



May 13, 2025

TRILLIUM HEALTH RESOURCES NORTHERN REGIONAL ADVISORY BOARD MEETING

The Trillium Health Resources Northern Regional Advisory Board met face to face and by WebEx on Tuesday, May 13, 2025, at 4:00 p.m.

Members Present: Whitney P. Aydlett, Bertadean Baker, Dr. Margaret Brake, Dr. Barbara Courtney, Dr. Regina Dickens, Dr. Kelvin Edwards, Charles Jordan, Dr. Michael McLain, Sheron Mosby, Wanda Piland, Dr. Denauvo Robinson, Janet Rose, Brian Rountree, Anthony Shaffer, Willie R. Smith, III, and Dr. Patricia Wright-Wesson

Members Absent: Sandra Layden, William F. Mitchell, Jr., Chenoa Richardson-Davis, Ronnie Smith, Emmie Taylor, and James Ward

Staff Present: Terrell Alston, Kellie Baker, Bobbie Lowe, and Jacqueline M. Waller, Clerk

Guest Present: None

I. **CALL TO ORDER**

Dr. McLain called the meeting of the Northern Regional Advisory Board to order at 4:02 p.m.

II. **APPROVAL OF MARCH 11, 2025, MINUTES (BOARD ACTION REQUIRED)**

Dr. McLain called for a motion to approve the March 11, 2025, Minutes. The motion was so moved by Commissioner Rountree, seconded by Wanda Piland, and unanimously approved.

III. **ADOPTION OF AGENDA**

Dr. McLain called for a motion to adopt the agenda. The motion was so moved by Commissioner Jordan, seconded by Dr. Robinson, and unanimously approved.

IV. **TRILLIUM FINANCIALS**

Kellie Baker, Trillium Health Resources VP of Financial Strategy & Medical Economics gave an overview of the different types of funds for FY 25-26. She spoke about how we build the budget and how it looks from a Trillium perspective. These are not final budget numbers. The floor was open for questions.

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V. PUBLIC COMMENTS

There were no public comments.

VI. BOARD COMMENTS/CONCERNS

Commissioner Rountree mentioned the re-entry simulation that was in Gates County. He shared that it gave him a sense of empathy, seeing what other individuals go through while transitioning back to society. He participated and encouraged everyone to attend a re-entry simulation if they have not done so. He expressed that it is an “eye opener.” Commissioner Aydlett agreed as well.

Dr. Dickens expressed that she has concerns about some providers in Halifax County who are closing and/or cutting back and asked if this is something that Trillium is looking at and what we are doing about recruitment of providers. Ms. Lowe said that Trillium has a team who will look at it from one perspective and is getting those numbers transitioned. They will work with the provider to make sure people who are getting services, that there is someone else available that they can go to in order to receive adequate services to meet their needs. It will also be looked at from a Network standpoint.

VII. DRAFT BYLAWS

The Bylaws were discussed. The biggest change is around the Governing Board. The only change is the address of this meeting. Dr. McLain called for a motion to approve the revised Northern Regional Advisory Board Bylaws. The motion was so moved by Commissioner Rose, seconded by Dr. Brake, and unanimously approved.

VIII. GOVERNING BOARD REPORT

Dr. Robinson reported on the following regarding the Governing Board:

- It continues to be an honor to serve on the Northern Regional Advisory Board and the Governing Board.
- He thanked Ms. Mosby for her service on both boards.
- They are still in the process of setting up the Governing Board-we have established our committees. We have met three times; and have had training; one is the fiscal training that we just experienced.
- We continue to meet on the campus of North Carolina State University which will be our standing meeting place.
- We are in the process of talking about the budget, whereby there is a strategic plan in the process of being built and written that is being rolled out in the very near future.
- We are looking at evaluating our CEO and we have a committee for that.

- We are concerned about the shortage of money, and the shortage of beds for our needed people and we are trying to see how we can legislatively get more money.

