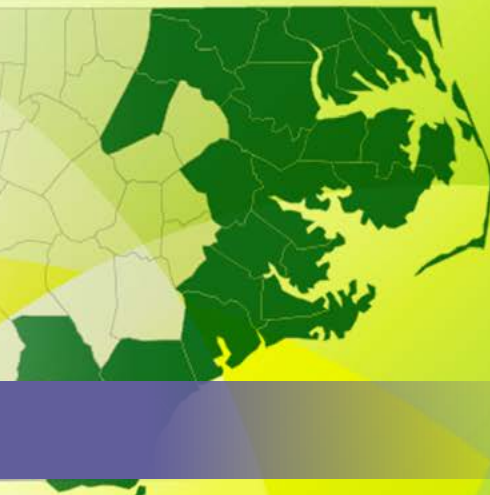




# Trillium

## HEALTH RESOURCES



# COMMUNITY NEWSLETTER

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## TRILLIUM OPERATIONS

Trillium Health Resources continues to serve our members and communities during the ongoing COVID-19 pandemic. Trillium staff are working in remote locations as needed and holding meetings online through secure platforms. We are in frequent communication with our network providers, community agencies, and government officials to ensure ongoing care for members during and after the outbreak. **Everyone can continue to reach us through our Member & Recipient Services at 1-877-685-2415.**

## RECENT HIGHLIGHTS:

### THE HEALING PLACE OF NEW HANOVER COUNTY HOSTS RIBBON-CUTTING CEREMONY

Trillium was proud to stand alongside New Hanover County officials, The Healing Place staff, and our community partners during the ribbon cutting of The Healing Place of New Hanover County in Wilmington. The dedication and ceremony took place on January 17. The peer-led recovery facility offered hope and treatment for 200 total individuals at no cost beginning in February. Trillium staff are currently working towards a grand opening event slated for May 2023. Many thanks to all staff who put in the hard work and care over the past few years to make this dream a reality. The Healing Place of New Hanover County is the first of its kind in Southeastern North Carolina.

Read more at [bit.ly/3XCld38](https://bit.ly/3XCld38), or watch the ceremony and facility preview at [bit.ly/3IX8h1k](https://bit.ly/3IX8h1k).

### FOUR MOBILE CARE UNIT RIBBON CUTTINGS TAKE PLACE IN COLUMBUS, BERTIE, AND HERTFORD COUNTIES

New mobile care units are hitting the road in our communities! RHA's ribbon cutting events took place at G&G Healthcare in Cerro Gordo and Hallsboro Baptist Church in Hallsboro on February 15. Monarch's ribbon cutting events took place at the Hertford County Department of Social Services in Winton and the Bertie County Department of Social Services in Windsor on February 28. Ceremonies included tours, information on the mobile clinics, and guest speakers.



THE HEALING PLACE  
OF NEW HANOVER COUNTY

## Grand Opening

Please join us in welcoming hope and recovery to eastern North Carolina!



## The Healing Place

of New Hanover County  
1000 Medical Center Drive  
Wilmington, NC

Thursday, May 11, 2023

11:15 a.m.–1 p.m.

Open House with guided tours

Email [Info@THPNC.org](mailto:Info@THPNC.org) for more information.



Trillium  
HEALTH RESOURCES  
Transforming Lives. Building Community Well-Being.





Trillium was proud to stand beside our partners in celebrating the increasing opportunities to meet the health needs of our communities where they are. Find more on clinic schedules and counties served on our [Mobile Integrated Care Units](#) page.

### HUD AWARDS TRILLIUM \$1.3 MILLION IN HOUSING GRANTS

The US Department of Housing and Urban Development (HUD) announced Trillium will receive \$1,338,023 for Permanent Supportive Housing and Rapid Rehousing. It is part of the \$2.8 billion awarded in the Continuum of Care (CoC) Competition Awards for local homeless service and housing programs across the country. They are used to help individuals and families experiencing homelessness move into permanent housing. Congratulations to our Housing team led by Amy Modlin for their perseverance and dedication to providing a place to call home for those across eastern North Carolina!

