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## Potential New Local Management Entity/Managed Care Organization: Trillium Health Resources

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By Cara Beth Lewis

Bladen County management has proposed to join a new local management entity, Trillium Health Resources, to manage mental health, intellectual and developmental disabilities, and substance use services in the county upon leaving the current provider, EastPoint.

According to Trillium Health Resources, the organization oversees mental health, substance use, and intellectual/developmental disability services in 26 counties across eastern North Carolina. State or federal funds pay for these services.

Trillium does not provide services itself; but instead, the organization partners with agencies and licensed therapists to provide the exact services that are needed. Trillium partners with social workers, substance abuse counselors, habilitation specialists, nurses, psychologists, psychiatrists, etc.

A variety of services are offered through the Trillium Provider Network, including screening, assessment, evaluation, therapy, psychological testing, medication management, residential treatment, psychological rehabilitation, developmental therapy, wellness recovery education and peer support, respite, mobile crisis, and more, according to Trillium Health Resources.

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MyLearningCampus.Org is a free online learning and training platform launched by Trillium. The courses offered are related to health and well-being. Some topics are: *Healthy Eating, Healthy Weight, Encouraging Physical Activity, and Are You Thinking of Suicide?* There are more upcoming topics, too. These include *Asthma, Obesity, Opiate Addiction, Hypertension, Tobacco Cessation, LGBTQ, and Access to Care.*

Trillium is a resource for before and after traumatic events. Services include awareness and stigma, watch for warning signs, coping skills, 24-hour access to care line, training, mobile crisis teams, school resources, and local connections. “We can ensure care is provided with the right services, in the right amount, at the right time,” Trillium stated.

Call Trillium’s Access to Care Line at 1-877-685-2415. In an emergency, a trained Mobile Crisis Team member to the caller’s location or direct the caller to a crisis center.

For Integrated Family Services, call 1-866-437-1821 for any location. This service also offers a Crisis Chat.

For Youth Mental Health First Aid, call 1-866-998-2597. This is a public education program to help participants understand, identify, and respond to signs of mental illness and substance use disorders.

The CIT program is a community-based collaboration between individuals, families, the behavioral health system and providers, law enforcement agencies National Alliance on Mental Illness, advocacy organizations, community colleges, and the medical community. Call 1-866-998-2597 for more information.

Trillium wishes to be a part of the community. “Trillium is widely accessible and deeply integrated into our communities to help improve access, reduce administrative burdens on providers, and increase the quality of services.”

Community Collaboratives meet regularly in Trillium areas. Community Collaboratives foster partnerships among individuals and identify service and support gaps to find solutions and address needs.

Comments on this proposal can be made to Bladen County Manager Gregory J. Martin in writing to PO Box 1048, Elizabethtown, NC 28337; in person, or via telephone, at the Bladen County Manager’s office, located at 201 East King Street, Elizabethtown, NC 28337, (910)862-6700, or via electronic mail at [gmartin@bladenco.org](mailto:gmartin@bladenco.org). Comments will be accepted for 60 days, and the comment period will end at 5 pm on August 31, 2021.