



Clinical Advisory Committee Meeting Minutes

Date: August 9, 2019

Meeting Called By	Dr. Michael Smith, Chief Medical Officer				
Type of Meeting	Clinical Advisory Committee (CAC) Face to Face Meeting Remotely via WebEx 1:00 pm - 3:00 pm				
ATTENDEES					
NAME	Present	NAME	Present	NAME	Present
Dr. Michael Smith Trillium Health Resources Chief Medical Officer	<input checked="" type="checkbox"/>	Dr. Kimberly Greer, Trillium Health Resources, Senior Staff Psychologist	<input checked="" type="checkbox"/>	Khristine Brewington, LPC, LCAS, CCS, CCJP Trillium Health Resources, VP of Network	<input checked="" type="checkbox"/>
Dr. Paul Garcia Trillium Health Resources Staff Physician	<input checked="" type="checkbox"/>	Lauren Swain, MA, LPC, LCAS, Trillium Health Resources, Director of Early Intervention	<input type="checkbox"/>	Julie Kokocha, BS, AHFI, Trillium Health Resources, Director of Network Accountability	<input type="checkbox"/>
Hillary Faulk Vaughan, LPA Chairperson Physician Alliance for Mental Health, Clinical Director	<input type="checkbox"/>	Glenn Buck, LCAS Vice Chair Person PORT Health Services Clinical Director	<input checked="" type="checkbox"/>	Fonda Gonzalez, LPC, NCC, Trillium Health Resources, Director of Quality Management	<input checked="" type="checkbox"/>
Pamela Morrison, LPA, LCAS Coastal Horizons, Clinical Program Director	<input checked="" type="checkbox"/>	Dr. Joshua Pagano Cherry Hospital Forensic Psychiatrist	<input checked="" type="checkbox"/>	Gary Bass, LCSW PRIDE in NC, Executive Officer	<input checked="" type="checkbox"/>
Lisa Atkins, LCSW A Helping Hand of Wilmington, Clinical Director	<input type="checkbox"/>	Dr. Diane Antonacci Psychiatrist	<input checked="" type="checkbox"/>	Griffin Sutton, PhD Tidal Neuropsychology PLLC, Director	<input checked="" type="checkbox"/>
Dr. Robby Adams, LIP Various, Medical Director	<input checked="" type="checkbox"/>	Sharlena Thomas, LPCS, LCAS, CCS, RHA State Clinical Director	<input checked="" type="checkbox"/>	Natasha Holley, LCSW Integrated Family Services, Clinical Director	<input type="checkbox"/>

AGENDA

1. **Agenda topic:** Welcome/Call to Order
Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> • Introductions were made and all members were welcomed. 		
Conclusions	<ul style="list-style-type: none"> • N/A 		
Action Items	Person(s) Responsible	Deadline	
<ul style="list-style-type: none"> • N/A 	N/A	N/A	

2. **Agenda topic:** Review and Approval of June 7, 2019 Meeting Minutes
Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> • Minutes were emailed to each Committee member. Dr. Smith asked the committee members if there were any corrections or additions to the written minutes from the June 7, 2019 meeting.
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Conclusions	<ul style="list-style-type: none"> Motion made by Gary Bass and seconded by Glenn Buck to approve the minutes as written. Those present voted unanimously to accept the minutes as written. 	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> N/A 	N/A	N/A

3. Agenda topic: QIP Review

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> The Committee reviewed the summary of active Trillium Quality Improvement Projects. <ol style="list-style-type: none"> <u>DMA and DMH Mental Health 7 day follow up QIP</u> - DMA/DMH Mental Health 7 day follow up, which identifies individuals who have a mental health diagnosis on their discharge claim from a community hospital, facility based crisis, or state psychiatric hospital whom attend a follow-up appointment within 7 days of their discharge. Members need to get appropriate care following a hospital discharge to decrease the likelihood of readmission. <u>DMA and DMH Substance Use 7 day follow up QIP</u> - DMA/DMH Substance Use 7 day follow up, which identifies individuals who have a substance use diagnosis on their discharge claim from a community hospital, facility based crisis, or state psychiatric hospital whom attend a follow-up appointment within 7 days of their discharge. <u>Increasing Provider Satisfaction Related to the Appeals Process for Denial, Reduction, or Suspension of Service</u> - The 2018 results indicate that Trillium is at 81%. This is an annual measurement based on surveys by DHHS. Trillium will need to maintain this rate for next 12 months. <u>Monitoring of In-Reach Contacts for TCLI</u> - The purpose of this QIP is to ensure that persons with mental illness are able to reside within their communities in the least restrictive settings of their choice. This measurement has steadily increased. 	
Conclusions	<ul style="list-style-type: none"> N/A 	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> Continue to review and monitor all QIPs 	Committee Members	N/A

