



Meeting Minutes

DATE: 06-05-2018

Meeting Called By	Dr. Sy Saeed, Chair				
Type of Meeting	Clinical Advisory Committee (CAC) Face to Face Meeting - Remotely via WebEx 3:30pm - 5:00pm				
ATTENDEES					
NAME	Present	NAME	Present	NAME	Present
Dr. Sy Saeed, Chair ECU BSOM Psychiatric Medicine, Department Chair	<input checked="" type="checkbox"/>	Lisa Atkins, LCSW A Helping Hand of Wilmington, Clinical Director	<input checked="" type="checkbox"/>	Pamela Morrison, LPA, LCAS Coastal Horizons, Clinical Program Director	<input checked="" type="checkbox"/>
Hillary Faulk Vaughan, LPA Vice Chair Physician's Alliance for Mental Health, Clinical Director	<input checked="" type="checkbox"/>	Gary Bass, LCSW PRIDE in NC, Chief Executive Officer	<input checked="" type="checkbox"/>	Jane St. John, LPA, LCAS Delta Behavioral Health, Clinical Director	<input checked="" type="checkbox"/>
Dr. Burt Johnson Trillium Health Resources, Medical Director	<input checked="" type="checkbox"/>	Glenn Buck, LCAS PORT Human Services, Clinical Director	<input checked="" type="checkbox"/>		
Dr. Michael Smith Trillium Health Resources, Associate Medical Director	<input type="checkbox"/>	Natasha Holley, LCSW Integrated Family Services, Clinical Director	<input checked="" type="checkbox"/>		
Dr. Robby Adams LIP, Medical Director - Various	<input type="checkbox"/>	Dr. Catherine McCall RHA/The Harbor, Medical Director	<input checked="" type="checkbox"/>		

AGENDA

1. **Agenda topic:** Welcome/Call to Order
Presenter(s): Dr. Saeed

Discussion	<ul style="list-style-type: none"> • Introductions made. 		
Conclusions	<ul style="list-style-type: none"> • N/A 		
Action Items	Person(s) Responsible	Deadline	
N/A	N/A	N/A	

2. **Agenda topic:** Review & Approval of Last Meeting's Minutes
Presenter(s): Dr. Saeed

Discussion	<ul style="list-style-type: none"> • Minutes were emailed to each Committee member. Dr. Saeed asked if there were any changes or additions to the written minutes. There were none other than to note that Dr. Kathy Smith was listed on the minutes and she had left the Committee by the date of the last meeting. 		
Conclusions	<ul style="list-style-type: none"> • The minutes were approved. 		
Action Items	Person(s) Responsible	Deadline	
N/A	N/A	N/A	

3. Agenda topic: Presentation for discussion of the Trillium Call Center Screening, Triage and Referral form (STR) along with several other documents being considered for use.

Guest Presenter(s): Christie Edwards, Senior Director of Trillium Connections

Discussion	<ul style="list-style-type: none"> Ms. Edwards informed the Committee that the current STR screening tool, which is mandated by the State, has been in use for at least a decade. Trillium is interested in the possibility of supplementing the basic tool in order to make the process more useful and is seeking suggestions from the Committee. As potential examples, she included the Columbia Suicide Rating Scales and the CAGE. Responses focused on how to target referrals to agencies that were best equipped to handle them to minimize likelihood patients would have to be referred to another agency. This led to discussion of available diagnostic screening tools such as the APA “Crosscutting” Tools, and functional assessment tools like the World Health Organization’s WHODAS that are probably less relevant to acute screening. 	
Conclusions	<ul style="list-style-type: none"> Supplementation of the basic screening tool provides the opportunity to enhance the screenings as well as the referrals carried out by the Call Center. The CAC members are particular interested in approaches to better match patient and referral to provider. 	
Action Items	Person(s) Responsible	Deadline
The Call Center Staff will be working on enhancing the basic STR tool with supplementary tools, and gaining input from stakeholders like the CAC. Christie Edwards will also follow up with Drs. Smith and Johnson to try to refine today’s suggestion.	Christie Edwards, Drs. Smith and Johnson	N/A

4. Agenda topic: Review of a three part training series developed by Trillium’s Training and Network Departments for distribution to its Network

Presenter(s): Dr. Johnson

Discussion	<ul style="list-style-type: none"> Power points for the 3-part training series describing multiple standard screening tools including the CRAFFT, the CAGE, the PHQ9, the GAD7 and the ACE were distributed prior to meeting. They were presented largely as information about what was to be made available to the Network through the Trillium educational portal, but also with a request for comments about how to better present the material. Questions included whether the use of these tools by agencies or LIPS was mandatory to which the answer is no, at least for now, though Care Coordinators are employing some of them when doing HRAs (Health Risk Assessments). It was also pointed out that training about the PHQ9 might help increase the number of providers and practitioners using depression-rating scales. 	
Conclusions	<ul style="list-style-type: none"> These tools promise to be helpful for both Trillium Care Coordinators and network providers/practitioners. 	
Action Items	Person(s) Responsible	Deadline
Comment from Committee members about improving the power points were welcomed.	Committee Members	Feedback is needed by July 1, 2018 to Miriam.Godwin@trilliumnc.org

