THE COMMUNITY NEWSPAPER OF OCRACOKE, NORTH CAROLINA, SINCE 1999

Mobile health unit to open on Ocracoke

March 29, 2022

From our news services

Trillium Health Resources is launching seven mobile integrated care units and will dedicate one for Ocracoke at 10:15 a.m. Wednesday (March 30) at the Ocracoke Community Center.

Thanks to funding provided by NCDHHS through the federal Substance Abuse Treatment Block Grant this unit will serve Beaufort, Martin, Tyrrell and Washington counties and Ocracoke Island.

Trillium is partnering with PORT Health, Monarch, Coastal Horizons, and RHA to travel to individuals living in 17 counties across the state.

Trillium saw the COVID-19 pandemic as a reminder of the health care disparities experienced by people of color, rural residents and Medicaid-insured individuals across the 28 counties we serve. In response, we launched the One Community Initiative to address the stress, anxiety, depression and general mental health challenges caused by the pandemic.

Across the United States, we've also seen an influx of mental health crises amid the anxiety and grief of the pandemic. Unfortunately, emergency rooms have been serving as a primary resource for many suffering from these crises, particularly those who are uninsured, Medicaid-insured, or people of color.

While specific services at each unit may vary based on provider or local demands, they are expected to offer the following:

Mental health screenings

Substance use disorder treatment

Traditional therapy

Assertive outreach

Medication management via telemedicine

Care management

Peer support

Crisis and Disaster Response



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As the needs of communities develop, clinics may offer physical health services such as general health checkups and vaccinations (such as flu or pneumonia)

In the future, Trillium hopes the mobile clinics will be able to provide Medication Assisted Treatment (MAT) for individuals experiencing opioid addiction.

To learn more about the mobile clinics or receive assistance at any time, visit https://www.trilliumhealthresources.org/ or call 1-877-685-2415.

