



News Release

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Trillium Receives School Safety Grant from the North Carolina Center for Safer Schools and Department of Public Instruction

Funds will be used for teacher training, promoting evidence-based practices, and program evaluation

GREENVILLE, NC-Trillium Health Resources announces the receipt of the “North Carolina School Safety Grants Program” grant. Trillium will develop an online training and resource portal with ongoing evaluation. While the initial grant will fund two years, Trillium is committed to continuing the program through additional grants or internal funding. Trillium will launch SafeSchoolsHealthyKidsNC.org on April 29.

Youth ages 0-17 in Trillium’s 26-county region face an overall higher mortality rate (71.9 per 100,000) than the North Carolina average (58.9 per 100,000)¹. In addition, our 2018 Network Adequacy Accessibility Analysis (also known as the Gaps & Needs Report) found that our catchment area has a high request for the following: more services for teenagers with special needs in rural counties, teacher training to assist children affected by trauma, and attention to mental health of children in minority groups and households experiencing poverty.

The data and survey responses reflect a need for increased access to services for students, along with more training and resources for teachers and school personnel. While public budgets are stretched, Trillium has already worked extensively within the schools providing Youth Mental Health First Aid training and Rachel’s Challenge launches in schools. Trillium also has solicited responses to two rounds of requests for proposal for [School-Based Therapy](#) providers. This new grant will provide access to training resources that could impact all K-12 students and 15,000+ academic and professional staff in the region.

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¹ N.C. DHHS State Center for Health Statistics <https://schs.dph.ncdhhs.gov/TrilliumHealthResources.org>



Trillium's SafeSchoolsHealthyKidsNC.org portal will provide web-based access to evidence-based practice (EBP) models, resources, and materials. Specific programs that will be available include *Counseling on Access to Lethal Means (CALM)*, *Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems*, (MATCH-ADTC), and other subjects to include Anger Management for Children and Youth, Supporting Children who have been Bullied, and Recognizing Warning Signs of Children in Distress.

"Trillium is making a real commitment to our schools and rural areas by expanding access to resources that improve mental health and overall wellbeing for all children and communities," stated Cindy Ehlers, Executive Vice President at Trillium. "We are dedicated to helping all citizens of eastern N.C. have healthy opportunities to grow and learn."

"The N.C. Center for Safer Schools is pleased to provide support for Trillium Health Resources via the state's School Safety Grant Program to provide training to increase school safety," said Kym Martin, executive director of the [Center for Safer Schools, part of the N.C. Department of Public Instruction](#). "Making this program available to teachers, school support staff, and parents has the potential to positively affect more than 193,000 K-12 students in Eastern N.C. We look forward to seeing results from this innovative platform."

By providing free online access to training and resources, users can quickly and reliably utilize evidence-based responses to issues. Programs can be completed by teachers or staff privately, at any time of the day, and at a person's own pace. Tip sheets and handouts can be downloaded securely by students and parents. Evaluation of the project will include feedback on the ease of access, availability of trainings, and measuring fidelity to the learning process itself through quizzes and tests.

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 26 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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