Trillium HEALTH RESOURCES

HEDIS Provider Tip Sheet

Kidney Health Evaluation for Patients With Diabetes (KED)

KED Measure Description[1]

Kidney Health Evaluation for Patients With Diabetes assesses whether adults 18–85 years of age with diabetes (type 1 and type 2) received an annual kidney health evaluation, including a blood test for kidney function (estimated glomerular filtration rate [eGFR]) ***and*** a urine test for kidney damage (urine albumin-creatinine ratio [uACR]).

Why is KED Important?[1]

Diabetes is the leading cause of chronic kidney disease (CKD)—approximately 1 in 3 adults with diabetes has CKD. CKD happens when an individual's kidneys are damaged and unable to filter blood as well as usual. As many as 90% of people with CKD do not know they have it, because it often has no symptoms. CKD gets worse over time and can lead to heart disease, stroke and kidney failure. For these reasons, annual monitoring of kidney health is crucial for people with diabetes. Primary detection (kidney health evaluation) and management of kidney disease can prevent these complications and can stop or slow further kidney damage.

Best Practices

- ✓ Routinely refer members with a diagnosis of diabetes for both eGFR and uACR. A quantitative urine albumin test and a urine creatinine test require service dates four or less days apart.
- ✓ Follow up with patients to discuss and educate on lab results.
- ✓ Educate on how diabetes can affect the kidneys and offer tips to your patients on preventing damage to their kidneys: National Kidney Foundation Educational Flyer
- ✓ Take medications as prescribed that can protect kidney function (ACE inhibitors or ARBs).

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[1] Source: https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/
[2] Source: HEDIS MY 2026 Tech Specs Manual Vol. 2

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Numerator Compliance[2]

Members who received both an eGFR and a uACR during the measurement year on the same or different dates of service:

- At least one eGFR – Estimated Glomerular Filtration Rate Lab Test.
- At least one uACR identified by either of the following:
  - Both a quantitative urine albumin test and a urine creatinine test with service dates four days or less apart.
  - A uACR – Urine Albumin Creatinine Ratio Lab Test.

Summary of Changes to HEDIS MY 2026[2]

- List changes located in the top of the tech specs.
- No changes to this measure.

Data Collection Method[2]

Administrative (Claims)

Trillium Percentages/National Averages[3]

KED	Measurement Year	Trillium	National Average
Total	2025	34.18	-

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[2] Source: HEDIS MY 2026 Tech Specs Manual Vol. 2
[3] Source: https://www.ncqa.org/programs/data-and-information-technology/data-purchase-and-licensing/quality-compass/