

Transforming Lives. Building Community Well-Being.

December 5, 2023

TRILLIUM HEALTH RESOURCES NORTHERN REGIONAL ADVISORY BOARD MEETING

The Trillium Health Resources Northern Regional Advisory Board met face to face and by WebEx on Tuesday, December 5, 2023 at 4:00 p.m.

<u>Members Present</u>: Whitney P. Aydlett, Kimberly Clark, Dr. Kelvin Edwards, Charles Jordan, Ron Lowe, Dr. P. Michael McLain, Wanda Piland, Chenoa Richardson-Davis, Dr. Denauvo Robinson, Brian Rountree, Emmie Taylor, James Ward and Dr. Patricia Wright Wesson

<u>Members Absent</u>: Dr. Regina Dickens, Dr. Alex Kehayes, Sandra Layden, Kelvin McCord, William F. Mitchell, Jr., Donna Powell and Ronnie Smith

Staff Present: Bobbie Lowe, Maegan Veillette and Jacqueline M. Waller, Clerk

I. CALL TO ORDER

Dr. McLain called the meeting of the Northern Regional Advisory Board to order at 4:00 p.m.

II. <u>APPROVAL OF SEPTEMBER 12, 2023 MINUTES (BOARD ACTION REQUIRED)</u> Dr. McClain called for a motion to approve the September 12, 2023 Minutes. The motion was so moved by Commissioner Rountree, seconded by Wanda Piland, and unanimously approved.

III. PUBLIC COMMENTS

There were no public comments.

IV. ADOPTION OF AGENDA

Dr. McLain called for a motion to adopt the agenda. The motion was so moved by Emmie Taylor, seconded by Dr. Wesson, and unanimously approved.

V. <u>GOVERNING BOARD REPORT</u>

Commissioner Jordan shared that Cherry Bekardt, gave lots of details on the 2022/23 reviews and audits. Trillium received a clean audit. The IT team gave a presentation on security and awareness. It is very clear that IT has been working very hard to ensure that we will be ready to operate the Tailored Plan.

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VI. BOARD COMMENTS/CONCERNS

Dr. McLain shared that he found an article in the Wall Street Journal on how suicide has reached a record high. In the article it is not young adults that are the primary drivers of suicide -- now it is the elderly. Bobbie has a website breakdown of suicides from 2016-2020 and will send it out to the board members as well as the article.

VII. ELECTION OF ONE BOARD MEMBER TO THE GOVERNING BOARD

Dr. McLain called for a motion to nominate one board member to the Governing Board. Emmie Taylor nominated Wanda Piland; there were no other nominations, therefore, Dr. McLain closed the call for nominations. The motion was so moved by Dr. Robinson and, unanimously, approved.

VIII. HEALTHY OPPORTUNITIES PRESENTATION

Maegan Veillette, Director of Member Solutions and Healthy Opportunities Program at Trillium gave an overview of the Healthy Opportunities Pilot Project. It is a comprehensive program to test and evaluate the impact of providing select evidence-based, non-medical interventions related to housing, food, transportation and interpersonal safety and toxic stress to high needs Medicaid enrollees. Trillium will have 14 counties participating in the Pilot..

IX. DIRECTOR'S REPORT

Bobbie Lowe gave the following Director's Report:

- Bertie County's Opioid meeting will be December 13, 2023 at 6 p.m.
- NC General Assembly. The budget this year did have some significant investments in behavioral health. There is some one time funding for mobile crisis teams, respite facilities, and some create increases for certain services. There was an additional 350 new Innovations Waiver slots across NC. Trillium will have staff participating in work groups with DHHS over the next few months to held advocate for the best use of these funds.
- Other Events and Information. We had the ribbon cutting for the new inclusive playground in Halifax County, now every county in the Northern Region has an accessible play ground.
 - o In September, One Community, our Health Education and Literacy branch, launched a suicide and 988 awareness campaign that reached 10,000 people in Eastern NC.
 - o For our Victory Junction Family weekends in the fall, we hosted 44 families and 180 individuals at Victory Junction for a fun filled weekend that allowed families to spend quality time together and connect with others. We will be announcing more weekends in the spring, this is the 8th year we have supported these family weekends.
 - We continue to work on outreach to our communities, I was able to visit the Haliwa-Saponi Tribal Council in October, and we did a few

presentations to senior centers around depression, accessing services. Our One Community branch has done several pop up events at areas in the community such as libraries, pharmacies, senior centers, DSS where they share information in the communities to help get the word out. They also participate in community based events. Just a few in our region include Out of the Darkness, the Meherrin Pow Wow, National Night Out, Dismal Day, fall festivals, Edenton Farmer's Market, Hispanic Heritage Event, Senior Health and Wellness Day. We had over 50 Member outreach events in the Northern Region alone. Our Community Liaisons are also trying to make rounds and make sure brochures are out and about in public places. If you ever have places in your communities you can think of that need materials please let me know, and if you know of events in your communities please share the info.

- In January 2024, we will have our first Re Entry Simulation in the Northern Region, this will be held at ECSU KE White Center in Elizabeth City on January 30.
- <u>Secretary Declaration</u>. On Nov 1, 2023, Secretary Kinsley released Secretarial Directive 2023-001. This directive was around the Tailored Plan Readiness and LME/MCO Streamlining Pursuant to SL 2023-134.
- You all were sent the actual directive. This directive approves the merger of
 Eastpointe and Sandhills, with Sandhills being dissolved, then Eastpointe and
 Trillium must consolidate with the exception of 3 counties. The following 3
 counties are being realigned immediately. Davidson to Partners Health
 Management, Harnett to Alliance Health, and Rockingham to Vaya Health.
- The remaining 18 Eastpointe/Sandhills counties and 28 Trillium counties will then be under the new consolidated MCO.
- The timeline is very aggressive. We received the consolidation guidelines and must submit a plan to DHHS by November 17, 2023.
- The expected Consolidation Go Live date is February 1, 2024.

X. CFAC Report

Ron Lowe shared that the Northern Regional CFAC does not meet in the month of December. Halifax County has had the most active representation at the Northern CFAC meetings. He continues to seek new members.

XI. Adjournment

With there being no other business, Dr. McLain called for a motion to adjourn the meeting. The motion was so moved by Dr. Robinson, seconded by Wanda Piland, and unanimously approved.

The meeting adjourned at 5:24 p.m.

Respectfully submitted,

Jacqueline M. Waller, Clerk

Dr. P. Michael McLain, Chair