is provided to the employer or Agency with Choice, the PIHP and care coordinator. "Red Flags" that are indicators of potential problems in revenues (under utilization) or spending (over utilization) are identified. The Financial Supports Agency, or any other entity that receives the report, are alert to these red flags so that the care coordinator and/or PIHP may address the issue immediately with the employer or managing employer. The employer or managing employer may be required to develop a corrective action plan. Continued under or over utilization of the budget may result in removal from individual and family directed supports and a return to agency directed supports.

### **Appendix F: Participant Rights**

# Appendix F-1: Opportunity to Request a Fair Hearing

The state provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The state provides notice of action as required in 42 CFR §431.210.

Procedures for Offering Opportunity to Request a Fair Hearing. Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice(s) that are used to

offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The NC Innovations waiver operates concurrently with a 1915(b) waiver through prepaid inpatient health plans (PIHP). All waiver applicants/participants are notified of their right to request a fair hearing by the PIHP in accordance with 42 CFR 431 Subpart E and 42 CFR 438 Subpart F. Participants are required to access the PIHP's internal appeal process before requesting a hearing with the State, as required under the concurrent 1915(b) waiver, NC Mental Health, Developmental Disabilities and Substance Abuse Services Health Plan.

Upon enrollment in the PIHP, the PIHP sends each enrollee a brochure explaining Medicaid appeal rights. For beneficiaries with limited literacy, the care coordinator verbally explains their appeal rights. When applicants/beneficiaries are denied participation in the waiver or specific waiver services are denied, terminated, suspended or reduced, the PIHP sends a written notice to the individual explaining the reason for the adverse action, instructions on how to access a fair hearing, the time frame for making the request, information on continuation of services during the appeal process (if applicable) and contact information for questions and concerns. The notice also contains information on the state level hearing processes and toll free numbers for the Medicaid agency and for requesting free legal assistance. Notices of termination, suspension or reduction are mailed to the beneficiary a minimum of 10 days before the service is actually reduced, terminated or suspended.

As stated above, applicants/beneficiaries must avail themselves of the appeal process offered by the PIHP before accessing the state fair hearing process. This requirement can be found in the concurrent 1915(b) waiver (#NC 02.RO3), section A, Part IV-E, "Grievance System". If the applicant/beneficiary requests a hearing, the PIHP gathers information on the case and schedules the appeal with an independent reviewer who had no prior involvement in making the adverse decision. the PIHP sends a written notice of the reconsideration decision to the individual, along with detailed instructions on requesting a hearing with the State which are conducted by the NC Office of Administrative Hearings.

When the suspension, reduction or termination of service is appealed, beneficiaries may continue to receive services up through the final decision by the Office of Administrative Hearings (OAH) as long as they meet the appeal deadlines, the original period covered by the authorization has not expired and the participant requests continuation of the service. When the LME/MCO makes a denial based on Level of Care, appeal rights are preserved.

Copies of all notices and documentation of decisions are maintained by the agency from which they originate. The PIHP maintains records on the local appeal and the OAH maintains records on the formal hearing. Appeal decisions are loaded into the PCG system and monitored monthly by DHB.

### **Appendix F: Participant-Rights**

## **Appendix F-2: Additional Dispute Resolution Process**

- **a. Availability of Additional Dispute Resolution Process.** Indicate whether the state operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one:* 
  - O No. This Appendix does not apply
  - Yes. The state operates an additional dispute resolution process
- b. Description of Additional Dispute Resolution Process. Describe the additional dispute resolution process, including: (a) the state agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The PIHP has an internal dispute resolution system as required by 42 CFR 438 Subpart F. The internal system encompasses both an appeal process, as described in Appendix F-1, for addressing an "action" and a grievance process for addressing grievances (complaints). "Actions" include the denial or limited authorization of a requested service, reduction, suspension or termination of a previously authorized service, denial of payment for a service, failure to provide services in a timely manner as specified in the risk contract and failure to take action within the timeframes specified in the contract for resolving grievances and appeals.

A grievance (complaint) is an enrollee's expression of dissatisfaction with any aspect of their care other than the appeal of an action. Possible subjects for grievances include, but are not limited to, the quality of care or services provided and aspects of interpersonal relationships such as rudeness of a provider or employee or failure to respect the enrollee's rights.

The requirements for the PIHP's internal appeal and grievance processes are outlined in the contract between the State and PIHP. The requirements cover the types of information that the PIHP must provide to enrollees about grievances and appeals, provision of assistance to enrollees in completing necessary forms, reporting and record keeping, content of notices, expedited authorization decisions, continuation of benefits during appeals and timeframes for addressing grievances and appeals.

The PIHP provides quarterly reports to the State Medicaid Agency on the types, number and resolution status of grievances and appeals. Tracking and analysis of grievances and appeals are to be used for internal quality improvement.

### **Appendix F: Participant-Rights**

## **Appendix F-3: State Grievance/Complaint System**

- a. Operation of Grievance/Complaint System. Select one:
  - O No. This Appendix does not apply
  - Yes. The state operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver
- **b. Operational Responsibility.** Specify the state agency that is responsible for the operation of the grievance/complaint system:

#### DMH/DD/SUS

c. Description of System. Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The North Carolina Administrative Code (NCAC) at 10A NCAC 27G.0609 requires local management entities (operating as PIHPs for waiver purposes) to report to the DHHS Division of MH/DD/SUS all complaints (grievances under 42 CFR 438 Subpart F) made to the PIHP not less than quarterly. The submission of the PIHP complaint report is included in the contract between the PIHP and the Division of MH/DD/SUS. Four documents provide procedures and instructions relative to the complaint process:

- 1. Guidelines for the complaint reporting system
- 2. Customer service collection forms
- 3. Quarterly complaint report
- 4. Complaint reporting instructions

A copy of the quarterly complaint report is shared with the PIHP Client Rights Committee and the PIHP Consumer and Family Advisory Committee in order to develop strategies for system improvement.

Guidelines require the documentation of any concern, complaint, compliment, investigation and request for information involving any person requesting or receiving publicly-funded mental health, developmental disabilities and/or substance abuse services, local management entity or MH/DD/SUS service provider.

Complaint Reporting Categories include:

- (1) Abuse, neglect and exploitation
- (2) Access to services
- (3) Administrative issues
- (4) Authorization/payment/billing
- (5) Basic needs
- (6) Client rights
- (7) Confidentiality/HIPAA
- (8) PIHP services
- (9) Medication
- (10) Provider choice
- (11) Quality of care
- (12) Service coordination between providers
- (13) Other to include any complaint that does not fit the previous areas.

Information is recorded on the customer service form and recorded in the PIHP complaint database for analysis. Action taken by the PIHP is recorded to include a summary of all issues, investigations and actions taken and the final disposition resolution. Guidelines define the resolution for types of complaints that may be made. The total number of calendar and working days from receipt to completion are also recorded.

If the complainant is not satisfied with the initial resolution, the individual may request to appeal the decision.

The quarterly complaint reporting form includes the aggregate information on complaints to include:

- (1) The total number of complaints received by the customer service office
- (2) The total number of persons (by category) who are reporting complaints
- (3) The total number of consumers by age group
- (4) The total number of consumers by disability group (if applicable) involved in the complaint
- (5) The primary nature of the complaints/concerns (by category)
- (6) A summary of data analyses to identify patterns, strategies developed to address problems and actions taken
- (7) An evaluation of results of actions taken and recommendations for next steps.

As stated in Appendix F-2 above, grievances (complaints) are also reported to the state Medicaid agency on a quarterly basis as required by the risk contract between the DHHS Division of Health Benefits and the PIHP. The Division of Health Benefits and the DMH/DD/SAS have developed a joint reporting form to increase consistency of processes to the extent possible.

The grievance process is conducted by the PIHP and is an expression of dissatisfaction by the enrollee about things that are not "actions." Actions refers to denial of a service request; limited authorization of a service request; reduction,

suspension, or termination of a previously authorized service; denial of payment for a service; failure to authorize or deny a service request in a timely manner; or failure to resolve a grievance (i.e., within 90 calendar days). The grievance process is separate from the

reconsideration/state fair hearing process. Enrollees do not have to file a grievance before requesting reconsideration of an action.

The appeal process (called "reconsideration" in North Carolina) is conducted by the PIHP. Appeal refers to a request for review of an action (please refer to the definition in the previous section of what constitutes "actions"). Appeals can be filed in writing or orally by the enrollee or provider (with written consent). The enrollee has 30 days to request an appeal of the PIHP action. If the request is made orally, the enrollee must submit a written request within 30 days of the date of the adverse notice. Individuals making decisions on appeals cannot have been involved in any previous level of review or decision-making. The enrollee must be allowed a reasonable opportunity to present evidence and allegations of fact or law and must be allowed to examine his/her medical records and the documents considered during the appeal. For standard resolution of an appeal and notice to affected parties, the State must establish a timeframe that is no longer than 45 days from the day the PIHP receives the appeal. For expedited resolution of an appeal and notice to affected parties, the State must establish a timeframe that is no longer than 3 working days after the PIHP receives the appeal. Timeframes to decide both grievances and appeals (both standard and expedited) may be extended up to fourteen (14) calendar days if additional information is required.

In North Carolina, enrollees must exhaust the PIHP Appeal Process ("Reconsideration") before accessing the State Fair Hearing (referred to as an "Appeal"). Medicaid State Fair Hearings are governed by 42 Code of Federal Regulation (CFR) Part 431 and utilize the Administrative Hearings procedure. These hearings apply to an appeal ("reconsideration") not decided wholly in favor of the enrollee. The PIHP is a party to the State Fair Hearing and the process is controlled by state law and rules. The enrollee has 30 days to request a State Fair Hearing from the date of the appeal ("reconsideration") decision. After 30 days, the PIHP appeal ("reconsideration") decision becomes final.

### **Appendix G: Participant Safeguards**

### **Appendix G-1: Response to Critical Events or Incidents**

a.	<b>. Critical Event or Incident Reporting and Management Process.</b> Indicate whether the state operates Critical Event or
	Incident Reporting and Management Process that enables the state to collect information on sentinel events occurring in
	the waiver program. Select one:

•	Yes. The state operates a Critical Event or Incident Reporting and Management Process (complete Items b
	through e)
0	No. This Appendix does not apply (do not complete Items b through e)
	If the state does not operate a Critical Event or Incident Reporting and Management Process, describe the process that
	the state uses to elicit information on the health and welfare of individuals served through the program.

b. State Critical Event or Incident Reporting Requirements. Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the state requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The DHHS Incident and Death Response System Guidelines describes who must report the documentation required, what/when/where reports must be filed and the levels of incidents, including responses to each level of incidents. Critical incident reporting requirements are outlined in North Carolina Administrative Code at 10A NCAC 27 G.0600. Providers of publicly funded services licensed under North Carolina General Statute 122C, with the exception of hospitals, and providers of publicly funded non- licensed periodic or community based mental health, developmental disability or substance misuse services are required to report critical events or incidents involving consumers receiving mental health, developmental disability or substance misuse services. Critical incidents are defined as any happenings which are not consistent with routine operation of a facility, or service, in the routine care of consumers and that is likely to lead to adverse effects upon the consumer. Any incidents containing allegations or substantiations of abuse, neglect or exploitation must be immediately reported to the local Department of Social Services responsible for investigation of abuse, neglect or exploitation allegations. Other reports may be required by law, such as reports to law enforcement. Facts regarding the incident should be reported objectively, in writing, without unsubstantiated conclusions, opinions or accusations. Incident reports are maintained in administrative files; however, incidents that have an effect on the participant must be recorded in the progress note of the participant record, as would any other consumer care information. Incident reports, including follow-up action requirements, are defined as one of three levels.

Level I incidents are defined as any incident that does not meet the requirements to be classified as a Level II or Level III incident. Examples of Level I incidents include, but are not limited to: consumer injury that does not require treatment by a licensed health care professional, and HIPAA/confidentiality violations. Level I incident reports are reviewed by the employee's supervisor, managing employer or employer of record and are submitted to a designated person, per agency policy, and maintained in the administrative files of the employer of record. Level 1 reports are maintained by the provider agency and reviewed by the PIHP during routine monitoring which occurs annually for Alternative Family Living providers and every two years for other providers.

Level II Incidents include any incident that involves a threat to a consumer's health or safety or a threat to the health and safety of others due to consumer behavior. Level II incidents are reported immediately to the employee's supervisor, employer of record, or managing employer. The managing employer immediately notifies the agency with choice. A written report is prepared that is submitted to and reviewed by the employee's supervisor, employer of record, or managing employer. The managing employer forwards the report to the agency with choice. A written report is prepared that is submitted to and reviewed by the employee's supervisor, employer of record, or managing employer. The written report is forwarded to the PIHP within 72 hours of the incident's occurrence.

Level III Incidents include any incident that results in a death or permanent physical or psychological impairment to a consumer, a death or permanent physical or psychological impairment caused by a consumer or a threat to public safety caused by a consumer. Level III incidents are reported immediately to the employee's supervisor, employer of record or managing employer. The managing employer immediately notifies the agency with choice. The supervisor (including the financial support service provider in the Agency with Choice model) or Employer of Record immediately notifies the PIHP, who notifies DMH/DD/SAS. The PIHP coordinates all activities required by state standards related to Level III incidents within 24 hours of being informed of the Level III incident. A written report is prepared that is submitted to and reviewed by the employee's supervisor (including the Agency with Choice) or Employer of Record. The written report is forwarded to the PIHP within 72 hours of the incident's occurrence. All providers (including the Agency with Choice) and Employers of Record are required to conduct a peer review of Level III incidents, beginning within 24 hours of the incident.

Providers must follow IRIS reporting requirements. Where a provider's individual policies are more restrictive (i.e. timelines), then the provider must also be compliant with their own policies.

c. Participant Training and Education. Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

At the time of enrollment in the PIHP, beneficiary are provided a consumer and family member handbook that outlines their rights, protections and the advocacy agencies who can educate and assist in the event of a concern. The care coordinator discusses the rights and protections, inclusive of agencies, to contact with the participant/legally responsible person as a component of the admissions process to the NC Innovations waiver. Opportunities for information training occur during routine monitoring.

Providers within the PIHP network are required to inform the beneficiaries of rights and protections through individual agency procedure. When a beneficiary elects the individual/family directed supports option, employers, managing employers, representatives and/or managing employers receive the employer handbook that details their rights, protections and agencies available to assist them in a self-directed services model.

The PIHP and the NC DHHS operate toll-free care lines where beneficiaries can receive additional information or assistance, if needed. These lines have the capacity to assist beneficiaries that are primarily Spanish speaking and/or hearing impaired.

**d.** Responsibility for Review of and Response to Critical Events or Incidents. Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

Incident reporting requirements and responses are based on state laws and regulations for each of the three levels of incidents.

Level 1 Incidents are maintained by the provider agency (including the Agency with Choice) and Employer of Record. Each provider agency (including the Agency with Choice) or Employer of Record is required to maintain copies of these reports for review by the PIHP during routine monitoring.

Written reports of Level II incidents are forwarded to the PIHP within 72 hours of the incident's occurrence. The provider agency (including the Agency with Choice) and Employer of Record are responsible for attending to the health and safety of involved parties as well as analyzing causes, correcting problems and review in quality improvement process to prevent similar incidents. Level II incidents may signal a need for the PIHP to review the provider's clinical care and practices and the PIHP's management processes, including service coordination, service oversight and technical assistance for providers. These incidents require communication between the provider and the PIHP, documentation of the incident and report to the PIHP and other authorities as required by law. The PIHP is responsible for reviewing provider handling of the incident and ensuring consumer safety.

