



# SOCIAL DISTANCING ACTIVITIES FOR THE FAMILY

Description	Tools Needed	Web-Address	Cost	Hours
Virtual Tours & Trips				
Galapagos Island National Geographic Expeditions	Internet Access	<a href="https://www.youtube.com/watch?v=x8hwt3Tg-mA&amp;feature=youtu.be">https://www.youtube.com/watch?v=x8hwt3Tg-mA&amp;feature=youtu.be</a>	Free	Anytime
The British Library Harry Potter Exhibit	Internet Access	<a href="https://insidethemagic.net/2020/03/harry-potter-a-history-of-magic-now-available-online-for-free-tm1/">https://insidethemagic.net/2020/03/harry-potter-a-history-of-magic-now-available-online-for-free-tm1/</a>	Free	Anytime
12 Famous Museums	Internet Access	<a href="https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours">https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours</a>	Free	Anytime
San Diego Zoo	Internet Access	<a href="https://kids.sandiegozoo.org/">https://kids.sandiegozoo.org/</a>	Free	Anytime
Aquarium of the Pacific	Internet Access	<a href="http://www.aquariumofpacific.org/exhibits/webcams?fbclid=IwAR2Jn9TZO2MI3cLso6t7T6NVn5gpfpmvrl djvL6sLyf1XwlfSA1Re6Qg1ag">http://www.aquariumofpacific.org/exhibits/webcams?fbclid=IwAR2Jn9TZO2MI3cLso6t7T6NVn5gpfpmvrl djvL6sLyf1XwlfSA1Re6Qg1ag</a>	Free	Anytime
Monterey Bay	Internet Access	<a href="https://www.montereybayaquarium.org/animals/live-cams">https://www.montereybayaquarium.org/animals/live-cams</a>	Free	Anytime
National Zoo	Internet Access	<a href="https://nationalzoo.si.edu/webcams">https://nationalzoo.si.edu/webcams</a>	Free	Anytime

Description	Tools Needed	Web-Address	Cost	Hours
Houston Zoo	Internet Access	<a href="https://www.houstonzoo.org/explore/webcams/">https://www.houstonzoo.org/explore/webcams/</a>	Free	Anytime
TauWaterhole Webcam (Africa)	Internet Access	<a href="https://explore.org/livecams/african-wildlife/tau">https://explore.org/livecams/african-wildlife/tau</a>	Free	Anytime
Underwater Otter Vancouver Canada	Internet Access	<a href="https://www.vanaqua.org/visit/live-cams-underwater-otter">https://www.vanaqua.org/visit/live-cams-underwater-otter</a>	Free	Anytime
Top 10 Museums, such as Permagon Museum, Berlin	Internet Access	<a href="https://artsandculture.google.com/story/10-top-museums-you-can-explore-right-here-right-now/igKSKBBnEBSGKg?hl=en">https://artsandculture.google.com/story/10-top-museums-you-can-explore-right-here-right-now/igKSKBBnEBSGKg?hl=en</a>	Free	Anytime
Como Park Zoo and Conservatory- Conservatory Spring Flower Show	Internet Access	<a href="https://comozooconservatory.org/2020-spring-flower-show/?fbclid=IwAR1yLxC4vNGbsgSIL6d59qQSYZCDMkg0Vgh9mMA05u0kpjxzh0-xmS76ceE">https://comozooconservatory.org/2020-spring-flower-show/?fbclid=IwAR1yLxC4vNGbsgSIL6d59qQSYZCDMkg0Vgh9mMA05u0kpjxzh0-xmS76ceE</a>	Free	Anytime
Mars (NASA's Curiosity Rover)	Internet Access	<a href="https://accessmars.withgoogle.com/">https://accessmars.withgoogle.com/</a>	Free	Anytime
Google Arts and Culture	Internet Access	<a href="https://artsandculture.google.com/">https://artsandculture.google.com/</a>	Free	Anytime
Atlanta Zoo Panda Cam	Internet Access	<a href="https://zooatlanta.org/panda-cam/">https://zooatlanta.org/panda-cam/</a>	Free	Anytime
<b>Arts &amp; Cultural</b>				
Disney Aladdin Musical	Internet Access	<a href="https://www.youtube.com/watch?v=o-gLbgpzCc8">https://www.youtube.com/watch?v=o-gLbgpzCc8</a>	Free	Anytime
Disney Cruise Tangled	Internet Access	<a href="https://www.youtube.com/watch?v=iyFHjQndReY">https://www.youtube.com/watch?v=iyFHjQndReY</a>	Free	Anytime

