

#### **Transportation Services Overview**

Many counties in rural North Carolina do not have public transportation. And for many people, the cost of cars and gas is too expensive. Healthy Opportunities can help pay for a bus pass or ride shares. They can also tell you about local organizations who may offer rides for free. Transportation services help members feel more involved in their community. Members may get help for rides to locations such as grocery stores, job interviews, or parks.

**Trillium Health Resources Corporate Headquarters** 201 West First St. Greenville, NC 27858

Member & Recipient Services 1-877-685-2415

**Behavioral Health Crisis Line** 1-888-302-0738

**Nurse Line** 1-877-685-2415

TrilliumHealthResources.org

Trillium Health Resources oversees serious behavioral health, traumatic brain injury, and intellectual/developmental disability services in North Carolina. Trillium helps individuals with Medicaid or state funding for their care through the Trillium Tailored Plan and NC Medicaid Direct. For those on the Trillium Tailored Plan, we cover physical health care and pharmacy services as well. Trillium complies with applicable federal civil rights laws and does not discriminate, exclude or treat people different based on race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender identity or expression, or sexual orientation.

You can get free materials in large print and other auxiliary aids and services. Call 1-877-685-2415 (TTY/TDD 711). If English is not your first language, free interpreter services are available. Call 1-877-685-2415 (TTY/ TDD 711).

Español (Spanish): Puede obtener materiales gratuitos en letra grande y otras ayudas y servicios auxiliares. Llame al 1-877-685-2415 (TTÝ/TDD 711). Si el inglés no es su primer idioma, servicios de interpretación gratuita están disponibles. Llame al 1-877-685-2415 (TTY/TDD 711)

中国人 (Chinese): 您可以申请免费的辅助工具和服 包括本资料和其他计划信息的大字版。请致电 1-877-685-2415 (TTY/TDD 711)。 如果 是您的首选语言,我们能 青纹电 1-877-685-2415 我们可以通过口头或书面形 您使用的语言免费为您提供本资料中的信

HEALTH PLAN 息,为您提供翻译服务,并且用您使用的

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语言帮助回答您的问题。

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Help for Housing, Food, Transportation, and **Interpersonal Safety** 

# **HEALTHY OPPORTUNITIES PILOT PROGRAM**





Transforming Lives. Building Community Well-Being.

# Everyone needs a safe place to live so they can focus on their health.

### **Healthy Opportunities Pilot**

The Healthy Opportunities Pilot Program provides help for those in need of housing, food, transportation, and interpersonal safety/toxic stress support. To ask about your eligibility or find out more, talk to your care manager or call Trillium and ask about the Healthy Opportunities Pilot Program at **1-877-685-2415**.

**Note:** This pilot program is only available in the following counties: Beaufort, Bertie, Bladen, Brunswick, Chowan, Columbus, Edgecombe, Halifax, Hertford, New Hanover, Martin, Onslow, Northampton, Pender, and Pitt.



# **Housing Services**

Everyone needs a safe place to live so they can focus on their health. Housing services help improve health outcomes and reduce housing-related health risks, such as asthma, for members. Pilot Housing services include navigation and case management to identify housing needs, find appropriate housing, and develop housing support or a crisis plan, as needed.



# **Food Services**

It is hard to focus on your health if you are not sure where you will find your next meal. Food services help members experiencing food insecurity to find and learn about healthy food options. Pilot food services may include Fruit and Vegetable Prescriptions, food boxes, or Medically Tailored Meals.

### Where can I get more information?

Visit our website at <u>TrilliumHealthResources.org</u> or call our **Member & Recipient Services** at **1-877-685-2415**.



## **Interpersonal Safety**

Domestic violence can happen to anyone, and harms people physically, financially, and emotionally. Interpersonal safety services and activities help members experiencing violence, abuse and toxic stress.Interpersonal safety services and activities can help qualifying members be connected to legal supports, find a safe place to live, receive referrals to domestic violence shelters and parenting services, and develop safety plans. Care Managers work with members in a secure, private way to protect the identity of the member.



The Healthy Opportunities Pilot Program is subject to funding and not an entitlement.