

MULTISYSTEMIC THERAPY (MST)

Multisystemic Therapy (MST) is a great resource for school counselors, court counselors, social workers, and/or family members.

MST is designed for youth who are experiencing one or more of the following behaviors:

- Truancy
- Academic problems
- Curfew violation
- Running away
- Substance use
- Verbal or physical aggression
- Theft or destruction to property

The family works with their MST team to develop plans that keep youth out of trouble, in the classroom, and involved in his/her community.

MST therapists empower caregivers with the tools they need to transform the lives of troubled youth and are on-call 24/7 to respond to crises.

MST also has an adaptation for Youth with Problem Sexual Behaviors (MST-PSB), designed to reduce problem sexual behaviors, antisocial behaviors, and out-of-home placements.

COMMUNITIES SAW REDUCTION IN

INCARCERATION

MENTAL HEALTH SERVICES

CRIME RATE

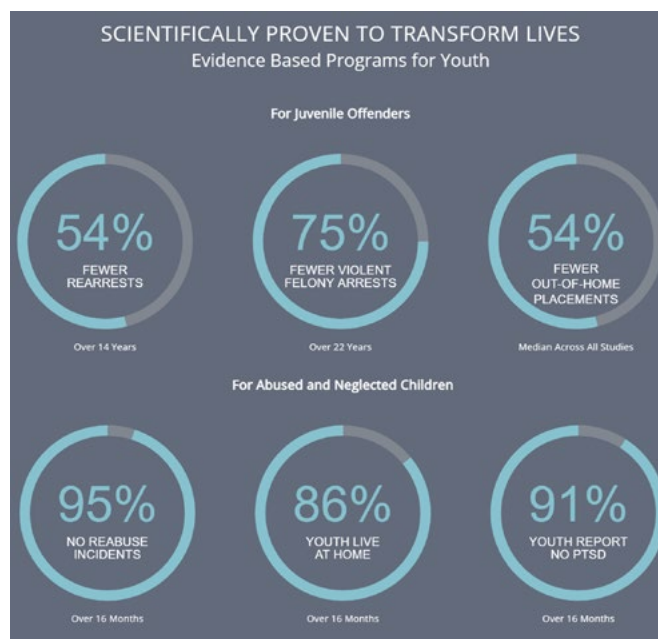


PROGRAM OUTCOMES

- Of those who complete the program, 86% are either in school or working.
- Research demonstrates that MST reduces costly and ineffective out-of-home placement and that it reduces criminal activity and other undesirable behavior.
- At the close of treatment, 87% of youth have no arrests; 91% of youth live at home.¹

PROVEN RESULTS

- Reducing crime
- Empowering families
- Saving tax dollars



¹ *Source:

www.mstservices.com/mst-fact-sheets

Images on this brochure are borrowed from MST institute website: www.mstservices.com

AGENCY CONTACT INFORMATION

Anyone interested in MST services can call Trillium at 1-877-685-2415 or contact the agencies below

- **Alexander Youth Network**
Brunswick, New Hanover, Pender, Columbus
Phone: 855-362-8470 or 910-703-8791
Fax: 704-362-6751
Email: intake@aynkids.org
- **Easterseals UCP**
Beaufort, Carteret, Craven, Pitt, Onslow
Phone: 252-375-1843 or 252-764-1145
Fax: 252-353-5559
- **Uplift Comprehensive Services**
Camden, Chowan, Craven, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell, Washington, Beaufort, Bertie, Halifax, Hertford, Martin, Northampton, Pitt, Washington
Phone: 252-551-5544
- **Youth Villages**
Beaufort, Craven, Jones, Martin, Pamlico, Pitt, Nash
Phone: 252-215-5700
Email: ACCESSYVNC@youthvillages.org

MST is available in all 28 counties to those eligible to receive services through Trillium.





Alternative treatment models outsource these services, which are an incremental expense for communities. Combining these services helps reduce costs and improves completion rates.

NO WRONG DOOR

There is no wrong door to find and access services. You may use the option that best suits your needs, including visiting a provider in our network before contacting Trillium.

You can call our [Member and Recipient Service Line](tel:1-877-685-2415) at 1-877-685-2415 to connect with our call center agents. We will help determine the type of services you need and connect you with a provider of your choice nearest to you.



REGIONAL OFFICES

Northern Regional Office

144 Community College Rd.
Ahoskie, NC 27910-8047

Central Regional Office

201 West First Street
Greenville, NC 27858-1132

Southern Regional Office

3809 Shipyard Blvd.
Wilmington, NC 28403-6150

Administrative & Business Calls

1-866-998-2597

www.TrilliumHealthResources.org

Trillium Health Resources is a Local Management Entity/Managed Care Organization (LME/MCO).

We are designated by the NC Department of Health & Human Services to oversee state and federally funded services for 28 counties in eastern North Carolina.

Trillium is responsible for providing access to and oversight of services for individuals who receive Medicaid or state funding for their care. Trillium complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

Trillium requires priority admission to all women who are pregnant and injecting drugs, pregnant and using substances, and other individuals who are injecting drugs. Trillium does not publish materials or share information that is intimidating, misleading, or inaccurate.

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