

To: All Providers

From: Khristine Brewington, MS, LCMHCS, LCAS, CCS, CCJP
Senior VP of Network Management

Date: February 20, 2026

Subject: Welcome to Tula: Trillium Ultimate Living Assistant; The Growing Clinicians Collective; NC Tracks Quick Links; North Carolina Child Welfare Trauma-Informed Assessment (NC CWTIA) Request for Applications (RFA); Roadmap 2 Ready 2026; New Accreditation Verifications for Non-Endorsed Services; Request for Proposals: NC Problem Gambling Program Youth Prevention Education Grants; Provider My Learning Campus Reminder; Need to Report Fraud, Waste, and Abuse?

NEW

WELCOME TO TULA: TRILLIUM ULTIMATE LIVING ASSISTANT

TULA Technology makes two-way communication simple, enabling on-demand remote support and real-time monitoring. In this session, you'll learn how TULA works, explore its benefits and goals, and get answers to your questions. This is your chance to find out if TULA is the right solution for you and the person you support.

- Date/Time: Thursday, March 26, 2026, 11:00-12:00 p.m.

Registration: [Register for the webinar](#)

Closed-Captioning will be provided.

THE GROWING CLINICIANS' COLLECTIVE



THE GROWING CLINICIANS' COLLECTIVE:
A supportive professional learning community for developing behavioral health clinicians.

Questions? Contact hsu@ndhhs.gov

ABOUT THE WORKSHOPS:
Participants will join a cohort of other fully or provisionally licensed mental and behavioral health clinicians to discuss case examples. Through these case discussions, participants will consider new ways of conceptualizing cases with evidence-based theories, learn from one another in a collaborative environment, and experience a sense of support and validation.

Topics include:

- Use of Self: The Therapist as Instrument
- It's Not Just Behavior: Nervous System in the Therapy Process
- The Space Between
- Inside the Home: Addressing Substance Use with Clients
- Better Together: Collaboration in Therapy
- The Home as Therapy Room

DETAILS:

TUESDAYS COHORT: 8:30-10:00AM
• APRIL 14, JUNE 16, AUGUST 11, OCTOBER 13, DECEMBER 8, 2026 AND FEBRUARY 16, 2027.

WEDNESDAYS COHORT: 12:00PM-1:30PM
• APRIL 15, JUNE 17, AUGUST 12, OCTOBER 14, DECEMBER 9, 2026 AND FEBRUARY 17, 2027.

FRIDAYS COHORT: 12:00PM-1:30PM
• APRIL 1, JUNE 18, AUGUST 14, OCTOBER 16, DECEMBER 11, 2026 AND FEBRUARY 19, 2027.

• Hybrid format April & February | Virtual format in June, August, October and December

APPLICATION

Participants are asked to commit to all six workshop sessions, either joining virtually or in-person. Once participation is confirmed, participants must complete the pre-assessment and complete the post-assessment to be eligible for incentives of \$50 per session (one \$500). Priority registration will be given to those clinicians serving clients with Medicaid coverage or uninsured. Continuing education credits will also be offered. Seats are limited to 10 people per cohort. Funded through the support of

 **CENTER OF EXCELLENCE**
FOR INTEGRATED CARE

 **NCDHHS**

Participants will join a cohort of other fully or provisionally licensed mental and behavioral health clinicians to discuss case examples.

Through these case discussions, participants will consider new ways of conceptualizing cases with evidence-based theories, learn from one another in a collaborative environment, and experience a sense of support and validation.

[Read More](#)

NCTRACKS QUICK LINKS

- [Public Invited to Review the 2025/2026 Summary of Standards for NC Facilities for Supplemental Security Income Recipients](#)
- [Application Period Now Open for 2026 Summer Experiential Learning and Opportunity Internship Program](#)
- [Promise Resource Network Launches Raleigh Recovery Hub & Cafe: A Place to Connect and Grow](#)
- [State to Local Consumer and Family Advisory Committee Meeting](#)
- [NC Strong Listening Session Share Your Voice for North Carolina's Future](#)
- [What To Do In A Mental Health Crisis Strengthening Faith-Based Responses](#)
- [Celebrating Developmental Disabilities Month: March Webinar Series](#)
- [Olmstead and North Carolina's Olmstead Plan](#)
- [Side by Side with DMH/DD/SUS Fireside Chat: IDD and Brain Injury Awareness Month](#)
- [Intersection of Interpersonal Violence Supporting People with I/DD and TBI](#)
- [From Numbers to Knowledge: Introducing the TBI Dashboard](#)
- [Inclusion Works Lunch & Learn Breaking Barriers: A Conversation with R.V. Kuser on Overcoming Challenges and Driving Change](#)