Level III Incidents are immediately reported to the PIHP who notifies DMH/DD/SAS. The PIHP coordinates all activities required by state standards related to Level III incidents within 24 hours of being informed of the Level III incident. A written report is prepared and reviewed by the agency or employer submitting the incident. The written report is forwarded to the PIHP within 72 hours of the incident's occurrence. Providers (including the Agency with Choice) and Employers of Record attend to the health and safety needs of involved parties, and conduct a peer review of Level III incidents beginning within 24 hours of the incident. The internal review:

- (1) Ensures the safety of all concerned
- (2) Takes action to prevent a reoccurrence of the incident
- (3) Creates and secures a certified copy of the consumer record
- (4) Ensures that necessary authorities and persons are notified within allowed timeframes
- (5) Conducts a root cause analysis once all needed information is received.

Level III incidents signal a need for DHHS, including DMH/DD/SAS and the PIHP, to review the local and state service provision and management system, including coordination, technical assistance and oversight. These incidents require communication among the provider, the PIHP and DHHS, documentation of the incident, and report to the PIHP, DHHS and other authorities as required by law. The PIHP reviews provider handling of the Level III incident:

- (1) To ensure that consumers are safe
- (2) A certified copy of the beneficiary record is secured
- (3) A review committee meeting is convened
- (4) Appropriate agencies are informed

DMH/DD/SUS reviews the PIHP oversight of providers and follows up, as warranted, to ensure problems are corrected. The PIHP also analyzes and responds to patterns of incidents as part of quality improvement and monitoring processes. DMH/DD/SUS analyzes and responds to statewide patterns of incidents as part of quality improvement and monitoring. DMH/DD/SUS includes information about deaths in their annual Legislative Report.

Other agency responsibilities for follow-up of incidents are:

- (1) Local law enforcement agencies investigate legal infractions and take appropriate actions
- (2) Local Department of Social Services investigates abuse, neglect or exploitation allegations and takes appropriate actions
- (3) The Health Service Regulation Division of DHHS investigates licensure infractions and take appropriate actions
- (4) The Health Care Personnel Registry section of the Health Services Regulation Division investigates personnel infractions and takes appropriate actions
- (5) The Disability Rights, formerly the Governor's Advocacy Council for Persons with Disabilities analyzes trends and advocates as warranted

A summary of incident reporting and follow-up actions is included in the PIHP'S reporting to DHB.

Providers are required to develop and implement written policies governing their response to incidents, including conducting investigations. The policies must also include attending to the health and safety needs of individuals involved in the incident, determining the cause of the incident, and developing and implementing corrective measures according to provider specified timeframes not to exceed 45 days. Polices must also include notification of the participant of the results of any investigation. The timeframe for informing the beneficiary, including all relevant parties, of the investigation results is within three (3) months of the date of the incident. The PIHP submits a summary of incident reports as well as related performance measures to DHB on a quarterly basis.

A provider internal review team must meet within 24 hours of any incident that results in, or creates a significant risk of resulting in death, sexual assault or permanent physical or psychological impairment to a consumer or by a consumer. In North Carolina, these are referred to as Level III Incidents. The internal review team consists of individuals who were

not involved in the incident and who were not responsible for the consumer's direct care or with the direct professional oversight of the consumer's services at the time of the incident. Preliminary findings of fact are sent to the host PIHP and the PIHP where the consumer resides (if different) within five (5) working days of the incident. A final written report signed by the owner of the provider organization is submitted to the PIHP within three (3) months of the incident. The final written report must address the issues identified by the internal review team; include all public documents related to the incident, and make recommendations for minimizing the occurrence of future incidents. The provider must also immediately report incidents of this level to the host PIHP, the PIHP where the consumer resides (if different), the North Carolina Department of Health and Human Services through the online Incident Response Improvement System (IRIS), the provider agency with responsibility for maintaining and updating the consumer's treatment plan if different from the reporting provider, the consumer's legal guardian if applicable, and any other authorities required by law.

The PIHP must report Level III Incidents to the North Carolina Division of Mental Health, Developmental Disabilities and Substance Misuse Services within 72 hours of becoming aware of the incident. Licensed providers must also send a copy of all Level III Incidents involving a consumer death to the NC Division of Health Service Regulation within 72 hours of becoming aware of the incident when the death was an accident, suicide or homicide.

All cases of client death must be reported immediately to the PIHP.

Each PIHP develops and implements written policies governing local monitoring based on provider incident reporting. Minimally, these policies include review of how providers respond to incidents and ensure consumer safety, monitor and provide technical assistance as warranted to ensure that problems are corrected, analyze and respond to patterns of incidents as part of QI monitoring and processes, determine if public scrutiny is an issue, and ensure that Level III Incidents are reported to the DMH/DD/SUS.

The DMH/DD/SUS is responsible for analyzing and responding to statewide patterns of incidents as part of QI and monitoring PIHP oversight of response processes, produce statewide quarterly incident trend reports, review PIHP oversight of providers and follow up as warranted to ensure problems are corrected, and analyze and respond to statewide patterns of incidents as part of QI and monitoring processes.

e. Responsibility for Oversight of Critical Incidents and Events. Identify the state agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

The Department of Health and Human Services is the State Department that oversees the Division of Health Benefits (DHB) and the DMH/DD/SUS. DHB tracks performance measures and receives all incident reports quarterly. The DMH/DD/SUS also assists in the oversight of critical incidents and events.

Aggregate data for all incidents is collected by the provider and submitted to the PIHP quarterly. Additionally, all Level II and Level III incidents are recorded in the North Carolina online Incident Response Information System. DHB and the DMH/DD/SUS reviews all data and monitors the PIHPs oversight of providers and follows up as warranted to ensure that problems are corrected. The DMH/DD/SUS also analyzes and responds to statewide patterns of incidents as part of Quality Improvement and monitoring processes.

Level I incidents are maintained on site by the provider agency and are reviewed by the PIHP during routine monitoring. Level II and Level III incidents are reported by the provider within 72 hours of the incident occurring. The PIHP and the DMH/DD/SUS reviews all Level III incidents within 72 hours of receiving the report. In cases of consumer death within 7 days of restrictive intervention, the PIHP and the DHHS is notified immediately.

## Appendix G: Participant Safeguards

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (1 of 3)

- **a.** Use of Restraints. (Select one): (For waiver actions submitted before March 2014, responses in Appendix G-2-a will display information for both restraints and seclusion. For most waiver actions submitted after March 2014, responses regarding seclusion appear in Appendix G-2-c.)
  - O The state does not permit or prohibits the use of restraints

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restraints and how this oversight is conducted and its frequency:

- The use of restraints is permitted during the course of the delivery of waiver services. Complete Items G-2-a-i and G-2-a-ii.
  - i. Safeguards Concerning the Use of Restraints. Specify the safeguards that the state has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

NC Administrative Code at 10A NCAC 27E.0107 addresses Training on Alternatives to Restrictive Interventions.

Employers of record are required to provide or arrange for employee training on alternatives to restrictive interventions.

Restrictive interventions are reported via the incident reporting rules at 10A NCAC 27 G.0600. The DHHS Restrictive Intervention Details Report is completed along with the incident report.

Restrictive interventions governed by 10a NCAC 27e .0104 include seclusion, physical restraint, isolation time-out and protective devices used for behavioral control. Use of these interventions is limited to emergency situations in order to terminate a behavior or action in which the individual is in imminent danger of abuse or injury to self or other persons or when property damage is occurring that poses imminent risk of danger of injury or harm to self or others; or as a planned measure of therapeutic treatment. Restrictive interventions shall not be employed as a means of coercion, punishment or retaliation by staff or for the convenience of staff or due to inadequacy of staffing. Restrictive interventions shall not be used in a manner that causes harm or abuse.

Positive and less restrictive alternatives must be considered and attempted whenever possible prior to the use of more restrictive interventions. Providers shall implement policies and practices that emphasize the use of alternatives to restrictive interventions. They shall establish training based on state competencies and the contents of the training must be approved by DMH/DD/SUS. A list of approved curriculums can be found at https://files.nc.gov/ncdhhs/documents/files/Approved-NCI-Curriculum--October-2018-.pdf. Formal refresher training must be completed by each service provider at least annually. Competencies include:

- · knowledge and understanding of the people being served;
- recognizing and interpreting human behavior;
- recognizing the effect of internal and external stressors that may affect people with disabilities;
- strategies for building positive relationships with persons with disabilities;
- recognizing cultural, environmental and organizational factors that may affect people with disabilities;
- recognizing the importance of and assisting in the person's involvement in making decisions about their life;
- skills in assessing individual risk for escalating behavior;
- · communication strategies for defusing and de-escalating potentially dangerous behavior; and
- positive behavioral supports (providing means for people with disabilities to choose activities which directly oppose or replace behaviors which are unsafe).

Emergency interventions may only be employed for up to 15 minutes without further authorization by the responsible professional or another qualified professional who is approved to use and to authorize the use of the restrictive intervention based on experience and training. Whenever an individual is in seclusion or physical restraint, including a protective device when used for the purpose or with the intent of controlling unacceptable behavior, the individual must be observed at least every 15 minutes, or more often as necessary, to assure safety. Whenever an individual is in isolation time-out: there shall be a facility employee in attendance with no other immediate responsibility than to monitor the individual. There shall be continuous observation and verbal interaction when appropriate. This observation must be documented. If an individual is in a physical restraint and may be subject to injury, a facility employee shall remain present with the individual continuously.

When protective devices are used for an individual, there must be documentation that the staff are trained and competent to use the device, that there has been a review of less restrictive alternatives that have not been successful, and that review has been made by a Client Right's Committee. The intervention and monitoring of the individual for health and safety must be documented.

When restraints are used, there must be continuous assessment of the individual to ensure their physical and psychological wellbeing throughout the intervention. Staff who are trained in emergency safety interventions and CPR must be present during the restrictive procedure.

Seclusion, physical restraint and isolation time-out may be employed only by staff that have been trained and

have demonstrated competence in the proper use of and alternatives to these procedures. Prior to providing direct care to people with disabilities whose treatment/habilitation plan includes restrictive interventions, staff shall complete training in the use of seclusion, physical restraint and isolation time-out and shall not use these interventions until the training is completed and competence is demonstrated. A pre-requisite for taking this training is demonstrating competence by completion of training in preventing, reducing and eliminating the need for restrictive interventions. The training shall be competency-based and must be approved by DMH/DD/SUS. A formal refresher training must be completed by each staff at least annually. Training programs shall include, but are not limited to, presentation of:

- refresher information on alternatives to the use of restrictive interventions;
- guidelines on when to intervene (understanding imminent danger to self and others);
- emphasis on safety and respect for the rights and dignity of all persons involved (using concepts of least restrictive interventions and incremental steps in an intervention);
- strategies for the safe implementation of restrictive interventions;
- the use of emergency safety interventions which include continuous assessment and monitoring of the physical and psychological well-being of the client and the safe use of restraint throughout the duration of the restrictive intervention;
- prohibited procedures;
- debriefing strategies, including their importance and purpose; and
- documentation methods/procedures.

At a minimum documentation of the use of restraints or seclusion must include:

- the individual's physical and psychological well-being;
- · frequency, intensity and duration of the behavior which led to the intervention
- any precipitating event;
- the rationale for the use of the intervention, the positive or less restrictive interventions considered and used and the inadequacy of less restrictive intervention techniques that were used;
- a description of the intervention and the date, time and duration of its use;
- a description of accompanying positive methods of intervention;
- a description of the debriefing and planning with the client and the legally responsible person, if applicable, for the emergency use of seclusion, physical restraint or isolation time-out to eliminate or reduce the probability of the future use of restrictive interventions;
- a description of the debriefing and planning with the client and the legally responsible person, if applicable, for the planned use of seclusion, physical restraint or isolation time-out, if determined to be clinically necessary; and
- signature and title of the facility employee who initiated, and of the employee who further authorized, the use of the intervention.

When any restrictive intervention is utilized the legally responsible person shall be notified immediately unless she/he has requested not to be notified. When restrictive interventions are utilized as part of a behavioral plan, the behavior plan must include steps and less restrictive measures that must be utilized prior to the restrictive procedure. Planned use of restrictive interventions must be reviewed by a Human Rights Committee prior to implementation. Utilization of unplanned restrictive procedure will be documented on the DHHS online Incident Response Information System (IRIS). This report is submitted within 72 hours of the use of a restrictive intervention to the LME-PIHP. Any reports of unauthorized use or misapplication of restraints will be investigated by the PIHP. Care Coordination monitors at least quarterly to ensure any restrictive interventions (including protective devices used for behavioral support) are written into the ISP and the Positive Behavior Support plan and that the Positive Behavioral Support plan is signed/approved by a licensed psychologist and approved by the Client Right's Committee. Physical restraint is the application or use of any manual method of restraint that restricts freedom of movement or the application or use of any physical or mechanical device the restricts freedom of movement or normal access to one's body, including material or equipment attached or adjacent to the beneficiary that he or she cannot easily remove. Holding a beneficiary in a therapeutic hold or any other manner that restricts his or her movement constitutes manual restraint for that beneficiary.

Protective devices are devices such as posy vests, geri-chairs or table top chairs to provide support and safety for clients with physical handicaps; devices such as helmet and mittens for self-injurious behaviors, or devices such as soft ties used to prevent medically ill clients from removing intravenous tubes, indwelling

catheters, cardiac monitor electrodes or similar medical devices. Protective devices for behavioral control must follow the processes outlined in General Statute including approval by the provider's Human Rights Community and must be outlined in the beneficiary's person centered plan.

Restrictive interventions are to only be provided by staff who have been trained in prevention strategies and have demonstrated competence in these strategies through the completion of a program approved by DMH/DD/SUS. The approved DMH / DD / SUS programs includes prevention techniques, non-restraining physical interventions and optional restraining physical interventions. Restraints which result in the person being in a face-down or prone position are not part of the approved programs. The programs emphasizes building positive relationships, decision making and problem solving, assessing risk for escalating behavior, and early crisis intervention. If agencies choose to use another program, it must be approved by DMH/DD/SUS.

It is expected that restraint/seclusion are an intervention of last resort. Functional assessments, relationship building, positive behavioral support plans, and crisis plans are some of the alternatives to restrictive interventions.

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for overseeing the use of restraints and ensuring that state safeguards concerning their use are followed and how such oversight is conducted and its frequency:

State agencies and the PIHP are regularly informed on the use of restraints, restrictive interventions and rights restrictions through incident reporting and data reports. The PIHPs report quarterly on the use of restraints to DHB. In addition, NC Administrative Code 10A NCAC 27E .0104 and 10A NCAC 27G .0600, requires provider agencies to participate in the DHHS online Incident Response Information System (IRIS) for responding to and reporting critical incidents and other life endangering situations. This system addresses deaths, injuries, behavioral interventions, including physical restraints, management of medications, allegations of abuse or neglect, and participant behavior issues. The PIHPs provide oversight to the use of restrictive behavioral interventions. These incidents are reviewed during provider monitoring reviews by the PIHP. State agencies review the use of restraints, restrictive interventions and rights restrictions if complaints are made to the state advocacy and consumer affairs office. Any significant injuries which result from employment of a restraint, restrictive intervention or rights restriction must be carefully analyzed and immediately reported to state agencies and the PIHP.

