

Meet Osdaly

Member Story

Painting a path of creativity and community

For Osdaly, art has always been more than a hobby. Before she could communicate with words, she used drawings to share her thoughts and ideas. She would sketch the people, places, and activities around her, helping her family better understand the world through her eyes. When she was 3 years old, she was diagnosed with autism. Art became how she expressed herself when words were not available. Years later, that same creativity remains at the center of her life.

Osdaly uses art to bring joy to others. She creates handmade cards, donates artwork through her church, and shares her talents throughout her community. In a major accomplishment, her artwork was selected for display at Blue Willow Café in Wilmington. Her creativity, skill, and kindness shine through every piece she creates.

Outside of her passion for art, she stays active through programs at A Caring Heart. From aerobics and swimming to pickleball and healthy living classes, she enjoys learning new things and staying involved. Osdaly is also taking classes with Edgecombe Community College through TCI Works, where she is building her reading and math skills.

Trillium helped Osdaly connect to services that support her goals and independence. These included day supports, community living, respite services, and meal delivery. They work together so Osdaly can learn new skills, build confidence, and work toward her goals.

One of those goals is becoming more independent. She continues working on everyday skills such as healthy eating, money management, and personal care. Through her programs and activities, she can practice those skills while doing the things she enjoys most.

Those who know Osdaly describe her as someone with a big heart who enjoys helping others. That caring spirit can be seen in the artwork she creates, the cards she shares, and the many ways she gives back to her community. Her story shows how creativity can do more than help someone express themselves. It can bring people together and create lasting connections.



Help us share the stories of our members

We love to see members reaching their fullest potential. If you have someone who has a positive story to share (and their permission to do so!), please let us know! You can send any pictures and stories to Info@TrilliumNC.org.

Member and Recipient Services
1-877-685-2415

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