

# I am Deaf or Hard of Hearing

I am using this card to communicate. I may need a licensed interpreter for the Deaf or captioning to communicate.

## THE BEST WAY(S) TO COMMUNICATE WITH ME:



INTERPRETER



TEXT



WRITING



LIP READING



GESTURES



ASSISTIVE  
LISTENING DEVICE

## FOR EFFECTIVE COMMUNICATION I MAY NEED:

A licensed sign language interpreter for the Deaf.

A Communication Access Realtime Translation (CART) for captioning conversations.

To make a phone call – a video phone, internet service, a computer, a captioned telephone or a cell phone for texting.

## COVID-19 SYMPTOMS



FEVER



COUGH



SHORTNESS OF BREATH

WAS NEAR A PERSON WHO HAS COVID-19?



I AM AT HIGH RISK FOR SEVERE ILLNESS BECAUSE:

- I am over 65 years of age
- I have a chronic illness
- I have a weakened immune system
- I smoke or vape
- I am pregnant

HOW LONG SICK? (NUMBER OF DAYS)

1 2 3 4 5 6 7 8 9 10+

## TRAVELED RECENTLY BY:



TRAIN



PLANE



BUS

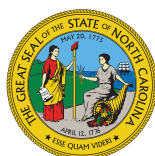
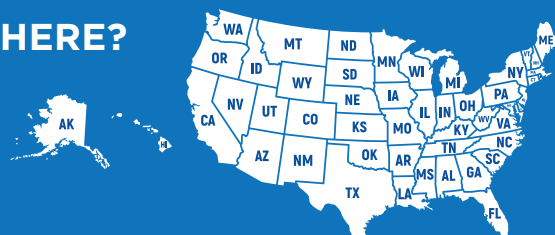


BOAT



CAR

## WHERE?



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**



[www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh) • <https://publichealth.nc.gov/>

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