If the agency is licensed through the Division of Health Service Regulation, the PIHP, DHB, or the DMH/DD/SUS may contact the Division of Health Service Regulation regarding any concerns. Providers report aggregate data to the PIHP quarterly. The PIHP collects this data for DHB.

### **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (2 of 3)** 

- **b.** Use of Restrictive Interventions. (Select one):
  - O The state does not permit or prohibits the use of restrictive interventions

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and how this oversight is conducted and its frequency:

- The use of restrictive interventions is permitted during the course of the delivery of waiver services Complete Items G-2-b-i and G-2-b-ii.
  - i. Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the state has in

effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

NC Administrative Code at 10A NCAC 27E.0107 addresses Training on Alternatives to Restrictive Interventions.

Employers of record are required to provide or arrange for employee training on alternatives to restrictive interventions.

Restrictive interventions are reported via the incident reporting rules at 10A NCAC 27 G.0600. The DHHS Restrictive Intervention Details Report is completed along with the incident report.

Restrictive interventions governed by 10a NCAC 27e .0104 include seclusion, physical restraint, isolation time-out and protective devices used for behavioral control. Use of these interventions is limited to emergency situations in order to terminate a behavior or action in which the individual is in imminent danger of abuse or injury to self or other persons or when property damage is occurring that poses imminent risk of danger of injury or harm to self or others; or as a planned measure of therapeutic treatment. Restrictive interventions shall not be employed as a means of coercion, punishment or retaliation by staff or for the convenience of staff or due to inadequacy of staffing. Restrictive interventions shall not be used in a manner that causes harm or abuse. Positive and less restrictive alternatives must be considered and attempted whenever possible prior to the use of more restrictive interventions. Providers shall implement policies and practices that emphasize the use of alternatives to restrictive interventions. They shall establish training based on state

competencies and the contents of the training must be approved by DMH/DD/SUS. Formal refresher training must be completed by each service provider at least annually. Competencies include:

- knowledge and understanding of the people being served;
- recognizing and interpreting human behavior;
- recognizing the effect of internal and external stressors that may affect people with disabilities;
- strategies for building positive relationships with persons with disabilities;
- recognizing cultural, environmental and organizational factors that may affect people with disabilities;
- recognizing the importance of and assisting in the person's involvement in making decisions about their life;
- skills in assessing individual risk for escalating behavior;
- · communication strategies for defusing and de-escalating potentially dangerous behavior; and
- positive behavioral supports (providing means for people with disabilities to choose activities which directly oppose or replace behaviors which are unsafe).

Emergency interventions may only be employed for up to 15 minutes without further authorization by the responsible professional or another qualified professional who is approved to use and to authorize the use of the restrictive intervention based on experience and training. Whenever an individual is in seclusion or physical restraint, including a protective device when used for the purpose or with the intent of controlling unacceptable behavior, the individual must be observed at least every 15 minutes, or more often as necessary, to assure safety. Whenever an individual is in isolation time-out: there shall be a facility employee in attendance with no other immediate responsibility than to monitor the individual. There shall be continuous observation and verbal interaction when appropriate. This observation must be documented. If an individual is in a physical restraint and may be subject to injury,

a facility employee shall remain present with the individual continuously.

When protective devices are used for an individual, there must be documentation that the staff are trained and competent to use the device, that there has been a review of less restrictive alternatives that have not been successful, and that review has been made by a Client Right's Committee. The intervention and monitoring of the individual for health and safety must be documented.

When restraints are used, there must be continuous assessment of the individual to ensure their physical and psychological wellbeing throughout the intervention. Staff who are trained in emergency safety interventions and CPR must be present during the restrictive procedure.

Seclusion, physical restraint and isolation time-out may be employed only by staff that have been trained and have demonstrated competence in the proper use of and alternatives to these procedures. Prior to providing direct care to people with disabilities whose treatment/habilitation plan includes restrictive interventions, staff shall complete training in the use of seclusion, physical restraint

and isolation time-out and shall not use these interventions until the training is completed and competence is demonstrated. A pre-requisite for taking this training is demonstrating competence by completion of training in preventing, reducing and eliminating the need for restrictive interventions. The training shall be competency-based and must be approved by DMH/DD/SUS. A formal refresher

training must be completed by each staff at least annually. Training programs shall include, but are not limited to, presentation of:

- refresher information on alternatives to the use of restrictive interventions;
- guidelines on when to intervene (understanding imminent danger to self and others);
- emphasis on safety and respect for the rights and dignity of all persons involved (using concepts of least restrictive interventions and incremental steps in an intervention);
- strategies for the safe implementation of restrictive interventions;
- the use of emergency safety interventions which include continuous assessment and monitoring of the physical and psychological well-being of the client and the safe use of restraint throughout the duration of the restrictive intervention;
- prohibited procedures;
- · debriefing strategies, including their importance and purpose; and
- documentation methods/procedures.

At a minimum documentation of the use of restraints or seclusion must include:

- the individual's physical and psychological well-being;
- frequency, intensity and duration of the behavior which led to the intervention
- any precipitating event;
- the rationale for the use of the intervention, the positive or less restrictive interventions considered and used and the inadequacy of less restrictive intervention techniques that were used;
- a description of the intervention and the date, time and duration of its use;
- a description of accompanying positive methods of intervention;
- a description of the debriefing and planning with the client and the legally responsible person, if applicable, for the emergency use of seclusion, physical restraint or isolation time-out to eliminate or reduce the probability of the future use of restrictive interventions;
- a description of the debriefing and planning with the client and the legally responsible person, if applicable, for the planned use of seclusion, physical restraint or isolation time-out, if determined to be clinically necessary; and
- signature and title of the facility employee who initiated, and of the employee who further authorized, the use of the intervention.

When any restrictive intervention is utilized the legally responsible person shall be notified immediately unless she/he has requested not to be notified. When restrictive interventions are utilized as part of a behavioral plan, the behavior plan must include steps and less restrictive measures that must be utilized prior to the restrictive procedure. Planned use of restrictive interventions must be reviewed by a Human Rights Committee prior to implementation. Utilization of any restrictive procedure, planned or unplanned (unauthorized) will be documented on the DHHS online Incident Response Information System (IRIS). This report is submitted within 72 hours of the use of a restrictive intervention to the LME-PIHP. Any reports of unauthorized use or misapplication of restraints will be investigated by the PIHP. Care Coordination monitors at least quarterly to ensure any restrictive interventions (including protective devices used for behavioral support) are written into the ISP and the Positive Behavior Support plan and that the Positive Behavioral Support plan is signed/approved by a licensed psychologist and approved by the Client Right's Committee.

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

State agencies and the PIHP are regularly informed on the use of restraints, restrictive interventions and rights restrictions through incident reporting and data reports. The PIHPs report quarterly on the use of restraints to DHB. In addition, NC Administrative Code 10A NCAC 27E .0104 and 10A NCAC 27G .0600, requires provider agencies to participate in the DHHS online Incident Response Information System (IRIS) for responding to and reporting critical incidents and other life endangering situations. This system addresses deaths, injuries, behavioral interventions, including physical restraints, management of medications, allegations of abuse or neglect, and participant behavior issues. The PIHPs provide oversight to the use of restrictive behavioral interventions. These incidents are reviewed during provider monitoring reviews by the PIHP. State agencies review the use of restraints, restrictive interventions and rights restrictions if complaints are made to the state advocacy and consumer affairs office. Any significant injuries which result from employment of a restraint, restrictive intervention or rights restriction must be carefully analyzed and immediately reported to state agencies and the PIHP.

Unauthorized use of restrictive interventions is detected and addressed through Care Coordination monitoring of both services and health and safety on a monthly or quarterly basis. One aspect of the Care Coordination monitoring tool is to be determine of any incidents have occurred and to determine any patterns or unauthorized use of restraints. Furthermore, Utilization of unplanned restrictive procedure will be documented on the DHHS online Incident Response Information System (IRIS). This report is submitted within 72 hours of the use of a restrictive intervention to the LME-PIHP. Any reports of unauthorized use or misapplication of restraints will be investigated by the PIHP. Care Coordination monitors at least quarterly to ensure any restrictive interventions (including protective devices used for behavioral support) are written into the ISP and the Positive Behavior Support plan and that the Positive Behavioral Support plan is signed/approved by a licensed psychologist and approved by the Client Right's Committee."

If the agency is licensed through the Division of Health Service Regulation, the PIHP, DHB, or the DMH/DD/SUS may contact the Division of Health Service Regulation regarding any concerns. Providers report aggregate data to the PIHP quarterly. The PIHP collects this data for DHB.

### **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (3 of 3)** 

- **c.** Use of Seclusion. (Select one): (This section will be blank for waivers submitted before Appendix G-2-c was added to WMS in March 2014, and responses for seclusion will display in Appendix G-2-a combined with information on restraints.)
  - O The state does not permit or prohibits the use of seclusion

Specify the state agency (or agencies) responsible for detecting the unauthorized use of seclusion and how this oversight is conducted and its frequency:

- The use of seclusion is permitted during the course of the delivery of waiver services. Complete Items G-2-c-i and G-2-c-ii.
  - i. Safeguards Concerning the Use of Seclusion. Specify the safeguards that the state has established concerning the use of each type of seclusion. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

NC Administrative Code at 10A NCAC 27E.0107 addresses Training on Alternatives to Restrictive Interventions. Restrictive interventions governed by 10a NCAC 27e .0104 includes seclusion. Seclusion is included in this section.

Employers of record are required to provide or arrange for employee training on alternatives to restrictive interventions.

Restrictive interventions governed by 10a NCAC 27e .0104 include seclusion, physical restraint, isolation time-out and protective devices used for behavioral control. Use of these interventions is limited to emergency situations in order to terminate a behavior or action in which the individual is in imminent danger of abuse or injury to self or other persons or when property damage is occurring that poses imminent risk of danger of injury or harm to self or others; or as a planned measure of therapeutic treatment. Restrictive interventions shall not be employed as a means of coercion, punishment or retaliation by staff or for the convenience of staff or due to inadequacy of staffing. Restrictive interventions shall not be used in a manner that causes harm or abuse.

Positive and less restrictive alternatives must be considered and attempted whenever possible prior to the use of more restrictive interventions. Providers shall implement policies and practices that emphasize the use of alternatives to restrictive interventions. They shall establish training based on state competencies and the contents of the training must be approved by DMH/DD/SUS. Formal refresher training must be completed by each service provider at least annually. Competencies include:

- knowledge and understanding of the people being served;
- recognizing and interpreting human behavior;
- recognizing the effect of internal and external stressors that may affect people with disabilities;
- strategies for building positive relationships with persons with disabilities;
- recognizing cultural, environmental and organizational factors that may affect people with disabilities;
- recognizing the importance of and assisting in the person's involvement in making decisions about their life;
- skills in assessing individual risk for escalating behavior;
- · communication strategies for defusing and de-escalating potentially dangerous behavior; and
- positive behavioral supports (providing means for people with disabilities to choose activities which directly oppose or replace behaviors which are unsafe).

Emergency interventions may only be employed for up to 15 minutes without further authorization by the responsible professional or another qualified professional who is approved to use and to authorize the use of the restrictive intervention based on experience and training. Whenever an individual is in seclusion or physical restraint, including a protective device when used for the purpose or with the intent of controlling unacceptable behavior, the individual must be observed at least every 15 minutes, or more often as necessary, to assure safety. Whenever an individual is in isolation time-out: there shall be a facility employee in attendance with no other immediate responsibility than to monitor the individual. There shall be continuous observation and verbal interaction when appropriate. This observation must be documented. If an individual is in a physical restraint and may be subject to injury, a facility employee shall remain present with the individual continuously.

When protective devices are used for an individual, there must be documentation that the staff are trained and competent to use the device, that there has been a review of less restrictive alternatives that have not been successful, and that review has been made by a Client Right's Committee. The intervention and monitoring of the individual for health and safety must be documented.

When restraints are used, there must be continuous assessment of the individual to ensure their physical and psychological wellbeing throughout the intervention. Staff who are trained in emergency safety interventions and CPR must be present during the restrictive procedure.

Seclusion, physical restraint and isolation time-out may be employed only by staff that have been trained and have demonstrated competence in the proper use of and alternatives to these procedures. Prior to providing direct care to people with disabilities whose treatment/habilitation plan includes restrictive interventions, staff shall complete training in the use of seclusion, physical restraint and isolation time-out and shall not use these interventions until the training is completed and competence is demonstrated. A pre-requisite for taking this training is demonstrating competence by completion of training in preventing, reducing and eliminating the need for restrictive interventions. The training shall be competency-based and must be approved by DMH/DD/SUS. A formal refresher training must be completed by each staff at least annually. Training programs shall include, but are not

limited to, presentation of:

- refresher information on alternatives to the use of restrictive interventions;
- guidelines on when to intervene (understanding imminent danger to self and others);
- emphasis on safety and respect for the rights and dignity of all persons involved (using concepts of least restrictive interventions and incremental steps in an intervention);
- strategies for the safe implementation of restrictive interventions;
- the use of emergency safety interventions which include continuous assessment and monitoring of the physical and psychological well-being of the client and the safe use of restraint throughout the duration of the restrictive intervention;
- prohibited procedures;
- · debriefing strategies, including their importance and purpose; and
- documentation methods/procedures.

At a minimum documentation of the use of restraints or seclusion must include:

- the individual's physical and psychological well-being;
- frequency, intensity and duration of the behavior which led to the intervention
- · any precipitating event;
- the rationale for the use of the intervention, the positive or less restrictive interventions considered and used and the inadequacy of less restrictive intervention techniques that were used;
- a description of the intervention and the date, time and duration of its use;
- a description of accompanying positive methods of intervention;
- a description of the debriefing and planning with the client and the legally responsible person, if applicable, for the emergency use of seclusion, physical restraint or isolation time-out to eliminate or reduce the probability of the future use of restrictive interventions;
- a description of the debriefing and planning with the client and the legally responsible person, if applicable, for the planned use of seclusion, physical restraint or isolation time-out, if determined to be clinically necessary; and
- signature and title of the facility employee who initiated, and of the employee who further authorized, the use of the intervention.

When any restrictive intervention is utilized the legally responsible person shall be notified immediately unless she/he has requested not to be notified. When restrictive interventions are utilized as part of a behavioral plan, the behavior plan must include steps and less restrictive measures that must be utilized prior to the restrictive procedure. Planned use of restrictive interventions must be reviewed by a Human Rights Committee prior to implementation. Utilization of any restrictive procedure, planned or unplanned (unauthorized) will be documented on the DHHS online Incident Response Information System (IRIS). This report is submitted within 72 hours of the use of a restrictive intervention to the LME-PIHP. Any reports of unauthorized use or misapplication of restraints will be investigated by the PIHP. Care Coordination monitors at least quarterly to ensure any restrictive interventions (including protective devices used for behavioral support) are written into the ISP and the Positive Behavior Support plan and that the Positive Behavioral Support plan is signed/approved by a licensed psychologist and approved by the Client Right's Committee.