### SHARE YOUR TRILLIUM STORY

We love to see members reaching their fullest potential. If you have someone who has a positive story to share (and their permission to do so!), please let us know! You can send any pictures and stories to [MarketingandMessaging@TrilliumNC.org](mailto:MarketingandMessaging@TrilliumNC.org).

### NOTEWORTHY:

#### TAILORED PLAN LAUNCH DELAYED TO OCTOBER 2023

The North Carolina Department of Health and Human Services [delayed the implementation of the Tailored Plan from April 1 to October 1, 2023](#). The new launch date is to ensure the 150,000 North Carolinians in need of service receive their care seamlessly on day one. Be on the lookout for updates and additional information in the coming months as we work towards the Tailored Plan launch this fall.

#### INCLUSIVE PLAYGROUNDS BREAK GROUND IN COLUMBUS, BLADEN, AND HALIFAX COUNTIES

We're excited to see new inclusive playgrounds popping up across our region! Playgrounds will soon be breaking ground in Columbus County (131 Government Complex Rd., Whiteville, NC 27842), Bladen County (172 Doug Evans Rd., Clarkton, NC 28433), and Halifax County (1310 Main St., Scotland Neck, NC 27574).

Construction is made possible with Trillium's Play Together Accessible Playground grants. These funds have provided towns with the ability to build fully accessible, all-inclusive playgrounds for individuals with special needs and physical disabilities. We are proud to say eastern North Carolina now has 34 all-inclusive playgrounds available with fun for all!

Stay up-to-date with the latest announcements on ground breakings this spring as well as a list of current locations on our [Play Together page](#).

#### NEW OXFORD HOUSE OPENS ITS DOORS IN ROCKY MOUNT

We are proud to announce a new Oxford House is now open in Rocky Mount! The house offers a clean, sober space for eight individuals continuing their recovery journey. Those entering the house have typically completed a drug or alcohol treatment program and must maintain their sobriety to remain as residents.

Oxford House offers a self-run, self-supported program where residents contribute to household expenses, elect officers to serve terms, and participate in a community recovery program during their residence. It is one of 25 Oxford House sites in Trillium's region. Read more on the opening on the Rocky Mount Oxford House news release.





## CARLOS MIRODIPINI RECOGNIZED AS A TOP MHFA INSTRUCTOR IN THE COUNTRY

Congratulations to Training Coordinator Carlos Mirodipini! Carlos was named a Top Mental Health First Aid (MHFA) Instructor in the country! The National Council for Mental Wellbeing will recognize his achievements during the MHFA Summit Awards ceremony on April 30. Out of the 15,000 MHFA instructors reaching over 2.5 million Americans, we are so proud of Carlos and all of our MHFA instructors here at Trillium for the care and guidance they provide our communities. It is truly of the highest level!

## OFFICERS AND FIRST RESPONDERS COMPLETE CIT TRAINING ACROSS REGION

It's incredible to see new CIT graduates across Eastern North Carolina this winter. A huge congratulations to:

- Fourteen NC Division of Adult Corrections from various Eastern Region facilities completing 40 hours of Crisis Intervention Team training at Pitt Community College in January. Dr. Glenn Johnson, a CIT community volunteer who lives with a Traumatic Brain Injury, spoke to the group at their graduation. He was recently appointed to the NC Brain Injury Advisory Council.
- Officers with the Pitt County Sheriff's Office, Greenville, Winterville, Washington, Zebulon, and Goldsboro police departments, as well as the Cherry Hospital police completing 40 hours of Crisis Intervention Team training at Pitt Community College in January.
- Seventeen members of the North Carolina Department of Adult Corrections (NC DAC; formerly NCDPS) completed the training held at Pitt Community College in February. The group was comprised of Correctional Officers, prison nurses, and case managers.
- Eight members of the NC DAC completed 40 hours of CIT training at Pitt Community College in March.
- Five officers representing Chowan, Bertie, and Currituck Counties. Congratulations to Training Coordinator Kaneshia Bryant for completing her first CIT Training!

