

News Release

FOR IMMEDIATE RELEASE

May 19, 2025

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Trillium providing funds for NAMI Guilford Hub

\$150,000 will enhance opportunities for peer support, mental health education, and access to resources

GREENSBORO, N.C. – Trillium Health Resources is providing \$150,000 to help develop the NAMI Guilford Hub. NAMI Guilford serves residents across Greensboro and High Point and surrounding areas with free mental health support, online groups, resources and education.

There are an estimated 500,000 people in Guilford County who could use mental health services. Navigating the system can be overwhelming and isolating, and NAMI Guilford currently has no physical location to support people on their journey to mental wellness.

The NAMI Guilford Hub will guide individuals and families through the behavioral health system, provide innovative approaches to services and improve access to care. The dedicated space will be utilized for evidence-based programs and education to reduce stigma, promote early intervention and expand access to resources. NAMI Guilford will continue to empower and engage individuals and families with lived experience as they create this welcoming space to simplify resource navigation and ultimately support individuals, families, loved ones, and communities.

Planned impact of the NAMI Guilford Hub will be:

- Expanding ability to connect people to resources and care for mental health by having a physical location in Guilford County
- Empowering lived experience and peer support specialists
- Increasing volunteer corps and connectivity with community partners

"NAMI Guilford County is honored to be entrusted with this opportunity," stated Becky Eller, NAMI Guilford County Board of Directors, past president. "Families and peers in our organization bring a unique and invaluable perspective, using our lived experiences to guide others with empathy and practical solutions. We want to be there for those impacted by a mental health concern, so they know they are not alone."

Trillium will host a check presentation at the date and location below. Media are invited to attend.

Thursday, May 22 at 1:00 PM
Trillium Office
3802 Robert Porcher Way, Greensboro, NC

Trillium appreciates valuable partners like NAMI Guilford to help us achieve our goals to help everyone in our communities to reach their potential.

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is an innovative health plan for individuals with serious behavioral health, intellectual/developmental disabilities, and traumatic brain injury in 46 counties in North Carolina. Through contracts with NCDHHS, we serve Medicaid members on the Tailored Plan and NC Medicaid Direct, state-funded recipients who are uninsured, and members on the Innovations Waiver. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We take an integrated approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is dedicated to meeting the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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