Pitt County, North Central Region

Meet Pledge

Member Story

Progress made with purpose

At 8 a.m., Pledge's Trillium Ultimate Living Assistant (TULA) powers on. Her day comes into view: which caregiver is coming, when therapy starts, whether it's a day to visit her favorite pottery studio. She looks it over and gets ready for what's next.

Pledge lives with a traumatic brain injury and uses a wheelchair. Since her family began working with Trillium Health Resources, her mom says Pledge has "grown in leaps and bounds," and she credits the support around her. "It's your resources that you have around you that keep you going," she says.

For Pledge, those resources start with caregivers from Amivie, provided through Trillium, who are there every day. They help with her daily routine and go with her to the activities she loves. Pledge prefers these outings without her parents. As her mom puts it, "This is her time."

There is plenty to fill it. Pledge also paints at home, often horses, her favorite subject. Her family jokes they need a room dedicated to displaying all her artwork. Faith is part of her life, too. Through one of her caregivers, Pledge found Unity Church in Greenville, where Accessible Disciples and Beyond Capernaum programs give her a place to worship and belong at her own pace.

At home, TULA keeps her day on track. It sits on the table in front of her, reminding her to drink water, showing her schedule and keeping her mind engaged with cognitive activities. Having the day's plan in view is especially helpful, since Pledge's brain injury affects her short-term memory.

The biggest change is in Pledge herself. She is more outgoing, joins conversations and tells her family what she wants to do. Her family can see the difference. They are proud of how Pledge is charting her own life with the interests, friendships and activities that bring her joy.

Trillium HEALTH RESOURCES



Help us share the stories of our members

We love to see members reaching their fullest potential. If you have someone who has a positive story to share (and their permission to do so!), please let us know! You can send any pictures and stories to info@TrilliumNC.org.

Member and Recipient Services

1-877-685-2415

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