



## Diabetes Screening for People with Schizophrenia or Bipolar Disorder who are Using Antipsychotic Medications (SSD)

### SSD Measure Description<sup>1</sup>

Assesses adults 18–64 years of age with schizophrenia or bipolar disorder, who were dispensed an antipsychotic medication and had a diabetes screening test during the measurement year.

### Why is SSD Important?<sup>1</sup>

Heart disease and diabetes are among the top 10 leading causes of death in the United States. Because persons with serious mental illness who use antipsychotics are at increased risk of cardiovascular diseases and diabetes, screening and monitoring of these conditions is important.

Lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death. Addressing these physical health needs is an important way to improve health, quality of life and economic outcomes downstream.

### Best Practices

- ✓ Factor in patient's diabetes into treatment.
- ✓ Order diabetic screening tests for members who do not have regular contact with their PCP.
- ✓ Educate patients on early identification and treatment.
- ✓ Routinely arrange lab tests while the patient is in the office and reach out to patients who cancel appointments and assist them with rescheduling.

**Numerator Compliance<sup>2</sup>**

A glucose test or an HbA1c test performed during the measurement year.

**Data Collection Method<sup>2</sup>**

Administrative (Claims)



**Trillium Percentages/NCQA National Averages<sup>1</sup>**

SSD	Measurement Year	Trillium	NCQA National Average
Total	2023	85.52	81.35
	2022	80.2	79.0

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<sup>1</sup> Source: <https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/measures-list/>

<sup>2</sup> Source: HEDIS MY 2025 Tech Specs Manual Vol. 2