



GAST TRAINING CALENDAR

December 2017

COUNTY	DATE	Time(s)	FACILITY	TOPIC	TRAINER
Bertie	12/01	2:00	Winston Gardens	Bipolar	RF
Bertie	12/13	2:00	Windsor House	Challenging Behaviors	RF
Bertie	12/14	2:00	Windsor House	Grief & Bereavement	RF
Beaufort	12/21	1:00	River Trace	Safety Issues for Dementia	LW
Beaufort	12/05	10:00	Autumnfield	Dementia V	LW
Beaufort	12/06	2:00	Clara Manor	The Best Medicine	LW
Beaufort	12/15	1:00	Pantego House	Psychological Behavioral Side Effects	LK
Chowan	12/19	1:00	Edenton Primetime	Obsessive Compulsive Disorder	LW
Chowan	12/22	1:00	Edenton House	Hoarding	KW
Chowan	12/12	12:00	Chowan Senior Center	Do's and Don'ts of the Holidays	LW
Craven	12/07	3:00	Senior Choosing to Live at Home	TBD(<i>To Be Determined</i>)	LK
Craven	12/14	2:00	River Point Crest	Stress Management and Caregiver Burnout	LK
Craven	12/02	10:00	Good Shepherd	TBD(<i>To Be Determined</i>)	LK
Craven	12/06	10:00	Good Shepherd	Pain Management	LK
Craven	12/05	11:00	Wellness City	Pain Management	KW
Gates	12/29	2:00	Gates House	Self Care & Stress Management	TV
Hertford	12/06	9:00	Sure Promises	Medication Non Compliance	KW
Hertford	12/04	9:00-11:00	Sure Promises	Depression in Older Adults	TV
Hertford	12/07	2:00	Ahoskie House	TBD(<i>To Be Determined</i>)	KW
Hertford	12/21	2:00	Ahoskie House	Grief & Bereavement	TV
Hertford	12/14	2:00	Pinewood Manor	TBD(<i>To Be Determined</i>)	TV
Hyde	12/05	1:00	Mattamuskeet Senior Center	Exercise the effects on the brain	LW
Jones	12/13	2:30	Brook Stone Living	TBD(<i>To Be Determined</i>)	LK
Martin	12/06	11:00	Martin County Senior Center	TBD(<i>To Be Determined</i>)	LW
Martin	12/13	3:00	Fields FCH	Communication	LW
Martin	12/20	1:00	Vintage Inn	Depression	LW
Martin	12/13	11:00	Oak City	Exercise the effects on the brain	LW



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Martin	12/20	11:30	Robersonville Senior Center	Exercise the effects on the brain	LW
Martin	12/19	11:00	Jamesville Senior Center	TBD(<i>To Be Determined</i>)	LW
Martin	12/06	1:00	Williamston House	Medication side effects	LK
Nash	12/22	9:00	Trinity Retirement Villas	Memory Issues	TV
Nash	12/06	10:00;4:00	Breckenridge	Ethics & Professionalism in LTC	
Nash	12/07	2:00	Spring Arbor	Main Building Understanding & Responding to Behaviors	TV
Nash	12/20	4:00	Wright Center	Effective Communication with Person with Dementia	TV
Nash	12/12	10:00;2:00	Hunter Hill	Bipolar; Troubling Behaviors in LTC	TV
Nash	12/19	10:00	Hunter Hill	Improving Communication Skills	
Nash	12/20	2:00	Hunter Hill	End of Life: A Positive Approach	TV
Nash	12/28	1:30	Brookdale	End of Life: A Positive Approach	TV
Nash	12/19	2:00;3:15	Brookdale	Alzheimer's Disease	RF
Nash		9:00	Green Home Living	Anti-Anxiety Meds	LK
Nash	12/13				
Nash		10:00	Green Home Living II	Anti-Anxiety Meds	LK
Nash	12/08				
Northampton		3:00	Northampton Nursing	Laughter Yoga	KW
Northampton	12/13				
Pamlico		10:00	Pamlico Senior Center	TBD(<i>To Be Determined</i>)	KW
Pamlico	12/19				
Pitt	12/14	10:00	Ayden Senior Center	Beat The Holiday Blues	RF
Pitt	12/13	11:00	Wellness City	TBD(<i>To Be Determined</i>)	KW
Pitt	12/08	11:00	Creative Living Center	Stress Management	RF
Pitt	12/22	2:00	Oak Haven	Stress Management	RF
Pitt	12/12	2:00	Red Oak	Grief & Bereavement	RF
Pitt	12/06	10:30	Fountain Senior Center	TBD(<i>To Be Determined</i>)	RF

For more information, please contact GAST Director Kimberly Williams, MSW, LCSW, at Kimberly.Williams@TrilliumNC.org or 866-998-2597



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Pitt	12/20	2:00-4:30	Cypress Glen	Hand in Hand VI	RF
Pitt	12/04	1:00	Southern Living	Do We Understand Each Other	RF
Pitt	12/05	1:00	Southern Living	Conflict Resolution	RF
Pitt	12/07	1:00	Southern Living	Communication with Families	RF
Pitt	12/18	1:00	Southern Living	Schizophrenia	RF
Pitt	12/15	1:30	Dixon House	Personality Disorders	RF
Pitt	12/21	1:00	Winterville Manor	Stress Management	RF
Pitt	12/13	11:00	Bethel Senior Center	TBD(<i>To Be Determined</i>)	RF
Pitt	12/14	3:00	Center for Family Violence Prevention	Positive Aging	KW
Tyrrell	12/22	1:30	Tyrrell House	Hand in Hand VI	LW
Washington	12/07	10:00	Washington Senior Center	TBD(<i>To Be Determined</i>)	LW
Washington	12/06	1:30-4:30	Roanoke Landing	Self Care and Stress Management	KW