

News Release

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Trillium awarded pilot for Tiered Care Coordination

Collaboration with Pitt County DSS, District 3 DJJ, Youth Villages, and NC Families United

GREENVILLE, N.C.--Trillium Health Resources was awarded the opportunity to pilot the Tiered Care Coordination (TCC) program in Pitt County in December 2020. The Child Tiered Care Coordination pilot was developed from the Governor's Task Force on Mental Health to address high rates of exposure to trauma and high behavioral health needs, specific to youth and families involved in child welfare and juvenile justice system.

Trillium will collaborate with the Department of Health and Human Services (DHHS), Youth Villages, the Pitt County Department of Social Services (DSS), District 3 Division of Juvenile Justice (DJJ,) and NC Families United to implement this project. Working together, we will connect youth with the proper assessment and minimize crisis services while engaging children and families, at times, with High Fidelity Wraparound (HFW). Trillium will implement and expand HFW to provide much needed support for children and adolescents who are already demonstrating behavioral health symptoms, or have been placed in a residential setting.

The HFW model connects DJJ-involved youth and DSS-involved youth and their families to behavioral health services. Youth Villages has experience with the implementation of multiple HFW teams throughout the western and central part of North Carolina. Their experience in this project will be invaluable.

"Assessing, treating, and coordinating a youth's behavioral health and life domain needs can assist social services in maintaining and reunifying youth with their families," shared Lauren Swain, co-lead for the project and Children and Youth Services Director at Trillium. "The program will also assist juvenile justice in keeping youth from moving deeper into the justice system. Through this family-driven and

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youth-guided project, the goal is to reduce the need for out-of-home care and return children and youth to their families or natural community setting, giving them a chance for greater permanency.”

The expected outcomes for the child/adolescent are:

- improved clinical outcomes
- engagement in school
- no new legal involvement
- a reduction in the use of crisis services
- improved caregiver engagement in services

This pilot will allow shorter times from screening to assessment, shorter times from assessment to the start of services, and shorter times to the first Child and Family Treatment Team Meeting Through this collaborative effort, we anticipate an improved rate in the completion of services and an improved connection to community services. This 18-month pilot focuses on youth ages 6-21. Ongoing collaboration with our community agencies will be vital to the sustainability of this program. We are aiming to begin accepting referrals in the spring of 2021. We are excited about this unique opportunity to be piloted in Eastern North Carolina.

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 26 counties in eastern North Carolina. Trillium’s mission is transforming lives and building community well-being through partnership and proven solutions. We help every community and individual we serve to reach their fullest potential. By coordinating care across multiple systems, we achieve improved health outcomes, quality of care, and efficient use of resources. Trillium remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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