If you or someone you know dial 911 during a mental health emergency, make sure to request a CIT Officer.



## FOLLOW US ON SOCIAL MEDIA FOR THE LATEST UPDATES!



@TrilliumHealthResources



@TrilliumDirectConnectForEnrichment



@TrilliumDirectConnectForRecovery



@TrilliumNc



LinkedIn



YouTube



@TrilliumHealthResources





## MONTHLY AWARENESS

### APRIL IS AUTISM ACCEPTANCE MONTH

Autism Acceptance Month is a celebration and calling for people with autism living full, empowered lives. It is also a reminder that no one person's experience with autism is the same as another's. When we practice and embrace acceptance, we are open to creating a community and world of more opportunities, connections, and joy. Join us on [Facebook](#), [Twitter](#), and [Instagram](#) as we walk into a world of acceptance for our families, friends, and neighbors with autism.

### A LOOK BACK AT PREVIOUS AWARENESS MONTHS

This past fall brought us amazing stories of our neighbors and communities here in eastern North Carolina and beyond. Take a look back at the following awareness months recognized:

- In February, we celebrated Black History Month. The journey to equality is paved with Black Resistance, this year's theme for the month. History has the power to guide and inspire us. With Black history waiting to be unearthed, explored, sung and shouted, seen and shared, it was a great invitation to dive into Black history with purpose and celebration.
- February was also American Heart Month. Cardiovascular health is crucial for a long and active life. Healthy habits like getting enough sleep and reducing stress can go a long way in the fight against heart disease. Find tips for leading a heart-healthy lifestyle year-round at [American Heart Month page](#).
- March recognized both Brain Injury Awareness Month and Developmental Disabilities Awareness Month. We shared the campaign of #MoreThanMyBrainInjury. The more than 5.3 million Americans with permanent brain injury-related disability deserve to define their own path and story. It was our opportunity to better understand brain injury, the steps to protect ourselves and others from injury, and how to support those with brain injury and brain injury-related disabilities live their best life. The National Association of Councils on Developmental Disabilities chose "Beyond the Conversation" as this year's theme for DDAM. The campaign seeks to raise awareness about the inclusion of people with developmental disabilities in all facets of community life, as well as awareness of the barriers that people with disabilities still sometimes face in connecting to the communities in which they live.

Take a look back on these awareness months and more on Trillium's social media pages.

### RECENT TRILLIUM NEWS RELEASES (JAN-APR)

- [Trillium sponsors statewide summit to nurture positive childhoods](#) (3/28/23)
- [New Playground Will Help Strengthen Bonds, Promotes Community Unity](#) (2/21/23)
- [Trillium delivers 1,000 gun locks to 28 DSS offices](#) (1/27/23)
- [A Huge Step Forward New Hanover Healing Place](#) (1/17/2023)
- [Oxford House opening in Rocky Mount](#) (1/11/2023)
- [County Signs Lease Agreement With Healing Place - Wilmington, NC](#) (1/10/2023)



### TRILLIUM HOLIDAY REMINDER

Trillium staff will take the following holidays; the Member & Recipient Line will remain operational.

#### GOOD FRIDAY

**Friday, April 7, 2023**

#### MEMORIAL DAY

**Monday, May 29, 2023**

## UPCOMING EVENTS & OPPORTUNITIES

Please visit our [Events & Training page](#) for cancellations and updates.

