CMS Interoperability and Prior Authorization Final Rule

Overview

The CMS Interoperability and Prior Authorization Final Rule (CMS 0057 F) says that Trillium must share member information with any provider who is treating a Trillium member. Trillium works with a company called 1upHealth to share this information. You may hear this called a "provider access API."

1upHealth gives providers information like claims, clinical records, encounter details, and prior authorization data. It does not include remittance or cost sharing information.

Treatment Relationship

Trillium and 1upHealth work together to figure out which Trillium members each provider has treated. They look at paid claims from the past year. They include all billing providers and do not use any extra rules to remove or filter out providers.

Member Benefits

- As a Trillium member using 1upHealth, you could potentially receive the following benefits:
- More complete information for better care: Your doctors can see more of your health information, which helps them give you better care and avoid repeating tests.
- Less work for you: You won't have to remember every detail of your medical history or repeat information you already shared.
- Better health outcomes: Studies show that individuals stay healthier when health care providers have a full health record.
- Supports modern health care: It helps doctors focus on quality care and good results instead of extra visits.
- Possible cost savings: It helps doctors focus on quality care and good results instead of extra visits.

Member Opt Out Rights

As a member, you are automatically opted into the Provider Access API. You do not have to do anything to take part in the sharing of data with your providers. However, if you decide you no longer want your information shared, Trillium must explain to you how to opt out at any time. Starting on November 16, 2026, you can click on the Opt-Out Link at any time to no longer share your data with your provider. **Providers can start seeing this information on December 14, so be sure to opt out starting November 16 if you choose.**

If you have a question about using 1upHealth, please call Trillium's Member and Recipient Service Line at 1-877-685-2415.