



## News Release

FOR IMMEDIATE RELEASE  
September 21, 2017

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### **Mental Health Screening Program Comes to Pamlico County**

Assessment tool addresses need for access to resources

BAYBORO, NC—A first-of-its-kind mental health-screening tool for Pamlico County was unveiled today during a ribbon cutting ceremony at the Pamlico County Department of Social Services.

This screening kiosk comes as part of the Access Point Screening Program from Trillium Health Resources, the behavioral health and intellectual and developmental disabilities management authority for 25 eastern North Carolina counties.

“Many people with mental health and substance use challenges go without treatment—in part because their disorders go undiagnosed,” said Cindy Ehlers, Vice President of Clinical Operations at Trillium. “Part of Trillium’s mission is to increase access to services and resources where they are needed most. We are proud to launch the Access Point program in Pamlico County.”

The Access Point Screening Program is designed to provide people with access to anonymous, evidence-based screenings for mental health and substance use challenges. This tool will provide immediate results and connect users to resources, including local referrals and educational materials. Users may use the screenings for personal assessment, or as a tool to assess and access resources on behalf of someone else.

The Access Point kiosk is equipped with an online screening platform, and has a dedicated phone line (VoIP) that will connect the user to the Trillium call center if they so choose. The kiosk is wheelchair accessible, and features a privacy filter that makes on-screen data visible only to persons directly in front of the monitor.

In addition to the kiosk, the Access Point Screening Program is available online from personal computers and is accessible on all mobile devices through <http://www.trilliumncaccesspoint.org/>. The program screens for the following: depression, generalized anxiety disorder, adolescent depression, bipolar disorder, alcohol use disorder, posttraumatic stress disorder, eating disorder, and substance use disorder.

Visit <http://www.TrilliumNCAccessPoint.org> for more information.

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## **ABOUT TRILLIUM HEALTH RESOURCES**

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 25 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org).

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