

March 11, 2025

**TRILLIUM HEALTH RESOURCES
NORTHERN REGIONAL ADVISORY BOARD MEETING**

The Trillium Health Resources Northern Regional Advisory Board met face to face and by WebEx on Tuesday, March 11, 2025 at 4:00 p.m.

Members Present: Bertadean Baker, Dr. Margaret Brake, Dr. Barbara Courtney, Dr. Regina Dickens, Dr. Kelvin Edwards, Charles Jordan, Dr. Michael McLain, Sheron Mosby, Wanda Piland, Dr. Denauvo Robinson, Janet Rose, Brian Rountree, Anthony (Tony) Shaffer, Willie R. Smith, III, Emmie Taylor, and Dr. Patricia Wright-Wesson

Members Absent: Whitney P. Aydlett, Sandra Layden, William F. Mitchell, Jr., Chenoa Richardson-Davis, Ronnie Smith, and James Ward

Staff Present: Terrell Alston, Bobbie Lowe, and Jacqueline M. Waller, Clerk

Guest Present: None

I. CALL TO ORDER

Dr. McLain called the meeting of the Northern Regional Advisory Board to order at 4:02 p.m.

II. OATH OF OFFICE Commissioner Janet Rose (Currituck); Commissioner Anthony (Tony) Shaffer (Chowan)

Ms. Waller administered the Oath of Office to Commissioner Janet Rose and Commissioner Anthony (Tony) Shaffer.

III. APPROVAL OF JANUARY 14, 2025 MINUTES (BOARD ACTION REQUIRED)

Dr. McLain called for a motion to approve the January 14, 2025 Minutes. The motion was so moved by Willie R. Smith, III, seconded by Commissioner Rountree, and unanimously approved.

IV. ADOPTION OF AGENDA

Dr. McLain called for a motion to adopt the agenda. The motion was so moved by Commissioner Jordan, seconded by Wanda Piland, and unanimously approved.

V. SOMETHINGS PRESENTATION

Due to the presenters other commitments on this day, this presentation was cancelled and will be scheduled for a future date that has not yet been determined. Therefore, this agenda item was removed. Dr. McLain called for a motion to adopt the agenda removing agenda item V and replacing it with a brief discussion of the draft Bylaws. The motion was so moved by Commissioner Jordan, seconded by Sheron Mosby and unanimously approved.

VI. PUBLIC COMMENTS

There were no public comments.

VII. BOARD COMMENTS/CONCERNS

There were none.

VIII. DRAFT BYLAWS

Although this is numbered agenda item VIII, this is in place of agenda item V. Ms. Lowe shared the reasons why Trillium had to revise all of the Boards Bylaws. The Northern Regional Advisory Board members were asked to review them for changes where necessary. The Bylaws will be discussed at the next Board meeting on May 13.

IX. GOVERNING BOARD REPORT

Dr. Robinson shared that he was appointed by the Governor to the new Governing Board for a three year term. The new Governing Board was sworn in on Thursday, January 30. There are 15 members on the Board whereby 5 members were on the previous Board. The Finance Committee was selected. All Board members are members of the Finance Committee. The Board has talked about having three other committees: the Nominations Committee, Human Rights Committee and the Compliance Committee. Dr. Robinson was voted in as Chair of the Governing Board, Priscilla Reed as Vice Chair, Walter Ferguson as Chair of the Finance Committee and Wally Overman as Vice Chair. Joy Futrell gave her report and talked about the Tailored Plan. The next meeting is in April and will be in Raleigh. After that, we will be moving the meetings in the 46 county catchment area so that we will not have to drive too far and so we will be able to visit some of the counties that many of us have not spent time in. Dr. Robinson is looking forward to bringing reports back to this body.

