



News Release

FOR IMMEDIATE RELEASE

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Trillium publicizes workout equipment, small business funds, and free healthy opportunities for members

Application and installations in October

GREENVILLE, N.C.—Trillium Health Resources has implemented innovative practices and initiatives during the pandemic to help our members stay healthy and active, remain financially stable, and continue receiving the services they need. New opportunities, launching October 1, will offer small business startup funds and at-home workout equipment. We will also soon install sanitization stations at our Play Together playgrounds (all 30 in our region), supply providers with temperature machines, and more.

- **Small Business Funding:**

Trillium has budgeted a total of \$50,000 for members interested in starting a new small business or sustaining their current one. We encourage our eligible members to apply as soon as possible as funds are limited. Approved applicants can receive \$100 to \$5,000 towards office supplies, technology, and raw materials.

More information and application form:

<https://www.trilliumhealthresources.org/SBFunding>

- **Healthy Movement at Home:**

This initiative expands the Healthy Movement Project to support members' health and fitness goals during COVID-19 by offering interactive workout equipment to be used at home. Trillium is offering pieces of equipment to our members through a first come, first served grant application process.

Equipment selections will potentially include NordicTrack, Mirror Home Gym, More information and application form will be shared below soon:

<https://www.trilliumhealthresources.org/neighborhood-connections/social-determinants-of-health/healthy-movement>

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- **Meridian Temperature Machines:**
Trillium accepted applications from our network providers who offer services in Group Homes, Adult Day Programs, Day Treatment Programs, Psychosocial Rehabilitation Centers, Outpatient Clinics, and Intensive or Comprehensive Outpatient group settings. The machines can detect temperatures even through a face mask or shield. We will soon deliver 100 machines to approved providers.
- **Hand Sanitation Stations:**
Now that public playgrounds are open again, Trillium wants to contribute to a healthy environment so the community can safely utilize our 30 accessible playgrounds. We will soon install a few dispensers for hand sanitizer at each location; Trillium signage will designate the placement of the stations.
Play Together Accessible Playground locations:
<https://www.trilliumhealthresources.org/neighborhood-connections/social-determinants-of-health/play-together>

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 26 counties in eastern North Carolina. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We help every community and individual we serve to reach their fullest potential. By coordinating care across multiple systems, we achieve improved health outcomes, quality of care, and efficient use of resources. Trillium remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

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