

# Member and Stakeholder Communication Bulletin #52

## TABLE OF CONTENTS

<b>Accessing Your Health Information and Member Claims .....</b>	<b>1</b>
<b>Trillium Talks: New Podcast for Members.....</b>	<b>2</b>
<b>GrowSmart: Flu Prevention .....</b>	<b>2</b>
<b>Coming Soon: More Playgrounds! .....</b>	<b>3</b>

December 19, 2025

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## ACCESSING YOUR HEALTH INFORMATION AND MEMBER CLAIMS

Our Starting January 1, members will have more rights about how your data is shared through different computer programs. You have the right to access certain information through an API (Application Programming Interface). An API is a tool that lets different computer programs share data safely and easily.



### When you use an API:



- You can ask for information that is made public or shared by the organization.
- You should know what data you are allowed to see and what is private.
- You can use the data for learning, research, or building your own projects—if the rules allow it.
- You should always follow the terms of service and respect privacy laws.

If you think you are being blocked from information you have a right to see, you can ask Trillium for help or more details.

APIs help make information open and fair for everyone to use safely and responsibly.

On January 1, members will be able to give these permissions through 1UpHealth. 1UpHealth will look different from Edifecs, the current vendor we use for members to see their claim information. Members will need to download new applications in order to view their claims information.

1UpHealth has approved the following apps for member use. Members should review apps and can download from the Google Store or Apple Store as instructed on the [1UpHealth page](#).

-  OneRecord
-  myFHR by Care Evolution
-  Flexpa
-  MPowered

## TRILLIUM TALKS: NEW PODCAST FOR MEMBERS

Have you been reading our Trillium blog posts? We now have a new way to get the same useful information! Our new podcast, Trillium Talks, is another way for members to hear about program launches, service offerings, and creative initiatives from Trillium. You can listen by visiting the blog post pages on our website. Our first episode covers Mental Health First Aid and how this training can help you recognize the warning signs of someone who may be experiencing a mental health crisis. [Listen today](#) and let us know what YOU want to hear us talk about by emailing [Info@TrilliumNC.org](mailto:Info@TrilliumNC.org)!



## GROWSMART: FLU PREVENTION



Are you the parent or guardian of a child receiving services through Trillium? They may be eligible for Early and Periodic Screening, Diagnosis and Treatment (EPSDT) services. These preventive health screenings can improve the overall health of children.

Each month our Tailored Care Managers share about these screenings and tools through our [GrowSmart program](#). In December, they are sharing about Flu Prevention and how you can talk to your child's doctor about necessary tests and screenings.

Learn more on our [EPSDT webpage](#).

## COMING SOON: MORE PLAYGROUNDS!

Do you live in or near Greene County? If yes, then get ready to come play with Trillium! We will soon be opening another inclusive playground in Snow Hill. Inclusive playgrounds have smooth surfaces to accommodate wheelchairs and equipment for children of all ages and abilities.

Having a place to play where everyone feels welcome helps build connection and remove stigmas. We all deserve an even playing field!

[Visit our website](#) for more details.



As always, members may contact Trillium through our **Member and Recipient Services at 1-877-685-2415**. The health, safety, and overall well-being of our community is first and foremost in everything we do. To learn more, please check out [our website](#), follow us on [social media](#), or give us a call if you have any questions.

