

News Release

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Trillium Launches Summit Program

First event on October 25 to educate about Hispanic health disparities

GREENVILLE, NC: Trillium Health Resources will launch our new SUMMIT Program this fall to educate our communities on how they can take control of their health. Topics will cover health disparities experienced by marginalized populations along with issues affecting certain diagnoses.

The first event will take place on October 25 in Jacksonville. Titled "Herencia Hispana/LatinX: ¡Vamos a Hablar! (Hispanic/LatinX Heritage Let's Talk!)," it will focus on physical health concerns such as diabetes, HIV, and child preventative measures. We will also serve a delicious lunch from a local Columbian restaurant, celebrating this culture as part of Hispanic Heritage Month (September 15-October 15).

"Trillium views health equity as one of our most important responsibilities," shared Luz Terry, Vice President of Enterprise Training & Staff Development. "Through activities like these SUMMIT events, we will educate, empower, and assist our communities with the steps they need to take to improve their health."

We will schedule events throughout the year and in various locations to meet as many of our providers, members and community stakeholders as possible. The tentative SUMMIT calendar includes events that focus on intellectual/developmental disabilities, substance use and recovery, Pride Month, and more.

<u>Visit our website to learn more</u> and <u>register for the first event</u>. We will post future event registrations on our calendar. Our <u>Health Equity Summary</u> covers the efforts that Trillium has completed dedicated to improving access to health care for everyone from 2012-2022.

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ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 28 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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