

Access Point

Have questions? Get some answers. It's easy and it's free.

Trillium Health Resources is strongly committed to bringing services and supports to the communities we serve.

We look for innovative ways to engage individuals and families and present helpful information.

Access Point can provide help when you need it.

BENEFITS OF ACCESS POINT FOR YOU

- Provides anonymous, evidence-based, self-conducted screenings available online 24 hours a day
 - Depression
 - Adolescent Depression
 - Substance Use
 Disorder
 - Bipolar Disorder
 - Post-Traumatic Stress
 Disorder
- Generalized Anxiety
 Disorder
- Eating Disorders
- Alcohol Use Disorder
- Gambling
- Opioid Misuse
- Well-Being Screen
- Provides immediate results
- Presents you with local referral information through our Provider Directory
- Includes a learning and resource section to inform you
- Is available in English and Spanish
- Is available from any computer or mobile device, including kiosk locations in several communities
- Allows you to use the system whenever, wherever, and as often as you choose

Trillium is responsible for providing access to and oversight of services for individuals who receive Medicaid or state funding for their care. Trillium complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

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How Are You Feeling?

Behavioral health - which includes mental health, substance use, and more - is a key part of your overall well-being. Brief screenings are the quickest way to determine if you or someone you care about should connect with a behavioral health professional. Think of these as a checkup from your neck up. This program is completely anonymous and confidential, and immediately following the brief questionnaire you will see your results, recommendations, and key resources.







USING ACCESS POINT IS EASY

The image above is the first thing you see when you use the Access Point program. You do not have to give your name or provide any other personal details to take part.

By answering a few simple questions, you can learn more about what you or someone you know may be going through. Although Access Point does not provide a diagnosis, it can share whether you should seek more information to get help.

ACCESS POINT KIOSKS

Trillium has several kiosks—privacy booths—in communities we serve. They meet current Americans with Disability (ADA) requirements if you use a wheelchair or walker.

These kiosks offer you the opportunity to:

- Sit down to use the program to take a screening or look up resources
- Take a wallet card with the Access Point web address for logging into the program at home

FOR MORE INFORMATION

- To learn more about the Access Point program and kiosk locations, you can scan the following QR code:
- Contact Trillium at the Administrative & Business Matters line 1-866-998-2597





Transforming Lives. **Building Community Well-Being.**