

News Release

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"See Me as Your Neighbor"

The Charles Lea Center Promotes Independence and Community Interaction

GREENVILLE, NC: "See Me...as your neighbor" is the theme this week for <u>National</u> <u>Developmental Disabilities Month</u>. Community interactions can be limited for individuals with intellectual and developmental disabilities (I/DD) due to the degree of assistance they need with daily living activities. Often family members or caregivers provide this assistance for individuals with I/DD, limiting the social interactions they have outside of the home. Social isolation may leave individuals filling unfulfilled and impact their health. Trillium Health Resources understands that providing necessary assistance while also supporting community interaction for people with I/DD is important.

Through a new partnership with <u>The Charles Lea Center</u>, Trillium aims to increase community supports that help improve social connections. The Charles Lea Center, based in South Carolina, is an agency that will soon provide services within the Trillium catchment area. The mission of The Charles Lea Center is to support people where they live, work, and play. Trillium plans to help launch a site in either the Greenville or Wilmington area.

The Charles Lea Center focuses on using innovative technology, such as voice activated devices, to support individuals with I/DD to live in the homes or apartments of their choosing and become as independent as possible. Because of these transitions and



community integration, The Charles Lea Center has seen successful outcomes and an overall improvement in the quality of life for the people that they support.

Trillium collaborates with agencies like The Charles Lea Center to support positive community interactions. Trillium also developed a <u>Communications Guide on Behavioral Health and I/DD</u> which encourages respectful interaction with our neighbors as they choose to live independently and take part in their communities. We will share more from The Charles Lea Center on our <u>Facebook page</u> this Thursday.

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 25 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a personcentered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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