IX. CFAC REPORT

Ms. Mosby shared that:

- The Northern Regional CFAC just conducted last week their nominations for officers of Northern Regional CFAC and will be voted on at the June meeting. They will take office in July.
- The Northern CFAC is continuing to recruit in our community for new members.
- A concern of Jonathan Ellis who is the Vice Chair of Northern Regional CFAC:
 - He is having a hard time finding that most hotels do not have under their beds for a whole lift to be used for disabled people. Because of this, he has to drive further out to another city that has this availability. Ms. Mosby will get more follow-up with him and will provide this at the meeting in July.

X. REGIONAL VICE PRESIDENT REPORT

Ms. Lowe reported on the following:

- Tailored Plan. Implementation continues to move in the right direction. Most key performance indicators are now being met or exceeded. NEMT continues to be the biggest concern, and the majority of complaints are typically around NEMT.
- Child and Family Specialty Plan. The Children and Families Specialty Plan is a new single, statewide Medicaid Managed Care plan that will wrap Medicaid-enrolled children, youth, and their families currently and formerly served by the child welfare system with seamless, integrated and coordinated health care. The Plan will operate statewide, ensuring members can access the health care services they need, including mental health care, and continue to work with their doctors as placements may move them across the state.
- In August 2024, NC DHHS announced the contract to operate this new plan was awarded to Blue Cross Blue Shield of North Carolina (BCBS).
- In January 2025, it was announced that the planned launch date of The Children and Families is December 1, 2025. Children and families eligible

launch of the Child and Family Specialty Plan slated for December 1, 2025, Trillium has started working with BCBS to transition members over to their plan. To achieve this, a CFSP Transition Team comprised of cross-functional SMEs has been created. Legislative Updates. The Senate released their budget on April 14th, and it contained a \$30 million reduction to single stream funds. The proposed reduction is proportional to the unrestricted fund balance for each LME/MCO. This is the funding you will often hear referred to as state funds. These funds are primarily used to support individuals in our counties who are uninsured or under insured, access to behavioral health services, including many services provided to individuals with intellectual Developmental Disabilities.

- Regional Information. Continuing to do annual reports to each board of county commissioners. I have completed: Pasquotank, Chowan, Gates, Martin, Bertie, Herford, Halifax, remaining include Northampton, Camden, Currituck, Perquimans, and Warren. Our team is available to go to other agencies or organizations to provide information about behavioral health, Trillium etc., please reach out.
- Since the last meeting we have had a Reentry Simulation in Gates County and a Supporting Children Early Simulation in Warren County. Held a Mental Health First Aid training with a faith-based group in Edenton. We are looking at a Reentry in Martin County in the Fall.
- We have had several Poe Center sessions for adults and students and have several schools connecting to Sold Out Youth. Every county in the Northern Region has at least one of these programs.
- In March and April, Trillium staff participated in over 225 meetings or events for the counties in this region. One Community had over 100 outreach activities with health promotion in March and April in this region.
- Our November meeting falls on Veterans' Day, we will need to reschedule, being rescheduled for Nov 12. Dr. McLain called for a motion to reschedule the November meeting from November 11 to November 12 or November 18. The motion was so moved by Commissioner Rose to reschedule for November 12, seconded by Commissioner Rountree, and unanimously approved. Jackie Waller will send updated information.

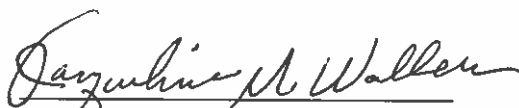
XI. Evaluation of Regional Vice President Bobbie Lowe
At this point Bobbie Lowe and Jackie Waller left the room.

XII. ADJOURNMENT

With there being no other business, Dr. McLain called for a motion to adjourn the meeting. Wanda Piland so moved, Commissioner Rountree seconded the motion, which was unanimously approved.

The meeting adjourned at 4:53 p.m.

Respectfully submitted,


Jacqueline M. Waller, Clerk


Dr. P. Michael McLain, Chair

