

News Release

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Peacehaven and Trillium Health Resources Partner to Address Caregiver Challenges and Build Inclusive Community

WHITSETT, N.C. — Peacehaven and Trillium Health Resources today announced a new strategic partnership aimed at addressing one of the most urgent and overlooked needs facing North Carolina families: the growing strain on caregivers of adults with intellectual and developmental disabilities (I/DD) and the increasing isolation experienced by the individuals they support.

Launched in recognition of **National Family Caregivers Month**, this collaboration shines a light on the dual challenge families face — caregivers who desperately need time to rest and recharge, and adults with I/DD who thrive when deeply connected to community. Together, Peacehaven and Trillium are developing a long-term strategy to strengthen both sides of this equation through integrated, inclusive approaches that build belonging, reduce isolation, and create sustainable pathways for well-being.”

Together we are reimagining what it means to support caregivers — to give families the tools, time, and trusted community they need to sustain care and help their adult loved ones thrive,” said Hayley Sink, Senior Vice President of Community Health and Innovation of Trillium Health Resources. “This partnership allows us to bring our organizations’ strengths together to resolve both realities with intention and compassion.”

Peacehaven, known for its inclusive 89-acre campus where people of all abilities live, learn, work, and play together, has long been committed to solving for isolation by building community. Trillium’s collaboration reflects a shared belief

that innovative models of support and bold partnerships are needed to meet the growing demand for caregiver respite and community-based engagement opportunities.

"Our work begins with a simple truth: everyone needs belonging," said Phelps Sprinkle, Chief Executive Officer of Peacehaven. "Caregivers need space to rest, and adults with I/DD need spaces to grow, participate, and thrive. This partnership with Trillium allows us to explore new, integrated approaches that honor both."

Over the coming months, Peacehaven and Trillium will convene families, self-advocates, care professionals, and community partners to further shape initiatives that support caregiver wellbeing and expand inclusive opportunities for adults with I/DD. This joint effort reflects a shared commitment to building systems of care that are proactive, not reactive, and that recognize the interconnected needs of the entire family.

"This is about what is possible when we come together to create support systems with family-centered, community-based care at the foundation," Sink added. "We are proud to partner with Peacehaven to transform lives and build community."

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is an innovative health plan for individuals with serious behavioral health, intellectual/developmental disabilities, and traumatic brain injury in 46 counties in North Carolina. Through contracts with NCDHHS, we serve Medicaid members on the Tailored Plan and NC Medicaid Direct, state-funded recipients who are uninsured, and members on the Innovations Waiver. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We take an integrated approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is dedicated to meeting the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

ABOUT PEACEHAVEN

Peacehaven is a nonprofit organization founded in 2007 to reach people of all ages and abilities, offering programs for anyone who believes in the dignity and perspective of everyone. Located on an 89-acre farm in Whitsett, NC, Peacehaven is building a vibrant, integrated community where people can live, learn, work, and play together. www.peacehavenfarm.org

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