



News Release

FOR IMMEDIATE RELEASE

January 9, 2019

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Oxford House opened new location for men in Rocky Mount

Location is part of Trillium's Oxford House 2020 initiative

ROCKY MOUNT, NC-Oxford House has opened a residence in Rocky Mount that will serve eight men. This house is part of the contract to unveil 20 new houses in Trillium Health Resources's 26-county region by 2020 that was signed between Trillium and Oxford House in 2016. This will be the 14th house as part of that agreement, offering more than 100 beds to individuals in recovery.

Oxford Houses are a clean and sober housing option for individuals in recovery. As of January 2019, there are 258 houses in North Carolina, with locations in 34 cities. With an average of eight beds per house, there are more than 2,000 Oxford House beds in the state. Individuals typically enter an Oxford House after completing a drug and alcohol treatment program and must remain sober in order to continue as residents. Following an application and approval process, individuals living in a house are expected to participate in a recovery program in the community during their residence. Residents must also follow basic house rules including contributions to household expenses and electing officers.

Trillium and Oxford House were recently awarded the [Community Inclusion Award](#) during the i2i Center for Integrative Health's annual conference. The award recognizes the agencies' work with community partners such as court systems, community colleges, and employment services.

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 26 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by

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providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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