REMINDERS

NORTH CAROLINA CHILD WELFARE TRAUMA-INFORMED ASSESSMENT (NC CWTIA) REQUEST FOR APPLICATIONS (RFA)

North Carolina Department of Health and Human Services Division of Social Services (NCDHHS DSS) in coordination with North Carolina Medicaid Health Plans is seeking provider agencies to participate in the implementation of the North Carolina Child Welfare Trauma-Informed Assessment (NC CWTIA)—a standardized, trauma-informed clinical assessment process for children and youth involved with county Departments of Social Services (DSS). The purpose of the assessment is to support children who are entering, or at risk of entry into, the foster care system and who may have experiences or needs that place them at higher risk for requiring behavioral health and other clinical or non-clinical interventions. The assessment is intended to help identify and understand these needs to inform appropriate support and services in coordination with the Division and other agencies. Selected providers will engage in training, ongoing clinical coaching, and fidelity monitoring to ensure high quality, consistent assessments for the eligible population statewide.

- For More Details [RFA NC DHHS CWTIA](#)

ROADMAP 2 READY 2026

Each month we will cover a topic that is a part of the Centers for Medicare & Medicaid Services Emergency Preparedness Rule. In January we covered how to review and improve your [communication plan](#) in times of an emergency.



Disaster plans must be submitted through the following link: [2026 Disaster Plan Submission](#).

To confirm your disaster plan was received just check the "send me a copy of my responses" option at the end of the Disaster Plan Submission form.

Disaster Plans are due **May 1, 2026**. Even if no updates are needed to your Disaster Plan, you **MUST** still resubmit the plan. Failure to submit your Disaster Plan by the deadline (May 1, 2026), may result in an audit and/or plan of correction.

Our contract with providers requires that providers have adequate disaster planning and training processes in place within your organization. We know that the best way to cope when disaster strikes is preparation. This is a good time to start reviewing your agencies emergency plans and updating them based on what may have changed in the past year. Please connect with your [local emergency management](#) office, know your local hazards and resources, and stay connected with Trillium in the event of an emergency.

NEW ACCREDITATION VERIFICATIONS FOR NON-ENDORSED SERVICES

Effective February 22, 2026, NCTracks will begin verifying national accreditation for specific non-endorsed services during enrollment and ongoing enrollment in Medicaid according to the Provider Permission Matrix (PPM). This requirement will apply during enrollment, re-enrollment, reverification and when submitting change requests.

To support a smooth transition:

- Current providers will have a one-year grace period before accreditation verification begins.
- Clear notifications will be sent if accreditation information is missing or needs updating.

Providers are encouraged to review their accreditation status within the coming year to prepare for this update.

REQUEST FOR PROPOSALS: NC PROBLEM GAMBLING PROGRAM YOUTH PREVENTION EDUCATION GRANTS

Grants of up to \$10,000 are available for middle schools, high schools, and at-risk community-based programs in North Carolina to implement the NC Problem Gambling Program Youth Prevention Education (YPE) 10-module curriculum. Instructors receive training, technical support, and all necessary materials to deliver the program.

The initiative aims to prevent youth problem gambling and other high-risk behaviors by educating students on how social, physical, and digital environments can create toxic stress. This stress can impair critical thinking and emotional regulation, leading to unhealthy coping mechanisms and, over time, harmful behaviors and addictions that compromise brain health.

Applicants must attend [one of three RFP webinars](#) to receive the application and are encouraged to review the [grant guidelines](#) before applying. Grant applications are due

by March 15, 2026. Grant award announcements will be made on April 15, 2026, and contracts must be submitted by April 30, 2026. Funding will be dispersed by June 1, 2026. All grantees must complete the UNC-BHS Adolescent Gambling and Gaming Series asynchronous modules by July 15, 2026, and attend NCFADS Summer School from July 19-21, 2026, in Wilmington, NC.

PROVIDER MY LEARNING CAMPUS REMINDER

To find updated and current Provider Trainings, please visit:

[Provider My Learning Campus](#) or [this list of provider trainings](#).

NEED TO REPORT FRAUD, WASTE AND ABUSE?

EthicsPoint is a secure and confidential system available 24 hours a day, 7 days a week for anyone to report suspected violations of potential fraud, waste and abuse, or confidentiality issues. You can access EthicsPoint through website submission at [EthicsPoint - Trillium Health Resources](#) or by calling toll-free: 1-855-659-7660.