



March 10, 2026

TRILLIUM HEALTH RESOURCES
NORTHERN REGIONAL ADVISORY BOARD MEETING

The Trillium Health Resources Northern Regional Advisory Board met face to face and by Webex on Tuesday, March 10, 2026, at 4:00 p.m.

Members Present: Whitney P. Aydlett, Bertadean Baker, Dr. Margaret Brake, Dr. Kelvin Edwards, Charles Jordan, Vickey Manning, Dr. Michael McLain, Claire W. Mills, Wanda Piland, Chenoa Richardson-Davis, Janet Rose, Brian Rountree, Anthony Shaffer, Emmie Taylor, and Dr. Patricia Wright-Wesson

Members Absent: Dr. Barbara Courtney, Sheron Mosby, William F. Mitchell, Jr., Dr. Denauvo Robinson, Ronnie Smith, Willie Smith, III, and James Ward

Staff Present: Bobbie Lowe, and Jacqueline M. Waller, Clerk

Guest Present: Beth Sugar

- I. **CALL TO ORDER**
Dr. McLain called the meeting of the Northern Regional Advisory Board to order at 4:01 p.m.
- II. **OATH OF OFFICE (Claire W. Mills (Chowan))**
Ms. Waller administered the Oath of Office to Claire W. Mills of Chowan County.
- III. **APPROVAL OF JANUARY 13, 2026, MINUTES (BOARD ACTION REQUIRED)**
Dr. McLain called for a motion to approve January 13, 2026, Minutes. The motion was so moved by Emmie Taylor, seconded by Dr. Patricia Wright-Wesson, and unanimously approved.
- IV. **ADOPTION OF MARCH 10, 2026, AGENDA (BOARD ACTION REQUIRED)**
Dr. McLain called for a motion to adopt the agenda. The motion was so moved by Commissioner Rountree, seconded by Vickey Manning, and unanimously approved.
- V. **PUBLIC COMMENTS**
There were none.



VI. BOARD COMMENTS/CONCERNS

There were none.

VII. PRESENTATION: Beth Sugar, LCMHC, Director, Behavioral Development, ECU Health Behavioral Hospital

Beth Sugar talked about the new behavioral hospital, her role marketing and the patients that will be accepted at the hospital at this time. She shared the following:

- We accept:
 - Adults 18+ (child/adolescent coming later)
 - SI/HI requiring inpatient stabilization
 - Primary mental health diagnoses
 - Secondary substance use
- Not currently accepting:
 - Detox (temporary — working to add soon)
 - Dialysis-dependent patients
 - Patients unable to perform ADLs
 - Patients who cannot participate in groups
- Pregnancy:
 - We can accept up to 24-week gestation
 - Patients may return after delivery

Medicare, Medicaid, most commercial insurance, and uninsured patients

VIII. GOVERNING BOARD REPORT

Dr. Robinson was attending a Governing Board retreat.

IX. REGIONAL VICE PRESIDENT REPORT

Bobbie Lowe reported on the following:

- Medicaid Rebates.
- Rural Health Transformation.
- Simulations.
- THRive Local Luncheon on March 31-Northern Region
- HR Internship Program
- Requesting Topics for Board Presentations. Suggested Topics were:
 - Commissioner Rountree: Teenage Vaping to help them understand the dangers of it.
 - Commissioner Aydlett: Martin Hospital; Youth Tobacco Prevention Program

X. CFAC REPORT

Sheron Mosby was absent attending the Governing Board retreat. Bobbie shared that CFAC is always recruiting new members and putting a lot of attention on trying to improve its structure to make our CFAC in this region stronger..



XI. ADJOURNMENT

With there being no other business, Dr. McLain called for a motion to adjourn the meeting. The motion was so moved by Commissioner Rose, seconded by Emmie Taylor, and was unanimously approved.

The meeting adjourned at 5:24 p.m.

Respectfully submitted,


Jacqueline M. Waller, Clerk

 
Dr. P. Michael McLain, Chair

