

To: All Providers
From: Dr. Paul Garcia, Vice President of Utilization Management and Benefits
Date: October 1, 2025
Subject: Quality Reviews

QUALITY REVIEWS

Quality reviews will begin in November 2025 as a part of the regular provider monitoring process. Reviews will focus on whether or not a clinical pathway was used in diagnosis formation.

The goal is to ensure the use of clinical pathways along with DSM 5TR criteria to ensure accurate diagnosis which then promotes the correct treatment modalities.

Our team will identify issues in the use of clinical pathways and/or in the assessment process.

 [Link to pathways](#)

Thank you for your attention to this communication. All questions related to this Clinical Communication Bulletin can be sent to UM@TrilliumNC.org. Questions will be answered as quickly as possible