



QPR Gatekeeper Training

Wednesday, December 9, 2026 9 a.m. — 11 a.m.

As A Certified QPR Gatekeeper, You Will Learn To:

- Recognize the warning signs of suicide
- Increase awareness of stigma and understand suicide as a public health issue
- Know how to offer hope
- Know how to access local and national referral resources
- Know how to get help and save a life

Participants must attend the entire course in order to receive certification. If you are attending a virtual training, please ensure that your video remains on at all times.

[Register Now](#)



What is QPR?

The QPR Institute's mission is to save lives and reduce suicidal behaviors by providing innovative, practical, and proven suicide prevention training. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

What is a QPR Gatekeeper?

A QPR gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide. QPR Gatekeepers can be anyone, but include: parents, teachers, minister, youth, doctors, first responders, and mental health professionals.

Contact

Please email TrainingUnit@TrilliumNC.org with any training questions. To contact the QPR Institute: visit our website qprinstitute.com, email us at support@qprinstitute.com, or call us at (888) 726-7926.