It is expected that restraint/seclusion are an intervention of last resort. Functional assessments, relationship building, positive behavioral support plans, and crisis plans are some of the alternatives to restrictive interventions.

ii. State Oversight Responsibility. Specify the state agency (or agencies) responsible for overseeing the use of seclusion and ensuring that state safeguards concerning their use are followed and how such oversight is conducted and its frequency:

State agencies and the PIHP are regularly informed on the use of restraints, restrictive interventions and rights restrictions through incident reporting and data reports. The PIHPs report quarterly on the use of restraints to DHB. In addition, NC Administrative Code 10A NCAC 27E .0104 and 10A NCAC 27G .0600, requires provider agencies to participate in the DHHS online Incident Response Information System (IRIS) for responding to and reporting critical incidents and other life endangering situations. This system addresses deaths, injuries, behavioral interventions, including physical restraints, management of medications, allegations of abuse or neglect, and participant behavior issues. The PIHPs provide oversight to the use of restrictive behavioral interventions. These incidents are reviewed during provider monitoring reviews by the PIHP. State agencies review the use of restraints, restrictive interventions and rights restrictions if complaints are made to the state advocacy and consumer affairs office. Any significant injuries which result from employment of a restraint, restrictive intervention or rights restriction must be carefully analyzed and immediately reported to state agencies and the PIHP.

Unauthorized use of seclusion is detected and addressed through Care Coordination monitoring of both services and health and safety on a monthly or quarterly basis. One aspect of the Care Coordination monitoring tool is to be determine of any incidents have occurred and to determine any patterns or unauthorized use of restraints. Furthermore, Utilization of unplanned restrictive procedure will be documented on the DHHS online Incident Response Information System (IRIS). This report is submitted within 72 hours of the use of a restrictive intervention to the LME-PIHP. Any reports of unauthorized use or misapplication of restraints will be investigated by the PIHP. Care Coordination monitors at least quarterly to ensure any restrictive interventions (including protective devices used for behavioral support) are written into the ISP and the Positive Behavior Support plan and that the Positive Behavioral Support plan is signed/approved by a licensed psychologist and approved by the Client Right's Committee. If the agency is licensed through the Division of Health Service Regulation, the PIHP, DHB, or the DMH/DD/SUS may contact the Division of Health Service Regulation regarding any concerns. Providers report aggregate data to the PIHP quarterly. The PIHP collects this data for DHB.

### **Appendix G: Participant Safeguards**

## **Appendix G-3: Medication Management and Administration (1 of 2)**

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

- a. Applicability. Select one:
  - O No. This Appendix is not applicable (do not complete the remaining items)
  - Yes. This Appendix applies (complete the remaining items)
- b. Medication Management and Follow-Up
  - **i. Responsibility.** Specify the entity (or entities) that have ongoing responsibility for monitoring participant medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

North Carolina Administrative Code at 10A NCAC 27G.0209 outlines medication requirements for individuals in 24-hour facilities. Provider agencies, including agencies with choice, are required to have a pharmacist or physician complete quarterly medication/drug reviews for consumers taking medications with potentially serious side effects. The results of the review are reviewed by the PIHP with the provider agency. Employers of record are required to train or arrange for training of their employees in medication administration if applicable.

An independent peer review by a pharmacist or physician is conducted at least once every six months for service recipients receiving antipsychotic medications and at least once every three months for individuals receiving opioids.

PIHPs conduct monitoring of providers on an annual basis in addition to the quarterly review completed by the pharmacist and physician.

PIHPs complete incident reports with aggregate information and submit to the state agency quarterly. More serious incidents that threaten an individual's health and safety as determined by a pharmacist or physician are reported within 72 hours through the state's incident reporting system.

ii. Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the state uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the state agency (or agencies) that is responsible for follow-up and oversight.

State rules and regulations outline requirements for policies and procedural precautions which must be implemented for medication management, which includes prohibited practices. Provider agencies are required to have a pharmacist or physician complete quarterly medication/drug reviews for consumers taking medications with potentially serious side effects. The results of the review are reviewed by the state regulatory entities during annual or complaint reviews.

Harmful practices are identified through the incident reporting and PIHPs monitoring process. These practices are addressed through plans of corrections, increased monitoring, and additional training. Criteria for additional training include Level 1 and Level 2 incidents that could be remediated via training. The DHB contract monitors are responsible for oversight. In addition to quarterly reporting, critical incidents are reported to the contract managers immediately for follow up by DMH/DD/SUS Customer Services. The contract managers work with the IMT to determine harmful trends and identify quality improvement strategies. Depending on the nature of the strategy, the PIHP quality strategy may be amended or the strategy may be used by the PIHP as a Performance Improvement Plan.

### **Appendix G: Participant Safeguards**

## Appendix G-3: Medication Management and Administration (2 of 2)

- c. Medication Administration by Waiver Providers
  - i. Provider Administration of Medications. Select one:
    - O Not applicable. (do not complete the remaining items)
    - Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
  - **ii. State Policy.** Summarize the state policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Consumers who self-medicate are required to have an assessment on their ability to self medicate and a physician must sign an order for self-medication. Documentation must be maintained as outlined in state rules/regulations.

The rule specific to medication administration is 10A NCAC 27G. 0209. It notes the following:

- Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.
- Medications shall be self-administered by clients only when authorized in writing by the client's physician.
- Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons
  trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer
  medications.
- A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration

As State administrative rules require that unlicensed personnel who administer medication be trained by registered nurses, pharmacists or physicians.

Please note that licensed home care and licensed hospice agencies must comply with applicable licensure rules and requirements as outlined by the Division of Health Service Regulation (DHSR). As such, if a waiver provider is also a licensed home care or hospice provider then the administrative rules that govern mental health/developmental disabilities and substance misuse providers do not supersede those that govern licensed home care or hospice providers.

#### iii. Medication Error Reporting. Select one of the following:

• Providers that are responsible for medication administration are required to both record and report medication errors to a state agency (or agencies).

Complete the following three items:

(a) Specify state agency (or agencies) to which errors are reported:

Provider agencies, agencies with choice and employers of record report medication errors to the PIHP who, in turn, reports the errors to the Division of MH/DD/SUS through incident reporting described in Appendix G-1.

(b) Specify the types of medication errors that providers are required to record:

Errors reported include: wrong or missed dosage, wrong medication, wrong time (over 1 hour from prescribed time) or medication refusals by the beneficiary.

(c) Specify the types of medication errors that providers must *report* to the state:

Any error that results in permanent physical or psychological impairment is reported to the Division of MH/DD/SUS via Level III incident reporting.

Any error that does not threaten the individual's health and safety, as determined by a physician or pharmacist notified of the error is reported via Level I incident reporting.

O Providers responsible for medication administration are required to record medication errors but make information about medication errors available only when requested by the state.

Specify the types of medication errors that providers are required to record:

**iv. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is performed and its frequency.

Page 248 of 307

The PIHP reports medication errors via incident reporting described in Appendix G-1. This includes Quarterly Reporting to the Division of DMH/DD/SUS.

Unlicensed personnel who administer medications are required to be trained by registered nurses, pharmacists, or physicians as outlined in 10A NCAC 27E.0107. Medication Administration Records (MARs) must be maintained. Any errors are immediately reported to a physician or pharmacist who determine what follow up is needed. The Division of Mental Health, Developmental Disabilities and substance Abuse Services endorses the instructor training offered at Area Health Educations Centers and maintains a list of instructors on their website.

Incidents on medication errors are reported to DHB on quarterly basis, as well as timeliness of follow up by the PIHP. This is captured in the waiver assurances regarding medication errors resulting in medical treatment and actions taken to protect the beneficiary where indicated. Additionally, the training of staff in medication administration is reviewed by the PIHP during routine monitoring and is captured in the Appendix C performance measures.

### **Appendix G: Participant Safeguards**

### **Quality Improvement: Health and Welfare**

Application for 1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Health and Welfare

The state demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare. (For waiver actions submitted before June 1, 2014, this assurance read "The State, on an ongoing basis, identifies, addresses, and seeks to prevent the occurrence of abuse, neglect and exploitation.")

- i. Sub-Assurances:
  - a. Sub-assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death. (Performance measures in this sub-assurance include all Appendix G performance measures for waiver actions submitted before June 1, 2014.)

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and Percentage of deaths where required LME/PIHP follow-up interventions were completed as required. Numerator: Number of deaths where follow up intervention was completed by the LME/PIHP. Denominator: All deaths where follow up intervention was required.

Data Source (Select one):

Other

If 'Other' is selected, specify:

NC Incident and Reporting System

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	<b>⊠</b> Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHPs	☐ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

#### **Data Aggregation and Analysis:**

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	<b>⊠</b> Quarterly

Responsible Party for data aggregation and analysis (that applies):			f data aggregation and ek each that applies):
Other Specify: PIHPs		□ Annuall	у
		Continu	ously and Ongoing
		Other Specify:	ously and Ongoing
Performance Measure: Number and Percent of Ac Numerator: Number of act harm, where indicated. Den	ions taken to	protect the Be	
Data Source (Select one): Other If 'Other' is selected, specify NC Incident and Reporting			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	⊠ Quarte	rly	Representative Sample Confidence Interval =
Other Specify:	☐ Annual	ly	Stratified Describe Group:
PIHPs			

	Continuously and Ongoing		Other Specify:	
	Other Specify	:		
Data Aggregation and Ana				
Responsible Party for data aggregation and analysis (atthat applies):			f data aggregation and k each that applies):	
State Medicaid Agenc	e <b>y</b>	□ Weekly		
Operating Agency		☐ Monthly	7	
☐ Sub-State Entity		⊠ Quarter	ly	
Other Specify: PIHPs		□ Annuall	y	
		☐ Continu	ously and Ongoing	
		Other Specify:		
_	o did not hav	e a medication	medication Numerator: Tot n error reported Denomina	
Data Source (Select one): Other If 'Other' is selected, specify NC Incident and Reporting				
Responsible Party for	Frequency of	of data	Sampling Approach	

collection/generation

(check each that applies):

data

collection/generation

(check each that applies):

(check each that applies):			
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthly		Less than 100% Review
Sub-State Entity	⊠ Quarter	rly	Representative Sample Confidence Interval =
Other Specify: PIHPs	□ Annually		Stratified Describe Group:
	Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Analysis:			
Responsible Party for data aggregation and analysis (a that applies):			f data aggregation and k each that applies):
☐ State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		<b>Quarter</b>	ly
Other Specify:  PIHPs		☐ Annuall	y

Responsible Party for data aggregation and analysis (a that applies):			nency of data aggregation and sis(check each that applies):		
		☐ Continu	ously and Ongoing		
		Other Specify:			
Performance Measure: Percentage of medication e Number of beneficiaries no hospitalization due to medi were reported for beneficia	t requiring er cation error.	nergency med	ical treatment or		
Data Source (Select one): Other If 'Other' is selected, specify NC Incident and Reporting					
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):		
State Medicaid Agency	□ Weekly		⊠ 100% Review		
Operating Agency	☐ Monthly	y	Less than 100% Review		
☐ Sub-State Entity	⊠ Quartei	rly	Representative Sample Confidence Interval =		
Other Specify: PIHPs	□ Annuall	ly	Stratified Describe Group:		
	Continu Ongoin	ously and	Other Specify:		

	Other Specify:	:	
Data Aggregation and Ana Responsible Party for data aggregation and analysis (	1		f data aggregation and
that applies):			n cach mai appries).
☐ State Medicaid Agenc	e <b>y</b>	☐ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		⊠ Quarter	·ly
Other Specify: PIHPs		☐ Annuall	у
		☐ Continu	ously and Ongoing
		Other Specify:	
Health Service Regulation	as required. N	Numerator: N	ial Services or the Division of umber of incidents that were :: Total number of incidents
Data Source (Select one): Other If 'Other' is selected, specify NC Incident and Reporting			
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each t	eneration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	,	⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100%

			Review
☐ Sub-State Entity	⊠ Quarterly		Representative Sample Confidence Interval =
Other Specify: PIHPs	☐ Annually		Stratified Describe Group:
	Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a	1		data aggregation and k each that applies):
that applies):		,	11 /
State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	,
Sub-State Entity		⊠ Quarter	ly
Other Specify: PIHPs		□ Annually	y
		Continu	ously and Ongoing
		Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):

#### **Performance Measure:**

The % of survey respondents who reported being given information on how to identify and report instances of abuse, neglect, exploitation, and unexplained death. Numerator: Total # of survey respondents who reported being given information how to identify and report of abuse, neglect, exploitation, and unexplained death. Denominator: Total # of waiver participants who responded to this survey question.

Data Source (Select one):

Other

If 'Other' is selected, specify:

LME/MCO Provider Satisfaction Survey

LIVIE/IVICO Frovider Saus	laction Survey	
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:  PIHP	<b>⊠</b> Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Anal	lysis:			
Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):		
State Medicaid Agenc	y	□ Weekly		
Operating Agency		☐ Monthly	7	
☐ Sub-State Entity		Ouarter	ly	
Other Specify: PIHP		× Annuall	y	
		☐ Continu	ously and Ongoing	
		Other Specify:		
			nined to be of unexplained or explained or suspicious cause /	
Data Source (Select one): Other If 'Other' is selected, specify: NC Incident and Reporting				
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly		⊠ 100% Review	
Operating Agency	☐ Monthl	y	Less than 100% Review	
☐ Sub-State Entity	☐ Quarter	rly	Representative	

			Confidence Interval =
Other Specify:	Annual	ly	Stratified Describe Group:
LME-MCO			
	Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Ana	lvcic•		
Responsible Party for data aggregation and analysis (a that applies):	1		data aggregation and k each that applies):
State Medicaid Agenc	y	□ Weekly	
Operating Agency		× Monthly	
☐ Sub-State Entity		Quarter	ly
Other Specify: PIHPS		× Annually	y
11110			
		Continu	ously and Ongoing
		Other Specify:	

b. Sub-assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

Percentage of level 2 or 3 incidents where required LME/PIHP follow-up interventions were completed as required. Numerator: Number of Level 2 or 3 incident reports received by type of incident. Denominator: All level 2 or 3 incidents where LME/PIHP follow-up intervention was required.

Data Source (Select one):

Critical events and incident reports

If 'Other' is selected, specify:

**NC Incident and Reporting System** 

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	⊠ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHP	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:

	Other Specify:	:	
Data Aggregation and Ana	lysis:		
Responsible Party for data aggregation and analysis (attact applies):			f data aggregation and ck each that applies):
State Medicaid Agenc	e <b>y</b>	□ Weekly	
Operating Agency		☐ Monthly	y
Sub-State Entity		Quarter	ly
Other Specify: PIHP		× Annuall	у
		☐ Continu	ously and Ongoing
		Other Specify:	
Health Service Regulation	as required. N	Numerator: N	ial Services or the Division of umber of critical incidents cidents required to be reported
Data Source (Select one): Critical events and inciden If 'Other' is selected, specify NC Incident and Reporting	:		
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each t	eneration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100%

			Review	
Sub-State Entity	⊠ Quarterly		Representative Sample Confidence Interval =	
Other Specify: PIHP	☐ Annually		Stratified Describe Group:	
	Continuously and Ongoing		Other Specify:	
	Other Specify:			
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	check each	analysis(chec	data aggregation and k each that applies):	
Operating Agency		☐ Monthly		
Sub-State Entity  Other Specify:  PIHP		☐ Quarter		
		Continuo Other Specify:	ously and Ongoing	

Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):		
Performance Measure: Percentage of level 2 and 3 Numerator: Number of inc n State Policy. Denominat	idents addres	sed within red	quired tim	eframes as specif
Data Source (Select one): Critical events and incident If 'Other' is selected, specify	-			
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each to	eneration		g Approach sch that applies):
State Medicaid Agency	□ Weekly	,	× 100°	% Review
Operating Agency	Monthl	y	Less Revi	s than 100% iew
☐ Sub-State Entity	⊠ Quarte	rly	□ Rep Sam	resentative aple Confidence Interval =
Other Specify: PIHP	☐ Annual	ly	□ Stra	tified Describe Group:
	☐ Continu Ongoin	ously and	□ Oth	er Specify:
	Other Specify:	:		

Data	Aggr	egation	and	Analy	vsis:
Data	11221	Czauon	anu	ANIIGHT	OID.

