



GrowSmart EPSDT Health Promotion:

Get Ready for School: Vaccines and Yearly Checkups

August is a great time to make sure your child is ready for the school year. Before school starts, check that your child has all needed vaccines and a yearly checkup.

Why are Vaccines important?

Vaccines help protect children from serious illnesses. They also help keep families, schools, and communities healthy. Many schools, childcare programs, and sports activities require children to have certain vaccines.

What do Doctors Say?

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a health benefit for children and teens under age 21. It helps children get the care they need to grow and stay healthy. EPSDT covers vaccines, checkups, and health screenings.

Tips for Families

- Checking their child’s vaccine record.
- Making a doctor’s appointment if needed.
- Bringing school or childcare forms to visits.
- Asking questions about vaccines.
- Following the vaccine schedule.
- Keeping a copy of updated vaccine records.

How Trillium Supports Families

- Covering vaccines and checkups through EPSDT.
- Helping children and teens under age 21 get needed care.
- Connecting families with other health services when needed.
- Providing resources that support healthy growth and wellness.
- Helping children catch up on missed vaccines.

Immunization Timeline

Age	Key Actions
Birth to Age 5	Young children receive vaccines and booster shots to protect them from common childhood illnesses.
Age 11 to 12	Children usually receive vaccines such as Tdap, HPV, and meningococcal vaccines.
Age 16 to 18	Teens may need a meningococcal booster and other recommended vaccines.
As Needed	Flu vaccine, COVID-19 updates, or catch-up immunizations
Any Time	Updates to records, forms, and care plans

Need Help or Resources?

Trillium Health Resources helps families by covering EPSDT shots and checkups. Children and teens under 21 can get any EPSDT services they need. Trillium also helps with referrals, supports mental and developmental needs, and helps families catch up on vaccines.

Call Member & Recipient Services or your Care Manager at **1-877-685-2415**