



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities
and Substance Abuse Services

Family & Caregiver Supports Webinar Series



We're here to help families and caregivers cope, build resiliency and gain access to the resources they need during the COVID19 pandemic. Join NC DHHS, Division of Mental Health, Developmental Disabilities and Substance Abuse Services and the Family Supports Community of Practice for a webinar series supporting children, youth, and families during the COVID-19 outbreak.

May is Children's Mental Health Awareness Month. Webinars are scheduled every Tuesday and Thursday throughout the month of May to bring awareness, and hope.



Parenting in Changing Times

May 19th, 3:00 to 4:00 pm: <https://tinyurl.com/ParentingCT0519>

Connections and Protective Factors:

Why They Matter Today

May 19th, 11:30 am to 12:30 pm: <https://tinyurl.com/ConnectionsMatter0519>

May 21st, 7 to 8 pm: <https://tinyurl.com/ConnectionsMatter0521>

Focus Webinars: Children with Complex Behavioral Health & IDD Needs

May 26th, 11:30 am to 12:30 pm: <https://tinyurl.com/ChildrenBHIDD05-26>

May 28th, 7 to 8 pm: <https://tinyurl.com/ChildrenBHIDD05-28>

Contact Kate Barrow for questions about the series:

katherine.barrow@dhhs.nc.gov

Click on the title to listen to the recorded webinar!

[Who Ya Gonna Call?](#)

[Rise & Thrive: Intro to Resiliency](#)

["I AM Brave!" Children's Edition](#)

["I AM Brave!" Teen Edition](#)

[An Introduction to the Reconnect for Resilience \(TM\) Curriculum](#)

In addition to DMH/DD/SAS, the Family Supports Community of Practice includes the following North Carolina organizations (and welcomes more):



Additional webinars will be announced on an on-going basis. Sign up for the Community Engagement & Empowerment Updates by contacting the team at: CEandE.Staff@dhhs.nc.gov.



Accommodations provided.



Contact [Kate Barrow](#) for more information.