

Transforming Lives.
Building Community Well-Being.



Do you need Respite?

Tailored Plan



How to Get Respite Services

Trillium Medicaid Members

- 🌱 Under Home and Community Based services 1915(i), members with the following diagnoses and ages are eligible for Respite services:
 - I/DD diagnosis—any age
 - Serious Emotional Disturbance (SED)¹ diagnosis—ages 3 through 20
 - Severe Substance Use Disorder—ages 3 through 20
 - Traumatic Brain Injury—any age
- 🌱 Once a year, a member can get up to 32 hours of Respite in urgent situations. After this authorization, the member must get a regular treatment authorization request (TAR) and submission of a Person-Centered Plan (PCP) or Individual Service Plan (ISP).



⁽¹⁾ SED is defined by SAMHSA as “for people under the age of 18 years of age, the term Serious Emotional Disturbance refers to a diagnosable mental, behavioral, or emotional disorder in the past year which resulted in functional impairment that substantially interferes with or limits the child’s role or functioning in family, school, or community activities.”

Three ways to find a Respite Provider

1

Talk to your Tailored Care Manager about your needs.

- If you know who your TCM is contact them directly.
- OR, contact Trillium Health Resources' Member and Recipient Service Line at 1-877-685-2415 and press (1) for help identifying and/or connecting to your Care Manager.

2

Visit our website TrilliumHealthResources.org to search for a provider in your area

- Click on purple "Find a Provider" button at the top of the page. This will take you to the Provider Directory.

3

Call Trillium Health Resources' Member & Recipient Services at 1-877-685-2415

- Press (1)
- A Member and Recipient Service Agent can provide information about which contracted providers offer Respite services in your area.

Respite Services and 1915(i) Eligibility

Provider identifies need for 1915(i) services

- ✿ Tailored Care Manager completes 1915(I) assessment
- ✿ NCDHHS approves independent assessment
- ✿ TCM helps member find 1915(i) service providers
- ✿ TCM creates care plan with member
- ✿ TCM submits prior authorization requests
- ✿ 1915(i) provider offers services

✿ The 1915(i) provider will:

- Give temporary relief to the primary caregiver
- Offer services during the day, overnight, weekend and emergency care when needed
- Provide 1915(i) services in person
- Document the services billed to and reimbursed by Medicaid
- Continue to monitor member's progress