

To: All Providers

From: Khristine Brewington, VP of Network Management, MS, LCMHC, LCAS, CCS, CCJP

Date: January 25, 2021

Subject: Tiered Care Coordination Pilot Award, Temporary Rate Increase Update, Disaster Planning, February Mental Health First Aid Training Opportunities, 12th Annual NC "One Community in Recovery" Conference, Strategies for Stress Management in Challenging Times Live Event Series through NCDHHS, Trillium Valued Providers Seal Program

TIERED CARE COORDINATION PILOT AWARD

On December 12, 2020, Trillium Health Resources was awarded the opportunity to pilot the Tiered Care Coordination (TCC) program in Pitt County. The Child Tiered Care Coordination pilot was developed from the Governor's Task Force on Mental Health to address high rates of exposure to trauma and high behavioral health needs, specific to youth and families involved in child welfare and juvenile justice system. Assessing, treating, and coordinating a youth's behavioral health and life domain needs can assist social services in maintaining and reunifying youth with their families and can assist juvenile justice in keeping youth from moving deeper into the justice system. Through this family-driven and youth-guided project, the goal is to reduce the need for out-of-home care and return children and adolescents to their families or natural community setting, giving them a chance for greater permanency.

Trillium will collaborate with Youth Villages, the Pitt County Department of Social Services (DSS), District 3 Division of Juvenile Justice (DJJ,) and NC Families United to implement this project. Working together, we will connect youth with the proper assessment and minimize crisis services while engaging children and families, at times, with HFW. Trillium will implement and expand High Fidelity Wraparound (HFW) to provide much needed support for children and adolescents who are already demonstrating behavioral health symptoms or have been placed in a residential setting. The High-Fidelity Wraparound model connects DJJ involved youth and DSS involved youth and their families to behavioral health services. Youth Villages has experience with the implementation of multiple HFW teams throughout the Western and Central part of NC and their experience in this project will be invaluable. This youth and family-driven pilot focuses on youth ages 6-21.

The pilot will include the following tiers:

- 🌱 **Tier One** in which Trillium DSS/DJJ Liaisons and Family Navigator empower the family to move in a more positive direction. These staff are co-located at Pitt County DSS and DJJ offices. The Family Navigator can stay involved with the family for up to sixty days, but can also reengage the family at a later date if needed. Access to the Family Navigator is family-driven.
- 🌱 **Tier Two** in which Trillium DSS/DJJ Liaisons and Family Navigator work with the family and youth, but in addition, the youth are connected with an assessor who can conduct a Comprehensive Clinical Assessment or Trauma-Informed Assessment and who can provide Targeted Case Management as needed. The assessor/Targeted Case Manager will be able to access family peer support from the HFW team or the Family Navigator.
- 🌱 **Tier Three** in which Trillium DSS/DJJ Liaisons and Family Navigator will work with the family to connect to High Fidelity Wrap-around (Intensive Care Coordination) for youth involved with Juvenile Justice or in the custody of DSS who are at risk of entering residential treatment or are in residential treatment with significant impairments due to behavioral health disorders. All tier 3 youth will be served with HFW, where the youth and family learn and improved the skills to navigate service systems and are connected to natural supports.

The expected outcomes for the child/adolescent are: improved clinical outcomes, engagement in school, no new legal involvement, a reduction in the use of crisis services, and improved caregiver engagement in services. This pilot will allow: shorter times from screening to assessment, shorter times from assessment to the start of services, and shorter times to the first Child and Family Team. Through this collaborative effort, we anticipate an improved rate in the completion of services and an improved connection to community services.

We are excited about this unique opportunity to be piloted in Eastern North Carolina.

TEMPORARY RATE INCREASE UPDATE

As an update to Network Communication Bulletin # 133 for the Temporary Rate Increases during COVID-19, Trillium has now completed the process of updating the rates in all applicable contracts. These updates impacted many services and rates, therefore, in order to view the specific rates please go to:

🌱 [Trillium COVID-19 Rate Codes Table FY-19-21](#)

If you have any questions regarding this communication, please email RATESFinance@TrillumNC.org. Please use email only, as we are experiencing higher than normal call volume at this time.

DISASTER PLANNING

We are fast approaching the prime season for hurricanes and flooding disasters. To prepare, we are sending out this reminder that disaster plans need to be reviewed and updated, staff trained/re-trained, and contingency and communication plans developed.

This year you will go to a link to share your 2021 Disaster Plan and important contact information. This requested information includes:

- 🌱 Contact information for your designated “Disaster Point of Contact”
- 🌱 Corporate site address and facility phone number
- 🌱 Any residential sites currently in your contract (address, phone numbers)

Please note, you will need to enter each site as a separate submission. Disaster plans must be submitted through the following link: [2021 Disaster Plan Submission](#)

Disaster Plans are due ***no later than May 1, 2021***. If no updates are needed to your 2021 Disaster Plan, you ***MUST*** still resubmit the plan with a new cover page displaying the current year and disaster contact info. Failure to submit your Disaster Plan for 2021 by the deadline (May 1, 2021), may result in an audit and/or plan of correction.

As many of you are aware, the Federal Center for Medicare and Medicaid Services (CMS) have posted guideline requirements for all entities that receive Medicaid funds and this applies to all of our Medicaid providers. For your reference, we have attached the Final Rule that will assist you in locating the requirements to the federal rules that apply to each of your situations.

Our contract with providers requires that you have an adequate disaster planning and training process in place within your organization. While it is our desire that no one has to contend with all that a hurricane or flood brings, the reality is that eastern North Carolina has dealt with its fair share of these kinds of disasters in the past. Living in this part of North Carolina, we know that the best way to cope when a disaster strikes is preparation. Please connect with your local emergency management services, know your local resources, and stay connected with Trillium in the event of an emergency.

