

# Overview: Trillium's Crisis and Recovery Continuum

Trillium Health Resources is committed to transforming lives and building community well-being through partnership and proven solutions.



## A Multi-Layered Approach

We help ensure access to comprehensive, person-centered behavioral healthcare for all of the counties we cover. A cornerstone of this commitment is **Trillium's Crisis and Recovery Continuum**, a robust network of services provided by Trillium that provides immediate support, stabilization, and ongoing

recovery for individuals with behavioral health, traumatic brain injury and intellectual/developmental disabilities (I/DD) experiencing a crisis.

## Benefits of the Trillium Crisis and Recovery Continuum:

*The comprehensive and integrated nature of this continuum offers significant benefits for individuals, families, and the healthcare system:*

- Faster Access to Care
- Reduced Emergency Department Visits
- Person-Centered Approach
- Continuity of Care
- Improved Health Outcomes
- Cost-Effectiveness



### Getting Help

If you or someone you know is experiencing a behavioral health crisis in North Carolina, help is available 24/7.

- For immediate crisis support, call or text **988**.

- For the NC Peer Warmline, call **1-855-PEERS-NC**.
- In a life-threatening emergency, always call **911**.
- Visit [TrilliumHealthResources.org](https://TrilliumHealthResources.org) for more info.