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☑ Quarterly
Other Specify:  PIHP	☐ Annually
	Continuously and Ongoing
	Other Specify:

#### **Performance Measure:**

Percentage of level 2 or 3 incidents where the supervisor completed the "cause of the incident" and "what can be done to prevent future occurrences" fields. Numerator: Number of Level 2 or 3 incident reports with both fields completed. Denominator: All level 2 or 3 incidents.

Data Source (Select one):

Critical events and incident reports

If 'Other' is selected, specify:

NC Incident and Reporting System

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =

**X** Other

Specify:			Describe Group:
PIHP			
	☐ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (	1		data aggregation and k each that applies):
that applies):  State Medicaid Agency		□ Weekly	11 /
Operating Agency	·	☐ Monthly	,
☐ Sub-State Entity		⊠ Quarter	ly
Other Specify:		□ Annually	y
		Continu	ously and Ongoing
		Other Specify:	

 $\bowtie$  Annually

☐ Stratified

c. Sub-assurance: The state policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or

sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Percentage of restrictive interventions (both restraint and seclusion) that comply with State policies and procedures regarding the use of restrictive interventions.

Numerator: Number of restrictive interventions conducted in accordance with waiver

all policies and guidelines. Denominator: All restrictive interventions.

Data Source (Select one):

Critical events and incident reports

If 'Other' is selected, specify:

NC Incident and Reporting System

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	🗵 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	⊠ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHP	☐ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

		1	
	l		<u> </u>
Data Aggregation and Ana	lysis:	•	
Responsible Party for data aggregation and analysis (a that applies):			f data aggregation and k each that applies):
☐ State Medicaid Agenc	e <b>y</b>	□ Weekly	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		⊠ Quarter	ly
⊠ Other			
Specify:		Annuall	y
DMH/DD/SAS			
		Continu	ously and Ongoing
		Other	
		Specify:	
Performance Measure:			
Percentage of restrictive in	,		, , , , , , , , , , , , , , , , , , ,
			restrictive interventions that all restrictive interventions.
and not resulted in medical	ti catinent. De	chommator. A	an restrictive interventions.
Data Carras (Calast ana)			
Data Source (Select one): Critical events and inciden	t reports		
If 'Other' is selected, specify	-		
NC Incident Reporting Sys	stem		
Responsible Party for	Frequency o	f data	Sampling Approach
data	collection/ge		(check each that applies):
collection/generation	(check each t	hat applies):	
(check each that applies):			
☐ State Medicaid	□ Weekly		⊠ 100% Review
Agency			
Operating Agency	☐ Monthly	y	Less than 100% Review
Sub-State Entity	⊠ Quarterly		Representative

Confidence

			miervai –
Other Specify:	☐ Annually		Stratified Describe Group:
PIHP			
Tim			
	Continu Ongoin	ously and	Other Specify:
	Ongoin	5	Specify.
	Other		
	Specify:		
Data Aggregation and Ana	lysis:		
Responsible Party for data	1		data aggregation and
<b>aggregation and analysis</b> (attact applies):	спеск еасп	anaiysis(cnec	k each that applies):
State Medicaid Agenc	ry .	□ Weekly	
Operating Agency		☐ Monthly	,
☐ Sub-State Entity		<b>Quarter</b>	ly
<b>⊠</b> Other			
Specify:		Annuall	y
DMH/DD/SAS			
		Continu	ously and Ongoing
		Other Specify:	

d. Sub-assurance: The state establishes overall health care standards and monitors those standards based on the responsibility of the service provider as stated in the approved waiver.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

The percentage of waiver beneficiaries age 21 and older who had a primary care or preventative care visit during the waiver year. Numerator: Number of waiver beneficiaries age 21 and older who had a primary care or preventative care visit during the waiver year. Denominator: Number of waiver beneficiaries.

Data Source (Select one): Other

If 'Other' is selected, specify:

Review of claims data on primary care or preventative care visits.

Responsible Party for Frequency of data Sampling Approach (check each that applies): data collection/generation collection/generation (check each that applies): (check each that applies): **≥** 100% Review **X** State Medicaid □ Weekly Agency ☐ Operating Agency ☐ Monthly Less than 100% Review ☐ Quarterly ☐ Sub-State Entity ☐ Representative Sample Confidence Interval = **Annually** Other ☐ Stratified Specify: Describe Group: Continuously and ☐ Other **Ongoing** Specify: Other Specify:

Data Aggregation and Ana	lysis:		
Responsible Party for data aggregation and analysis (a that applies):			f data aggregation and ck each that applies):
State Medicaid Agenc	ey	□ Weekly	
Operating Agency		☐ Monthly	y
☐ Sub-State Entity		☐ Quarter	·ly
Other Specify:		⊠ Annuall	ly
		☐ Continu	ously and Ongoing
		Other Specify:	
preventative care visit duri beneficiaries under the age during the waiver year. De	ng the waiver of 21 who ha	year. Numer d a primary c	are or preventative care visit
Data Source (Select one): Other If 'Other' is selected, specify Review of claims data on p		or preventativ	e care visits.
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each t	neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		ĭ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review

☐ Sub-State Entity	□ Quarterly		Representative Sample Confidence Interval =
Other Specify:	<b>⊠</b> Annually		Stratified Describe Group:
	Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	1		f data aggregation and kk each that applies):
X State Medicaid Agenc	·y	□ Weekly	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		Ouarter Quarter	dy
Other Specify:		⊠ Annuall	y
		Continu	ously and Ongoing
		Other Specify:	

i.	ds for Remediation/Fixing Individual Proble Describe the States method for addressing indi	ividual problems as they are discovered. Include	
	regarding responsible parties and GENERAL the methods used by the state to document the		rovide information on
	the intra-departmental monitoring team. In si provider corrective action plans or take other corrective action plans of the PIHP if it is detecorrective action plans are subject to DHB app DHB immediately about any issue that has or welfare. DHB and the PIHPs work together to	s identified and include the analysis in the reportuations where providers are involved, the PIH measures to ensure consumer protection. DHI ermined that appropriate action was not taken be proval and monitored by DHB. DHB requires may have a significant negative impact on part or resolve such issues as they occur.	IPs may require B will require by the PIHP. Such the PIHPs to contact
ii.	Remediation Data Aggregation Remediation-related Data Aggregation and	Analysis (including trend identification)	
	Responsible Party(check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
	<b>区</b> State Medicaid Agency	□ Weekly	
	Operating Agency	☐ Monthly	
	☐ Sub-State Entity	⊠ Quarterly	
	Other Specify:	☐ Annually	
		☐ Continuously and Ongoing	
		Other Specify:	
method  No  No  Ye	he State does not have all elements of the Quals for discovery and remediation related to the	assurance of Health and Welfare that are curre ealth and Welfare, the specific timeline for imp	ntly non-operational.

• •	` '		•

Page 272 of 307

## **Appendix H: Quality Improvement Strategy (1 of 3)**

Application for 1915(c) HCBS Waiver: NC.0423.R03.00 - Jul 01, 2019

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the state has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the state specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

Quality Improvement is a critical operational feature that an organization employs to continually determine whether it
operates in accordance with the approved design of its program, meets statutory and regulatory assurances and
requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the state is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

#### **Quality Improvement Strategy: Minimum Components**

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QIS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I), a state spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances; and
- The *remediation* activities followed to correct individual problems identified in the implementation of each of the assurances.

In Appendix H of the application, a state describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the OIS* and revise it as necessary and appropriate.

If the state's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the state plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid state plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QIS spans more than one waiver, the state must be able to stratify information that is related to each approved waiver program. Unless the state has requested and received approval from CMS for the consolidation of multiple waivers for the purpose of reporting, then the state must stratify information that is related to each approved waiver program, i.e., employ a representative sample for each waiver.

# **Appendix H: Quality Improvement Strategy (2 of 3)**

# H-1: Systems Improvement

**i.** Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The North Carolina quality management strategy for the 1915(c) Innovations waiver and the accompanying 1915(b) waiver is a comprehensive plan incorporating quality assurance monitoring and ongoing quality improvement processes. The strategy focuses on methods for coordinating, assessing and continually improving the delivery of behavioral healthcare and intellectual and developmental disabilities (I/DD) services provided through prepaid inpatient health plans (PIHPs). The strategy encompasses an interdisciplinary collaborative approach through partnerships with enrollees and their families, stakeholders, governmental departments and divisions, contractors, the PIHPs, and community groups. System improvements are made based on findings from a number of discovery activities, including: performance measures outlined in both waivers and the DHB-PIHP contracts; ongoing performance improvement projects; onsite reviews by intradepartmental monitoring teams (IMT); external quality reviews; grievances and appeals tracking and trending; network adequacy studies; and, and consumer and provider surveys. (A brief description of each key activity and how they are used for system improvement is provided at the end of this narrative.)

Findings from these activities are reviewed and addressed at three levels. First, each PIHP operating under the (b)/(c) waivers has a contract manager/consultant from DHB's Behavioral Health/IDD section who monitors the PIHP on a day-to-day basis, provides technical assistance, and collects and analyzes data from the discovery activities. Any issues needing immediate remediation are handled at this level.

The second level is an intradepartmental monitoring team (IMT) assigned to each PIHP. Each IMT is led by DHB and consists of the DHB contract manager and other staff from the State Medicaid Agency, the Division of MH/DD/SUS, other divisions within the NC DHHS as needed and the PIHP. Collectively, the individuals staffing the IMT have expertise in all areas of waiver operations, including clinical, finance, health information systems, program integrity, quality management and state and federal rules and regulations relevant to the waiver program. The IMTs meet monthly initially, then quarterly once the waiver program is fully implemented by the PIHP. The role of the IMTs is to monitor the operations of their respective PIHPs, provide technical assistance, review findings from discovery activities, identify challenges and successes, make recommendations for system improvements and monitor progress of any corrective action plans.

A third level of review and feedback is conducted by the DHHS Waiver Advisory Committee. As the (b)/(c) waiver program moved from the demonstration phase to statewide implementation, the DHHS Waiver Advisory Committee (DWAC) was developed to provide input and consultation on the expansion and ongoing operations of the waiver program. The DWAC is comprised of staff from DHHS, DHB, DMHDDSUS, the PIHPs, and representatives from provider and consumer groups, including local community and family advisory committees (CFAC), provider associations and local provider network councils. The individual intradepartmental monitoring teams assigned to each PIHP report community accomplishments, concerns and recommendations to the DWAC. The DWAC reviews quarterly and annual report summaries of PIHP performance. The DWAC provides consultation around local and statewide system goals; reviews outcome measures and trend data; highlights and recommends areas of best practice; and assists with problem identification and resolution. DWAC members serve on the committee for a two year term and are expected to communicate issues, concerns, and feedback from their constituent groups.

Through this multi-level process which provides for evaluation and feedback from consumers, providers, state staff and program experts, both challenges and successes in operating the waivers are identified. Potential solutions to concerns are thoroughly vetted by all stakeholders through the IMT and DWAC, and recommendations are made to DHB for system improvements.

#### Discovery Activities:

Performance Measures and Performance Improvement Projects:

DHB, in conjunction with the PIHPs and system stakeholders, identified the performance measures outlined in the Innovations waiver document and in the DHB-PIHP contract. The performance measure results are reviewed annually and benchmarked with established performance standards/goals. DHB has also identified performance improvement projects that address a range of priority issues for the Medicaid population. Each PIHP is required to implement performance improvement projects in both clinical and non-clinical areas and report findings to DHB.

On-Site Reviews:

DHB and DMH conduct onsite monitoring reviews of each PIHP annually to evaluate compliance with the terms of the contract between DHB and the PIHP and State and federal Medicaid requirements, including Innovations waiver requirements. The review of administrative operations (financial management, information technology, claims) and clinical operations (care management, utilization management, network management, quality management) consists of a documentation review and onsite interviews. A review of MH/DD/SUS care management records may be included in the review. Any compliance issues found during the review will require the submission of a corrective action plan to the IMT for approval and ongoing monitoring.

#### External Quality Review:

The federal and State regulatory requirements and performance standards as they apply to PIHPs are evaluated annually for the State in accordance with 42 CFR 438.310 by an independent External Quality Review Organization (EQRO), including a review of the services covered under each PIHP contract for a) timeliness, b) outcomes and c) accessibility. The EQRO produces, at least, the following information:

- A detailed technical report describing data aggregation and analysis and the conclusions (including an
  assessment of strengths and weaknesses) that were drawn as to the quality, timeliness and access to care furnished
  by the PIHP.
- Validation of performance measures and performance improvement projects
- Recommendations for improving the quality of healthcare services furnished by the PIHP
- An assessment of the degree to which the PIHP effectively addressed previous EQRO review recommendations

EQR results and technical reports are reviewed by the IMT for feedback. Ongoing EQR status reports, and final technical and project reports, are communicated through the IMT. Report results, including data and recommendations, are analyzed and used to identify opportunities for process and system improvements, performance measures or performance improvement projects. Report results are also used to determine levels of compliance with requirements and assist in identifying next steps.

### Grievance and Appeal Reports:

DHB review of grievance and appeal information is used to assess quality and utilization of care and services. The PIHP reports address type of grievance, source of grievance, type of provider (MH, I/DD, SU) and grievance resolution. The number, types and disposition of appeals are also reported. Results from ongoing analysis are applied to evaluation of grievances with quality expectations. Reports are submitted to DHB quarterly.

### Network Adequacy:

The PIHPs are required to establish and maintain provider networks that meet the service needs of the waiver participants and to establish policies and procedures to monitor the adequacy, accessibility and availability of their provider networks. The PIHPs are required to conduct an analysis of their networks to demonstrate an appropriate number, mix and geographic distribution of providers, including geographic access of its members to practitioners and facilities. The analysis and findings are submitted to DHB annually.

#### Provider and Consumer Surveys:

Each PIHP administers a consumer survey annually designed to measure adult and child consumer experience and satisfaction with the PIHP. The survey contains questions designed to measure at least the following dimensions of client satisfaction with PIHP providers, services, delivery and quality:

- Overall satisfaction with PIHP services, delivery, access to care and quality
- Consumer knowledge of managed care from a patient's perspective
- Consumer knowledge of rights and responsibilities, including knowledge of grievance procedures and transfer process
- Cultural sensitivity
- Consumer perception of accessibility to services, including access to providers
- Additional factors that may be requested by the State

Each PIHP also administers a provider survey annually. The purpose of the provider satisfaction survey is to solicit input from providers regarding levels of satisfaction with program areas, such as claims submission and payment, assistance from the PIHP and communication.

Responsible Party(check each that applies):	Frequency of Monitoring and Analysis(check each that applies):
<b>区</b> State Medicaid Agency	□ <sub>Weekly</sub>
Operating Agency	☐ Monthly
☐ Sub-State Entity	⊠ Quarterly
Quality Improvement Committee	☐ Annually
Other Specify:	Other Specify:

### b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the state's targeted standards for systems improvement.

The need for system design changes is identified through the intradepartmental monitoring teams (IMT) and DHHS waiver advisory committee (DWAC) which make recommendations to DHB. DHB prioritizes and implements the needed changes. Contract managers, the IMTs and the DWAC use the discovery activities described above on an ongoing basis to determine whether the desired improvements have been achieved. Additional discovery activities or changes to those already in place may be made to more effectively track the result of system changes.

ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

The quality strategy is reviewed by the quality staff of DHB through an ongoing process that incorporates input from a multitude of sources. The effectiveness of the quality strategy is reviewed on an annual basis and revised based upon analysis of results by the quality management staff in DHB and the IMT. The quality strategy may be reviewed more frequently if significant changes occur that impact quality activities or threaten the potential effectiveness of the strategy. As a result of the annual analysis process, a quality plan for the upcoming year is developed that is congruent with the overall quality strategy. If changes need to be made to the quality strategy, DHB seeks public input

The revised quality management strategy is placed on the DHB website for public input over a 30-day period. In addition, each PIHP will present the quality strategy update for comments at CQI and CFAC meetings. Once public input has been received, the final strategy document is prepared and approved by the quality management staff in DHB. Following approval by DHB, any amendments to the quality strategy are shared with CMS. The final quality strategy is also published on the DHB website.

# Appendix H: Quality Improvement Strategy (3 of 3)

# H-2: Use of a Patient Experience of Care/Quality of Life Survey

a. Specify whether the state has deployed a patient experience of care or quality of life survey for its HCBS population in the last 12 months (Select one):

# Appendix I: Financial Accountability

# I-1: Financial Integrity and Accountability

Financial Integrity. Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The NC Innovations waiver operates in conjunction with a 1915(b) waiver and all services are provided through prepaid inpatient health plans (PIHP). The Division of Health Benefits (DHB) makes a capitated payment monthly to the PIHPs for each enrollee and the PIHPs provide all needed MH/DD/SUS services to Medicaid recipients through their provider networks. The PIHPs are required through their contracts with DHB to implement a compliance plan to guard against fraud and abuse, to conduct provider and self direction audits to verify that services authorized and paid for by the PIHP are actually provided and to take disciplinary action when needed. The PIHPs must report any incidents of fraud and abuse to DHB. Provider agencies and individuals in self directed arrangements are monitored at a frequency set by the PIHPs but no less than every three years.

The PIHPs are also contractually required to have their annual financial reports audited in accordance with Generally Accepted Auditing Standards by an independent certified public accountant and submit the audits to DHB. The annual financial audit is subject to independent verification and audit by a firm of DHB's choosing.

DHB assures that services are provided to waiver participants appropriately and as needed through several required activities described in the contract, such as routine financial and clinical reports by the PIHP, administration of consumer and provider surveys by the PIHP or an external entity, on site reviews of operational processes and procedures, record reviews and external quality review activities through an independent entity. Participant Directed services are monitored on a quarterly basis by the Care Coordinator through the use of the Care Coordination Monitoring Too. The Care Coordination Monitoring Tool reviews the following items related to self direction: Employer Related Responsibilities, Monthly Review w/ Employer, Satisfaction with Services and Progress, Review of Monthly Financial Report, Health and Safety Review, Emergency Plan, and Involvement in Staff Selection.

The entity responsible for conducting the independent audit of the waiver required by the Single Audit Act is the North Carolina Office of the State Auditor.

# Appendix I: Financial Accountability

# Quality Improvement: Financial Accountability

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Financial Accountability Assurance:

The State must demonstrate that it has designed and implemented an adequate system for ensuring financial accountability of the waiver program. (For waiver actions submitted before June 1, 2014, this assurance read "State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver.")

#### i. Sub-Assurances:

a. Sub-assurance: The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered.

(Performance measures in this sub-assurance include all Appendix I performance measures for waiver actions submitted before June 1, 2014.)

#### Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### Performance Measure:

The proportion of claims paid by the PIHP for Innovations Waiver services that have been authorized in the service plan. Numerator: Number of C waiver claims paid for services that have been authorized by Utilization Management (UM). Denominator: Total number of C waiver claims paid.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Report from UM to DHB on claims paid

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHPs	Annually	Stratified  Describe Group:

	Continu Ongoing	ously and	Other Specify:
	Other Specify:		
Data Aggregation and Analyst Responsible Party for data a and analysis (check each tha	ggregation	analysis(chec	data aggregation and k each that applies):
☐ State Medicaid Agency ☐ Operating Agency		☐ Weekly ☐ Monthly	
☐ Sub-State Entity		Quarterl	
Other Specify: PIHPs		X Annually	v
		Continue	ously and Ongoing
		Other Specify:	

b. Sub-assurance: The state provides evidence that rates remain consistent with the approved rate methodology throughout the five year waiver cycle.

### Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### Performance Measure:

The consistency of NC Innovations capitated rates. Numerator NC Innovations PIHPs Year to Date PMPM Denominator: Capitated rate PMPM

Data Source (Select one):

Financial records (including expenditures)
If 'Other' is selected, specify:

Responsible Party for	Frequency of data	Sampling Approach(check
data collection/generation (check each that applies):	collection/generation (check each that applies):	each that applies):
State Medicaid Agency	☐ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify: PIHP	Annually	Stratified  Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	
Data Aggregation and Anal Responsible Party for data	1	f data aggregation and

	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
☐ Sub-State Entity	Quarterly
Other Specify:  PIHP	X Annually
	Continuously and Ongoing
	Other Specify:

*ii.* If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

Medicaid capitated payments to the PIHP are developed and certified by actuarial staff in accordance with managed care requirements for contracts and rate development in 42 CFR Part 438. The actuaries use the PIHP encounter data to set the rates and take into consideration any program or policy changes that might impact the waiver program.

### b. Methods for Remediation/Fixing Individual Problems

*i.* Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The PIHP has the authority to require corrective action plans of each of their providers and recoup payments if they find that services are provided inappropriately – i.e., services are not provided in accordance with program requirements. The PIHP may require the providers to implement corrective action plans depending on the severity and nature of the problem. When significant problems are detected that may impact the health and safety of consumers, the PIHP reports to the State immediately. The State assists with remediation as appropriate and may require corrective actions by the PIHP.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>区</b> State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
Sub-State Entity	Quarterly
Other Specify:	× Annually

Continuously and Ongoing
Other Specify:
v Improvement Strategy in place, provide timelines to desig ssurance of Financial Accountability that are currently non
nancial Accountability, the specific timeline for implementin r its operation.

# Appendix I: Financial Accountability

# I-2: Rates, Billing and Claims (1 of 3)

a. Rate Determination Methods. In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).

The State employs an actuary to calculate actuarially sound payment rates per 42 CFR 438.6(c).

The PIHPs are responsible for setting all provider rates for waiver services. The PIHPs set rates based on demand for services, availability of qualified providers, clinical priority or best clinical practices and estimated provider service cost. The PIHPs use the State's Medicaid rates for the same or similar services as a guide in setting rates.

All proposed changes to existing rates or for implementing new rates are reviewed internally by the PIHPs and externally by their respective PIHP provider advisory committee. The provider council is comprised of a cross section of the PIHP's provider networks. Rate reviews focus on internal and external equity and consistency. Providers are notified of rate changes by announcement at the provider meetings and online posting on the PIHP's website.

The PIHPs reimburse waiver service providers on a fee-for-service basis for most services and for most providers. To the extent that providers are capitated, then service level encounter data is provided so that the State can track services and set PIHP capitated rates.

For services provided through the individual and family directed option (employer of record model), the administrative portion of the service rate is set aside to cover charges for other administrative costs. The direct service portion of the rate is made available to the employer of record for wages and benefits.

b. Flow of Billings. Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the state's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

DHB makes capitated payments to the PIHPs monthly for each waiver beneficiary through the State's Medicaid Management Information System (MMIS), in accordance with Section A.I.B of the concurrent 1915(b) waiver, "Delivery Systems" and the risk contract between the state Medicaid agency and the PIHP. The capitated payments are considered payment in full for all services covered under the waiver program.

Individual providers bill the PIHPs according to the terms of their respective contracts with the PIHP. The contract between DHB and the PIHPs outline requirements for subcontracting and timeliness of payment to providers by the PIHP. The PIHP may not contract with a subcontractor who is not eligible for participation in the Medicaid program.

# Appendix I: Financial Accountability

<i>I-2</i> :	Rates, Billing and Claims (2 of 3)
c. Certifying I	Public Expenditures (select one):
• <sub>N</sub>	o. state or local government agencies do not certify expenditures for waiver services.
	es. state or local government agencies directly expend funds for part or all of the cost of waiver services and certify their state government expenditures (CPE) in lieu of billing that amount to Medicaid.
Select	at least one:
$\Box$ $c$	ertified Public Expenditures (CPE) of State Public Agencies.
ho ve	pecify: (a) the state government agency or agencies that certify public expenditures for waiver services; (b) ow it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the state crifies that the certified public expenditures are eligible for Federal financial participation in accordance with 2 CFR §433.51(b).(Indicate source of revenue for CPEs in Item I-4-a.)
$\sqcup c$	ertified Public Expenditures (CPE) of Local Government Agencies.
-	pecify: (a) the local government agencies that incur certified public expenditures for waiver services; (b) how it assured that the CPE is based on total computable costs for waiver services; and, (c) how the state verifies

# Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (3 of 3)

§433.51(b). (Indicate source of revenue for CPEs in Item I-4-b.)

d. Billing Validation Process. Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:

that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR

At the State Level:

The State determines eligibility for capitated payments by identifying individuals through the Medicaid Management Information System (MMIS) who, as of a set date at the end of each month have a special indicator that signifies participation in the Innovations waiver. (The special indicator is entered in the State's Eligibility Information System (EIS) by the local departments of social services upon notification by the PIHPs that the individual has been approved for waiver participation. Eligibility changes are transmitted to the MMIS on a nightly basis.) The MMIS generates a capitated payment to the PIHPs at the beginning of the following month for each waiver participant identified through this process. DHB requires the PIHPs to review a representative sample of records and encounter data periodically to determine whether assurances as to service plans and service delivery are met and report findings to DHB.

#### At the PIHP/Local Levels:

Eligibility for waiver participation is determined by the PIHPs and eligibility for Medicaid is determined by the local departments of social services (DSS). Initial level of care determinations are made by the PIHPs. The PIHPs notify the DSS when eligibility for waiver participation is authorized, the DSS then enters the special waiver indicator into the State's Eligibility Information System and the indicator is transmitted to the MMIS. The MMIS generates an enrollment report at the end of each month, which identifies waiver participants for whom payment will be made at the beginning of the next month. The PIHPs use this report to verify that waiver eligibility has been entered into the system and to identify any waiver participants who have lost Medicaid eligibility. Regarding payment for waiver services according to the plan of care, authorization for the individual waiver services in the plan is entered into the PIHP's claims payment system, which prevents payment for unauthorized services. The PIHPs monitor service delivery through care coordinator contact with waiver participants and billing audits of providers.

e. Billing and Claims Record Maintenance Requirement. Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §92.42.

## Appendix I: Financial Accountability

I-3: Payment (1 of 7)

a. Method of payments -- MMIS (select one):

_		
0	Payments for all waiver services are made through an approved Medicaid Management Information S	yste

em. (MMIS).

0	Payments for some,	but not all,	waiver services	are made through	an approved MMIS.
---	--------------------	--------------	-----------------	------------------	-------------------

Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

O Payments for waiver services are not made through an approved MMIS.

Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

<sup>•</sup> Pavments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS.

Describe how payments are made to the managed care entity or entities:

The PIHPs notify the local department of social services (DSS) that the individual has been approved to participate in the waiver. The DSS then enters eligibility for waiver participation into the State's Eligibility Information System (NCFAST). NCFAST transmits eligibility to the MMIS, which pays a capitated payment to the PIHP monthly for each waiver participant. Capitated payments continue until one of the following occurs: the individual loses Medicaid eligibility; or, the DSS, upon instruction from the PIHP, removes the individual from the waiver. For waiver beneficiary who have deductibles (spend-downs), the MMIS pays prorated capitated payments based on the date the deductible is met.

## Appendix I: Financial Accountability

### *I-3: Payment (2 of 7)*

	The Medicaid agency makes payments directly and does not use a fiscal agent (comprehensive or limited) or a managed care entity or entities.
	The Medicaid agency pays providers through the same fiscal agent used for the rest of the Medicaid program.
	The Medicaid agency pays providers of some or all waiver services through the use of a limited fiscal agent.
	Specify the limited fiscal agent, the waiver services for which the limited fiscal agent makes payment, the functions that the limited fiscal agent performs in paying waiver claims, and the methods by which the Medicaid agency oversees the operations of the limited fiscal agent:
X	Providers are paid by a managed care entity or entities for services that are included in the state's contract with the entity.
	Specify how providers are paid for the services (if any) not included in the state's contract with managed care entities.
	Not applicable

- c. Supplemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with efficiency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to states for expenditures for services under an approved state plan/waiver. Specify whether supplemental or enhanced payments are made. Select one:
  - No. The state does not make supplemental or enhanced payments for waiver services.
  - O Yes. The state makes supplemental or enhanced payments for waiver services.

Describe: (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which these payments are made; (b) the types of providers to which such payments are made; (c) the source of the non-Federal share of the supplemental or enhanced payment; and, (d) whether providers eligible to receive the supplemental or enhanced payment retain 100% of the total computable expenditure claimed by the state to CMS. Upon request, the state will furnish CMS with detailed information about the total amount of supplemental or

Appendix I: Financial Accountability

*I-3: Payment (6 of 7)* 

f. Provider Retention of Payments. Section 1903(a)(1) provides that Federal matching funds are only available for

	Providers are paid by a managed care entity (or entities) that is paid a monthly capitated payment.
Å	Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the state
	The PIHPs retain 100 percent of the monthly capitated payment.
endix	I: Financial Accountability
	I-3: Payment (7 of 7)
g. Addit	ional Payment Arrangements
	i. Voluntary Reassignment of Payments to a Governmental Agency. Select one:
	No. The state does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.
	Yes. Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e).
	Specify the governmental agency (or agencies) to which reassignment may be made.
i	i. Organized Health Care Delivery System. Select one:  No. The state does not employ Organized Health Care Delivery System (OHCDS) arrangements under the provisions of 42 CFR §447.10.
	Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements unde the provisions of 42 CFR §447.10.
	Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants had free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:

The state contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may voluntarily elect to receive waiver and other services

	Medicaid agency.
	Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.
	This waiver is a part of a concurrent §1915(b)/§1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.
	O This waiver is a part of a concurrent ?1115/?1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The ?1115 waiver specifies the types of health plans that are used and how payments to these plans are made.
pendix I.	Financial Accountability
I.	-4: Non-Federal Matching Funds (1 of 3)
	evel Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the state source or sources of the eral share of computable waiver costs. Select at least one:
ig  X Ap	propriation of State Tax Revenues to the State Medicaid agency
$\square_{Ap}$	propriation of State Tax Revenues to a State Agency other than the Medicaid Agency.
ent Me	the source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the state ity or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the dicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching rangement, and/or, indicate if the funds are directly expended by state agencies as CPEs, as indicated in Item I-2-
	her State Level Source(s) of Funds.
tha (IC	ecify: (a) the source and nature of funds; (b) the entity or agency that receives the funds; and, (c) the mechanism it is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer FT), including any matching arrangement, and/or, indicate if funds are directly expended by state agencies as PEs, as indicated in Item I-2-c:

through such MCOs or prepaid health plans. Contracts with these health plans are on file at the state

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (2 of 3)

b. Local Government or Other Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the source or sources of the non-federal share of computable waiver costs that are not from state sources. Select One:

	t Applicable. There are no local government level sources of funds utilized as the non-federal share.  plicable
	eck each that applies:
	Appropriation of Local Government Revenues.
	Specify: (a) the local government entity or entities that have the authority to levy taxes or other revenues; (b) the source(s) of revenue; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement (indicate any intervening entities in the transfer process), and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:
_	
	Other Local Government Level Source(s) of Funds.
	Specify: (a) the source of funds; (b) the local government entity or agency receiving funds; and, (c) the mechanism that is used to transfer the funds to the state Medicaid agency or fiscal agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:
Appendix I.	: Financial Accountability
I.	-4: Non-Federal Matching Funds (3 of 3)
make up	ation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that of the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes (b) provider-related donations; and/or, (c) federal funds. Select one:
	ne of the specified sources of funds contribute to the non-federal share of computable waiver costs
_	e following source(s) are used
Ch	eck each that applies:
	Health care-related taxes or fees
	Provider-related donations
	Federal funds
Fo	r each source of funds indicated above, describe the source of the funds in detail:
Appendix I.	: Financial Accountability
I	-5: Exclusion of Medicaid Payment for Room and Board
~ .	
a. Services	s Furnished in Residential Settings. Select one:

• As specified in Appendix C, the state furnishes waiver services in residential settings other than the personal home

O No services under this waiver are furnished in residential settings other than the private residence of the

individual.

