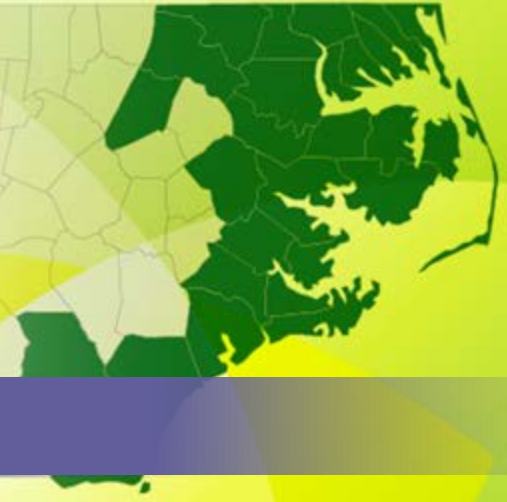




Trillium

HEALTH RESOURCES



COMMUNITY NEWSLETTER

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NEWS, EVENTS, OPPORTUNITIES & CFAC

TRILLIUM OPERATIONS

1-877-685-2415
Member & Recipient Services

1-866-998-2597
Administrative & Business Matters

1-888-302-0738
Behavior Health Crisis

TrilliumHealthResources.org

RECENT HIGHLIGHTS:

THE HEALING PLACE OF NEW HANOVER COUNTY HOSTS GRAND OPENING EVENT

The Healing Place of New Hanover County is open! Trillium was proud to stand alongside The Healing Place staff, and our community partners during the grand opening. The event took place on May 11 in Wilmington. The peer-led recovery facility opened its doors in February with 200 beds. It is the start of a new chapter of hope and resilience for Eastern North Carolina. We can't wait to see what's next for The Healing Place of New Hanover County!



COME PLAY ON NEW INCLUSIVE PLAYGROUNDS IN COLUMBUS, BLADEN, AND HALIFAX COUNTIES

Three new Play Together inclusive playgrounds are coming to Trillium's region! Join the fun at one of the grand openings!

- July 6, 2-4 p.m.: Columbus County Playground (131 Government Complex Rd., Whiteville, NC 27842)
- July 13, 2-4 p.m.: Bladen County Playground (172 Doug Evans Rd., Clarkton, NC 28433)
- Coming soon: Halifax County Playground (1310 Main St., Scotland Neck, NC 27574)



One Bladen County grandmother expressed gratitude. She said her "heart was full" when she heard of the new playground in her community. Her granddaughter now has a place to safely play. Thirty-five inclusive playgrounds are available for fun across Eastern North Carolina. Visit our [Accessible Playgrounds](#) for playground locations and more information.



Therapeutic Foster Care Parents Russell and Monique Share Their Story

Russell and Monique gave two boys the best gift you can give: a place to call home. Trillium is proud to support therapeutic foster care (TFC) parents providing safe, loving homes to youth in our region. We sat down with them to discuss their experiences in their home. Watch [Russell and Monique's story](#) and learn more on their TFC experiences!



Share Your Trillium Story

We love to see members reaching their fullest potential. If you know someone who has a positive story to share (and their permission to do so!), please let us know! You can send any pictures and stories to MarketingandMessaging@TrilliumNC.org.



Noteworthy:

Fostering Love Campaign Provides Thousands of Bags for Kids in Foster Care

Trillium's One Community team is providing 2,000 bags for children in foster care. Fostering Love aims to lift up the self-worth of children removed from their homes due to abuse or neglect. Trillium is providing these bags to DSS Child Protective staff throughout our 28 counties. DSS staff will give them to children as they enter the foster care system. Each bag includes a soft blanket, stuffed toy, hygiene supplies, and any other personal items the child brings with them. Our hope is these items provide each child with some level of comfort for this part of their journey.



Supporting Eastern NC Foster Families with Family Solutions Providers

Trillium is delivering \$1,056,151 to providers for recruitment and training of foster care families in Eastern North Carolina. The funds are part of our Family Solutions initiative to ensure families have better support to give kids the chance to just be a kid. The four providers awarded grants included:

- Children's Home Society receiving \$280,000 to serve Gates, Bertie, Chowan, Perquimans, Pasquotank, Currituck, and Camden Counties.
- Omni Visions receiving \$237,000 to serve Pamlico, Martin, Nash, Hertford, Northampton, Washington, Halifax, Dare, Tyrell, and Hyde Counties.
- Easterseals UCP receiving \$450,000 to serve Beaufort, Carteret, Craven, Jones, Onslow, Pender, Pitt, and New Hanover Counties.
- The Boys are Girls Home of North Carolina received \$89,151 to serve Columbus, Bladen, and Brunswick Counties.

