

## **News Release**

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## **Trillium Hosting Second SUMMIT Event**

Program on February 20 will educate about health issues unfairly affecting African Americans

NEW BERN, NC: Trillium Health Resources will host our second SUMMIT event on February 20 in New Bern. Speakers will share about heart disease, mental health service disparities, and maternal mortality rates. African American populations experience an increase of prevalence for all of these conditions due to lack of access and health disparities that can be prevented.

The event will take place at the New Bern Convention Center and will last from 1 – 5:45 p.m. Registration is free and will include snacks, giveaways, and printed health information.

Speakers will include:

Taskeen Midgette, AGNP-C, with Coastal Carolina Health Care Heart and Vascular Specialists

Dr. LaDonna Battle, Care Management Population Health Officer with Trillium Chelsea Rivenbark, FNP-C with ECU Health Pediatric Hematology/Oncology Debra Farrington, Chief Health Equity Officer with North Carolina Department of Health and Human Services

"Trillium views health equity as one of our most important responsibilities," shared Luz Terry, Vice President of Enterprise Training & Staff Development. "Through activities like these SUMMIT events, we will educate, empower, and assist our communities with the steps they need to take to improve their health."

We will schedule events throughout the year and in various locations to meet as many of our providers, members and community stakeholders as possible. The tentative SUMMIT calendar includes events that focus on intellectual/developmental disabilities, substance use and recovery, and more.

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Visit our website to learn more and <u>register for the event</u>. We will post future event registrations on our calendar. Our <u>Health Equity Summary</u> covers the efforts that Trillium has completed dedicated to improving access to health care for everyone from 2012-2022.

## ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 28 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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