

Family Support Network™ of the Greater Triangle

(serving Chatham, Durham, Orange, Person and Wake Counties)

Become a Trained Parent Mentor

Parent Mentors are experienced parents/caregivers who have personal experience caring for a child who has special needs. Special needs include intellectual/developmental disabilities, mental health/behavioral health concerns, and special health care needs. Families of the newly diagnosed, as well as those experiencing mid-journey difficulty or transition age issues, are matched with a trained Parent Mentor who has “been there” and wants to “give back.”

What do Parent Mentors do?

- ➔ Provide one-on-one connections with a parent or caregiver of a child or adolescent with the same or similar disability, diagnosis, or special health care need
- ➔ Provide social, emotional, and informational support to parents who may be feeling isolated, alone, and overwhelmed
- ➔ Provide a relationship that is understanding, supportive, and non-judgemental

Please join us for a FREE **Parent Mentor Training Workshop**

January 25, 2020

10:00 am – 2:00 pm

Durham Children's Developmental Services Agency (CDSA)

115 Market Street, Suite 201

Durham, NC 27701

Lunch is provided

For more information/register

Call 1-800-852-0042 or email barbara@unc.edu