Description	Tools Needed	Web-Address	Cost	Hours
Les Miserables	Internet Access	<a href="https://www.youtube.com/watch?v=Oqa49h4HWgg">https://www.youtube.com/watch?v=Oqa49h4HWgg</a>	Free	Anytime
Rent Musical	Internet Access	<a href="https://www.youtube.com/watch?v=yhG3JTchKDA&amp;list=PL4UvHdqgzgxyW8nqcnS5NU1FhIkL3NRyC">https://www.youtube.com/watch?v=yhG3JTchKDA&amp;list=PL4UvHdqgzgxyW8nqcnS5NU1FhIkL3NRyC</a>	Free	Anytime
The Hunchback of Notre Dame	Internet Access	<a href="https://www.youtube.com/watch?v=IKZbtLxxPfg&amp;list=PL4UvHdqgzgxyW8nqcnS5NU1FhIkL3NRyC&amp;index=42">https://www.youtube.com/watch?v=IKZbtLxxPfg&amp;list=PL4UvHdqgzgxyW8nqcnS5NU1FhIkL3NRyC&amp;index=42</a>	Free	Anytime
NPR Musical Performances and Concerts	Internet Access	<a href="https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown">https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown</a>	Free	Anytime
Christian World Media	Internet Access	<a href="https://www.christianworldmedia.com/wordstream/live-service-guide">https://www.christianworldmedia.com/wordstream/live-service-guide</a>	Free	Anytime
Central Synagogue	Internet Access	<a href="https://www.centralsynagogue.org/worship/live_streaming">https://www.centralsynagogue.org/worship/live_streaming</a>	Free	Anytime
Tim Hoh's Music for Kids	Facebook Live	<a href="https://www.youtube.com/channel/UCY4mSOVL0RL9WlqCdnrvt_g?fbclid=IwAR00zaMiEJLbdyXTBjC-j9WijpeOnIREU_4jLkJyXEmsj-nT6n3-zRHbOtg">https://www.youtube.com/channel/UCY4mSOVL0RL9WlqCdnrvt_g?fbclid=IwAR00zaMiEJLbdyXTBjC-j9WijpeOnIREU_4jLkJyXEmsj-nT6n3-zRHbOtg</a>	Free	Friday Mornings at 10:30am
Birthplaces of Music	Internet Access	<a href="http://edtech2.boisestate.edu/joshuasmith8/502/virtualtour/start.html">http://edtech2.boisestate.edu/joshuasmith8/502/virtualtour/start.html</a>	Free	Anytime

Description	Tools Needed	Web-Address	Cost	Hours
YoYo Ma Songs of Comfort	Internet Access	<a href="https://www.pbs.org/newshour/show/yo-yo-ma-on-encouraging-songs-of-comfort-amid-global-crisis?fbclid=IwAR0L-qlX1rqsCcjOWu79wXRBaU-quQGxmPgHB-aosk8HPpbpkI5QFwWhxMs">https://www.pbs.org/newshour/show/yo-yo-ma-on-encouraging-songs-of-comfort-amid-global-crisis?fbclid=IwAR0L-qlX1rqsCcjOWu79wXRBaU-quQGxmPgHB-aosk8HPpbpkI5QFwWhxMs</a>	Free	Anytime
Cirque Connect - Cirque de Soleil performances	Internet Access	<a href="https://www.cirquedusoleil.com/cirqueconnect">https://www.cirquedusoleil.com/cirqueconnect</a>	Free	Anytime
<b>Health &amp; Wellness</b>				
The Little Gym	Internet Access	<a href="https://www.youtube.com/user/OfficialTheLittleGym">https://www.youtube.com/user/OfficialTheLittleGym</a>	Free	Anytime
Peleton Free 90 day Trial	Internet Access	<a href="https://www.onepeloton.com/digital/checkout/digital-90d">https://www.onepeloton.com/digital/checkout/digital-90d</a>	Free for 90 days after \$12.99+ tax/month	Anytime
Crystal Coast Wellness Virtual Quarantine Fitness Challenge	Internet Access	<a href="https://www.facebook.com/events/1687015911439534/">https://www.facebook.com/events/1687015911439534/</a>	Free	Anytime
Virtual Race	Internet Access	<a href="https://www.facebook.com/pg/CapeCarteretGym/events/?ref=page_internal">https://www.facebook.com/pg/CapeCarteretGym/events/?ref=page_internal</a>	\$10-\$15	Anytime
The GYM Cape Carteret Aquatic & Wellness Center	Internet Access Facebook Membership	<a href="https://www.facebook.com/pg/CapeCarteretGym/events/?ref=page_internal">https://www.facebook.com/pg/CapeCarteretGym/events/?ref=page_internal</a>	Various cost	Times vary based on class or event

