

Mobile Crisis Management (MCM) Teams



Mobile Crisis Management (MCM) teams give quick help, calm the situation, and connect people to more services.



Help That Comes To You

These trained teams help people in a crisis wherever they are—at home, school, work, or out in the community. They can come to you any time, day or night, seven days a week. Mobile Crisis Management

(MCM) teams give quick help, calm the situation, and connect people to more services. This often keeps people from needing to go to the emergency room.

Benefits of MCM:

Trillium works with many MCM teams in the area. To find the right team for your county, visit:



trilliumhealthresources.org/members-recipients/crisis-services



Getting Help

If you or someone you know is experiencing a behavioral health crisis in North Carolina, help is available 24/7.

• For immediate crisis support, call or text **988**.

- For the NC Peer Warmline, call **1-855-PEERS-NC**.
- In a life-threatening emergency, always call **911**.
- Visit TrilliumHealthResources.org for more info.