April 6

### DMH/DD/SUS AND DHB PROVIDER WEBINAR

This webinar series is for providers, practice managers, quality improvement professionals, and care coordinators to provide updates from the Division of MH/DD/SAS and Division of Health Benefits (NC Medicaid). [Register to Participate](#)

April 19

### PARENTS AS COLLABORATIVE LEADERS TRAINING Module 5: Tips for Effective Team Meetings

The Whole Child Health Section of the N.C. Child Division of Child & Family Well-Being has assembled a group of parent leaders and trained them to facilitate the nationally recognized, research-

based curriculum, Parents as Collaborative Leaders (PACL). Learn strategies and processes that teams can use to structure and effective meetings.

[Learn more and register](#)

April 18

### ADULT MENTAL HEALTH FIRST AID Mental Health First Aid (MHFA) Community Training

This training is for North Carolina residents only!!!

Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The registration **deadline is April 14, 2023.**

[Register for this training](#)

April 19

### NCCDD'S SELF-ADVOCATE DISCUSSION SERIES

Facilitated by Chris Hendricks, NCCDD Policy Education Coordinator and NCCDD self-advocate members, the Self-Advocate Discussion Series aims to prepare, organize and mobilize NC self-advocates for influencing social and systems change.

[Learn and register](#)



## CFAC

The Consumer and Family Advisory Committee (CFAC) is an advisory group for our communities devoted to enhancing care within our region. CFAC is a self-governing, self-directed group of volunteers who meet monthly to advise Trillium's area boards, make recommendations on policies, and work in partnership with Trillium. They provide a valuable perspective to help serve those with serious mental health, Intellectual/developmental disabilities, and substance use disorders.

CFAC's mission is to ensure that the development and delivery of services and supports remain responsive to the well-being of the people served.

Each member is either an individual with MH/SUD/IDD or a family member/guardian. A person considering membership must attend at least one meeting then submit an application form which will be reviewed by the appropriate Membership Committee. For more information, please visit [Regional CFACs](#) at Trillium.



[@CFACENC](#)



## YOUR LOCAL CFAC CONNECTIONS

### NORTHERN REGION

Bertie, Chowan, Northampton, Gates, Martin, Pasquotank, Camden, Currituck, Halifax, Hertford, and Perquimans Counties

**Bobbie Lowe**

Northern Director  
[Bobbie.Lowe@TrilliumNC.org](mailto:Bobbie.Lowe@TrilliumNC.org)  
866-998-2597

### CENTRAL REGION

Beaufort, Dare, Nash, Pamlico, Tyrrell, Craven, Hyde, Pitt, and Washington Counties

**Dave Peterson**

Central Director  
[Dave.Peterson@TrilliumNC.org](mailto:Dave.Peterson@TrilliumNC.org)  
866-998-2597

### SOUTHERN REGION

Bladen, Brunswick, Columbus, Jones, Onslow, Carteret, New Hanover, and Pender Counties

**Cecelia Peers**

Southern Director  
[Cecelia.Peers@TrilliumNC.org](mailto:Cecelia.Peers@TrilliumNC.org)  
866-998-2597

## ABOUT US

Trillium Health Resources is a local governmental agency (LME/MCO) that manages serious mental health, substance use, and intellectual/developmental disability services for 28 counties in eastern North Carolina.

We are uniquely positioned to meet the distinct needs of the individuals and communities we serve, and our top focus is delivering the right services, in the right amount, at the right time. We know these populations and are deeply ingrained in their counties. We know how to treat, support and serve them most effectively.

Our communities are only as strong as their people. Trillium is committed to caring and fighting for the well-being of our citizens, because well-being needs a sturdy foundation at the start to prevent problems later and keep it standing through all kinds of weather.

Our number one focus is helping every person we serve get the services needed to improve well-being and live a fulfilling life. We're invested in every one of you.



## MISSION

Transforming lives and building community well-being through partnership and proven solutions.

## VISION

For every community and individual we serve to reach their fullest potential.

## MORE INFO, VISIT

[TrilliumHealthResources.org](https://TrilliumHealthResources.org)