



## News Release

### FOR IMMEDIATE RELEASE

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### **Trillium Launches New Member Orientations and Training Sessions**

*The new Neighborhood Connections department will help introduce Trillium and the behavioral health system, explain how to access services, and share local supports available*

GREENVILLE, NC-Trillium Health Resources announces the launch of our new Neighborhood Connections Department. The department will host member engagement sessions, offer trainings and workshops based on identified needs, and connect members to resources to help implement whole health practices.

Trillium has been addressing healthy opportunities in our communities for years. These social determinants of health (SDoH) are factors beyond the physical aspects that contribute to overall health. The Neighborhood Connections department will assess availability of resources related to transportation, employment, food, housing, and interpersonal safety. Trillium will also focus on social integration/loneliness. Neighborhood Connections staff will develop partnerships to help address gaps in resources available to the public.

The Neighborhood Connections department will also promote the following initiatives:

- **Member Engagement sessions** in each region will introduce Trillium and the behavioral health system, explain how to access services, and discuss local supports available.
- **Resource compilation for members** on how to access food, transportation, employment training, housing, and chances for social integration.
- **“Eat the Rainbow”** is a series of healthy eating workshops that increase exposure to a variety of fruits and vegetables.
- **The Healthy Movement project** will place Peloton® stationary bicycles at 56 day and residential program sites to encourage physical fitness.

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Please visit our newly launched webpages at [www.trilliumhealthresources.org/neighborhood-connections](http://www.trilliumhealthresources.org/neighborhood-connections) to view more details about SDoH.

**ABOUT TRILLIUM HEALTH RESOURCES**

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 26 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org).

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