



News Release

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Trillium to Host Fourth Reentry Simulation

Program teaches about the barriers faced by those recently released from prison

WELDON, NC: Trillium Health Resources will host a fourth reentry simulation at Halifax Community College on April 2, 2024. This event will provide a hands-on experience of the barriers for individuals released from incarceration, including those with severe substance use, mental illness, and intellectual/developmental disabilities. Through volunteers and role-playing, attendees experience situations trying to access services and resources that are often challenging and difficult to navigate. [Previous events have helped educate our communities on this necessary information.](#)

Each attendee will be assigned a specific profile and given a list of tasks to complete. Participants will attempt to find jobs, attend treatment appointments, maintain stable housing, and comply with the conditions of their release. For example, if too many years have lapsed, a person may only have access to a learner's permit instead of a full license. This limits when they can drive, lessening their ability to find employment or housing.

Around 30,000 individuals are incarcerated in the state of North Carolina. Each year, around 2/3 of them are released. With recidivism rates around 35-40%, prison populations remain steady. A huge factor for recidivism is not having proper support and encouragement upon reentry. Groups like Our Journey are working to change that.

Our Journey sends a resource kit that includes a book with support and tips on the emotions they may experience, gift cards to restaurants, a local resource guide, a t-shirt, and two doses of narcan. Individuals recently released from prison are 40 times more likely to die from an opioid overdose.

To learn more or to register for this free event, please [visit our website.](#)

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ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is an innovative health plan for individuals with serious behavioral health, intellectual/developmental disabilities, and traumatic brain injury in 46 counties in North Carolina. Through contracts with NCDHHS, we serve Medicaid members on NC Medicaid Direct, state-funded recipients who are uninsured, and members on the Innovations Waiver. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We take an integrated approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is dedicated to meeting the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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