

**To:** All Providers  
**From:** Dr. Paul Garcia, Vice President of Utilization Management and Benefits  
**Date:** January 22, 2026  
**Subject:** Behavioral health screening tools and clinical practice guidelines

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Trillium's Medical Affairs Department recently reviewed the behavioral health screening tools posted on our website. At this time, no updates are needed and all tools are still valid. If there is a non-proprietary tool you feel would further benefit our members, please submit it to [Medical Affairs Team](#).

 [Behavioral Health Screening Programs](#)

The Clinical Practice Guidelines were also reviewed and updated by our Medical Affairs department. If there is a clinical practice guideline you feel that would benefit our providers and members, please contact our [Medical Affairs Department](#).

 [Clinical Practice Guidelines](#)

Thank you for your attention to this communication. All questions related to this Clinical Communication Bulletin can be sent to [UM@TrilliumNC.org](mailto:UM@TrilliumNC.org). Questions will be answered as quickly as possible.