

News Release

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Trillium launches One Community initiative Building strength and well-being after the pandemic

GREENVILLE, N.C.--Trillium Health Resources will launch our new One Community initiative this May, coinciding with [Mental Health Month](#). The one-year program will send staff into our communities to share how people can address their mental health to thrive after the pandemic. We will also educate about suicide prevention, alcohol awareness, and autism acceptance.

Along with delivering materials to residents' homes on how to seek help if needed, Trillium will directly contact areas that experience health disparities and inequity. While we have all experienced the pandemic together, the outcomes and data have emphasized that people of color (Black, Hispanic, and Native American) have a much [higher rate of infection](#) and serious illness from COVID-19.

"Trillium is deeply integrated in our communities," shared Christie Edwards, Vice President of Clinical Operations with Trillium. "While the pandemic has caused symptoms related to depression, anxiety, and isolation, we want our communities to know that help is available. Many providers can assist over the phone or the internet, and some providers are safely opening their doors while following rules about social distancing and wearing masks."

Trillium hopes to host local events when enough of the population has received their COVID-19 vaccine and it is safe to do so. This past year has been difficult for so many, and Trillium looks forward to working together to help everyone access the care they need. For more information, please visit <https://www.trilliumhealthresources.org/for-individuals-families/one-community>

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ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 26 counties in eastern North Carolina. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We help every community and individual we serve to reach their fullest potential. By coordinating care across multiple systems, we achieve improved health outcomes, quality of care, and efficient use of resources. Trillium remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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