#### of the individual.

b. Method for Excluding the Cost of Room and Board Furnished in Residential Settings. The following describes the methodology that the state uses to exclude Medicaid payment for room and board in residential settings:

The capitated payments to the PIHPs are based on cost and utilization data submitted by the PIHPs for waiver services. Any costs of room and board for participants living in residential facilities are excluded from the rate setting calculations.

#### Appendix I: Financial Accountability

## I-6: Payment for Rent and Food Expenses of an Unrelated Live-In Caregiver

Reimbursement for the Rent and Food Expenses of an Unrelated Live-In Personal Caregiver. Select one:

- O No. The state does not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who resides in the same household as the participant.
- Yes. Per 42 CFR §441.310(a)(2)(ii), the state will claim FFP for the additional costs of rent and food that can be reasonably attributed to an unrelated live-in personal caregiver who resides in the same household as the waiver participant. The state describes its coverage of live-in caregiver in Appendix C-3 and the costs attributable to rent and food for the live-in caregiver are reflected separately in the computation of factor D (cost of waiver services) in Appendix J. FFP for rent and food for a live-in caregiver will not be claimed when the participant lives in the caregiver's home or in a residence that is owned or leased by the provider of Medicaid services.

The following is an explanation of: (a) the method used to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver and (b) the method used to reimburse these costs:

Per the service definition, and individual accessing Supported Living has the ability to opt for a live in caregiver at all levels. As such, the service definition outlines that reimbursement for the portion of Room and Board attributable to the live in caregiver will be covered under Supported Living.

Mercer and the State discussed reasonable Room and Board expectation in the State of North Carolina. Since the service definition dictates a minimum of two participants and no more than three residents, including any live in caregiver providing supports, a live in caregiver would only be possible in a three bedroom housing setting. Mercer has include information regarding Room and Board costs applicable to residents in North Carolina in the development of the unit cost. Mercer relied on statistics for the U.S. Department of Housing and Urban Development, Federal Communications Commission, and the United states Department of Agriculture to develop the Room and Board cost assumptions.

The unit cost development includes expected Room and Board costs of a three bedroom housing setting to be \$ 992.27 (inclusive of rent, utilities, cable) in total and food costs to be \$226.39 in total. Mercer developed the unit cost such that \$557.14 of Room and Board expenses was allocated to the live-in caregiver per month. Note that the Room and Board costs were subsequently allocated across the two participants in the Supported Living setting. Additionally, since the live in caregiver is an optional arrangement available to the participant, the State put forth that on average approximately 25% of the participants would utilized this portion of the service offering. this may be viewed as an add-on to the base per diem for the Supported Living service. This assumption was incorporated in the development of the overall average unit cost per diem.

# Appendix I: Financial Accountability

# I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (1 of 5)

a. Co-Payment Requirements. Specify whether the state imposes a co-payment or similar charge upon waiver participants for waiver services. These charges are calculated per service and have the effect of reducing the total computable claim for federal financial participation. Select one:

$^igotimes$ No. The state does not impose a co-payment or similar charge upon participants for waiver services.
Yes. The state imposes a co-payment or similar charge upon participants for one or more waiver services.
i. Co-Pay Arrangement.
Specify the types of co-pay arrangements that are imposed on waiver participants (check each that applies):
Charges Associated with the Provision of Waiver Services (if any are checked, complete Items I-7-a-ii through I-7-a-iv):
Nominal deductible
Coinsurance
Co-Payment
Other charge
Specify:
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (2 of 5)
a. Co-Payment Requirements.
ii. Participants Subject to Co-pay Charges for Waiver Services.
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (3 of 5)
a. Co-Payment Requirements.
iii. Amount of Co-Pay Charges for Waiver Services.
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (4 of 5)
1 / 1 in the partie of 1 ingreents for // introduced and other cost 2 in the graph
a. Co-Payment Requirements.
iv. Cumulative Maximum Charges.
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (5 of 5)

**b.** Other State Requirement for Cost Sharing. Specify whether the state imposes a premium, enrollment fee or similar cost sharing on waiver participants. Select one:

- No. The state does not impose a premium, enrollment fee, or similar cost-sharing arrangement on waiver participants.
- O Yes. The state imposes a premium, enrollment fee or similar cost-sharing arrangement.

Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income; (c) the groups of participants subject to cost-sharing and the groups who are excluded; and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:

### Appendix J: Cost Neutrality Demonstration

### J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

Composite Overview. Complete the fields in Cols. 3, 5 and 6 in the following table for each waiver year. The fields in Cols. 4, 7 and 8 are auto-calculated based on entries in Cols 3, 5, and 6. The fields in Col. 2 are auto-calculated using the Factor D data from the J-2-d Estimate of Factor D tables. Col. 2 fields will be populated ONLY when the Estimate of Factor D tables in J-2-d have been completed.

Level(s) of Care: ICF/IID

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	<b>Col.</b> 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)
1	57907.52	9524.00	67431.52	111334.00	8797.00	120131.00	52699.48
2	60107.24	9908.00	70015.24	114674.00	9060.00	123734.00	53718.76
3	62372.52	10309.00	72681.52	118115.00	9332.00	127447.00	54765.48
4	64730.39	10725.00	75455.39	121658.00	9611.00	131269.00	55813.61
5	67228.19	11159.00	78387.19	125308.00	9901.00	135209.00	56821.81

### Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (1 of 9)

**a.** Number Of Unduplicated Participants Served. Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table: J-2-a: Unduplicated Participants

Waiver Year	Total Unduplicated Number of Participants (from Item B-3-a)	Distribution of Unduplicated Participants by Level of Care (if applicable) Level of Care: ICF/IID		
Year 1	13138	13138		
Year 2	13138	13138		
Year 3	13138	13138		
Year 4	13138	13138		
Year 5	13138	13138		

b. Average Length of Stay. Describe the basis of the estimate of the average length of stay on the waiver by participants in item J-2-a.

The estimated average length of stay for the waiver is 349.9 days. This figure is based on average user months observed in PIHP claims data for the Innovations waiver during the July 1, 2016 to June 30, 2017 (SFY 2017) time period.

#### Appendix J: Cost Neutrality Demonstration

### J-2: Derivation of Estimates (3 of 9)

- c. Derivation of Estimates for Each Factor. Provide a narrative description for the derivation of the estimates of the following factors.
  - *i. Factor D Derivation.* The estimates of Factor D for each waiver year are located in Item J-2-d. The basis and methodology for these estimates is as follows:

The basis for Factor D was PIHP managed care data for the SFY 2017 time period, as collected for rate setting purposes. This data, which included cost and utilization information, was also reviewed to develop trend assumptions to project future service-level utilization and unit costs for waiver renewal years 1-5. PIHP managed care data for the SFY 2017 time period is not the same data that will be used to develop the 372 reports as the 372 reports are based on waiver year and not SFY. The state opted to use the PIHP managed care data rather than the most recently approved 372 data as the PIHP managed care data was more recent than the available 372 reports and reflected waiver changes that went into effect November 1, 2016.

The unit costs for each service are based on the rates paid to providers by the PIHPs under managed care. For this waiver development, the unit cost was based on actual paid claims under the waiver from SFY2017 and was trended 2% annually to Waiver Year 1 and each subsequent waiver year. Note that there are no requirements in the contract between the State and the PIHPs regarding minimum reimbursement levels for any HCBS services. This being said, the State recently undertook a review of the rates paid by PIHPs to providers for Innovations services and found the rates to be in line with fee schedule rates developed through a market-based approach. The State established the unit cost for year 1 of the waiver based on the current PIHP fee schedules. For years 2-5, the unit cost is calculated to reflect moderate annual inflation.

User projections are developed for each service based on the total number of approved waiver slots and the proportion of total clients expected to utilize each waiver service based on past experience and anticipated changes due to service changes outlined below.

Projections for waiver years incorporate considerations for utilization and cost trends of approximately 4.0% annually.

Effective November 1, 2016, the State implemented changes to the services offered under the Innovations waiver. The following changes had a financial impact on the Innovations waiver which is only partially reflected in the data used as the basis of Factor D. Thus, adjustments based on actual emerging experience were made to reflect full implementation of the changes. Note that there were other changes to the Innovations waiver put forth effective November 1, 2016 that are not listed below as they do not have direct financial implications.

- Community Living and Support was added as a new waiver service and is being offered as a replacement of the former Personal Care, In-Home Skill Building, and In-Home Intensive Supports services.
- Supported Living was being added as a new waiver service.
- Residential unit costs were reevaluated based on updated direct care hour assumptions; the State also refined this assumption to include a mix of individual and group care hours.
- Day Habilitation changed from a 15-minute unit to an hourly unit; note that this does not have an overall financial impact on the waiver.

Effective July 1, 2019, the State plans to implement changes to the services offered under the Innovations waiver. The following changes will have a financial impact on the Innovations waiver which were incorporated in the development of Factor D. Note that there may be other changes to the Innovations waiver put forth effective July 1, 2019 that are not listed below as they are not expected to have direct financial implications.

- Community Navigator will include additional consideration for Person Centered Planning.
- Supported Living will be offered on a daily or periodic basis. The periodic basis will be utilized by individuals who use less than 28 hours of service per week.
- Supported Living Transition is being added as a new waiver service.
- Residential unit costs were increased to explicitly incorporate compensation for therapeutic leave days.
- *ii. Factor D' Derivation.* The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

changes that went into effect November 1, 2016

The basis for Factor D' was the combination of PIHP managed care data for behavioral health services and Medicaid FFS data for the SFY 2017 time period for individuals covered under the Innovations waiver. The summarization for Factor D' captured only Medicaid payments and excluded managed care Innovations waiver service expenditures included in Factor D development. This data was projected to each renewal year utilizing the same service level trend information used to develop factor D (4.0% overall trend). PIHP managed care data was more recent than the available 372 reports and reflected the more recent waiver

iii. Factor G Derivation. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

The basis of these estimates is as follows:

The basis for Factor G was detailed PIHP managed care data for individuals utilizing ICF-IID services under the 1915(b) waiver managed care program. This data represented services rendered during the SFY 2017 time period.

Factor G data was projected to each renewal year with trend assumptions developed from reviewing of the detailed managed care data consistent with rate setting processes. Trends were developed to project future ICF-IID utilization and unit costs for waiver renewal years 1-5 (average annual trend of 3.0%).

PIHP managed care data was more recent than the available 372 reports and; therefore; used.

iv. Factor G' Derivation. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

The basis of these estimates is as follows:

The basis for Factor G' was the combination of PIHP managed care data for behavioral health services and Medicaid FFS data for the SFY 2017 time period for individuals utilizing ICF-IID services under the 1915(b) waiver managed care program. The summarization for Factor D' captured only Medicaid payments and excluded managed care ICF-IID expenditures included in Factor G development.

Factor G data was projected to each renewal year with trend assumptions developed from reviewing of the detailed managed care data consistent with rate setting processes. Trends were developed to project future utilization and unit costs for waiver renewal years 1-5 (average annual trend of 3.0%).

PIHP managed care data was more recent than the available 372 reports and; therefore, used.

### Appendix J: Cost Neutrality Demonstration

### J-2: Derivation of Estimates (4 of 9)

Component management for waiver services. If the service(s) below includes two or more discrete services that are reimbursed separately, or is a bundled service, each component of the service must be listed. Select "manage components" to add these components.

Waiver Services	
Community Navigator	
Community Networking	
Day Supports	
Residential Supports	
Respite	
Supported Employment	
Financial Support Services	
Assistive Technology	
Community Living and Support	
Community Transition	

Waiver Services	
Crisis Services	
Home Modifications	
Individual Goods and Services	
Natural Supports Education	
Specialized Consultation	
Supported Living - Periodic	
Supported Living - Transition	
Supported Living	
Vehicle Modifications	

### Appendix J: Cost Neutrality Demonstration

### J-2: Derivation of Estimates (5 of 9)

#### d. Estimate of Factor D.

ii. Concurrent §1915(b)/§1915(c) Waivers, or other authorities utilizing capitated arrangements (i.e., 1915(a), 1932(a), Section 1937). Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. If applicable, check the capitation box next to that service. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 1

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost		
Community Navigator Total:							6480187.12		
Community Navigator	×	Various	6569	38.00	25.96	6480187.12			
Community Networking Total:							33894498.30		
Community Networking	X	15-minute	3369	1846.00	5.45	33894498.30			
Day Supports Total:							139012534.80		
Day Supports	×	Hourly	5398	1255.00	20.52	139012534.80			
Residential Supports Total:							213608966.61		
Residential Supports	X	day	4199	327.00	155.57	213608966.61			
Respite Total:							32533593.60		
Respite	×	15-minute	7310	1216.00	3.66	32533593.60			
Supported							16051056.00		
GRAND TOTAL: 760789008.59  Total: Services included in capitation: 760789008.59  Total: Services not included in capitation: 13138  Total Estimated Unduplicated Participants: 13138  Factor D (Divide total by number of participants): 57907.52  Services included in capitation: 57907.52  Services not included in capitation:									
		Averag	e Length of Stay on the Waive	r:			350		

Waiver Service/	Capi-					Component	
Component	tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Cost	Total Cost
Employment Total:							
Supported Employment	×	15-minute	1407	1550.00	7.36	16051056.00	
Financial Support Services Total:							183681.63
Financial Support Services	×	Event	121	9.00	168.67	183681.63	
Assistive Technology Total:							1594382.40
Assistive Technology	×	Event	835	102.00	18.72	1594382.40	
Community Living and Support Total:							283333248.00
Community Living and Support	×	15-minute	8224	6960.00	4.95	283333248.00	
Community Transition Total:							58145.44
Community Transition	×	Event	16	1.00	3634.09	58145.44	
Crisis Services Total:							518525.28
Crisis Services	×	15-minute	156	84.00	39.57	518525.28	
Home Modifications Total:							2793480.32
Home Modifications	×	Event	304	1.00	9189.08	2793480.32	
Individual Goods and Services Total:							46543.16
Individual Goods and Services	×	Event	38	2.00	612.41	46543.16	
Natural Supports Education Total:							17368.56
Natural Supports Education	×	Event	51	24.00	14.19	17368.56	
Specialized Consultation Total:							4997163.60
Specialized Consultation	×	15-minute	2431	40.00	51.39	4997163.60	
		Tatal	GRAND TOTAL				7 <b>60789008.59</b> 7 <b>6078</b> 9008.59