Description	Tools Needed	Web-Address	Cost	Hours
Guided Meditation with the Jellies	Facebook	<a href="https://www.facebook.com/watch/?v=495169991155930">https://www.facebook.com/watch/?v=495169991155930</a>	Free	Anytime
Virtual Senior Center	Internet Access	<a href="http://vscm.selfhelp.net/">http://vscm.selfhelp.net/</a>	Free	Anytime
YMCA 360 Online	Internet Access Download App	<a href="https://ymca360.org/on-demand#/">https://ymca360.org/on-demand#/</a>	Free	Various Times
Workout Videos for kids and parents	Internet Access	<a href="https://www.fitnessblender.com/videos">https://www.fitnessblender.com/videos</a>	Free	Anytime
Mindfulness	Internet Access	<a href="https://mindfulnessexercises.com/free-online-mindfulness-courses/">https://mindfulnessexercises.com/free-online-mindfulness-courses/</a>	Free	Anytime
Planet Fitness United We Move	Facebook	<a href="https://www.facebook.com/planetfitness/">https://www.facebook.com/planetfitness/</a>	Free	Anytime
Relaxing Sounds of America's National Parks	Internet Access	<a href="https://findyourpark.com/about/news/parktracks">https://findyourpark.com/about/news/parktracks</a>	Free	Anytime
<b>Story -Time</b>				
Josh Gad	Internet Access	<a href="https://twitter.com/i/broadcasts/1OdKrqwYAgyxX...">twitter.com/i/broadcasts/1OdKrqwYAgyxX ...</a>	Free	Anytime
Movie Stars reading	Internet Access	<a href="https://www.storylineonline.net/?fbclid=IwAR29owGKreRjJwIUJmN UUub0gpujMX6Fm5ByouO9s5Djj Un1G9sJ6U6JiiE">https://www.storylineonline.net/?fbclid=IwAR29owGKreRjJwIUJmN UUub0gpujMX6Fm5ByouO9s5Djj Un1G9sJ6U6JiiE</a>	Free	Anytime
Good Night With Dolly Bed-time Stories	Internet Access Facebook	<a href="https://www.facebook.com/events/2518816801707089/?event_time_id=2518816808373755">https://www.facebook.com/events/2518816801707089/?event_time_id=2518816808373755</a>	Free	Anytime
Story time from Space	Internet Access	<a href="https://storytimefromspace.com/library/">https://storytimefromspace.com/library/</a>	Free	Anytime

Description	Tools Needed	Web-Address	Cost	Hours
Taylor Made Author Live Children's Story time	Internet Access Facebook	<a href="http://www.taylormadenc.com">www.taylormadenc.com</a>	Free	Anytime
Monday's with Michelle Obama	PBS Kids Facebook/YouTube Penguin Random House Facebook	<a href="https://www.facebook.com/PBSKIDS/">https://www.facebook.com/PBSKIDS/</a> <a href="https://www.facebook.com/PenguinRandomHouse/">https://www.facebook.com/PenguinRandomHouse/</a>	Free	Monday's at 12pm
Radical Readers Story time	Facebook	<a href="https://www.facebook.com/events/3558454950891948/?event_time_id=3558455010891942">https://www.facebook.com/events/3558454950891948/?event_time_id=3558455010891942</a>	Free	Anytime
Epic Reads	Facebook, Twitter, Instagram, YouTube	<a href="https://www.youtube.com/user/EpicReads">https://www.youtube.com/user/EpicReads</a> <a href="https://www.facebook.com/EpicReads/">https://www.facebook.com/EpicReads/</a>	Free	Anytime
<b>Leisure &amp; Fun</b>				
Interactive games	Internet Access	<a href="https://spaceplace.nasa.gov/menus/play/">https://spaceplace.nasa.gov/menus/play/</a>	Free	Anytime
Chain reaction	Internet Access/ Other Supplies	<a href="https://www.kiwico.com/diy/Science-Projects-for-Kids/3/project/Craft-Stick-Chain-Reaction/2965">https://www.kiwico.com/diy/Science-Projects-for-Kids/3/project/Craft-Stick-Chain-Reaction/2965</a>	Free	Anytime
Science Games	Internet Access/ Other Supplies	<a href="https://thatafterschoollife.com/static/can_races.html">https://thatafterschoollife.com/static/can_races.html</a>	Free	Anytime
Playdough Colors	Internet Access/ Other Supplies	<a href="https://kidsactivitiesblog.com/129110/playdough-color-science-game/">https://kidsactivitiesblog.com/129110/playdough-color-science-game/</a>	Free	Anytime