Funding will cover the costs of local staff positions. Staff will recruit and develop new culturally appropriate and diverse foster care families.



Helping Our Communities Save Lives in the Fight Against the Opioid Epidemic

New Hanover County's Health and Human Services Director Donna Fayko joined Trillium Southern Regional Director Cecelia Peers distributing Narcan kits (Naloxone) in June. These kits can reverse the effects of an opioid overdose and can be administered by law enforcement officials and emergency medical services. Additional kits were also distributed to the sheriff's office. The delivery was part of Trillium's Opioid Remediation Funding initiative.



New Oxford House Opens Its Doors in Whiteville

A new Oxford House in Whiteville is now open for eight men in recovery. Oxford Houses offer a clean, sober housing option for individuals in recovery. The Whiteville location will be the 26th Oxford House in Trillium's catchment. The new location is part of the 2020 Vision for Recovery initiative. Trillium is proud to partner with Oxford House to expand hope and healing across Eastern North Carolina. The house is still taking applications; individuals can call (910) 207-6127 for more information and to apply.

TRILLIUM FAMILIES SPRING INTO FUN AT VICTORY JUNCTION

Thank you, Victory Junction, for another fabulous weekend! Our families had an amazing time this spring enjoying all the inclusive fun.

We're also excited to announce our Fall weekends are now available! The interest form is now open for the weekend retreats on September 15-17, October 6-8, and October 27-29. [Visit the Victory Junction page for more information](#) on upcoming dates and to begin your adventure this Fall!



SUPPORTING OUR TEACHERS WITH THE SCHOOL HEALTH ADVISORY COUNCIL

With the end of the school year, a district School Health Advisory Council (SHAC) gave teachers a much needed recess of their own! SHAC planned a fun day for teachers and support staff on June 12. Practicing self-care and de-stressing isn't homework after all! Thanks to our Trillium staff for joining in and sharing mental and behavioral health practices and services available in the community.

REGIONAL OPERATIONS ATTENDS WORKSHOP FOR DELTA SIGMA THETA IN NASH COUNTY

Delta Sigma Theta Sorority Inc. in Rocky Mount hosted a "Your Mind Your Health" workshop in May. The event recognized Mental Health Awareness Month. It was open to the public and held at Braswell Memorial Library. Our thanks to our Central Regional Director Dave Peterson for sharing Trillium's services and supports at the workshop!



TRILLIUM STAFF RECOGNIZED ON ADVISORY COUNCILS FOR CHILD WELFARE AND LATINX COMMUNITIES

Congratulations to two Trillium staff who are now sharing their expertise and passion on two advisory councils!

Sean Kenny joined the North Carolina Child Welfare Family Advisory Council (CWFAC). Sean is Trillium's Head of Department of Social Services Engagement. He joins as a member in a kinship provider role. CWFAC uses family and youth voice to strengthen our child welfare system. Sean hopes to voice the real-life perspective of families and children along with his fellow CWFAC members for better child welfare policies and outcomes for all.



Sarah Willhite now serves on AMEXCAN's NC Latino Advisory Council. Sarah is Trillium's Training Development Manager. The Association of Mexicans in North Carolina, Inc. (AMEXCAN) works to promote the active participation of Mexicans and Latinos in their new North Carolina communities. It also encourages the celebration of the Mexican and Latino community through cultural and educational initiatives.

OVER 60 OFFICERS AND FIRST RESPONDERS COMPLETE CIT TRAINING ACROSS THE REGION

It's incredible to see new Crisis Intervention Team training graduates across Eastern North Carolina this spring. A huge congratulations to:

- 12 members of the NC Department of Adult Corrections completed 40 hours of training in June. Correctional officers, nurses, case managers, and office staff participated. Dr. Glenn Johnson was a guest speaker who shared his story of living with a traumatic brain injury. Dr. Johnson is a former New Jersey Correctional Officer.
- 17 officers from Pasquotank, Beaufort, Pitt, Craven, Martin, and Jones Counties completed 40 hours of Crisis Intervention Team training in May.
- 11 personnel from the Eastern Region for the North Carolina Department of Adult Corrections. They completed 40 hours of training in Winterville. Dr. Johnson spoke to the officers at their training graduation.