5. Agenda topic: Update on two projects to monitor use of Clinical Practice Guidelines by Trillium Network Providers

Presenter(s): Ashpley Matthews, Trillium Integrated Care Nurse and Dr. Johnson

Discussion	<ul style="list-style-type: none"> Ms. Matthews summarized the status of the effort to automate monitoring of the guideline for prescribers to monitor metabolic parameters (lipids and either serum glucose or Hemoglobin A1C levels) for patients taking antipsychotic medications. Trillium analytics staff have developed a claims-based tool to accomplish the same objective, which has just received final validation and is now functional. Discussion focused on communication of the monitoring process to providers, and acknowledging that getting these lab tests (and acting on them if abnormal) is only part of the desirable metabolic monitoring of patients on antipsychotics, which should ideally also include measurements of Body Mass Index (BMI) and abdominal girth. Dr. Johnson updated the Committee on progress in agency utilization of depression rating scales to track patient progress in treatment. The effort to implement this process has been focused on the largest provider groups, all of whom have representation on the Clinical Advisory Committee. Several agencies have been able to document regular use, others are in the process of implementation, moving from more screening to systematic status monitoring so as to minimize the entropic tendency towards clinical inertia which occurs in all specialties. 	
Conclusions	<ul style="list-style-type: none"> Trillium is making progress with its efforts to make monitoring of these two Clinical Guidelines a reality in its network. This would be enhanced by active peer review processes at the agency level. 	
Action Items	Person(s) Responsible	Deadline
Next step for the metabolic monitoring guideline will be to notify relevant prescribers about the data that will be sent to them reporting on their performance. For the depression guideline, Committee members need to promote systematic use of depression rating scales in their agencies and Trillium will need to promote expansion of the project to smaller agencies and LIP prescribers.	All Committee members, Dr. Smith	N/A

6. Agenda topic: Report of Nominating Committee

Presenter(s): Dr. Johnson

Discussion	<ul style="list-style-type: none"> Since Dr. Saeed is resigning from the Committee and his Chairmanship, the Nominating Committee (Drs. Saeed, Smith and Johnson, and Hillary Faulk Vaughan), have named current members Hillary Faulk Vaughan as the new Chair and Glenn Buck as the Vice Chair. The Nominating Committee has also been recruiting new members. Several have already accepted including a Psychologist and a Cherry Hospital Psychiatrist. A Nurse Practitioner has been identified as a good candidate and appears interested. More work needs to be done to identify someone with IDD experience and an ECU/Vidant representative to replace Dr. Saeed. Hillary Faulk Vaughan, Gary Bass and Dr. Catherine McCall have chosen to renew their participation on this Committee for another 3 years.
-------------------	---

Conclusions	<ul style="list-style-type: none"> New officers and two new members for the new fiscal year have been named, and we expect additional members to be identified. 	
Action Items	Person(s) Responsible	Deadline
Need to identify individuals for the Committee who will bring the perspectives of Nurse Practitioner, IDD Clinician and ECU/Vidant.	Dr. Smith	Fall, 2018

7. Agenda topic: Changing of the Guard
Presenter(s): Dr. Johnson

Discussion	<ul style="list-style-type: none"> Dr. Saeed will leave the Chairperson role and the Committee after many years of distinguished service on the Trillium CAC and the Clinical Advisory Group for the Trillium legacy organization East Carolina Behavioral Health. Current Vice-Chair Hillary Faulk Vaughn will succeed Dr. Saeed as Chair and Glenn Buck will become Vice-Chair. Jane St. John has declined the opportunity for another 3 year term and will be leaving the Committee after also having provided many years of distinguished service on the CAC at Trillium and its legacy organization CoastalCare. The two significant losses of these valued members will be compensated by the addition of new members described above. Dr. Johnson will be retiring from Trillium as of 6/29/18 and Dr. Smith will become Trillium’s Chief Medical Officer. 	
Conclusions	<ul style="list-style-type: none"> The Committee will be experiencing substantial changes on its membership but is in more than capable hands for the future. 	
Action Items	Person(s) Responsible	Deadline
Next meeting will be August 7, 2018.	The Committee	08-07-18

Meeting Adjourned: 5:00 PM

Next Meeting Date: Tuesday, August 7, 2018. It is noted that the December meeting, which had to be rescheduled in 2017 due to a conflict with the Annual Pinehurst MCO meeting might also need to be rescheduled. Dr. Johnson will ascertain the date of the 2018 Pinehurst meeting, and provide that information to Dr. Smith and Hillary Faulk Vaughan so they can decide about rescheduling.

Supporting Document/Attachment for Minutes: *(these documents are proprietary. Contact Ann Singleton if questions.)*

- C-SSRS Full Scale
- CAGE-AID
- -SSRS Screener
- 2008-12-31 Registration Form
- C-SSR full scale children and-or CI
- ACE Final 4.3.18
- PHQ9 and GAD7 Final 4.3.18
- CRAFFT and CAGE-AID Final 4.3.18
- CAC Presentation for Metabolic Monitoring June 2018 w/o Notes
- Prescriber Letter (Dr. Johnson’s attachment)

Signature: Hillary Faulk Vaughan

Date: 8/7/18