Description	Tools Needed	Web-Address	Cost	Hours
Walking on eggs	Internet Access/ Other Supplies	<a href="https://www.stevespanglerscience.com/lab/experiments/walking-on-eggshells/">https://www.stevespanglerscience.com/lab/experiments/walking-on-eggshells/</a>	Free	Anytime
Asteroid Toss	Internet Access/ Other Supplies	<a href="https://www.mamaoflittles.com/3-space-themed-asteroid-toddler-activities/">https://www.mamaoflittles.com/3-space-themed-asteroid-toddler-activities/</a>	Free	Anytime
Digital Escape Rooms	Internet Access	<a href="https://kidsactivitiesblog.com/137828/digital-escape-rooms/">https://kidsactivitiesblog.com/137828/digital-escape-rooms/</a>	Free	Anytime
Games	Internet Access	<a href="http://www.curiousgeorge.com">www.curiousgeorge.com</a>	Free	Anytime
Games	Internet Access	<a href="http://www.seussville.com">www.seussville.com</a>	Free games, books and other items not free	Anytime
Books by the Bushel	Internet Access	<a href="http://www.booksbythebushel.com/free-literacy-activities/">http://www.booksbythebushel.com/free-literacy-activities/</a>	Free literacy activities-books not free	Anytime
Games	Internet Access	<a href="https://pbskids.org/peg/games">https://pbskids.org/peg/games</a>	Free	Anytime
Go Outside and Howl	Facebook	<a href="https://www.facebook.com/groups/howlat8/about/">https://www.facebook.com/groups/howlat8/about/</a>	Free	8pm daily
<b>Classes &amp; Learning Opportunities</b>				
Educational Videos/High School Students	Internet Access	<a href="https://thecrashcourse.com/">https://thecrashcourse.com/</a>	Free	Anytime
Phonic Skills Pre K to Grade 3	Internet Access	<a href="https://www.starfall.com/h/">https://www.starfall.com/h/</a>	Free	Anytime
Parenting	Internet Access	<a href="https://www.zerotothree.org/resources/series/parent-favorites?fbclid=IwAR2IrW-h54U0Wc8ySjEYuC0dNsjx18skun2syDn-o5ZI_W8n2FjmdZyKBt8">https://www.zerotothree.org/resources/series/parent-favorites?fbclid=IwAR2IrW-h54U0Wc8ySjEYuC0dNsjx18skun2syDn-o5ZI_W8n2FjmdZyKBt8</a>	Free	Anytime

Description	Tools Needed	Web-Address	Cost	Hours
Adaptive Math	Internet Access	<a href="http://www.funbrain.com">www.funbrain.com</a>	30 day free-trial then it will cost 9.99 a month cancel at anytime	Anytime
Highlights Kids	Internet Access	<a href="http://www.highlightskids.com">www.highlightskids.com</a>	Free	Anytime
Preschool Ed	Internet Access	<a href="http://www.preschooleducation.com/">http://www.preschooleducation.com/</a>	Free	Anytime
Educational Resources	Internet Access	<a href="https://www.lakeshorelearning.com/.../free.../freeResources.jsp...">https://www.lakeshorelearning.com/.../free.../freeResources.jsp...</a>	Free	Anytime
NASA's Teachable Moments Classroom	Internet Access	<a href="https://www.jpl.nasa.gov/edu/teachable-moments/">https://www.jpl.nasa.gov/edu/teachable-moments/</a>	Free	Anytime
Sesame Street in Communities	Internet Access	<a href="https://sesamestreetincommunities.org/">https://sesamestreetincommunities.org/</a>	Free	Anytime
Class Central	Internet Access	<a href="https://www.classcentral.com/">https://www.classcentral.com/</a>	Free	Anytime
Tasty Channel	YouTube	<a href="https://www.youtube.com/channel/UCJFp8uSYCjXOMnkUyb3CQ3Q">https://www.youtube.com/channel/UCJFp8uSYCjXOMnkUyb3CQ3Q</a>	Free	Anytime