4. Agenda topic: CCME/EQR Annual Report Summary

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> The 2019 Annual External Quality Review reflects that Trillium achieved a score of 98% for the standards that were reviewed. This review determines the level of performance demonstrated by Trillium Health Resources. 	
Conclusions	<ul style="list-style-type: none"> N/A 	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> N/A 	N/A	N/A

5. Agenda topic: UM Plan - Draft Plan

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> This is a Draft plan and will need to be reviewed and approved by the Executive Committee. Some of the UM plan changes included adding some of the NCQA language. We are still required to maintain URAC language in the UM Plan. Another change is that NCQA requires the number of cases that UM reviews to increase and Complex Case Management has been included. 		
Conclusions	<ul style="list-style-type: none"> N/A 		
Action Items	Person(s) Responsible	Deadline	
<ul style="list-style-type: none"> N/A 	N/A	N/A	

6. Agenda topic: Discussion of UM Clinical Decision Support Tools

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> Trillium is required by NCQA to have written clinical decision support tools. This has been completed for all services in our clinical plan. The Clinical Coverage Policy has been broken down into a check box form. A "Social Determinants of Health" check box form has also been added. These check tools help us maintain our consistency with clinical coverage policies, and ensures we are providing appropriate levels of care. 		
Conclusions	<ul style="list-style-type: none"> N/A 		
Action Items	Person(s) Responsible	Deadline	
<ul style="list-style-type: none"> Bring samples to the Committee members to review. 	Dr. Michael Smith	Oct. 4, 2019	

7. Agenda topic: QI 7 Behavioral Health Screening (NCQA)

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> Behavioral Health Screening is a NCQA standard. Trillium suggests the use of screening tools to the network when it is indicated, and requests the committee's input. Providers and practitioners use many different screening assessment tools. There will be a list of standardized tools for many different services. Trillium is currently identifying processes to support the providers on using these tools. The committee can recommend screenings on an ongoing basis for our provider network. If a provider has a screening they would like to submit to Trillium, there would be an access email that they can send that information too. 		
Conclusions	<ul style="list-style-type: none"> N/A 		
Action Items	Person(s) Responsible	Deadline	
<ul style="list-style-type: none"> Bring examples of screenings for review. 	Committee Members	Oct. 4, 2019	

8. Agenda topic: QI 8 Self-Management Tools

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> Self-Management Tools help members determine risk factors and provide recommended ways to improve health or support reducing risk. Trillium has listed many self-management tools on our website to include smoking cessation, healthy weight and managing stress. Committee members are asked to review the website and tools to make sure they are understandable to the member populations. Accessibility and ease of understanding are necessary. We will be listing additional links that will cover more information and trainings in the future. The website to review 		
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	these tools is https://www.trilliumhealthresources.org/for-individuals-families/self-management	
Conclusions	<ul style="list-style-type: none"> Trillium will continue to add more tools to the website in the future. 	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> Review the website and tools and provide feedback 	Committee members	On-Going

9. Agenda topic: Medicaid Transformation Update

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> Nash County is the only county in Trillium's catchment area to go live during the first phase. Letters have been sent to Medicaid eligible enrollees regarding choice plans to choose from. Phase 1 of the Standard Plan may be delayed due to the budget being approved. 	
Conclusions	<ul style="list-style-type: none"> N/A 	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> N/A 	N/A	N/A

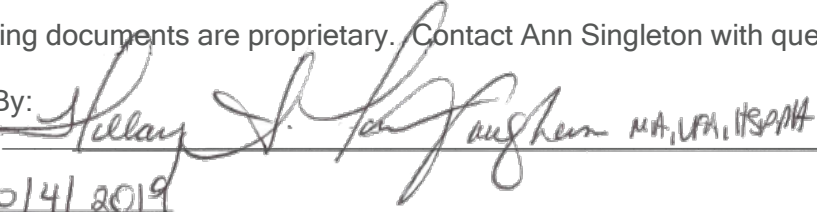
Meeting Adjourned at 2:41 P.M.

Next Meeting Date: October 4, 2019

(All meetings convene from 1:00 P.M. to 3:00 P.M.)

All supporting documents are proprietary. Contact Ann Singleton with questions.

Accepted By:

Signature:  MA, CPA, HRSA

Date: 10/4/2019