Total: Services included in capitation: Total: Services not included in capitation:

 ${\it Total\ Estimated\ Unduplicated\ Participants:}$  $Factor\ D\ (Divide\ total\ by\ number\ of\ participants):$ 

Services included in capitation: Services not included in capitation:

Average Length of Stay on the Waiver:

760789008.59

13138 57907.52

57907.52

350

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Supported Living - Periodic Total:							696395.52
Supported Living - Periodic	×	Hourly	32	1098.00	19.82	696395.52	
Supported Living - Transition Total:							240376.96
Supported Living - Transition	X	Hourly	379	32.00	19.82	240376.96	
Supported Living Total:							23651317.04
Supported Living	×	Day	494	316.00	151.51	23651317.04	
Vehicle Modifications Total:							1077544.25
Vehicle Modifications	×	Event	115	1.00	9369.95	1077544.25	
		Total: Se. <b>Total Estim</b> Factor <b>D</b> (Divide t	GRAND TOTAL  Services included in capitation  rvices not included in capitation  ated Unduplicated Participant  otal by number of participants  Services included in capitation  rvices not included in capitation	n: n: s: ): n:			760789008.59 760789008.59 13138 57907.52 57907.52
		Averag	e Length of Stay on the Waive	r:			350

## Appendix J: Cost Neutrality Demonstration

# J-2: Derivation of Estimates (6 of 9)

#### d. Estimate of Factor D.

ii. Concurrent §1915(b)/§1915(c) Waivers, or other concurrent managed care authorities utilizing capitated payment arrangements. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. If applicable, check the capitation box next to that service. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 2

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/	Unit	Component Cost	Total Cost
Community Navigator Total:								6783937.68
Community Navigator	$\boxtimes$	Various	6569	39.00		26.48	6783937.68	
			GRAND TOTAL					789688885.45
			: Services included in capitation rvices not included in capitation					789688885.45
			ated Unduplicated Participant					13138
		Factor D (Divide t	otal by number of participants	):				60107.24
			Services included in capitation	n:				60107.24
		Sea	rvices not included in capitatio	n:				
		Averag	e Length of Stay on the Waive	r:				350

13138

**60107.24** 60107.24

350

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Networking Total:							35271678.12
Community Networking	X	15-minute	3369	1883.00	5.56	35271678.12	
Day Supports Total:							144614579.20
Day Supports	×	Hourly	5398	1280.00	20.93	144614579.20	
Residential Supports Total:							217879223.64
Residential Supports	$\boxtimes$	Day	4199	327.00	158.68	217879223.64	
Respite Total:							33810212.00
Respite	X	15-minute	7310	1240.00	3.73	33810212.00	
Supported Employment Total:							16705747.17
Supported Employment	×	15-minute	1407	1581.00	7.51	16705747.17	
Financial Support Services Total:							187351.56
Financial Support Services	×	Event	121	9.00	172.04	187351.56	
Assistive Technology Total:							1657775.60
Assistive Technology	X	Event	835	104.00	19.09	1657775.60	
Community Living and Support Total:							294829988.80
Community Living and Support	×	15-minute	8224	7099.00	5.05	294829988.80	
Community Transition Total:							59308.32
Community Transition	×	Event	16	1.00	3706.77	59308.32	
Crisis Services Total:							535173.60
Crisis Services	×	15-minute	156	85.00	40.36	535173.60	
Home Modifications Total:							2849349.44
		Total	GRAND TOTAL : Services included in capitation				7 <b>89688885.45</b> 789688885.45

GRAND TOTAL:

Total: Services included in capitation:

Total: Services not included in capitation:

Total Estimated Unduplicated Participants:

Factor D (Divide total by number of participants):

Services included in capitation:

Services not included in capitation:

Average Length of Stay on the Waiver:

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Home Modifications	×	Event	304	1.00	9372.86	2849349.44	
Individual Goods and Services Total:							47474.16
Individual Goods and Services	×	Event	38	2.00	624.66	47474.16	
Natural Supports Education Total:							18449.25
Natural Supports Education	×	Event	51	25.00	14.47	18449.25	
Specialized Consultation Total:							5224753.82
Specialized Consultation	×	15-minute	2431	41.00	52.42	5224753.82	
Supported Living - Periodic Total:							724684.80
Supported Living - Periodic	×	Hourly	32	1120.00	20.22	724684.80	
Supported Living - Transition Total:							42704.64
Supported Living - Transition	×	Hourly	66	32.00	20.22	42704.64	
Supported Living Total:							27347398.40
Supported Living	×	Day	560	316.00	154.54	27347398.40	
Vehicle Modifications Total:							1099095.25
Vehicle Modifications	×	Event	115	1.00	9557.35	1099095.25	
		Total: Ser	GRAND TOTA.  Services included in capitatio vices not included in capitatio ated Unduplicated Participam	n: n:			789688885.45 789688885.45
		Factor D (Divide t	otal by number of participants  Services included in capitatio  vices not included in capitatio	s): n:			60107.24 60107.24
			e Length of Stay on the Waive				350

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (7 of 9)

#### d. Estimate of Factor D.

ii. Concurrent §1915(b)/§1915(c) Waivers, or other concurrent managed care authorities utilizing capitated payment arrangements. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. If applicable, check the capitation box next to that service. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields.

All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

#### Waiver Year: Year 3

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Navigator Total:							6919718.91
Community Navigator	×	Various	6569	39.00	27.01	6919718.91	
Community Networking Total:							36676281.60
Community Networking	×	15-minute	3369	1920.00	5.67	36676281.60	
Day Supports Total:							150397726.50
Day Supports	×	hour	5398	1305.00	21.35	150397726.50	
Residential Supports Total:							222231865.05
Residential Supports	×	day	4199	327.00	161.85	222231865.05	
Respite Total:							35139170.00
Respite	×	15-minute	7310	1265.00	3.80	35139170.00	
Supported Employment Total:							17384301.06
Supported Employment	×	15-minute	1407	1613.00	7.66	17384301.06	
Financial Support Services Total:							191097.72
Financial Support Services	×	Event	121	9.00	175.48	191097.72	
Assistive Technology Total:							1723289.70
Assistive Technology	×	Event	835	106.00	19.47	1723289.70	
Community Living and Support Total:							306682417.60
Community Living and Support	×	15-minute	8224	7241.00	5.15	306682417.60	
Community Transition Total:							60494.56
Community	$\times$					60494.56	
			GRAND TOTAL : Services included in capitation rvices not included in capitation	n:			<b>819450205.54</b> 819450205.54

GRAND TOTAL: 819450205.54

Total: Services included in capitation: 819450205.54

Total: Services not included in capitation: 13138

Factor D (Divide total by number of participants): 62372.52

Services included in capitation: 62372.52

Services not included in capitation: 3500

Average Length of Stay on the Waiver: 3500

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost	
Transition		Event	16	1.00	3780.91			
Crisis Services Total:							558759.24	
Crisis Services	×	15-minute	156	87.00	41.17	558759.24		
Home Modifications Total:							2906337.28	
Home Modifications	X	Event	304	1.00	9560.32	2906337.28		
Individual Goods and Services Total:							48423.40	
Individual Goods and Services	×	Event	38	2.00	637.15	48423.40		
Natural Supports Education Total:							18819.00	
Natural Supports Education	×	Event	51	25.00	14.76	18819.00		
Specialized Consultation Total:							5459393.94	
Specialized Consultation	×	15-minute	2431	42.00	53.47	5459393.94		
Supported Living - Periodic Total:							754197.12	
Supported Living - Periodic	×	Hourly	32	1143.00	20.62	754197.12		
Supported Living - Transition Total:							44910.36	
Supported Living - Transition	×	Hourly	66	33.00	20.62	44910.36		
Supported Living Total:							31131925.00	
Supported Living	×	Day	625	316.00	157.63	31131925.00		
Vehicle Modifications Total:							1121077.50	
Vehicle Modifications	×	Event	115	1.00	9748.50	1121077.50		
GRAND TOTAL: 819450  Total: Services included in capitation: 819450  Total: Services not included in capitation:  Total Estimated Unduplicated Participants:  Factor D (Divide total by number of participants): 66  Services included in capitation: 66								
			rvices not included in capitation  e Length of Stay on the Waive	1:			350	

#### d. Estimate of Factor D.

ii. Concurrent §1915(b)/§1915(c) Waivers, or other concurrent managed care authorities utilizing capitated payment arrangements. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. If applicable, check the capitation box next to that service. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 4

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost			
Community Navigator Total:							7239038.00			
Community Navigator	×	Various	6569	40.00	27.55	7239038.00				
Community Networking Total:							38147254.38			
Community Networking	×	15-minute	3369	1959.00	5.78	38147254.38				
Day Supports Total:							156483593.64			
Day Supports	X	hour	5398	1331.00	21.78	156483593.64				
Residential Supports Total:							226680621.57			
Residential Supports	×	day	4199	327.00	165.09	226680621.57				
Respite Total:							36588012.00			
Respite	X	15-minute	7310	1290.00	3.88	36588012.00				
Supported Employment Total:							18076362.15			
Supported Employment	X	15-minute	1407	1645.00	7.81	18076362.15				
Financial Support Services Total:							194920.11			
Financial Support Services	×	Event	121	9.00	178.99	194920.11				
Assistive Technology Total:							1790974.80			
Assistive Technology	×	Event	835	108.00	19.86	1790974.80				
		Total: Sei Total Estim Factor D (Divide t	GRAND TOTA. Services included in capitatio rvices not included in capitatio ated Unduplicated Participant otal by number of participants Services included in capitatio	n: n: ss: p): n:			850427842.14 850427842.14 13138 64730.39 64730.39			
	Services not included in capitation:  Average Length of Stay on the Waiver: 350									

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Living and Support Total:							318897936.00
Community Living and Support	×	15-minute	8224	7386.00	5.25	318897936.00	
Community Transition Total:							61704.48
Community Transition	×	Event	16	1.00	3856.53	61704.48	
Crisis Services Total:							582989.16
Crisis Services	×	15-minute	156	89.00	41.99	582989.16	
Home Modifications Total:							2964465.12
Home Modifications	×	Event	304	1.00	9751.53	2964465.12	
Individual Goods and Services Total:							49391.64
Individual Goods and Services	×	Event	38	2.00	649.89	49391.64	
Natural Supports Education Total:							19969.56
Natural Supports Education	×	Event	51	26.00	15.06	19969.56	
Specialized Consultation Total:							5568643.08
Specialized Consultation	×	15-minute	2431	42.00	54.54	5568643.08	
Supported Living - Periodic Total:							783998.40
Supported Living - Periodic	×	Hourly	32	1165.00	21.03	783998.40	
Supported Living - Transition Total:							47191.32
Supported Living - Transition	×	Hourly	66	34.00	21.03	47191.32	
Supported Living Total:							35107277.68
			GRAND TOTAL  : Services included in capitation  rvices not included in capitation	n:			<b>850427842.14</b> 850427842.14
		Total Estim	rvices not included in capitation nated Unduplicated Participant total by number of participants	s:			13138 64730.39

Factor D (Divide total by number of participants): Services included in capitation: Services not included in capitation: Average Length of Stay on the Waiver:

64730.39 64730.39

350

Waiver Service/ Component	Capi- tation	ı ı/nıı	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Supported Living	×	Day	691	316.00	160.78	35107277.68	
Vehicle Modifications Total:							1143499.05
Vehicle Modifications	$\boxtimes$	Event	115	1.00	9943.47	1143499.05	
	GRAND TOTAL:  Total: Services included in capitation:  Total: Services not included in capitation:						<b>850427842.14</b> 850427842.14
	Total Estimated Unduplicated Participants:  Factor D (Divide total by number of participants):  Services included in capitation:  Services not included in capitation:						13138 64730.39 64730.39
	Average Length of Stay on the Waiver:						350

### Appendix J: Cost Neutrality Demonstration

## J-2: Derivation of Estimates (9 of 9)

#### d. Estimate of Factor D.

ii. Concurrent §1915(b)/§1915(c) Waivers, or other concurrent managed care authorities utilizing capitated payment arrangements. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. If applicable, check the capitation box next to that service. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 5

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Navigator Total:							7568144.90
Community Navigator	$\boxtimes$	Various	6569	41.00	28.10	7568144.90	
Community Networking Total:							39714445.80
Community Networking	$\boxtimes$	15-minute	3369	1998.00	5.90	39714445.80	
Day Supports Total:							162883354.48
Day Supports	$\boxtimes$	hour	5398	1358.00	22.22	162883354.48	
Residential Supports Total:							231211762.47
Residential Supports	$\boxtimes$	day	4199	327.00	168.39	231211762.47	
GRAND TOTAL:  Total: Services included in capitation:  Total: Services not included in capitation:							
Total Estimated Unduplicated Participants:							
Factor D (Divide total by number of participants):							<b>67228.19</b> 67228.19
Services included in capitation: Services not included in capitation:							
Average Length of Stay on the Waiver:							

	1	г	1			i	1
Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Respite Total:							38095041.60
Respite	×	15-minute	7310	1316.00	3.96	38095041.60	
Supported Employment Total:							18816739.62
Supported Employment	×	15-minute	1407	1678.00	7.97	18816739.62	
Financial Support Services Total:							198818.73
Financial Support Services	$\boxtimes$	Event	121	9.00	182.57	198818.73	
Assistive Technology Total:							1860881.00
Assistive Technology	×	Event	835	110.00	20.26	1860881.00	
Community Living and Support Total:							332059461.12
Community Living and Support	×	15-minute	8224	7533.00	5.36	332059461.12	
Community Transition Total:							62938.56
Community Transition	×	Event	16	1.00	3933.66	62938.56	
Crisis Services Total:							601333.20
Crisis Services	×	15-minute	156	90.00	42.83	601333.20	
Home Modifications Total:							3023754.24
Home Modifications	×	Event	304	1.00	9946.56	3023754.24	
Individual Goods and Services Total:							50379.64
Individual Goods and Services	×	Event	38	2.00	662.89	50379.64	
Natural Supports Education Total:							20367.36
Natural Supports Education	×	Event	51	26.00	15.36	20367.36	
			GRAND TOTAL				883243994 01

GRAND TOTAL:

Total: Services included in capitation:

Total: Services not included in capitation:

Total Estimated Unduplicated Participants:

 $Factor\ D\ (Divide\ total\ by\ number\ of\ participants):$ 

Services included in capitation: Services not included in capitation:

Average Length of Stay on the Waiver:

883243994.01

883243994.01

13138 67228.19

67228.19

228.19

350

Waiver Service/ Component	Capi- tation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Specialized Consultation Total:							5815170.79
Specialized Consultation	×	15-minute	2431	43.00	55.63	5815170.79	
Supported Living - Periodic Total:							816129.60
Supported Living - Periodic	×	Hourly	32	1189.00	21.45	816129.60	
Supported Living - Transition Total:							48133.80
Supported Living - Transition	×	Hourly	66	34.00	21.45	48133.80	
Supported Living Total:							39230768.00
Supported Living	×	Day	757	316.00	164.00	39230768.00	
Vehicle Modifications Total:							1166369.10
Vehicle Modifications	×	Event	115	1.00	10142.34	1166369.10	
GRAND TOTAL:  Total: Services included in capitation:  Total: Services not included in capitation:  Total Estimated Unduplicated Participants:							883243994.01 883243994.01
			otal by number of participants  Services included in capitation	):			<b>67228.19</b> 67228.19
			rvices not included in capitation  e Length of Stay on the Waive				350