🌱 [Final Rule](#)

****Only corporate site and residential sites need to be entered. Please do not enter all of your sites in your contract.****

FEBRUARY 2021 COMMUNITY MENTAL HEALTH FIRST AID (MHFA) TRAININGS FOR NC RESIDENTS

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. These trainings will give you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use challenge and help connect them to appropriate care. Youth Mental health First Aid (YMHFA) and Adult Mental Health First Aid (AMHFA) will be held virtually and participants are required to complete a 2-hour self-paced study prior to attending the instructor-led training.

Adult MHFA February 23, 2021 (8:30am-2:30pm)

Youth MHFA February 24, 2021 (8:30am-2:30pm)

***Registration Deadline is February 11, 2021**

Although there is no cost to you, this course is valued at \$25 per person. If you must cancel your registration, please do so within 48 hours of the instructor led course. Failure to cancel within the recommended timeframe may result in a 30-day waiting period to reschedule the training.

Please contact Wylanda Jones via email at Wylanda.Jones@trilliumnc.org or Carlos Mirodipini at Carlos.Mirodipini@trilliumnc.org. You may also contact them via phone at 1-866-998-2597.

 [See more information and registration link](#)

12TH ANNUAL NC "ONE COMMUNITY IN RECOVERY" CONFERENCE



INCLUSION, JUSTICE, AND REFLECTION: THE HINDSIGHT OF 2020

June 9-11, 2021 | Live Webinar

Call for Award Nominations

Recipients will be recognized at the Conference, June 9-11, 2021

[View Agenda](#)

[Call for Proposals](#)

[Register Now!](#)

[Virtual Rates](#)

Recovery Champion Award Nomination - [Click Here to Read More and Submit](#)

This award will recognize three (3) individuals: one each from the western, central and eastern regions of North Carolina. Recovery Champion Awards will be given to people who have dedicated their individual talents, whether through professional work or volunteering, to successfully promote mental health and/or substance use recovery. Nominations should describe how a NC Recovery Champion has promoted recovery-oriented programming, created system-wide recovery-oriented change, or supported the recovery process of specific individuals. All Nominations will be reviewed and selected by a panel of Recovery Conference Planning Committee members. Award recipients will be provided FREE REGISTRATION to the conference!

Youth/Young Adult Voice Award Nomination - [Click Here to Read More and Submit](#)

This award will recognize and celebrate a youth/young adult under the age of 26 in North Carolina who has dedicated their individual talents, whether through sharing their story, advocacy or volunteering, to successfully promote resilience mental health and/or substance use recovery. All Nominations will be reviewed and selected by a panel that will include young adult peers in North Carolina. Award recipients will be provided FREE REGISTRATION to the conference!

Nomination Deadline: March 12, 2021 | Award Recipient Notification: March 29, 2021

Overview

The conference is a place where individuals working and involved in recovery as defined in its broadest terms can share their work and gain support from others involved in the recovery movement. The conference is primarily focused on promoting the growth of the North Carolina Recovery Movement, teaching participants how to get recovery programming up and running in their own communities, showcasing the most progressive recovery practices, and bringing individuals interested in the recovery movement together as students and partners.

 [Register Now!](#)

Who Should Attend?

We warmly invite all individuals involved in any aspect of recovery and resiliency around mental health and substance use disorders. This conference will be beneficial to addictions specialists, administrators, advocates, allies, counselors, educators, family members, individuals with lived experience, marriage and family therapists, peer support specialists, policy makers, psychologists, social workers, and other health and human service professionals interested in recovery.

As part of its commitment to diversity and inclusion, the Northwest AHEC and Wake Forest Baptist Health provide compassionate education and respectful care for all, regardless of sexual orientation, gender identity or expression.

STRATEGIES FOR STRESS MANAGEMENT IN CHALLENGING TIMES LIVE EVENT SERIES THROUGH NCDHHS

GET THE SCOOP FOR STRESS: STRATEGIES FOR STRESS MANAGEMENT IN CHALLENGING TIMES

January - March 2021 | 6:00 - 8:00 pm

Now that 2021 is underway, it's more important now than ever to build resiliency skills in ourselves and help to foster those strategies in others. In the wake of COVID-19, social and political unrest, and other challenges we face in our day-to-day lives, it's important to know that we will get through this together. NCDHHS' Division of Mental Health, Developmental Disabilities, and Substance Abuse Services is pleased to share helpful strategies on managing stress now and beyond these challenging times we are living in.

Join the UNC-TV Live Stream Event on the Governor's Institute Facebook Page at: [facebook.com/GovInst/](https://www.facebook.com/GovInst/) and get the #SCOOP4Stress with the NC DHHS Stress Management Series.

For more information, contact the Community Engagement & Empowerment Team at: CEandE.Staff@dhhs.nc.gov.

 [See flyer with all Information](#)

TRILLIUM VALUED PROVIDERS SEAL PROGRAM

It's as easy as 1 -2 -3! Our first week of the Trillium Valued Providers Seal Program was a success! Several providers sent in their information to participate in the Program. Trillium continues to encourage all network providers to apply for the seal(s) of their choice; this program allows all

providers to apply for more than one seal. These seals are a visual representation to members, stakeholders and communities that their agency or practice values quality care.



For detailed information about the Seal program criteria and its participation application please visit the webpage at <https://www.trilliumhealthresources.org/index.php/for-providers/trillium-valued-providers-seal-program>

Trillium reviews applications monthly. Any questions about the Valued Providers Seal Program can be directed to SealProgram@TrilliumNC.org

Any questions about this Communication Bulletin may be sent to the following email: NetworkManagement@TrilliumNC.org. These questions will be answered in a Q&A format and published on Trillium's website.