TRILLIUM HOLIDAY REMINDER

Trillium staff will take the following holidays; the Member & Recipient Line will remain operational.

INDEPENDENCE DAY

Monday, July 3

Tuesday, July 4

LABOR DAY

Monday, September 4, 2023

- 14 officers from the New Hanover County Sheriff's Office, Wilmington Police Department, and Carolina Beach Police Department. Officers completed 40 hours of CIT Training at the New Hanover County Sheriff's Office.
- 15 officers from the Oak Island Police Department, Boiling Springs Lake Police Department, Novant Company Police, and Sunny Point Military Terminal. Officers completed 40 hours of training at the Oak Island Police Department.

And this just in! Check out the newest development from Trillium's Training team! Watch the [new video showcasing CIT training](#) and its many graduates. If you or someone you know dial 911 during a mental health emergency, make sure you request a CIT Officer.

STAFF SPOTLIGHT: TONY HECKSTALL

"We are the pulse of mental health, intellectual/developmental disabilities, and substance use disorders in Eastern North Carolina." This is how Tony Heckstall responded when asked why he works at Trillium. As an I/DD Monitoring Coordinator, Tony is the link between our members and the supports that unlock and enhance their full potential.

Nothing is better than the feeling of a new member asking about something they might have thought is not possible. In his role, Tony has a deep understanding and knowledge of our service array and how to best meet a member's needs. This allows him to help members realize that far-fetched wishes can often become immediate possibilities. Transforming lives is something Tony does not take for granted as he works alongside his team to help our members reach a potential they might not have known exists.

When he's not in the business of transforming lives at work, Tony has an active life in his community. He serves as Trustee at his church. He is also a chairman of his fraternity's Social Action Committee, which helps lead coat drives, food drives, and toy drives for families identified by the Department of Social Services. He also facilitates symposiums for prostate cancer awareness.

Community is an idea that drives Tony, both in his work and in his life. Every day is a new chance to have that moment of joy when a member feels empowered by possibility. The pulse of Trillium is strong and steadfast. Tony is one of the many staff working passionately to keep that beat going, for our members and for our communities.

Do you know a Trillium staff member has gone above and beyond serving our communities? We want to hear from you! Let us know the incredible things our staff are doing for the health and well-being of Eastern North Carolina.

Email us at MarketingandMessaging@TrilliumNC.org.

MONTHLY AWARENESS

JULY IS MINORITY MENTAL HEALTH AWARENESS MONTH

Minority Mental Health Awareness Month is a yearly campaign is a call to break barriers and improve access for underserved communities. The month is dedicated to [Bebe Moore Campbell](#), an author and advocate whose work sought to end stigma and change the way we approach mental health in underserved communities.

Good mental health and healing is possible, but only when those paths are marked and easily traveled for all. Join the conversation online with [#ShadesOfMentalHealth](#), or follow Trillium's social media for more throughout July!



A LOOK BACK AT PREVIOUS AWARENESS MONTHS

This past spring brought us amazing stories of our neighbors and communities here in eastern North Carolina and beyond. Take a look back at the following awareness months recognized:

- Trillium celebrated good mental health all May with Mental Health Awareness Month! NAMI reminded us we all have inherent value with this year's "More Than Enough" campaign. No matter who we are, we are all worthy of life, love, and healing.
- LGBTQ+ Pride Month had us seeing all colors of the rainbow in June. Trillium is proud to champion our LGBTQ+ members, friends, and communities. Good health and well-being are only possible when individuals can live as their authentic selves.

Take a look back on these awareness months and more on Trillium's social media pages.

FOLLOW US ON SOCIAL MEDIA FOR THE LATEST UPDATES!

- [@TrilliumhealthResources](#)
- [@TrilliumDirectConnectForEnrichment](#)
- [@TrilliumDirectConnectForRecovery](#)
- [@TrilliumNc](#)
- [LinkedIn](#)
- [YouTube](#)
- [@TrilliumHealthResources](#)

RECENT TRILLIUM NEWS RELEASES

- [Oxford House Opens in Whiteville \(6/19/23\)](#)
- [Trillium Presents Over \\$1M for Family Solutions Program \(6/7/23\)](#)
- [Healing Place of New Hanover County Opens Detox Support Services \(5/16/23\)](#)
- [Trillium receives \\$1.3 million to help address homelessness in Eastern NC \(4/3/23\)](#)

UPCOMING EVENTS & OPPORTUNITIES

Please visit our [Events & Training page](#) for cancellations and updates.

