

## Group Living

Group Living are group homes with four or less people with overnight staffing or virtual monitoring. It may be provided in an alternative family home, but provides support in a home environment to enable participation in community activities. Group Living helps create social interactions, and assists with education regarding basic living and socialization skills.

## Developmental Day

Available for children ages three to 12, Developmental Day includes up to 10 hours/day. It is provided in an inclusive setting and promotes self-help and fine/gross motor skills (such as tying shoes or throwing a ball).

## One-Time Transitional Costs

A B3 Service that provides up to \$5,000 (lifetime) to cover costs during transition such as security deposits, moving fees, or purchasing furniture.

## ICF-IID

An Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) is a group home or facility that offers residential care with a skilled nursing component and oversight by a doctor. Physical Therapy and Occupational Therapy are also available. An ICF-IID serves individuals who need more complex care than can be obtained in a group home. A doctor's order is required for admission into an ICF-IID.

## Additional Services

Other services such as mobile crisis, physician consultation, and outpatient are available to those who have diagnoses other than just Intellectual/Developmental Disabilities (I/DD). Please visit our website to view the full benefit plan.

## Choose Independence Assistive Technology Grants for Independence

Choose Independence Grants for Independence is a Trillium initiative that helps individuals access assistive technology. Anyone who has Medicaid or uses state-funded services, and lives in a county served by Trillium, can apply to use this program.



**Trillium Health Resources  
Corporate Headquarters**  
201 West First St. Greenville, NC 27858  
**Member & Recipient Services**  
**1-877-685-2415**  
**Behavioral Health Crisis Line**  
**1-888-302-0738**  
**Nurse Line**  
**1-877-685-2415**  
[TrilliumHealthResources.org](http://TrilliumHealthResources.org)

**Trillium Health Resources** oversees serious behavioral health, traumatic brain injury, and intellectual/developmental disability services in North Carolina. Trillium helps individuals with Medicaid or state funding for their care through the Trillium Tailored Plan and NC Medicaid Direct. For those on the Trillium Tailored Plan, we cover physical health care and pharmacy services as well. Trillium complies with applicable federal civil rights laws and does not discriminate, exclude or treat people different based on race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender identity or expression, or sexual orientation.

You can get free materials in large print and other auxiliary aids and services. Call **1-877-685-2415** (TTY/TDD 711). If English is not your first language, free interpreter services are available. Call **1-877-685-2415** (TTY/ TDD 711).

Español (Spanish): Puede obtener materiales gratuitos en letra grande y otras ayudas y servicios auxiliares. Llame al **1-877-685-2415** (TTY/TDD 711). Si el inglés no es su primer idioma, servicios de interpretación gratuita están disponibles. Llame al **1-877-685-2415** (TTY/TDD 711).

中国人 (Chinese): 您可以申请免费的辅助工具和服务, 包括本资料和其他计划信息的大字版。请致电 **1-877-685-2415** (TTY/TDD 711)。如果英语不是您的首选语言, 我们能提供帮助。请致电 **1-877-685-2415** (TTY/TDD 711)。我们可以通过口头或书面形式, 用您使用的语言免费为您提供本资料中的信息, 为您提供翻译服务, 并且用您使用的语言帮助回答您的问题。



Services and supports to strengthen independence & enrichment.

INTELLECTUAL &  
DEVELOPMENTAL DISABILITY

**SERVICE ARRAY**



**Trillium**  
HEALTH RESOURCES

Transforming Lives. Building Community Well-Being.



Trillium offers the following services to eligible individuals diagnosed with an intellectual or developmental disability living in our area. Services are limited to those enrolled in Medicaid unless otherwise noted.

### Respite Services

Respite Services are available to parents and caregivers to provide a temporary timeout from the stress of caring for an individual with a disability. This service can be provided in your home, in the community, or even in the home of the respite provider. There are several kinds of respite services:

- **Traditional Hourly Respite** is available for both children and adults whether or not they have insurance.

Authorization limits varies based on funding source:

- **State-funded Respite** 40 hours per month equaling up to 30 days per year if used 16 hours/day
- **B3 Medicaid Respite** 16 hours per day up to 24 days per year
- **Overnight Respite** is available for children or adults whether or not they have insurance. The maximum number of days that can be used consecutively is 10.
- **NC Start Facility Respite** provides over night respite on a planned or crisis basis to adults with an intellectual or developmental disability. (Offered exclusively by RHA Services).

### Community Living and Supports

This service assists individuals ages 16 and older for up to 28 hours a week to live successfully in their own home or the home of their family, along with natural supports and being an active member of the community. If the member is eligible for Medicaid, they may not be eligible for this service.

### Community Guide

This service provides direct assistance in identifying and linking individuals and families to services and supports—paid and community-based. It is available to both children and adults who receive Medicaid. It is a short-term service and will end when the person has developed some of the supports needed.



### Day Supports

This service provides support for members age 16 years or older in an individual or group setting. Day Supports focuses on enabling the individual to attain or maintain their maximum functional level to increase self-determination and enhance their opportunity to have a meaningful day.

This service may also reinforce skills or lessons taught in school, therapy, or other settings. Services should normally be provided four or more hours per day on a regularly scheduled basis, for one or more days per week, unless provided as a supplement to other day activities included in an individual's plan of care.

### Supervised Living

This service offers assistance and supports for people who live on their own. To help reinforce independence, a staff member might assist with money management, communication skills, household care, or accessing community services.

### Family Living

This service is sometimes called Alternative to Family Living or AFL. Individuals, couples or a family may live in a home environment with people trained to support individuals with I/DD. This service is funded with an individual's SSI check, County Special Assistance funds, or with additional services such as the Individual Supports mentioned above.



### Supported Employment

- Supported Employment is available for persons ages 16 or older with a developmental disability, and is offered in a group setting. An individual can also receive a similar service through Vocational Rehabilitation.
- Long Term Supported Employment Follow-Up helps employed individuals maintain the job skills needed to keep their job. This might include visits to the job site, help with scheduling, etc.

### More Information

Call our **Member and Recipient Service Line** at **1-877-685-2415** to learn how you may receive these services and supports.

To view our full list of services and benefit plans, please visit [TrilliumHealthResources.org](https://TrilliumHealthResources.org).

