



DSS - Staying Connected Call  
January 15<sup>th</sup> & 20<sup>th</sup>, 2016

*North Carolina Treatment Outcomes and  
Program Performance System (NC-TOPPS)*



# *NC-TOPPS*

- ❖ Web based program
- ❖ Supports individualized treatment & recovery planning
- ❖ Evaluates individual & system level outcomes
- ❖ Focuses on progress & real outcomes with a positive, lasting impact



# *Benefit To You*

Consumer, Family & Guardian

- ❖ Hope that treatment success is possible
- ❖ Dashboard allows public user to view services impact the lives of people receiving treatment
- ❖ Dashboard data is helpful when choosing a new provider
- ❖ Individual Report = treatment “report card”
- ❖ Focus on life outcomes in planning



# *Your Role*

Consumer, Family & Guardian

- ❖ Actively participate in interview questions about:
  - Current treatment needs
  - Symptoms impacting life
  - Behaviors
  - Supports
  - Barriers
  
- ❖ Ask for interview results & how they are used
  
- ❖ Sign a copy of the results for the service record



# *Importance of Having Individual, Family & Guardian Involvement*



**When data is not collected in person or via the telephone, we lose valuable information about the individual and their treatment experience including:**

- ✓ Pregnancy & prenatal care
- ✓ Birth outcomes
- ✓ Physical & dental check-ups
- ✓ Contact with sponsor (SUD Adults)
- ✓ Support from family and/or friends
- ✓ Needle drug use
- ✓ Risky sexual behavior
- ✓ Abuse
- ✓ Harm to self
- ✓ Suicidal thoughts & attempts
- ✓ Emotional well-being
- ✓ Physical health
- ✓ Relationship with family
- ✓ Living/ housing situation
- ✓ Contacts with crisis provider
- ✓ Visits to ER & nights in hospital
- ✓ Homelessness
- ✓ Nights in detention, jail or prison
- ✓ Helpfulness of program to improve quality of life, symptoms, hope, control over life, educational status, housing & employment



# *Provider Benefits*



- ❖ Tool for planning & monitoring individual life outcomes
- ❖ Supporting documentation for service requests
- ❖ Agency & service outcomes monitoring that can support clinical & quality improvement
- ❖ Data to support outcome requirements for accreditation & service definition outcomes
- ❖ Positive outcomes = positive public relations tool



## *Provider Role*

- ❖ Commitment to report clinical outcomes accurately & timely
- ❖ Commitment to involve consumers, families & guardians in life outcomes planning & evaluation
- ❖ Focus on real outcomes that have a positive, lasting impact



Dashboard -

<https://nctopps.ncdmh.net/ProviderQuery/Index.aspx>

Supporting Documents -

<https://nctopps.ncdmh.net/dev/GettingStartedWithNCTOPPS.asp>



## *Contact Information*

**If you have questions about this presentation or about the NC-TOPPS system, please contact:**

### **N.C. Division of MH/DD/SAS**

Jennifer Bowman,  
Quality Management Section Chief  
(Office) 919-715-2358  
[jennifer.bowman@dhhs.nc.gov](mailto:jennifer.bowman@dhhs.nc.gov)  
[www.ncdhhs.gov/mhddsas/](http://www.ncdhhs.gov/mhddsas/)  
[www.ncdhhs.gov](http://www.ncdhhs.gov)

### **NC-TOPPS Help Desk**

NCSU Center for Urban Affairs and Community Services  
(Office) 919-515-1310  
[nctopps@ncsu.edu](mailto:nctopps@ncsu.edu)

*Questions?*