July 6, 2023

GRAND OPENING

Columbus County

Accessible Playground, 131 Government Complex Rd. Whiteville, NC 27842
2:00–4:00 p.m.

July 13, 2023

GRAND OPENING

Bladen County

Accessible Playground
172 Doug Evans Rd. Clarkton, NC 28433
2:00–4:00 p.m.

Jul 20, 2023

PARENTS AS COLLABORATIVE LEADERS TRAINING

Module 10: Understanding Diversity

The Whole Child Health Section of the N.C. Child Division of Child & Family Well-Being has assembled

a group of parent leaders and trained them to facilitate the nationally recognized, research-based curriculum, Parents as Collaborative Leaders (PACL).

[Registration and flyer](#)

Jul 25, 2023

YOUTH MENTAL HEALTH FIRST AID MENTAL HEALTH FIRST AID (MHFA) COMMUNITY TRAINING

This training is for North Carolina residents only!

Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. [Registration deadline: July 11, 2023](#)

August 5, 2023

MOREHEAD MARLINS

Come join Trillium Health Resources and the Morehead City Marlins for some baseball fun!

We will hand out swag to welcome our friends with sensory needs to the ball park.

[General Admission](#)

September 30, 2023

NAMI: Annual Walk for Awareness

Mental illness is a medical condition affecting one in every four families. This year's event is on Saturday, Sept. 30 at Long Leaf Park, in Wilmington. You can find more information about all our initiatives at namiwilmington.org.



CFAC

The Consumer and Family Advisory Committee (CFAC) is an advisory group for our communities devoted to enhancing care within our region. CFAC is a self-governing, self-directed group of volunteers who meet monthly to advise Trillium's area boards, make recommendations on policies, and work in partnership with Trillium. They provide a valuable perspective to help serve those with serious mental health, Intellectual/developmental disabilities, and substance use disorders.

CFAC's mission is to ensure that the development and delivery of services and supports remain responsive to the well-being of the people served.

Each member is either an individual with MH/SUD/IDD or a family member/guardian. A person considering membership must attend at least one meeting then submit an application form which will be reviewed by the appropriate Membership Committee. For more information, please visit [Regional CFACs](#) at Trillium.



@CFACENC



YOUR LOCAL CFAC CONNECTIONS

NORTHERN REGION

Bertie, Chowan, Northampton, Gates, Martin, Pasquotank, Camden, Currituck, Halifax, Hertford, and Perquimans Counties

Bobbie Lowe

Northern Director
Bobbie.Lowe@TrilliumNC.org
866-998-2597

CENTRAL REGION

Beaufort, Dare, Nash, Pamlico, Tyrrell, Craven, Hyde, Pitt, and Washington Counties

Dave Peterson

Central Director
Dave.Peterson@TrilliumNC.org
866-998-2597

SOUTHERN REGION

Bladen, Brunswick, Columbus, Jones, Onslow, Carteret, New Hanover, and Pender Counties

Cecelia Peers

Southern Director
Cecelia.Peers@TrilliumNC.org
866-998-2597

ABOUT US

Trillium Health Resources is a local governmental agency (LME/MCO) that manages serious mental health, substance use, and intellectual/developmental disability services for 28 counties in eastern North Carolina.

We are uniquely positioned to meet the distinct needs of the individuals and communities we serve, and our top focus is delivering the right services, in the right amount, at the right time. We know these populations and are deeply ingrained in their counties. We know how to treat, support and serve them most effectively.

Our communities are only as strong as their people. Trillium is committed to caring and fighting for the well-being of our citizens, because well-being needs a sturdy foundation at the start to prevent problems later and keep it standing through all kinds of weather.

Our number one focus is helping every person we serve get the services needed to improve well-being and live a fulfilling life. We're invested in every one of you.



MISSION

Transforming lives and building community well-being through partnership and proven solutions.

VISION

For every community and individual we serve to reach their fullest potential.

MORE INFO, VISIT

TrilliumHealthResources.org