



## News Release

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### **Oxford House opens first collegiate house in Eastern North Carolina**

*Location part of Trillium's Oxford House 2020 initiative*

GREENVILLE, NC-Oxford House has opened the first collegiate house in Eastern North Carolina near the campus of Eastern Carolina University (ECU). Oxford House "Pirate Cove" will serve eight men who are enrolled in classes at ECU or other post-secondary schools. Research shows that Oxford Houses have an 80 percent success rate nationally (people maintaining recovery for 18 months or longer). Without a recovery house, half of the people who begin recovery will relapse.

Oxford Houses are a clean and sober housing option for individuals in recovery. As of February 2020, there are 273 houses in North Carolina, with locations in more than 30 cities. With an average of eight beds per house, there are more than 2,000 Oxford House beds in the state. Individuals typically enter an [Oxford House](#) after completing a drug and alcohol treatment program and must remain sober in order to continue as residents. Following an application and approval process, individuals living in a house are expected to participate in a recovery program in the community during their residence. Residents must also follow basic house rules including contributions to household expenses and electing officers.

At the time of Oxford House's 2019 survey with residents, 389 of the 1,284 current residents in North Carolina houses were post-secondary students...a 36% increase from the previous year.

"This is an extraordinary increase and speaks volumes about the positive outcomes from a small financial investment," commented Kathleen Gibson, Chief Operating Officer with Oxford House. "As Oxford Houses continue to expand in the state, our outreach workers will continue to build partnerships with higher educational institutions in existing areas and areas of expansion to let them know about how Oxford Houses work, and encourage any students in recovery to consider Oxford House living."

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Oxford House operates three other houses on or near college campuses in North Carolina, one men's and one women's collegiate houses in Chapel Hill and a men's house at UNCG. They will soon open a new men's house in April at UNCW. Each location works collaboratively with student recovery groups at four-year and community colleges, along with technical schools.

This house is part of the contract to unveil 20 new houses in Trillium Health Resources's 26-county region by 2020 that was signed between Trillium and Oxford House in 2016. This will be the 17<sup>th</sup> house as part of that agreement, offering more than 100 beds to individuals in recovery.

### **ABOUT TRILLIUM HEALTH RESOURCES**

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/ developmental disabilities in 26 counties in eastern North Carolina. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We help every community and individual we serve to reach their fullest potential. By coordinating care across multiple systems, we achieve improved health outcomes, quality of care, and efficient use of resources. Trillium remains focused on delivering the right services, in the right amount, at the right time. For more information, visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org).

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