X. REGIONAL VICE PRESIDENT REPORT

Ms. Lowe reported on the following:

- Operations continue to be positive regarding the Tailored Plan. The call volume is beginning to level out and we are meeting benchmarks.
- Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA). This is a federal law that requires health insurers and group health plans to provide mental health and substance use services with no more stringent benefit limitations than those for medical and surgical benefits. Trillium Health Resources CEO Joy Futrell and COO Cindy Ehlers served as panelists on MH Parity kickoff training

on January 21, 2025. There have been several trainings for providers to learn about the requirements.

New Department of Health and Humans Services Secretary

- On December 16, 2024, Governor-elect Josh Stein announced seven members of his cabinet, including his selection for NC DHHS Secretary Dr. Devdutta Sangvai, MD, JD, MBA.
- Dr. Sangvai is a professor of family medicine, pediatrics and psychiatry at the Duke University School of Medicine. He recently served as President at Duke Regional Hospital and Vice President for Population Health Management at Duke University Health System. Additionally, Dr. Sangvai has served as President of the North Carolina Medical Society and has been a member of the North Carolina Medical Care Commission. He is currently President of the North Carolina Medical Board.
- Dr. Sangvai was sworn in as the 19th NC DHHS Secretary on Sunday, January 12, 2025 at a ceremony held at Dorothea Dix Park where NC DHHS is currently headquartered.
- Joy has had the opportunity to meet with the Secretary.

Past Events in Region

2/27 Youth Culture# E Cigarette-Edenton Chowan Schools
2/18 Supporting Children Early Simulation Northampton
1/29 Reentry Simulation Pasquotank County

Upcoming Events

3/21 TBI & I/DD Awareness Virtual Symposium
3/20 Drugs Uncovered and For the Health of It Martin County Schools
3/20 Youth Culture# Opioids 101- Edenton Chowan Schools
4/8 Drugs Uncovered- Camden County Schools
4/15 Youth Culture# Adolescent Brain Development and Social Media and Smart on Social Martin County Schools
3/26 Supporting Children Early Warren County
4/29 Reentry Simulation Gates County
Trillium is conducting a Reentry Simulation for NCDHHS

Future Events in Conversation

Martin County SIM and Reentry in the fall.

Trillium Staff Changes/Updates

- Current COO Cindy Ehlers will be our new Chief of Strategy and Innovation, Christie Edwards, was announced as out new Chief Operation Officer.

We currently have multiple open positions for recruitment. These range from Claims Processing Assistant, multiple Care Management/ Care Coordination/ Nursing Positions, Chief Financial Officer, Peer Supports, and housing staff.

Reentry Council Work

There have been multiple new Reentry Councils Developed in the recent months. In the North we are connecting with several Reentry Councils. Right now, we are connecting with:

Halifax and Northampton Counties- Meeting 3/27

Hertford, Gates, Chowan and Bertie Counties- on executive committee and hiring committee

Vance, Granville, Warren, Franklin & Person Counties, Kerr-Tar Reentry Council

Washington, Hyde, Beaufort, Tyrrell and Martin Reentry Council

Possible Future Topics

- Financial Overview
- TULA- Trillium Ultimate Living Assistant
 - *Reschedule Somethings

XI. CFAC REPORT

Ms. Mosby shared that:

- The Northern CFAC met on March 4.
- The Northern CFAC is continuing to recruit in our community for new members.
- The Northern CFAC members voted to keep our meetings virtual and face to face at the Ahoskie office.
- The Northern CFAC would like to start having a table at different community events.
- Jonathan Ellis, Vice Chairman of Northern CFAC would like to get advance notice of all the events that the Board members may know about. These events can be sent to Ms. Waller and she will make sure that the Northern CFAC members get them.


XII. ADJOURNMENT

With there being no other business, Dr. McLain called for a motion to adjourn the meeting. Wanda Piland so moved, Commissioner Rountree seconded the motion, which was unanimously approved.

The meeting adjourned at 4:49 p.m.

Respectfully submitted,


Jacqueline M. Waller, Clerk


Dr. P. Michael McLain, Chair

